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## CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

### OF INTEREST TO WOMEN.

#### RHUBARB THE STANDBY.

If you are fortunate enough to have a few roots of that old-fashioned standby, pie plant, from which was derived the "garden sass" of our country-bred ancestors, by all means make as much use of it as you can this spring. Not only is rhubarb wholesome, but it is appetizing as well. If you have it in the garden, moreover, you can effect a true economy by preserving

it for the future when fruit is more expensive and more difficult to get than it is now. As any farmer will tell you, you must cut the stalks as soon as they reach a suitable size for if you once let a flower bud on rhubarb blossom you have spoiled the flavor and texture of that plant for the season. So keep cutting it until the stalks become too pithy for use.

can be Canned.

Rhubarb can be canned very satis-

### DELEGATES MAKE A STATEMENT

Petrograd, June 5, via London—The council of soldiers and workmen's delegates today sent a long statement to the Socialist parties and Central Federation of Trades of the World repeating its appeal of March 28 to the peoples of the world to unite in resolute action in favor of peace and which it inscribed on its banner "peace without annexations or indemnities on the basis of rights of nations to decide their own destiny."

The Pansy  
Should give up its seat  
To the red beet.

factorily, but you must take great care not to let it burn after adding sugar. Rhubarb marmalade can be made with success by the exercise of a little care. Cut the tender stalks with as much red as possible into two inch pieces. To each quart add three cups of granulated sugar and the pulp, juice and grated outside rind of half a dozen oranges. Boil slowly and carefully until the mass is reduced to the stage where a little will jelly when dropped on ice.

#### Make It Into Pie.

The old stand-by rhubarb pie is delicious but the difficulty is to make it so that the juice does not soak the under-crust. Chop the rhubarb and use nearly as much sugar as rhubarb. To two cupsful rhubarb add a scant two cupsful of sugar and one well-beaten egg in which a teaspoonful of flour is rubbed smooth. Mix all thoroughly and bake between two crusts. The egg and flour thicken the rhubarb juice so that there is less likelihood than usual of its soaking the crusts.

#### "Garden Sass."

As to garden sauce, it can best be made in a casserole. Pare and cut the rhubarb, then to a quart of it add a cupful of sugar and a half cupful of water. Cover tight and cook in the oven slowly until tender.

Tarts can be made by filling an uncooked crust with rhubarb that has been stewed until tender and sweetened with brown sugar. Strips of the crust can be placed zigzag over the top of the dish and baked until crust is brown. The crust strips may be omitted—or the upper crust of the rhubarb pie—and a meringue may be added and browned after the crust is cooked.

### Suffered From Severe Headaches FOR TWO YEARS

Headaches are many and varying; but when the head starts to ache you may be sure there is some chief cause. The stomach may go wrong, the bowels become constipated, the blood may not circulate properly, but the presence of the headache clearly shows that unless the cause is removed some other baneful disease is liable to assert itself.

Burdock Blood Bitters has, for the past forty years, been curing all kinds of headaches and has proved itself to be a remedy that cures where others fail.

Mr. I. N. Petersen, Duliper, Man., writes: "I am only too glad to be able to state that I derived wonderful benefit from Burdock Blood Bitters. I suffered from severe headaches for two years. I was treated by several doctors, but received no benefit until by chance I heard of B.B.B., and I at once procured two bottles and in a short time I was completely cured. I am, and always will be, grateful for what Burdock Blood Bitters has done for me. I am glad to recommend it to all who suffer from headaches."

B.B.B. is the oldest and best known blood medicine on the market today, having been manufactured for the past forty years by The T. Milburn Co., Limited, Toronto, Ont.

### CERTIFICATES OF HEALTH NEEDED

Winnipeg, June 5.—That health certificates should be required before the granting of marriage licenses as a measure for the protection of the race against venereal diseases was one of the recommendations handed to the resolutions committee at the afternoon session of the national council of women yesterday.

Three sessions were held during the day with Mrs. F. S. Torrington of Toronto in the chair at the morning and evening sessions, and the Marchioness of Aberdeen presided during the afternoon.

In a discussion of tuberculosis it was recommended that the council press for Dominion legislation dealing with the matter.

Miss E. Jones, Winnipeg, dealt with professional and vocational training of women, and advocated the establishment of government bureaus of labor operating provincially with a Dominion bureau to act as a clearing house for the provinces. She also urged that the government should provide vocational training for boys and girls, such training to include household service and the care of children.

The convener on agriculture, Mrs. L. A. Hamilton of Toronto, recommended that the government include women in any land scheme which may be proposed and that homesteads be opened to women.

I would like to get acquainted with a young lady between 20 and 35 years old who would like a good home. Matrimony preferred.—Great Falls, Mont., Tribune.

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To the potato.



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