## The Cold Storage Egg is Restored to Society

A Twelve Month's Sentence Has Just Expired -- Was Punished Best for the Liver and Bowels, Bad by the Authorities for Being Too Fresh---Was Not Even Given Time to Bid Relatives Good Bye -- Held a Chatty Interview With a Reporter---Says Disposition Has Been Soured by Captivity.

confession of a Returned Egg is not without interest. We will give it as near as proceedings and the confession of a Returned Egg is not without interest. We will give it as near as proceedings are negligible in the confession of a Returned Egg is not injustice! near as possible in the words of the victim with an occasional question by

my experience which may be helpful to others? Let me begin at the beginning with my sad little story."

"It was just twelve months ago this June that I was sentenced to prison for an indeterminate period. It was, I remember, to be not more than two years, and it might be considerably

NAME

Timekeeper Waiter

Conductor

Clerk Storeman Night Porter Wiper

Watchman

Brakeman

Constable

Constable

Stewart, Jas. Herbert Loco. Firema 1
Stone, Edw. Wilfrid Mach. Apprentice Ogden
Swanson, John Loco. Fireman Cranbr
Thrower, Leonard Yandman Fort W

MONTREAL, December 1st, 1916 (List No. 13).

Mach. Apprentice

Boilermkrs. Hlpr.

Kamloops

Winnipeg

Montreal

Montreal

Angus Winnipeg

North Bay

Victoria

Cranbrook

Red Deer

Calgary Toronto

Moose Jaw

Cranbroo!

Calgary

Fort William

Brit. Colum. Dist. Moose Jaw

Vancouver Port McNicoll

Abbey, Samuel Bedingfield, Syl. C. Belts, Thomas A.

Cosgrove, James

Cosgrove, James Daly, Joseph Doneld, Ernest Fisher, Harry I orsyth, William Fuller, Percy D. Luxton, Wesley

Macdonald, Ken. M.
Mathison, A.bert
Morgan, Cyril V.m.
Nash, Harry Bourke
Parsons, William
Paterson, Wilfred
Coult Harrant

Smith, George Squires, Wm. Geo.

Paterson, Wiifred Timekeeper Smith, Cecil Herbert Tool Grinder

Wellspring, William Loco. Fireman

Willins, Henry Jas. Yardman Wilson, Frank L. Car Repairer

Booth, Arthur Brown, Isaac G. unt Chapman, Andrew G. Charrel, Alex. R. for me. Do you wonder that I fums egg doesn't stick around in jail for and almost fret myself into a fricassee twelve months for nothing. I have an

ion dozen eggs in the same plight, ture of your life in prison?" asked the the reporter to keep the story to the but not one bad—as yet. Innocent, "The atmosphere—by all odds the "I am free after being a year in jail! virginal almost, wishing nothing so atmosphere. I shall never forget it What are my feelings now that I am much as early martyrdom in some restored to society? What is there in good cause, we were torn from our pastoral surroundings and hurried to the very soul is sodden with it. If I come dungeon. I do not know what hap- out of prison with my nature embitpened to my companions, but I know tered put it down to the atmosphere. that for my part I was not even given It got into me deep. I am not even time to bid my mother good-bye.

An Onion Eater.

"I need not dwell on my trial or the less if my behavior was good and my indignities that were rained upon me conduct approved by the authorities. by a fat, red faced man who put me egg—and look at me now—as white At the time I did not consider the to the question with a candle. He as Mary's little lamb, and ten times

NATURE OF CASUALTY

Killed in action Killed in action

Killed in action

Died of wounds

Suffering from shock

Wounded

Wounded Wounded

Wounded

Wounded

Wounded

Wounded

Wounded Wounded

Wounded

Wounded

Wounded Wounded Wounded

Wounded

Wounded Died of wo

Wounded

Wounded
Killed in action
Killed in action
Wounded

Killed in action

Suffering from shock

Breath, Bad Colds, Sour Stomach.

Get a 10-cent box.

'CASCARETS'' FOR A

COLD, BAD BREATH

OR SICK HEADACHE

Sick headache, biliousness, coated ongue, head and nose clogged up with a cold—always trace this to torpid iver; delayed, fermenting food in the

owels or sour, gassy stomach.

Poisonous matter clogged in the inestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the ion and that dull, throbbing, sickening

Carcarets immediately cleanse th stomach, remove the sour, undigester cood and foul gases, take the excess onle from the liver and carry out all the constituated waste matter and poisons in the bowels.

A Carcaret tonight will surely straighten you out by morning They work while you sleep—a ten ont box from your druggist means your head clear, stomach sweet and your liver and bowels regular for mon is.

#### KING AS HERB CROWER

At the time I did not consider the place of the question with a candle. He judge lenient, nor did I take much comfort in the thought that I could work out my own salvation."

Was Too Fresh."

Was Too Fresh."

"My chief feeling was one of resentment. I had been sentenced for what do you think? For being fresh! How could an egg only a week old be anything else? Besides, it was a fault that I could have outgrown had they given my bosom right now besides revenge me a chance. But no. Prison bars that would put him to the bad. An Several thousand officers and employees of the Canadian Expeditionary Forces, and the majority of them are now in Europe, bravely battling for Canada and the Empire.

Several thousand officers and the members of the first winds as Mary's little lamb, and ten times as tough."

Where there no alleviations?" the reporter inquired.

Where there no alleviations?" the reporter inquired.

"Were there no alleviations?" the reporter inquired.

"Where there no alleviations?" the reporter inquired.

"Whill the Government protect bella onna growers by a tariff?" was one of the inquires at a conference of medicinal herb growers in the Carlton. They had met to discuss the organization of various so that a wistful smile. "Mr. J. W. Flavelle used to visit me in prison. People say that he was primarily responsible for putting me there, but I can't believe it—he is such a kind, good man. I'm sure he wished me well. He used to say the most beautiful things to me.

Several thousand officers and employees of the Canadian Pacific Railway Company anlisted for active military duty with the Canadian Expeditionary Forces, and the majority of them are now in Europe, bravely battling for Canada and the Empire.

NATURE OF CASIMALTY

"Substitute lamb, and ten times at ough."

Where there no alleviations?" the reporter inquired.

"What a wistful smile. "Mr. J. W. Flavelle used to visit me in prison. People say that he was primarily responsible for metal that is nit what you do, but what you are that makes for character. T

"Then I would reassure him and tell taken the greatest personal interest in the movement," stated Mr. H. C. chairman of the Centra for National Patriotic Or who presided. At thei ith the head gardene

My disposition has been soured all

through. The atmosphere was awful.

him that I would do my best, and he would take me in his hand and dust me off and call me his precious. It Commi almost became a scandal the way he ganizati would call me his precious, but he meant it only in a fatherly way. What he had in his mind was how precious I and my companions would be, say at Christmas time, when we would be released and mixed in with the newlaid eggs at a dollar a dozen. You can be started to grow medicina. figure out for yourself just how precious a few million 21/2 cent eggs would be to Mr .Flavelle when sold at the right time for eight cents apiece.

"No," said the Returned Egg, "Mr Flavelle never used words to me that could not have been uttered with per fect propriety to the world at large. And he never thought any more of me than he did of any other egg. Anybody who says that he did is a liar and slanderer. His whole concern wa for my state of health. I had to be strong to grapple with the high cost of living when I came out and, thanks to Mr. Flavelle, I am strong. If you don't believe it, just try a fall with

New Industry to Paplace German Supriy

some putting down 15 to 2

### CASTORIA

For Infants and Children In Use For Over 30 Years Always bears the Signature of Chat H. Hitchers

me and see how strong I am." Honored by Borden.

"It is a great satisfaction to me." continued the Returned Egg, "to se my benefactor so honored by the Borlen Government. He is, I understand he Chairman of the Imperial Munitons Board. Forgive me a poor little joke-from cold storage eggs to shrapnel-from one high explosive to an other-both shell games. Mr. Flavelle is a wonderful man. And so keen on

"Look at me for uplift. Young and unspotted from the world I was worth eight cents. Can you beat it? Who did it? Mr. Flavelle and the Borden government's 45 per cent. tariff. Do the people realize how much the Bor den government and philanthropists like Mr. Flavelle have done to keep the cost of living on a high moral plane? Where would I be now if it were not for the advice and assistance of these Christian gentlemen?

"Would I, an eight cent egg, be expecting to lie down presently in the same pan with 40 cent bacon? Not at all. They'd be shipping me to China, where they like their eggs gamey. Instead of which I'm paid to stay at home and kill people here. There's nothing like protection for the home market."

"I must say," said the Returned Egg, "that I have no kick against the Borden government. It is the true friend of the cold storage egg. It enables us to forget our past by associating on equal terms with new laid eggs and does not subject us to a cruel competi tion with innocent eggs from other countries. I think we cold storage eggs ought to be very thankful indeed to the Borden government for keeping up the high cost of living and thus pro serving our self-respect."

#### THE CHALMERS MOTOR

Its low gasolene consumption is wonderful. Its performance is superb. Its graceful lines and bentiful finish are pleasing to the eye.

Let your next car be a CHALMERS.

Wm. C. BURTT, Fredericton N.B. 625 QUEEN STREET

### DOLLAR DAY

February 27th.

English Crayon Enlargments \$1 00. Sepia Enlargments Half Price. Water Color Enlargments Half Price. Indian Ink Enlargments Half Price. Oval Convex Portrait Frames Half Price.

On Dollar Day we will give Free a Crayon Enlargment with every Oval Convexed Frame that is bought from our store at the usual retail price of

Many other Bargains in Silver Plating.

S. TITUS Mgr.

57 Westmorland Street, Corner Queen.

Upen Arternoons and Evenings.

## SEEDS

No. 1 Timothy No. 2 Timothy Mammoth Clover Alsike Clover Red Clover at lowest market rates

G. W. HODGE

QUEEN STREET, WEST END.

We have on hand a full range of Winter Overcoatings and Suitings in all the latest patterns. With 25 years' experience In tailoring we are in a position to guarantee entire satisfaction

SUITS - - - from \$18.00 to \$33.00

OVERCOATS - - " \$20.00 to \$35.00

#### There was a Tim, Not so Many Years Ago, When Little was Said About "Food Values"

Gradually, however, scientists began finding out that many common ills were directly traceable to the excessive use of certain "foods" which are deprived of a large portion of the mineral salts of phospherus, iron, calcium, etc.— food elements absolutely essential to life.

These facts led, some twenty years ago, to the making of GRAPE-NUTS, a food rich in these mineral elements. This splendid food, made from whole wheat and barley, supplies perfectly the wonderful "food values" of these grains lacking in the ordinary dietary.

GRAPE-NUTS is most delicious!. Eaten with cream, as it usually is, it is an ideally balanced food, and should be served daily.

"There a Reason" for

# Grape-Nuts

Food prices may soar, but there has been no change in price, quality or size of package of Grape-Nuts. This is also true of Postum, Instant Postum and Post Toasties, also made by the manufacturers of Grape-Nuts.

#### Wholesale Dry Goods and Woollens

# Golden Grove

WE CONTROL THE SALE of this justly celebrated Yarn, which has given such satisfaction to all those who are knitting socks for our soldiers. We have stock of LIGHT GREY, 2ply, for socks, and WHITE, 3-ply, for fishermen's mitts. Spun only from PURE WOOL and

ALL WOOL. ORDER NOW while you think of It.

Vassie & Company, Ltd. WHOLESALE DRY GOODS and WOOLLENS

ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.