

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN

FOR THE HOUSEKEEPER.

Here is a splendid way to keep bread fresh. After baking, let it cool, then put in paper bags, twist up the top of the bags and put in a bread jar. This keeps the air out, does away with constant washing of the jars, and keeps bread fresh for a long time. Recently a housewife made a large batch of bread, part of the family went away, and so she had a good deal of stale bread on hand. When her baking time came she rolled the hard bread into very fine crumbs and mixed it in with new sponge. The bread was fine and nothing was wasted.

Here are a few simple rules for caring for your kitchen utensils. The coffee pot should be as bright

inside as outside to insure a good cup of coffee. It should be washed first in warm water, then rinsed thoroughly in boiling water and dried carefully. Each night the tea kettle should be wiped dry and left empty over night.

Stains on tinware can be removed with a damp cloth that has been dipped in common soda. Rub them briskly, wash in hot water and wipe dry. Always wash the bread board with cold water if you want to keep it white. Agate ware should never be dried over a hot fire, as the heat expands it, and in that way may cause the outside to scale.

Tinware should not be dried over heat, as it causes discoloration. Tumblers or any glass that has contained milk should first be

rinsed in cold water and allowed to stand a few minutes before washing in warm water. After broiling fish wipe the broiler wires with a piece of lemon before washing. This will take away all of the fish odor.

Slants of Humor

FREE RESOLUTIONS

On New Year's Day

I made a resolution,
It was a good one.
That's what made it a resolution,
No one ever makes a bad resolution
No one ever has to,
They look out for themselves.
Yesterday
I took out my resolutions
From its bed of rose leaves
And mothballs
And cedar
And Chloroform,
It was just breathing
So I put it back,
It is as good as ever,
How about yours?

FATHER EXPLAINS

"Pa, what is meant by the 'psychological moment'?"
"Have you never seen your mother ask me for a check, son?"
"Oh yes pa."
"And did you ever notice that she always waits until I have had a good dinner and she has brought my slippers and has pulled my easy chair around to the light and struck a match for my cigar?"
"Yes pa."
"Well that is what is known as the psychological moment for making a domestic touch."

WHAT HE DIDN'T KNOW

A well-known resident was walking along Fifth avenue the other Saturday night, when a half-drunken man came up to him. Standing in his path the man said: "Mr. —, you don't know me, do you?"
"No," said the gentleman, "I don't," and he tried to pass.
"I am the husband of your washer-woman," persisted the half-sober individual.
"Well what have I to do with that?"
"You see, you don't know everything," went on the man in a confidential tone.
"What don't I know?"
"You don't know I'm wearing one of your white shirts!"

GIRLS! GIRLS! TRY IT!
STOP DANDRUFF AND
BEAUTIFY YOUR HAIR

Hair Stops Falling Out and Gets Thick, Wavy, Strong and Beautiful.

Your hair becomes light, wavy, fluffy, abundant, and appears as soft, lustrous and beautiful as a young girl's after a "Danderine hair cleanse." Just try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of

dust, dirt and excessive oil and in just a few moments you have doubled the beauty of your hair.

Besides beautifying the hair at once, Danderine dissolves every particle of dandruff; cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair.

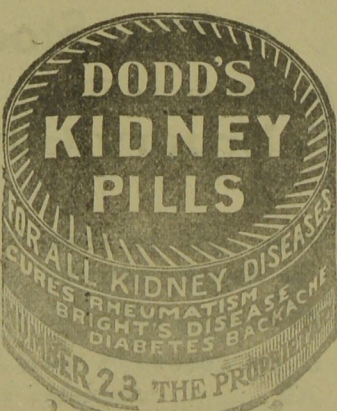
But what will please you most will be after a few weeks' use when you will actually see new hair—fine and downy at first—yes—but really new hair growing all over the scalp. If you care for pretty, soft hair and lots of it, surely get a 25-cent bottle of Knowlton's Danderine from any druggist or toilet counter, and just try it.

NEW YORK A SEALED PORT.

Guarded All Night by U. S. Navy Patrol, but Opened Next Day.

New York, Feb. 1.—After being sealed all night by a cordon of destroyers and coast guard patrol boats, the port of New York was to day opened by the customs authorities to all incoming and outgoing shipping.

The stand taken by the collector of the port was that ships could sail at their own risk. They were permitted to clear as usual.



DYSPEPSIA

MOST DIFFICULT TO CURE
BUT B. B. B. DOES IT.

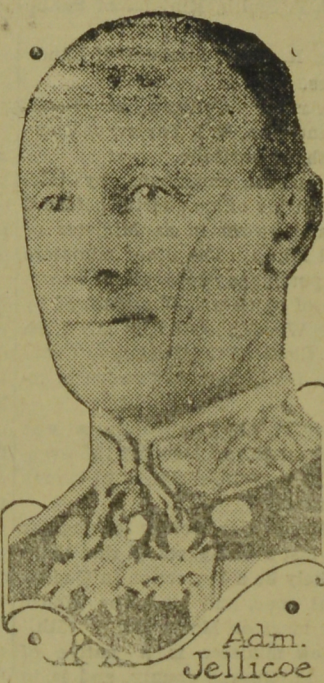
Dyspepsia is one of the most difficult diseases of the stomach there is to cure.

You eat too much; drink too much; make the stomach work overtime. You make it perform more than it should be called on to do. The natural result is that it is going to rebel against the amount of work put on it. It is only a matter of time before dyspepsia follows:

That forty-year-old remedy, Burdock Blood Bitters, will cure the dyspepsia, and will cure it to stay cured, as we can prove by the thousands of testimonials we receive from time to time.

Mr. Neil A. Cameron, Killarney, N. S., writes: "I am writing you a few lines to tell you what your great medicine Burdock Blood Bitters has done for me. I was troubled very much with dyspepsia for the past two years. I was recommended all kinds of medicines, but they did not help me any. At last a friend advised me to try a bottle of B.B.B. I took four bottles and was totally cured. I will gladly recommend it to all sufferers."

B.B.B. is manufactured only by The T. Milburn Co., Limited, Toronto, Ont. Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.



NEW SUBSCRIBERS

21-41 Brown, Frank T., Res., 226 King Street.
2300-11 Harrison, Rev. W., Res. Marysville.
218-21 Pickard, Mrs. Byron, Res., Gibson.
234-41 Rainsford, T. W., Insurance Agent, 659 Queen St.

N. B. TELEPHONE CO., LTD.

ONE DOSE RELIEVES
A COLD—NO QUININE

Take "Pape's Cold Compound" every two hours until you have taken three doses, then all gripe misery goes and your cold will be broken. It promptly opens your clogged-up nostrils and the air passages of the head; stops nasty discharge or nose running; relieves the headache, dullness, feverishness, sore throat, sneezing, soreness and stiffness. Don't stay stuffed-up! Quit blowing and sniffling. Ease your throbbing head—nothing else in the world gives such prompt relief as "Pape's Cold Compound," which costs only 25 cents at any drug store.

A GIRL ALWAYS REFUSES A MAN WHEN SHE KNOWS HE WILL PROPOSE AGAIN. Perhaps that is the reason you have not consulted us about your PLUMBING and HEATING—you know we will come back with the same offer. But in the meantime you have lost a lot of satisfaction, and maybe you have done a heap of haggling.

THE SOONER WE TALK IT OVER THE BETTER it will be for us both. Our suggestions will prove useful and it will pay you to get our prices.

D. J. SHEA & SON
Carleton Street - Phone 563

THE CHALMERS MOTOR

IS A MASTERPIECE.

Its low gasoline consumption is wonderful. Its performance is superb. Its graceful lines and beautiful finish are pleasing to the eye. Let your next car be a CHALMERS.

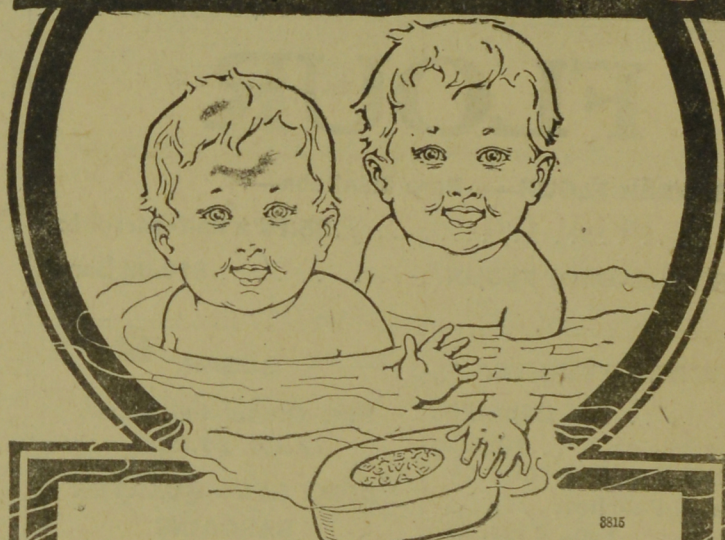
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Sherlock-Manning Player Piano

All the Latest Sheet Music on hand

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Music Store 560 Queen Street

Baby's Own Soap



Baby's Skin Tests

Baby's Own Soap. Its creamy softening lather must cleanse his tender skin without injury—and it does. Four generations of Canadian mothers endorse Baby's Own Soap which comforts and whitens the most delicate skin.

IT'S BEST FOR BABY AND BEST FOR YOU

ALBERT SOAPS, LIMITED, MFRS., MONTREAL

Then shall the King say unto them
on his right hand.....

"I was an hungered, and ye gave me meat;
I was thirsty, and ye gave me drink.....
naked, and ye clothed me....."

Then shall they answer him, saying—
"Lord, when saw we thee an hungered, and fed thee? or thirsty, and gave thee drink?
....or naked, and clothed thee?"

And the King shall answer.....
"Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me".

Overseas, in ravaged Belgium, more than 3,000,000 of "the least of these" are hungry, thirsty, thinly clad—looking to us! Have you done what you could for any of them?

Whatever you can give, send your subscription weekly, monthly or in one lump sum to Local or Provincial Committees or

SEND CHEQUES PAYABLE TO TREASURER

Belgian Relief Fund

59 St. Peter Street, Montreal

The Greatest Relief Work in History.

DISSOLUTION SALE OF
DRY GOODS AND READY-TO-WEAR GARMENTS

GREATEST SALE OF THE SEASON NOW IN FULL SWING UNDER THE DIRECTION OF THE NEW FIRM.

WM. R. FRASER & CO.,
430 Queen St.
Successor to A. MURRAY & CO.

BED COMFORTERS, size 72x82, regular \$3.50 for \$2.69
BED COMFORTERS, reg. \$3.00 Sale Price \$2.39
CORSET COVER EMBROIDERIES, reg. 25c. Sale Price 19c.
BLEACHED HUCKABUCK TOWELS, 15c. each, 2 for 25c.
EIDERDOWN, Good Heavy Quality, reg. \$1.50 Sale Price \$1.00
WOOL VEILINGS, reg. 25c. Sale Price 15c., 2 yards for 25c.
ANDERSON'S GINGHAMS, worth up to 20c. Sale Price 15c. per yard
LADIES' LONG KID GLOVES, Reg. \$1.75 Sale Price 79c. a Pair
LADIES' LINEN COLLARS, worth up to 25c. each Sale Price 10c. each, 3 for 25c.
BATH SETS, regular \$6.50 Sale Price \$4.25
PIANO DRAPERIES, regular \$1.90 Sale Price \$1.35
SPECIAL 10 per cent. DISCOUNT ON ALL GOODS NOT ADVERTISED, including Dress Goods, Silks, Table Linens, Embroideries, Sheetings, Gloves, Ready-made Sheets, Corsets, Towels, Towelling, Umbrellas, and Waterproofs, Winter Coats, Suits and Dresses, Ladies' Blouses, Skirts, Kimonos, Underskirts, Sweaters and Whitewear, Ladies' Silk and Serge Dresses, Wool Blankets, Comforters, Down Puffs and Flannelette Blankets, Ladies' Raincoats and House Dresses, Pillow Cotton, Table Cloths and Napkins.

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