

THE DAILY MAIL

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FRIDAY, JULY 13, 1917.

REAL FOOD CONTROL.

Mr. Herbert C. Hoover, head of the American Food Administration Department has issued in a condensed form a series of rules for patriotic economy among the American people, which are in the main as applicable to Canada as they are to the United States. Mr. Hoover has shown himself to be a live one and it is pleasing to note that the Canadian food controller, Mr. Hanna, has already taken counsel with Mr. Hoover, and is acting in co-operation with him, and to a certain extent under his direction, and doubtless a similar set of suggestions will be promulgated in Canada. Here is a list of the rules laid down by Mr. Hoover:

Save the Wheat.—One wheatless meal a day. Use corn, oatmeal, rye or barley bread and non-wheat breakfast foods. Order bread twenty-four hours in advance so your baker will not bake beyond his needs. Cut the loaf on the table and only as required. Use stale bread for cooking, toast, etc. Eat less cake and pastry.

Save Meat.—Beef, mutton or pork not more than once daily. Use freely vegetables and fish. As the meat meal serve smaller portions, and stew instead of steaks. Make made-dishes of all left-overs. Do this and there will be meat enough for every one at a reasonable price.

Save the Milk.—The children must have milk. Use every drop. Use buttermilk, and sour milk for cooking and making cottage cheese. Use less cream.

Save the Fats.—We are the world's greatest fat wasters. Fat is food. Butter is essential for the growth and health of children. Use butter on the table as usual, but not in cooking. Other fats are as good. Reduce use of fried foods. Soap contains fats. Do not waste it. Make your own washing soap out of the saved fats.

Save the Sugar.—Sugar is scarcer. We use today three times as much per person as our Allies. So there may be enough for all at reasonable price if we use less, and also use less candy and sweet drinks. Do not stint sugar in putting up fruit and jams. They will save butter.

Save the Fuel.—Coal comes from a distance and our railways are overburdened hauling war materials. Help relieve them by burning fewer fires. Use wood when you can get it.

Use Perishable Foods.—Fruits and vegetables we have in abundance. As a nation we eat too little green stuffs. Double their use and improve your health. Store potatoes and other roots properly and they will keep. Begin now to can or dry all surplus garden products.

Use Local Supplies.—Patronize your local producer. Distance means expense. Buy perishable food from the neighborhood nearest you and thus save transportation.

There will be universal sympathy with Major and Mrs. W. J. Osborne, of this city, over the sad news received today that their eldest son, Capt. Hubert Osborne, has been killed in action while fighting on behalf of freedom on the soil of France. Capt. Osborne was one of the youngest officers to go from this province, and made the supreme sacrifice while serving with the Royal Flying Corps. He was a splendid type of the Young Canadian, and enjoyed great popularity among his acquaintances. His death will be a very severe blow to his parents, but they will have the great satisfaction of knowing that he died at his post of duty, while fighting for a high and honorable cause.

Toronto Star: The cans which the packers use in putting up vegetables and fruits are costing the packers \$17.25 instead of \$11.15 per thousand, which was the price last year. The "big increase" is spoken of as indicating still higher prices for canned goods this year. This "big increase" amounts to two-thirds of a cent on each tin. But it will probably serve as an excuse for a nincrease of five cents per tin on canned goods as bought by the consumer. But the consumer is in a new position now. Hon. W. J. Hanna is food controller and with him on the job canned goods can no longer be priced entirely to suit the desire

WILL TURN OUT A NEW WEAPON

Westinghouse Co. Wants 100 Men Willing to Efface Themselves for Ten Months.

New York, July 13.—A special to the World from Pittsburgh says the Westinghouse interests here are seeking one hundred men who are willing to sign an agreement to enter a new plant to be built for the manufacture of war munitions by a secret process and remain imprisoned for ten months—all communication with the outside world to be shut off. Men who have been approved are told that the plant will manufacture a powerful implement of war and the secret must be guarded until the government sees fit to make the details public.

Only those working and officials who will be engaged in the production of the new weapon will know its character and the details of manufacture.

Recreation and entertainment of every possible sort will be furnished the isolated employees. Pay double that they now get is guaranteed, and bonuses will be paid for high production.

Only picked men, whose Americanism is unquestioned and whose skill in their respective vocations is of the highest will be employed.

Officials of the Westinghouse interests today refused to talk. An artisan of high standing, who was approached by the Westinghouse agents, said he had received an intimation that the new plant would turn out in large quantities one of the late inventions of Edison.

of the canners. When Aunt Hanna goes shopping the prices will have to be explained and justified. There is a shortage of tin; but the tin can supply is not so very short as yet, and from now on no excuse for hoisting prices will pass muster unless it proves on examination to be a good one.

Social investigation shows that more than 5,000,000 women in the United States are compelled to earn their own living, that 90 per cent. of widows in that country lack the comforts of home, and 32 per cent. the necessities of life; 85 per cent. of men who die leave nothing, and 95 per cent. of the remainder leave almost nothing.

The Canadians now in camp at Sunnyside, England, are running their own farm, keeping pigs and poultry and growing their own potatoes. One of the new war economies is bleaching dandelions, under sheets and flowerpots, to be used as spinach.

The average man in the United States, says an exchange, is \$11.51 richer today than he was three years ago. Total money in circulation as shown by a chart in the July Federal Reserve Bulletin, has risen from \$3,480,000,000 on June 1, 1914, to \$4,742,000,000 on June 1, 1917.

In France a system now prevails whereby after an airman has brought down five enemy machines, he is designated an "Ace," and his name is then given in all subsequent aviation exploits.

Through Our Sieve

Friday the 13th! Oh you hoodoo!

A wet day isn't any special ill luck.

The rainmakers still have the great-reproduction idea.

It seems to be com-easy-go-easy with these Chinese emperors.

There is a great deal of human nature in the wag of a dog's tail.

The despatches from the Russian front are again beginning to sound like Gulliver's travels.

War is the burr under the saddle that is driving man to his greatest speed.

A Chinese politician trying to keep on the winning side has a hard time these days.

King Potato is welcome to keep on tumbling until he is "fallen from his high estate and weltering in the pot.

While they are melting up all the rest of the old iron and junk in Germany they might as well throw in the Mailed Fist as well.

A South Carolina man has patented a method of packing a match with each cigar. But why take away the pleasure of borrowing a match?

Mr. E. S. Vye of Newcastle, is in the city. He is at the Barker House.

DEFENDANT WON IN HORSE CASE

Jury Found for Levine, Four to One, After Being Out for Nearly Three Hours.

The two day's trial of the kicking mare case before Judge Wilson in the Sunbury County Court, in which Harry LeB Venning of Sheffield sought to recover \$125 damages from Abe Levine of this city, for alleged breach of warranty, was concluded last evening by the jury by a verdict of four to one deciding in favor of the defendant. The jury were out for nearly three hours, a symptom of disagreement—but by the provision of law under which four of their number could return a verdict after two hours' deliberation—a fruitless trial for want of unanimous agreement was avoided.

The jurymen upon returning into court were polled to ascertain their respective findings. The result showed that James A. Steeves (foreman), Oran Howland, Edward S. Banks and George DeMille found no warranty proved, and Humphrey Young found plaintiff's case established.

There was quite a mix-up in the evidence on both sides, and the issue was uncertain up to the close.

Both parties to the suit are well known in Sunbury. Mr. Venning having been a life-long resident of the county, and Mr. Levine having for several years been a cattle trader through that district.

This was the only case before the court, which adjourned sine die. Mr. A. R. Slipp, K. C., was for the defendant and Mr. A. J. Gregory, K. C., for the plaintiff.

SCHOOL TEACHER HONORED

Miss Mary Love, teacher of the school at Macinac, was given a pleasant surprise by her scholars and numerous friends on the evening of July 9th at the home of her parents, Mr. and Mrs. George Love, Lower Line Queensbury. Miss Love, by her strict attention to business and pleasant manners had so won the goodwill and admiration of her scholars and their parents that it was considered only right that they should show their appreciation of her valuable services by presenting her with an address and a fountain pen. In making the presentation Miss May Wilson officiated. Miss Love was taken wholly by surprise but replied in a few well chosen words. In the early evening the young people enjoyed themselves with games on the lawn. Later, refreshments were served. Miss May Moore of Scotch Lake, accompanied by local vocalists, presided at the organ and entertained the company for about an hour with music appropriate for the occasion.

Miss Love as organist of the Macinac Baptist church had so won the appreciation of the choir that she was recently presented with a sum of money as a token of their gratitude for her services.

Next term Miss Love will take up her duties in the graded school of Keswick Ridge.

BRAZILIAN FLEET WILL PATROL COAST

Rio Janeiro, July 13.—An agreement has been reached under which the Brazilian fleet will assume the responsibility for patrolling the entire Brazilian coast from the Guiana border to the southern boundary of Brazil.

Foreign Minister Percanacha conferred with the marine minister today in regard to putting this programme into immediate effect.

Announcement was made in Washington on June 30th that the Brazilian navy had begun to co-operate with the American warships in South American waters in hunting for German submarines.

SAVE THE CHILDREN

Mothers who keep a box of Baby's Own Tablets in the house may feel that the lives of their little ones are reasonably safe during the hot weather. Stomach troubles, cholera infantum and diarrhoea carry off thousands of little ones every summer in most cases because the mother does not have a safe medicine at hand to give promptly. Baby's Own Tablets cure these troubles, or if given occasionally to the well child will prevent their coming on. The Tablets are guaranteed by a government analyst to be absolutely harmless even to the newborn babe. They are especially good in summer because they regulate the bowels and keep the stomach sweet and pure. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Mr. T. H. Secord of Montreal, is a guest at the Queen. Mr. and Mrs. F. W. Sumner of Moncton, are at the Queen.

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