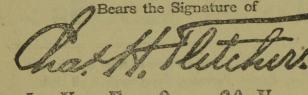


The Kind You Have Always Bought, and which has been in use for over over 30 years, has borne the signature of and has been made under his per-Chart M. Flutcher: Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of

Experiments that time with and endanger the health of Infants and Children—Experience against Experiment. What is CASTORIA Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS



In Use For Over 30 Years The Kind You Have Always Bought

OF INTEREST TO WOMEN

APPLE AND CABBAGE SALAD.

Shave cabbage fine and soak euse,, with long sleeves and emfor one hour in celery water, broidery from the waist to the made by adding one teaspoonful hem, of celery salt to each quart water. Drain and dry on a soft towel. Add an equal amount of apple

cut into matchlike pieces. Mix with boiled dressing.

WHIMS OF FASHION.

The frock of simple lines is well running from the top of the high

The new Premet chemise tunic steak falls straight from the shoulder and ie girdled very loosely. It is the knees in the front.

gown is nothing in the world but a straight chemise frock of charm-

NEW POTATO WRINKLES.

Did you ever think of having broiled potatoes? To make this delicious dish cut cold boiled potatoes in thick slices. Dip each one in butter and then in bread crumbs and broil them in the gas oven or over a coal fire till they have taken on a golden brown. They are especially suitable when

Mashed potatoes, though generally popular, grow tiresome always served in the same way. Try this: To a dish of mashed po An exquisite French evening tatoes add one tables poon of but

ter for every cupful of mashed po-tatoes. Beat this thoroughly and MOTHER! YOUR CHILD add the beaten white of one egg and a half cupful of milk to every cupful of the mixtule. Season with salt and pepper, mix thoroughly and place in a baking dish. Brown in the oven and serve with roast If Tongue is Coated, Breath Bad, the bcef or beef stew.

Another good way of serving mashed potatoes is to ferm them into small balls, roll them in flour, aud brown them in the pan with a reast of beef or lamb.

BERLIN OFFICIALLY **RECOGNIZED BY BLONDIN**

Ottawa, Jan. 12 .- One of the first official acts of the new Postmaster Genofficial acts of the new Postmaster Gen without griping and you have a well, eral, Hon. P. E. Blondin, has been to playful child again. rescind the regulation issued on Dec. 23 by the last Postmaster General, T. C. Casgrain, which provided that letters addressed to "Berlin," Ontario, would find their way to the dead letter office

The regulation stated that the let ters must be addressed to Kitchener, the new name given to Berlin by the Ontario government.

Today's announcement says: "Notice is given that the Postmaster General has authorized the cancellation of the regulation in regard to letters addressed "Berlin," Ontario, published in the issue of the Canada Gazette of Dec. 23, 1916."

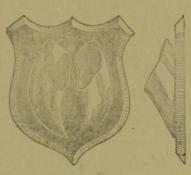
Consequently letters addressed to erlin. Ont., will now be forwarded to

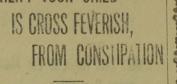
VERY SWEET OF THEM

pop Manifesto Which Will

There is not a child in London who will not et dorse a manifesto issued by a body of grown-ups in Manchester, called the "Confectioners' Association of the United Kingdom." The object of the manifesto is to show, beyond all doubt, that the food value of one of believen is more than three all doubt, that the food value of one pound of lollipops is more than three times greater than, say, one pound of beef. This is made clear by long, learned words to the most obtuse adult intelligence. The Confectioners' Association is trying to persuade the Government that it is in the national interest that candy should be treated as a necessary article of food, and that they should not be taxed or re-stricted. stricted.

Ornamental Horn Match Holder





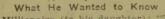
Stomach Sour, Clean Liver and Bowels.

Give "California Syrup of Figs" at once—a teaspoonful today often saves a sick child tomorrow.

a sick child tomorrow. If your little one is out of sorts, half sick, isn't resting, eating and acting naturally—look, Mother! see is tongue is coated. This is a sure sign that its little stomach, liver and bowels are clogged with waste. When cross, irri-table, feverish, stomach sour, breath bad or has stomach ache, diarrhoea, sore throat, full of cold, give a tea-spoonfal of "California Syrup of Figs" and in a few hours all the constituated poison, undigested food and sour bile genthy moves out of its little bowels

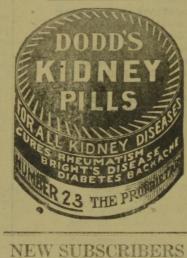
Mothers can rest easy after giving this harmless "fruit laxative," because it never fails to cleanse the little one's liver and bowels and sweeten the stom-ach, and they dearly love its pleasant taste. Full directions for babies, chil-dren of all ages and for grown-ups, winted an aceh battle printed on each bottle. Beware of counterfeit fig syrups. Ask

Your druggist for a 50-cent bottle of "California Syrup of Figs," then see that it is made by the "California Fig" Syrup Company."



Millionaire (to his daughter): "Tell me, child—that young man who wants you this Christmas, has h to marry nnocence: "Money, father? has just given me a cluster? ring studded with pearls." alre: "Yes, I know. Has he y left?" got any Miss In Why,

Useless Presents



261-31 Barry, C. R., Law Office, 404 420--11 Brown, Clarence B., res., Gib-

ham, Mgr., 259 King St. 596-31 Griffiths, T. E., res., St. Marys. 400-42 Hawkins, Guy, res., Douglas. 326-31 Hawkins, J. Hilton, res., Nash

waaksis. 183--31 Lavine, Abe, res., 294, King St.



The Wonders of Science

A france france for the former

are astounding sometimes, but in no other science has there been more progress shown than in the line of Sanitary Plumbing.

The health of the community depends upon having it. properly and scientifically done. We employ only expert plumbers and shall be glad to place our facilities at your service.

D. J. SHEA & SON

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THE CHALMERS MOTOR IS A MASTERPIECE

Its low gasolene consumption is wonderful. Its performance is superb. Its graceful lines and beutiful finish are pleasing to the eye. Let your next car be a CHALMERS.

Wm. C. BURTT, Fredericton N.B. **625 QUEEN STREET**



DEPORTATION OF BELGIAN MEN LEAVES WOMEN AND CHILDREN MORE HELPLESS THAN EVER

Neutral protests do not prevent the Germans from continuing the deportation and enslavement of the able-bodied men who were left in unhappy Belgium-and we are powerless to stop it until we have won the war.

Meanwhile the Neutral Commission for Relief in Belgium, administered without pay by great-hearted Americans, is saving the women and children from starvation. Here we CAN help promptly and effectively, by giving generously to the Belgian Relief Fund.

More contributions than ever are needed, because the higher prices of foodstuffs, particularly wheat, have seriously increased the cost of feeding these millions of dependent Belgians. How much can you spare the victims of one of the blackest, most cold-blooded crimes?

Send whatever you can give weekly, monthly or in one lump sum to Local or Provincial Committees, or SEND CHEQUES PAYABLE TO TREASURER

Igian Relief Fund 59 St. Peter Street, Montreal. The Greatest Relief Work in History.

A match holder made of the horn wooden shield, as shown in the sketch is both orpamental and useful. is both orpamental and useful. One of the pockets holds the unused mat-ches and the other the burned ones. The hoofs were cleaned thoroughly and polished and the edge of the shield was beveled off and varnished in the natural color of the wood. The front was lacquered black and also varnished.—Popular Mechanics.

Suffered With Heart For Ten Years

ich fear of impending death as to ake up in the night with that awfu ence of smothering. The uncertain ad urregular heart action causes the reatest distress of both mind and

133-11 McDonald, Joseph, res., Gib. son. 239 Park Barracks Military Hospi tal, Regent St.

FRIDAY and SATURDAY Regular Clean up Sale in all Departments **Including all Remnants**

BALANCE OF OUR LADIES' SUITS AND COATS CLEARING AT VERY SPECIAL PRICES. A FEW LADIES' CREPE DE CHENE BLOUSES SELLING AT VERY SPECIAL PRICES. A FEW SPECIAL CORSET COVERS AND DRAWERS SELLING AT 2 for 25c A FE WSPECIAL DRESSES SELLING AT VERY LOW PRICES. REMNANTS IN DRESS GOODS, SILKS, LININGS, FLANNELETTE, KIMONA CLOTHS, OUTING FLAN-NEL, SCRIMS, TABLE OILCLOTH, TICKING AND COTTONS. A LOT OF RIBBON REMNANTS, EDGINGS, LACES, VEILINGS, ETC. GREY FLANNELETTE SHEETS, SIZE 54x74, AT 50c. FACH, \$1.00 A PAIR. NICE QUALITY EIDERDOWN, 54 inches wide, IN RED, GREY AND WHITE, REG \$1.50 per yd. for \$1.00. WOOL VEILING, REG. UP TO SOc. per yard, FOR 15c. per yard. LADIES' HOSE SUPPORTS, REG. 25c., FOR 15c. LADIES' LINEN COLLARS, REG. 15c. to 25c., SALE PRICE 10c. LADIES' LONG KID GLOVES, REG. \$1.75 A PAIR, SALE PRICE 79c. A PAIR.

WHERE COURTESY AND QUALITY GO HAND-IN-HAND