

## "I FEEL LIKE A NEW BEING"

"FRUIT-A-TIVES" Brought The Joy Of Health After Two Years' Suffering



MADAM LAPLANTE

35 St. Rose St., Montreal. April 4th. "For over two years I was sick and miserable. I suffered from constant Headaches, and had Palpitation of the Heart so badly that I feared I would die. There seemed to be a lump in my stomach and the Constipation was dreadful. I suffered from Pain in the Back and Kidney Disease.

I was treated by a physician for a year and a half and he did me no good at all. I tried "Fruit-a-tives" as a last resort. After using three boxes, I was greatly improved and twelve boxes made me well. Now I can work all day and there are no Headaches, no Palpitation, no Heart Trouble, no Constipation, no Pain or Kidney Trouble and I feel like a new being—and it was "Fruit-a-tives" that gave me back my health."

MADAM ARTHUR LAPLANTE.  
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Toronto Globe: The enthusiasm in the United States over Canadian valor at Vimy Ridge is one of the happy results of the entrance of the Republic into the war. The Americans now regard our boys at the front with a fraternal feeling, and look forward to the day when their own boys will fight side by side with them.

Rouge only looks natural at night, and many women who wear it only feel natural at night.

## FORD AUTOMOBILES

A Few Days, and the Automobile Season will be with us again.

You will want your car for the first driving.

Orders are now coming in fast. If you act promptly you can still get a Car for immediate delivery. If you delay, you may have to wait some time for a turn, thus losing the advantage of the early season's driving.

"Nobby" TIRES "Goodyear"

I have just received shipments of Nobby Tread and Goodyear Tires and have further lots still to come.

Get my prices on these.

OILS

I have just purchased a large quantity of Motor Oil in five gallon cans, and I can offer it at \$3.25 per can, while it lasts.

NATIONAL CARBONLESS OIL in one gallon cans and bulk always in stock.

Call and see my stock of accessories.

## R. L. PHILLIPS

Ford Dealer for Carleton, York and Portions of Northumberland and Queens Counties.

189 Smythe Street - - - Fredericton, N. B.

## CANCELLED LEAVE COSTS LIVES OF MEN ON WAY TO "BLIGHTY"

Journey on Train Interrupted, British Soldiers are Brought Back for Attack Unexpectedly—Seventeen Will Never Have Another Chance.

(Arthur G. Empey in the Boston Record.)

In My Dugout,  
Somewhere in France.

Dear Jim:—

This army's a "washout" with a lot of old fatheads at the head of it.

You know I have been out here quite some time and never had any leave. Well, a couple of days ago, while we were in rest billets, the orderly read out my name and number for seven days' leave in Blighty (England).

I hustled about, packing up, filling my pack with souvenirs such as shell heads, dud bombs, nose caps, shrapnel balls and a Prussian guardsman's helmet. Before I turned in that night, I had everything ready to report at the orderly room at 9 the next morning.

I was the envy of the whole section. At 9 I reported to the captain, where I and forty others got our travel orders and passes. He asked me how much money I wanted to draw. I glibly answered "Three hundred francs sir." He just as glibly handed me one hundred. Wouldn't that jar you, Jim?

Seven Day's Bliss.

The quartermaster sergeant gave us two days' rations in a little white canvas ration bag, which we tied to our belts.

The two motor lorries came along and we piled in, laughing, joking and in the best of spirits. We even loved the Germans, we were feeling so hap-

## CASTORIA

For Infants and Children  
In Use For Over 30 Years

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the  
Signature of *Chas. H. Little*

py. Our journey to seven days' bliss in Blighty had commenced.

At the railroad station at Prevent we reported to an officer, around whose arm was a white band which read "R. T. O." (Royal transportation officer). To us he was Santa Claus.

The sergeant in charge showed him our orders. He glanced through them and said, "Make yourselves comfortable on the platform, and don't leave the train is liable to be along in five minutes—or five hours."

Some Train, This.

It came in five hours, a string of 11 match boxes on big, high wheels, drawn by a dinky little engine with the "con." These match boxes were cattle cars, on the sides of which were painted "Hommes 40; chevaux 8" (men 40, horses 8).

The R. T. O. stuck us all into one car. We didn't care, it was as good as a Pullman to us.

Two days we spent on that train—bumping, stopping, starting ahead and sometimes sliding back. At three stations we stopped long enough to make some tea, but were unable to wash.

When we arrived at Boulogne, where we were to embark for Blighty, we were as black as Turcos and looked like a lot of tramps with our unshaven faces. Though tired, we were happy.

Dash of Cold Water.

We had packed up preparatory to detaining, when an R. T. O. came over. This is what he said, Jim. Figure it out for yourself:

"Boys, I am sorry, but orders have just been received cancelling all leave. If you had been three hours earlier you would have gotten away. Just stay in that train, as it is going back. Rations will be issued to you for your return journey to your respective stations. 'Easily rotten, I know.' Then he left.

A dead silence resulted. Then men started to curse, threw their rifles on the floor of the car, others said nothing, seemed to be stupefied, while some had the tears running down their cheeks. It was a bitter disappointment to all.

How we blinded at the engineer of that train! It was all his fault (so we reasoned). Why hadn't he speeded up a little or been on time, then we would have gotten off before the order arrived? Now it was no Blighty for us.

Jim, that return journey was misery for us.

Killed in That Attack.

When we got back to rest billets, we found our brigade in the trenches—an other agreeable surprise—and that an attack was contemplated.

Seventeen of our 41 will never get another chance to go on leave! They were killed in that attack. Just think, Jim, if that train had been on time, those seventeen would still be alive.

I am writing this by candle light in our dugout in the front line trench. The old shells are bursting all around, but I am safe unless one takes the notion to plunk itself on the roof.

Next letter Jim, I'll describe this palatial hole of ours, am not in the humor for it now.

So long, EMP.

## WON VICTORIA CROSS BUT KILLED IN BATTLE

Winnipeg, April 13.—At the returned soldiers' convention the Victoria Cross won in France by Sergt. Frank Hall of a Winnipeg battalion, since killed in action, was pinned to his mother's dress by Sergt. James Smith, D. C. M., of Edmonton.

Mrs. Hall told the veterans she had received her son's decoration by registered mail and that it had never been formally presented. She had never worn it until it was pinned in place by Sergeant Smith. Sergt. Hall was the first Winnipeg man to win the Victoria Cross in the present war.

BANANA SANDWICHES.

Ripe bananas mashed, seasoned with lemon juice and sweetened to taste, make a hearty sandwich filling. The bread on which this filling is spread should be only lightly buttered.

## MOTHER! GIVE CHILD "SYRUP OF FIGS" IF TONGUE IS COATED

If Cross, Feverish, Sick, Bilious, Clean Little Liver and Bowels.

Children love this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely.

A child simply will not stop playing to empty the bowels, and the result is they become tightly clogged with waste, liver gets sluggish, the stomach sours, then your little one becomes cross, half-sick, feverish, don't eat, sleep or act naturally, breath is bad, system full of cold, has sore throat, stomach-ache or diarrhoea. Listen mother! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system, and you have a well, playful child again.

Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels.

## PROTECT MIGRATORY BIRDS

At the North American Conservation Conference, held in Washington in 1909, and attended by representatives of Canada, New Zealand, United States and Mexico, the international problems presented by the proper protection of natural resources were clearly recognized. With regard to migratory wild life the necessity for co-operative action is especially obvious. In Canada and the United States the protection of this invaluable resource is vested in the individual provinces and states, respectively. Protective laws were extremely diverse in both character and efficiency, with the result that the beneficial effects of adequate protection in one portion of the continent were largely nullified by the lack of similar measures in other sections. To secure stricter and more uniform protection negotiations between Canada and the United States were undertaken. The arrangement was satisfactorily concluded, the later ratification by the United States Senate constituting the final step. The treaty does not affect the administration of the provincial game laws, but insures in Canada, as in the United States, the minimum of protection regarded as essential to the permanent preservation of the wild life resources of North America.

## Rules for a Long Life

A clergyman who is hale and hearty at 78 years of age, gives these rules which have governed his life: The use of plain food, with plenty of fresh fruit and pure water. Personal cleanliness by frequent baths from head to foot. Flannels next the skin the year round, graduating weight according to the season. Open air exercise every day, rain or shine. Ventilation of sleeping room, summer and winter. Eight hours' sleep each day.

## Fruits of Saving

In 1866 a young Breton named Cognacq went to Paris as assistant in a little dry goods store. By 1872 he had saved up \$60,000 and opened a store which he called the Samaritaine. That Breton store assistant became worth \$60,000,000.

## A GOOD MEDICINE FOR THE SPRING

Do Not Use Harsh Purgatives—A Tonic is All You Need.

Not exactly sick—but not feeling quite well. That is the way most people feel in the spring. Easily tired, appetite fickle, sometimes headaches, and a feeling of depression. Pimples or eruptions may appear on the skin, or there may be twinges of rheumatism or neuralgia. Any of these indicate that the blood is out of order—that the indoor life of winter has left its mark upon you and may easily develop into more serious trouble.

Do not dose yourself with purgatives, as so many people do, in the hope that you can put your blood right. Purgatives gallop through the system and weaken instead of giving strength. Any doctor will tell you this is true. What you need in spring is a tonic that will make new blood and build up the nerves. Dr. Williams' Pink Pills is the only medicine that can do this speedily, safely and surely. Every dose of this medicine makes new blood which clears the skin, strengthens the appetite and makes tired, depressed men, women and children bright, active and strong. Mrs. Maude Bagg, Lemberg, Sask., says: "I can unhesitatingly recommend Dr. Williams' Pink Pills as a blood builder and tonic. I was very much run down when I began using the Pills, and a few boxes fully restored my health."

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

## THE CHALMERS MOTOR

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Which have just arrived. We have also just received a large shipment of Bicycle Sundries and accessories, which include TIRES, of the BEST MAKES, SADDLES, CHAINS, PEDALS, and everything needed on the Bicycle. BICYCLES CLEANED and REPAIRED by Expert Workmen. Prompt attention given to Typewriters, Locks, Keys, Cash Registers and all fine machines.

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Curtain Muslin and Draperies of all kinds  
Cretonnes and Casement Cloths  
White Bed Spreads  
Towels, Napkins and Table Linens  
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