

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER,
DENTIST

FREDERICTON, N. B.
TELEPHONES:
Residence 349-41
Office 419-11

DR. GERRARD
DENTIST

Twenty Years' London, England
Experience.

KING STREET, OPPOSITE BOYLE'S
PHONES—Office 574, House 2600-41

W. J. IRVINE,
DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door
to Bank of N. S. Building,
Queen Street.
OFFICE HOURS—10 a.m. to 1 p.m.;
2 p.m. to 5 p.m.
Phone—338-11

DR. L. R. DAVISON,
DENTAL SURGEON

Graduate of R. C. D. S., Toronto, Ont.
OFFICE: Inches Building, Queen St.,
Lately Occupied by Capt.
F. W. Barbour.
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J. A. McADAM,
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REGENT STREET
Best and Most Modern Funeral
Equipment in the City.
Residence Telephone 70-41
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HARRY R. ADAMS,
SUCCESSOR TO THE LATEJohn G. Adams
UNDERTAKER

610 Queen Street.
Phone or telegraph orders
shipped on all trains or boats
at short notice.

When Your Clothes
Need Pressing and
Repairing

SEND THEM TO
H. L. ROGERS
And Have Them Done in First Class
Style—"The Old Made New."
83 REGENT STREET.

OF INTEREST TO WOMEN

PEARS IN SALAD.

Peel long, firm pears and cut in half. Scoop out the seeds and take out enough of the center of the fruit to make a hollow. Dice the fruit you have scooped out into tiny pieces. Make a paste of cream cheese and little diced pieces. Fill the hollow in the centers of the pears with this. Serve on lettuce leaves with a French dressing made of vinegar, oil, salt, pepper and highly seasoned with paprika.

Honey and Nut Bran Muffins

In these days when so many of us need something laxative in the food line a recipe for honey and nut bran muffins may be welcome. They are not only very beneficial but are so palatable that our family has adopted them as a regular breakfast muffin. They are good without the nuts if one must be very economical. They are made as follows: One-half cup honey, 1 cup flour, ½ teaspoon soda, ¼ teaspoon salt, 2 cups bran, 1 teaspoon melted butter, 1½ cups milk, ¾ cup chopped nuts. Sift flour, soda and salt and mix with bran. Add other in-

gredients and bake 25 to 30 minutes. This amount makes 20 muffins.

CREAM OR CARROT SOUP.

Cut 6 large carrots into small pieces and put on to boil in 1 cupful water, a piece of butter the size of an egg, half a teaspoonful salt and a quarter teaspoonful of pepper. When it boils, move to back of stove and allow it to simmer for an hour or so. Soak one cupful dry bread crumbs in water and squeeze out the liquid; add to the first mixture, together with four cupfuls of white stock. Let it come to a boil again and let cook for another hour, then when ready to serve, strain, add more soup if too thick, or more thickening if too thin, add more butter, re-heat and serve with toast sticks.

PRUNE AND BANANA DESSERT.

Two cups prunes, 2 cups sugar, 3 pint water, whites of 2 eggs, half a

Cook's Cotton Root Compound.



A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO. TORONTO, ONT. (Formerly Wilkes.)

President Vail states that nearly 10,000,000,000 telephone calls are made a year over his system.

The L. A. Wilmot Mission Band

Will Hold a

HALLOWEEN
SUPPER

In the METHODIST SCHOOLROOM
THURSDAY, NOVEMBER 1st,

5.30 to 7 p.m.

Meats, Chicken and Ham; Potatoes and Squash; Pies, Cake, Coffee and Tea. TICKETS 50 CENTS.

Come and have a good time.

65 DOLLARS
—FOR THE—
RECORD OLYMPIC
STEEL RANGE

With High Boiler Lift, Well Proportioned Firebox and Heavy Linings.

The deep blue lustre of the polished steel body is offset by the plain, handsome Nickel Trimmings. The body stands on solid heavily nicked legs and is equipped with all the labor-saving devices.

This beautiful Range has been given for the benefit of the Red Cross, and it may be yours by paying TEN CENTS for a ticket.

Call and see it at the Store of
D. J. SHEA & SON,
CARLETON STREET.

NOW CUTTING A CHOICE
CROP OF

ROSES

Off Our New Plants.

Richman's American Beauties, Taft, etc.

CARNATIONS IN STOCK as usual. POTTED PLANTS, including a good selection of Ferns of the leading variety.

A Fine Lot of PALMS in all sizes. WEDDING BOUQUETS and FLOWER DESIGNS a Specialty. CUT FLOWERS always on hand for the sick.

ADA M. SCHLEYER,
FLORIST

326 CHARLOTTE STREET.
Phone 217.

TUESDAY,
SEPTEMBER FOURTH,
is the day on which classes will be resumed at
FREDERICTON
BUSINESS COLLEGE

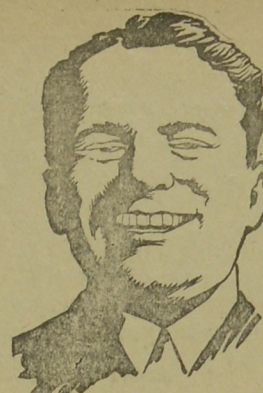
Write for information as to our courses of study. We must have a large number of graduates next year to supply the great demand for office help. Address
W. J. CSBORNE, Principal,
Fredericton, N. B.

To All Highway Users

Why should the Maritime Provinces and British Columbia be the only places in America that pass to the left?

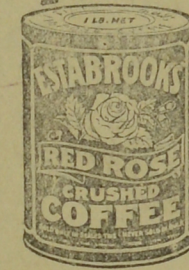
Are you in favor of changing the Road Law at the next session of the Legislature to read "Pass to the Right," and thus put our Province in line with the rest of the continent? Nova Scotia will change if we do. Please write me as to whether you favor the change or not.

PERCY W. THOMSON,
Chairman N.B.A.A. Good Roads Committee,
St. John, N. B.

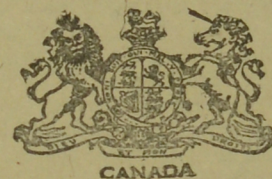
The Crushed-
Coffee Smile

Is naturally a broad and radiant one, because he who wears it has discovered a fine, rich coffee which has none of that bitter "after taste" so common to ground coffees. That is because the bitter chaff and dust have all been removed from Red Rose Coffee, which is *crushed*—not ground. It is hard to believe that there could be so much difference in coffees until you taste Red Rose Coffee.

The same price as it was three years ago.

Red Rose
Coffee

cup finely chopped walnuts, rind of half an orange; wash prunes and put to soak over night in the water; then add the sugar and orange rind and simmer till tender; strain off juice and remove orange peel. Stone the prunes and rub through a sieve into the juice, chill, and add the walnuts and egg whites unbeaten. Freeze in 3 parts ice to 1 part salt.



OBEY THE LAW!

Report at once for Service
or Claim Exemption

Under the Military Service Act, all men in Class One are soldiers today, absent with leave and without pay. Failure to obey the law amounts to DESERTION and can be punished as such.

Class One includes bachelors and widowers without children (not otherwise excepted) who were 20 years old on the 13th October, 1917, and whose 34th birthday did not occur before January 1st, 1917.

DO IT TODAY!

The rush in the last few days may be such that in the hurry and stress a number of men may fail to comply with the requirements under the Act. That will not be recognized as an excuse, as every man is being given ample time to report for service, or claim exemption.

GO TO YOUR POST OFFICE TODAY and ask for a form for reporting for service or for claiming exemption. Understand, it is a matter of LAW that all the men in Class One must report for service or claim exemption not later than November 10th, 1917.

Issued by the Military Service Council.

Book Sensation of the Season

"My Four Years in Germany"

by Ambassador Gerrard. Price \$2.00.

JUST OPENED

A BIG CANADIAN STORY

"Under Sealed Orders"

by H. A. Cody. Price \$1.35.

The McMurray Book & Stat'y Co., Ltd.