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Need Pressing and
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SEND THEM TO

H. L. ROGERSAnd Have Them Done in First Class
Style—"The Old Made New."
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IF YOU ARE THINKING OF AT-

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FREDERICTON**BUSINESS COLLEGE**NEXT TERM, NOW is the time to
send us for full particulars, which
will be supplied on application.There is a great demand for young
men and women to take the places of
those who have gone to the firing line.

Address

W. J. OSBORNE, Principal,
Fredericton, N. B.**IMPERIAL LUNCH ROOMS**IS THE BEST PLACE IN THE CITY
for Auto Parties to get a good meal
or lunch at all hours.

Good Dinner Every Day from 12 to

2. Don't forget the place—

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EXTRA STRONG CELERY
PLANTS
CABBAGE AND CAULI-
FLOWER**CUT FLOWERS and**
POTTED PLANTS
At Reasonable Prices.All Telephone orders will re-
ceive our prompt attention.**Ada M. Schleyer**

FLORIST

Charlotte Street

OF INTEREST TO WOMEN.**CARE OF THE HANDS.**"Nowhere does the lack of habitual
care show to such a great extent as in
the hands," said the man who sat be-
side me at the movies.On the screen we were viewing the
apparently perfect beauty of Clara
Kimball Young's hands.This young woman's hands are per-
fect, both from an artistic and chiro-
graphic standpoint.Her hand is long, her fingers taper-
ing and yet so nicely padded that there
are observable depressions resembling
a soft shadow—or the ghost of a dimple—
over the articulations of the fin-
gers.Her nails are always well kept and
show at their rosy base the white
half moon.

Many hand beauty mistakes are

made in washing the hands too often,
using hard soap, cold water and in-
adequate drying.Once a day your hands should be
washed with a flesh brush, plenty of
pure castile soap and hot water, and
rinsed carefully and rubbed dry.**Manicure Once a Day.**At this time manicure your nails. If
your hands crack or wrinkle easily,
give them a hot olive oil bath once a
week and sleep that night with gloves
on.When your hands become soiled dur-
ing the day, wash them lightly and
afterward rub them with plenty of
cold cream.The reason hands age before the
face is because all the natural oil is
washed out by frequent ablutions and
no other kind is applied.Don't let your hands get sunburned
if you can help it. The texture of the
skin will never be as fine after a se-
vere case of sunburn.**HOT WEATHER SUGGESTIONS.**It is a wise economy for the house-
wife to cook as much as possible in
the early morning.Substitute the cooked cold breakfast
foods for hot cereals.Serve only fruits and vegetables in
season and therefore cheap.Serve cold fruit juices in place of
hot soups.Use gelatin puddings and ices rather
than ice cream.

Keep a good salad dressing on hand.

Persons who do hard manual work
in hot weather require substantial
food, but it should not be heavy like
roast pork or rich like mince pie.**ORANGE AND BANANA DESSERT.**Pare and free from threads three
bananas and peel carefully three or-
anges. Chill both fruits and slice, al-

ternating a layer of each in a bowl.

Keep chilled till served, and then
heap up the dish with whipped cream,
slightly flavored with vanilla and su-
gar.**LEMON JELLY CAKE.**Two cups of sugar, 1 cup of butter,
1 cup of pastry flour, 4 eggs, 1 tea-
spoon of cream tartar, half teaspoon
soda. Mix and bake in 6 thin layers.**Economy**Many people think they are saving money by buy-
ing cheap tea, forgetting that it is not the cost per pound
but the cost per cup that determines a tea's economy.You may pay 5 or 10 cents more per pound for Red Rose
Tea than for common tea. But because Red Rose Tea is a
blend of Indian-Assam teas with Ceylons, consisting of the choice
tender shoots and buds—the parts of the tea plant that yield
the largest amount of liquor and the finest flavor—one-third less
is required in the pot to make the same number of cups.The cost per cup between Red Rose Tea and common tea is then
practically the same. But the flavor—what a difference.T. H. ESTABROOKS CO., LIMITED
St. John Toronto Winnipeg CalgaryAnd this distinctive and
delightful flavor and rich strength
is protected by the Red Rose
sealed package. No air, odors
or dust can get in to injure
Red Rose Tea's splendid
quality and economy.Order a package from
your grocer.

In sealed packages only.

Red Rose crushed coffee is as
generously good as Red Rose
Tea and just as easy to make. 3**PICNIC**

—at—

DEVON

THURSDAY, AUGUST 16th,

—on—

ST. ANTHONY'S GROUNDS.

A good time for all who

come.

Admission to grounds 10c.
Supper 35c. Supper served
from 5 to 8.Electric Display in the even-
ing.**Evening Schools**Applications will be received at the
Office of the Board of School Trustees
until the 11th inst., for one Male
Teacher to conduct two Evening Com-
mercial Courses of ten weeks each,
work to begin 24th September next.Second Course of ten weeks to be-
gin 14th January, 1918.Also Female Teacher to conduct
two Evening Courses in Household
Science, dates as above.Classes in mechanical drawing and
woodwork, etc., will be conducted on
same dates.

CHAS. A. SAMPSON,

Sins Secretary.

School Book NoticePursuant to the provisions of an
Order-in-Council, the Government
School Book Business has been placed
on a cash basis in lieu of the Vendor-
ship system, which has not been satis-
factory.A discount of 15 per cent. on the
selling price of the books will be al-
lowed to the dealer. Freight will be
prepaid to the nearest Railway Sta-
tion by the Department, only on orders
amounting to \$5.00 and over. All re-
mittances must be made to the Super-
intendent of the School Book Depart-
ment and only by Post Office Order,
Express Money Order, or Cash by
Registered Letter. No order less than
\$5.00 will be received.The present Vendors can return the
books in their possession, or, if they
wish to retain them, will be allowed
a reasonable time to settle for same.
The following are the prices of
books sold by the Department, and the
prices at which they are to be sold by
Dealers:

| | |
|--------------------|---------------------|
| 1st Primer... 3c. | Copy Books— |
| 2nd Primer... 7c. | Nos. 1, 2, 3, |
| 1st Reader... 10c. | 4, 5 3c. |
| 2nd Reader... 15c. | History |
| 3rd Reader... 20c. | England and |
| 4th Reader... 25c. | Canada ... 20c. |
| 5th Reader... 30c. | French Readers, |
| Geography... 55c. | No. 1..... 12c. |
| Scribblers— | No. 2..... 18c. |
| Nos. 1, 2, 3, | No. 3..... 23c. |
| 4 3c. | No. 4..... 25c. |
| Grammar... 30c. | French Element- |
| Arithmetics— | ary History |
| Nos. 1, 2, 3, 10c. | of Canada 45c. |
| Health Reader, | Augsberg's Draw- |
| No. 1..... 15c. | ing Books, |
| Health Reader, | Nos. 1, 2, 3, |
| No. 2..... 25c. | 4, 5, 6, 7, 8, 10c. |
| Geometry, | Practical Spell- |
| 1 to 4..... 40c. | ers..... 15c. |
| Geometry, | |
| 1 to 6..... 55c. | |

A. D. ThomasSUPT. SCHOOL BOOK
DEPARTMENT.Fredericton, N. B.,
August 2nd, 1917.**WANTED**WANTED—Peeled Spruce and Bal-
sam Pulpwood. Correspondence in-
vited. Address Fraser Limited, Ed-
mundston, N. B.WANTED—To buy hardwood any
lengths. Highest cash prices paid.
Thos. Fulton.WANTED—A second class female
teacher for school district No. 3. Ap-
ply stating salary to Charles E. Con-
nors, Cork Station, York Co. 1wk**The Peril**
of the Moderate Drinker**MODERATE**
DRINKERSLife insurance men declare
that MODERATE drinkers
shorten life on an average
from 10 to 13 years by their
occasional alcoholic drink.Like the contemptible German Spy who lived upon
our friendship while all the while he was stabbing
in the dark, Alcohol in moderate doses is *poison*.
Of course you know that the lining of your
stomach is just as sensitive as the ball of your eye.
Just try putting a drop of whiskey in your eyeball
—keep on doing it off and on for years—think of
the result!If you want to know what is going on in the system of the moderate
drinker, look at a man who is dead drunk. Scientists say the only difference
is that the drunkard reaches the climax quicker than the tippler. The
effects are alike; the first thing Alcohol destroys is the mental power of
defence against the appetite for drink. All drunkards begin as moderate
drinkers.Above the falls of Niagara there is a point in the current where each
man's strength can yet take him back to safety. Beyond that invisible
point he is lost. No man knows where lies that invisible line in his
make-up, where ends his ability to say, "I can" or "I can't" stop drinking
liquor.After seventy-four years of investi-
gation—economic, sociological,
medical, ethical—the Insurance
Companies ought to know. They
declare that Alcohol, even in the
smallest quantities, is a destructive
poison. They turn away hundreds
of thousands of dollars' worth of
business on the strength of their
knowledge. Taking two million
policy-holders as a test they know
that the teetotaler lives much longer
than the moderate drinker; "the
man who occasionally gets tightsuffers a death rate just one-half
greater than strictly temperance
men. Other men who drink more
than that, but still not enough to
bar them from insurance, show an
appalling mortality of almost double
that of men who were never intro-
duced to John Barleycorn."Every man and woman in this
province shares the responsibility for
the proper enforcement of Prohibi-
tion—not the officers of the law
alone. *Your* duty is clear.**Help to****Enforce****Prohibition**No matter where you
live, whether the
Canada Temperance
Act or the new Pro-
hibitory Law operates
in your district, you are
urged to use every
legitimate means with-
in your power to
heartily support and
aid the officers in
their sworn duty of
enforcing the law.**Dominion Temperance Alliance****NEW BRUNSWICK BRANCH**DONALD FRASER, President
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