

## Children Cry for Fletcher's

## CASTORIA

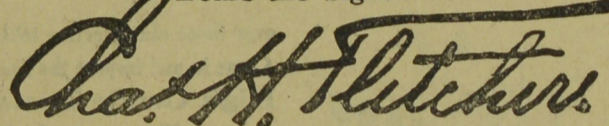
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## OF INTEREST TO WOMEN

## THREE MUFFIN RECIPES.

## Fine Muffins.

One-half cup sugar, one cup of butter, creamed together; one cup milk, four eggs, beaten separately two teaspoons baking powder, four cups flour. Bake in turk's head pans in slow oven.

## Graham Muffins.

One cup graham flour, two teaspoons baking soda, one teaspoon baking powder, two cups flour, one teaspoon salt, two tablespoons butter, one cup brown sugar, one egg, two cups sour milk and one cup chopped nut meats. Sift together the flour, baking powder, soda and salt. Add the butter, then the sugar and nuts, and mix

well. Then beat the eggs, add the sour milk to them and turn this into the dry ingredients. Beat well, turn into greased muffin tins and bake from 15 to 20 minutes in a moderate oven.

## Inexpensive Muffins.

One egg, one pint skimmed milk, one cup yeast or one yeast cake, six teaspoons sugar, salt, one tablespoon lard, piled up, then melted. Stir up at 1 p.m. for supper, stiff enough with flour to drop off a spoon.

## FOR THE HOUSEKEEPER.

Linen pillow slips for invalids are much cooler and more soothing than those of muslin.

Rubber erasers can be cleaned

by washing in soap and water.

A pinch of salt will keep an egg fresh which has been broken and is not to be used immediately.

MAMIE AND HER MA  
ARE QUITE HEATED UP

War Problems Receive Due Attention Over the Coffee.

"I feel like having some coffee" said Mamie, "shall I make in the coffee perforator, Ma?"

"Yes, dear," said Ma. "I wouldn't be surprised if the lamp was empty, but you'll find some good-natured alcohol in the medicine cabinet."

"Do you want a big cup, Ma?" asked Mamie. "You know the doctor said too much coffee might give you nervous persuasion."

"No thanks," said Ma, "I'll have a small cup. No one should ever drink more than a demijon of coffee before bed time—it's liable to keep one awake or give you ammonia."

"I see the Germans slunk another British lioner," said Mamie. "What are the Germans trying to accomplish anyway?"

"Well," said Ma, "I was talking to a rabbit pro-ally today and he said that they wanted England blockheaded like Germany is, and that the Czar of Germany and his wife, the Sardine, sent a note to the President telling him to keep American ships out of the war zoo because under the new system all neuter ships would be engendered too."

"Do you mean to say that the snub-marines will sink American ships on the high sneeze?"

"That's the way I understand it," said Ma. "They'll be sent to Gravy Jones' lockup even though they're not carrying a contradict of war."

"Well, of all the gall!" exclaimed Mamie. "But suppose they give the ship warning and then sink it. What would recur?"

"Oh, in that case they'd just have to pay identity. It's enough to keep us on grins and noodles."

"Yes," said Mamie, "it's gasperating."

GIRLS! DRAW A MOIST  
CLOTH THROUGH HAIR  
DOUBLE ITS BEAUTY

Try This! Hair Gets Thick, Glossy, Wavy and Beautiful at Once.

Immediate? Yes! Certain? That's the joy of it. Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a Danderine hair cleanse. Just try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt or excessive oil, and in just a few moments you have doubled the beauty of your hair. A delightful surprise awaits those whose hair has been neglected or is scraggy, faded, dry, brittle or thin. Besides beautifying the hair, Danderine dissolves every particle of dandruff; it cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair, but what will please you most will be after a few weeks' use when you see new hair—fine and downy at first—yes—but really new hair growing all over the scalp. If you care for pretty, soft hair, and lots of it, surely get a 25-cent bottle of Knowlton's Danderine from any drug store or toilet counter and just try it.

## BURMA GRASS FOR PAPER

Kaing Grass May Form a Good Paper Material

The possibilities of utilizing the kaing grass of Burma for paper making have for some years past been investigated by interested persons, in consultation with paper manufacturers in England, and it is now announced that the conversion of this grass into pulp and subsequently into paper can be accomplished in a simple and economical manner.

The yield of unbleached pulp is 39 per cent, calculated on the air-dry grass. This does not compare badly with esparto grass, from which about 43 per cent. of unbleached pulp is obtained. Kaing grass grows in great profusion in all parts of Burma, frequently reaching a height of ten feet. As a paper making material it may be classed with esparto grass, and is much cheaper, though the quality of the pulp is not quite so good as that obtained with esparto. Esparto grass is to a large extent cultivated, whereas kaing grass grows wild and is sometimes rank and coarse. By systematic cutting, however, over properly preserved areas, a fine grass of uniform quality can be obtained in a very short time.

There is no hope for the poor girl who is stone blind to the sparkling beauties of a solitaire.

It is almost as difficult for a young man to get over a case of lovesickness as it is for a woman to get over a barbed wire fence.

It is the man at the little end of the horn who is either applauded or hooted by the audience.

Suffered With Heart  
For Ten Years

WOULD NEARLY SMOTHER.

There is nothing that brings with it such fear of impending death as to wake up in the night with that awful sense of smothering. The uncertain and irregular heart action causes the greatest distress of both mind and body.

Milburn's Heart and Nerve Pills are the only remedy that can give prompt relief and effect a complete cure in cases of such severity.

They strengthen and invigorate the heart, so that it beats strong and regular, and tone up the nervous system so that the cause of so much anxiety becomes a thing of the past.

Mrs. M. O. McCready, Wapella, Sask. in medicines, but I feel that it is only right for me to let you know what your wonderful remedy has done for me, and in a very short time, too. I had suffered terribly with my heart for nearly ten years, could scarcely do any work, and would nearly smother at times. I had many remedies, some only relieving me for a time. I got a box of Milburn's Heart and Nerve Pills and felt writes: "I am not much of a believer so much better that I kept on using them, and can truthfully say I feel like a new woman."

"I would advise anyone with heart trouble to use them."

Milburn's Heart and Nerve Pills are 50c., or three boxes for \$1.25, at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Every time some people accept a favor they look for the price mark.

For the traveller the best guide book is a check book.

## City Election

The Election for Mayor and Aldermen for the City of Fredericton for the ensuing year will be holden on MONDAY, THE 12TH DAY OF MARCH, 1917,

at the Polling Places as follows:

Division No. 1—For all voters residing or owning property above the northwest centre line of Carleton street prolonged, at or near the City Hall in the said city.

Division No. 2—For all voters residing or owning property in the remainder of the said City, at or near the County Court House, in said City.

NOMINATIONS. Every candidate for the office of Mayor or Alderman shall be qualified to vote at the election for which he is nominated, and shall be nominated in writing by at least TWO ratepayers residing in the City of Fredericton, and qualified to vote at the ensuing election for which such candidate is nominated.

Every nomination paper with the certificate of the City Treasurer, shall be filed with the City Clerk or at his office, and not later than four o'clock on the afternoon of MONDAY, the fifth day of March, 1917, and the City Clerk, before receiving such nomination paper, shall ascertain from the same that the requirements of the Election Act have been complied with.

No candidate is qualified to be nominated for Alderman unless at the time of nomination he is a resident of the Ward for which he is nominated.

The acceptance of each candidate and the signatures of at least TWO resident qualified voters, who must sign the nomination paper, shall be proved by a witness by affidavit attached to the nomination.

In case of a contest, each elector shall be entitled to vote for ONE candidate for Mayor, and ONE candidate for Alderman for Wellington Ward, for ONE candidate for Alderman for St. Ann's Ward, for ONE candidate for Alderman for Carleton Ward, for ONE candidate for Alderman for Queen's Ward, and for ONE candidate for Alderman for King's Ward.

Dated this 26th day of February, A. D. 1917.

G. R. PERKINS,  
City Clerk.

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Nothing is more important to the Fur Shipper than doing business with an Honest—Reliable—Responsible—Safe Fur House.

**"Ship to Shubert"**

the largest house in the World dealing exclusively in American Raw Furs, where you will always receive an Accurate and Liberal Assortment, the Highest Market Prices and the usual "Shubert" Efficient, Speedy, Courteous service.

Write for the latest edition of "The Shubert Shipper" containing valuable Market information you must have.

**A. B. SHUBERT, Inc.** 25-27 WEST AUSTIN AVE. Dept. C231, CHICAGO, U.S.A.

## CHAPPED HANDS

Is often caused by using a soap with too much alkali. Use Swards Soap free from alkali. Oatmeal, Glycerine & Cucumber, Sandal Wood, Pama Violette and other odors. 5 and 10 cents.

WILEY'S PHARMACY, York Street

We Sell the Famous  
Sherlock-Manning Player Piano

All the Latest Sheet Music on hand

**E. O. MacDonald**

Music Store 560 Queen Street

## FURS! FURS!

NO NEED TO SUFFER WITH THE COLD when FUR COATS can be bought at such low prices from us.

WE HAVE REAL GOOD FUR COATS FOR MEN, none better to wear.

SOME GOOD VALUES IN LADIES' COATS. LADIES' NECK FURS AT BARGAIN PRICES.

**J. Clark & Son Ltd.**

Corner York and King Streets

## If You Need Pipes

of special size or shape, of tin or sheet iron of any kind. We shall be glad to take your order and install them wherever needed.

We do all kinds of sheet metal work, do it promptly and thoroughly and at a reasonable price.

Can we serve you in any way?

**D. J. SHEA & SON**

Carleton Street - - Phone 553

Then shall the King say unto them on his right hand.....

"I was an hungered, and ye gave me meat; I was thirsty, and ye gave me drink..... naked, and ye clothed me....."

Then shall they answer him, saying— "Lord, when saw we thee an hungered, and fed thee? or thirsty, and gave thee drink? ....or naked, and clothed thee?"

And the King shall answer.....

"Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me".

Overseas, in ravaged Belgium, more than 3,000,000 of "the least of these" are hungry, thirsty, thinly clad—looking to us! Have you done what you could for any of them?

Whatever you can give, send your subscription weekly, monthly or in one lump sum to Local or Provincial Committees or

SEND CHEQUES PAYABLE TO TREASURER

**Belgian Relief Fund**

59 St. Peter Street, Montreal

The Greatest Relief Work in History.

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Ladies New Cloth Skirts, Dresses, Underskirts, Waists, Sweaters, Waterproofs and House Dresses

New Spring Coatings, Dress Goods, Silks, Vioyellas, Plain Velvets and Corduroy velvets, in all the newest shades.

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