Children Cry for Fletcher's

The Kind You Have Always Bought, and which has been in use for over over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Charff thether. Allow no one to deceive you in this.

All Counterfeits, Imitations and "Just-as-good" are but

Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Onium Morphia par other paregoric substance. neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

In Use For Over 30 Years The Kind You Have Always Bought

OF INTEREST TO WOMEN

FOR THE HOUSEKEEPER.

be split and toasted for luucheon.

winter vegetable.

put on toast make a delicous dish falls in a straight edge to the floor. for Sunday evening supper.

ato lies close to the skin, therefore of yellow satin. if it is pared, it should be done sparingly.

A VELVET NEGLIGEE.

The novelty comes in the gasping with croup.

front closing. From the top it is cut diagonally on the right hand Muffins left from breakfast can edge of hip depth, on the left a piece of the velvet continues on Cabbage boiled and covered diagonally to make a hip sash. with cream sauce makes a good This knots in the back with one that comes from the side seam on The future might as well seemiros; the other side. The right hand Oysters steamed in butter and edge, below the extension sash, All edges except the closing front The nutritious part of the po- are decorated with a fringed ruche

FIRST AID FOR CROUP.

The woman who lives in the country where it is impossible to reach a doctor quickly, is advised snade of yellow velvet. It is cut like a simple wrapper in a low "U" to take a few lessons in medical first aid. For example, every motat the neck, and the angel shaped, set in sleeves stop just below the

DEPORTATION OF BELGIAN MEN LEAVES WOMEN AND CHILDREN MORE HELPLESS THAN EVER

Neutral protests do not prevent the Germans from continuing the deportation and enslavement of the able-bodied men who were left in unhappy Belgium-and we are powerless to stop it until we have won the war.

Meanwhile the Neutral Commission for Relief in Belgium, administered without pay by great-hearted Americans, is saving the women and children from starvation. Here we CAN help promptly and effectively, by giving generously to the Belgian Relief Fund.

More contributions than ever are needed, because the higher prices of foodstuffs, particularly wheat, have seriously increased the cost of feeding these millions of dependent Belgians. How much can you spare the victims of one of the blackest, most cold-blooded crimes?

Send whatever you can give weekly, monthly or in one lump sum to Local or Provincial Committees, or SEND CHEQUES PAYABLE TO TREASURER

The Greatest Relief Work in History.

The first move for relief in croup is to apply to the throat hot flannels wrung out in boiling water. If the attack is bad a hot bath should be given. Give a teaspoon of powdered alum stirred into molasses. If the throat is very tight, a little brown sugar will bring re-

PAPER CLIPS TO HOLD SEAMS

When sewing long seams use wire paper clips to fasten edges of the cloth together and no basting will be necessary. Turn up a hem the desired depth and place the fasteners at the bottom edge to hold it in place.

Slants of Humor

A THE PROPERTY OF THE PROPERTY

FOR MOTHERS' DAY

Of all the joys that came to earth When Love first had immortal birth, And through the world went hand in han With sorrows, in the lonely land, Not one can measure half the bliss That lingers in a mother's kiss.

The purest joy that youth can know, The solace sweet of childhood's woe, The healing touch, the stay of pain, The sight of blue through tearful rain:

For never hurt or ill befell, But mother's kiss could make it well

Sweet pledge of love's great sacrifice, Whose altar-lights glow in the eyes With power to sooth and cheer and bles and win the feet from waywardness, ife holds no potency like this.

The touce of love-lips on his own And while his latest years remain

VIEWING THE FUTURE

In looking forward, why be fearful,

One really might as well be cheerful As afraid.

Perhaps my platitudes are prosy. Still I say

As dark gray

ABOUT THAT.

One more hour of daylight will mean nat much more work for mother

Doctor-New suppose a man is suddenly rought to you suffering from trench feet

R. A. M. C. Recruit (who knows th igor of the liquor laws)-No, sir, you not catch me that way, sir! I would no

THICK, GLOSSY HAIR FREE FROM DANDTUFF

If Cross, Feverish, Sick, Bilious, Clean Little Liver and Bowels.

Children love this "fruit laxative, stomach, liver and bowels so nicely.

A child simply will not stop playing to empty the bowels, and the result is they become tightly clogged with waste, liver gets sluggish, the stomach sours, then your little one becomes cross, half-sick, feverish, don't eat stomach-ache or diarrhoea. Listen, mother! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system, and you have a well, playful child

Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels.

to buy a new bonnet?
When one girl meets another she in

Wood's Phosphodine,

Exeruciating Pains in The Manual Annual Annu the Back

DOAN'S KIDNEY PILLS

Many women suffer from excruciat ing pains in the back. They are not even able to look after the common duties of their household. The whole trouble is that the kidneys have become affected. On the first sign of a weak, lame, aching back, you should not neglect it, for if you do some seri-ous kidney trouble will follow.

ous kidney trouble will follow.

What you want is a kidney remedy, not a "cure all," but a remedy for the kidneys only. This you will find in Doan's Kidney Pills. Mrs. Wm. L. Peck, Sardis, B. C., writes: "I have the greatest pleasure in telling you that I used three boxes of Doan's Kidney Pills, and I find that I am entirely cured after having suffered for two years. My back used to hurt me so that I would almost cry out with the pain. I would advise anyone suffering from kidney trouble to go at once and get a bex of

trouble to go at once and get a bex of Doan's Kidney Pills."

Doan's Fills are the original kidney pill, they being on the market long before any other remedy of the kind was ever thought of.

They are put up in an oblong grey.

They are put up in an oblong grey

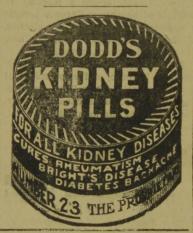
The trade mark, a "Maple Leaf."
Price 50c. a box, 2 for \$1.25, at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited,

Speify "Doan's" when ordering di

BONNE ENTENTE" PARTY VISITS HAMILTON, ONT

Hamilton, Ont., Jan. 9 .- The "Bonne Entente" party arrived at Hamilton at 1 o'clock this morning. A company of the 205th Battalion was drawn up on the platform and a band played a he guests stepped from the train.

the band and military guard to the city hall, where a formal welcome was



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waaksis. 183-31 Lavine, Abe, res., 294, King St.

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tal, Regent St.

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An Attractive Kitchen

not alone makes the work seem lighter but actually makes it so. How much easier to keep clean, the white enamel sink, the enameled tubs, etc., than the old style black iron fittings. Ask us how much or rather how little it will cost to make your kitchen one to be proud of.

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IS A MASTERPIECE.

Its low gasolene consumption is wonderful. Its performance is superb. Its graceful lines and heutiful finish are pleasing to the eye. Let your next can be a CHALMERS.

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Reg. \$18.00, for \$12.00 Reg. \$11.25, for \$7.50 Reg. \$6.75, for \$4.50



Stock-Taking Sale A. Murray & Co's.

GREY FLANNELETTE SHEETS, 54x74, only 50 cents each. EIDERDOWN, 54 inches wide, in red, grey and white. Reg. \$1.50 per yard, for \$1.00. A FEW FURS TO BECLEARED.

1 Scarf, Black

1 Mink Throw 1 Black Scarf

Two BATH SETS in Blue and Pink, reg. \$6.50 for \$4.25.

SPECIAL HUCK TOWEL in good quality, size 18x34, at 15c. each or 25c. a pair. The balance of our HIGH CLASS NECKWEAR at almost half price.

The remainder of our LADIES' and CHILDREN'S COATS specially priced for a quick

A Special Line of LADIES' BLOUSES in Pique, Voiles and Bedford Cords, special at 98c Special Values in FLANNELETTE and WOOL BLANKETS, also BED PUFFS, ranging in price from \$1.50 up.

KIMONA CLOTHS in a nice range of Patterns, reg. 25c. for 19c. per yard.

WHERE COURTESY AND QUALITY GO HAND-IN-HAND