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Phone or telegraph orders shipped on all trains (r boats) at short notice.

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SEND THEM TO H. L. ROGERS

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IMPERIAL LUNCH ROOMS

IS THE BEST PLACE IN THE CITY for Auto Parties to get a good meal or lunch at all hours.

Good Dinner Every Day from 12 to 2. Don't forget the place-64 CARLETON STREET

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EXTRA STRONG CELERY PLANTS CABBAGE AND CAULI-FLOWER

CUT FLOWERS and POTTED PLANTS At Reasonable Prices.

All Telephone orders will receive our prompt attention.

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OF INTEREST TO WOMEN.

Vegetables.

Vegetable Roast.

Almost any nice cook appreciates String the / beans as for cooking "vegetable roast" as a novelty. It pack in stone jars, a layer of beans

SUFFERED TERRIBLY For Four Days and Nights From

DIARRHOEA

DOESNT COST MUCH TO . Tells how to take soreness a ocrn and lift it .
right out.
Hospital records show that

says a Cincinnati authority, who tells out that a quarter ounce of a drug called freezone can be obtained at little cost from the drug store but is sufficient to rid one's feet of every cooks who like sayerkraut often stire.

Evening Schools

Applications will be received at the Office of the Board of School Trustees until the 11th inst., for one Male Teacher to conduct two Evening Commercial Courses of ten weeks each, work to begin 24th September next. Second Course of ten weeks to bgin 14th January, 1918.

Also Female Teacher to conduct two Evening Courses in Household Science, dates as above.

School Book Notice

A discount of 15 per cent. on the A discount of 15 per cent, on the selling price of the books will be allowed to the dealer. Freight will be prepaid to the nearest Railway Station by the Department, only on orders send to us for full particulars, which will be supplied on application.

There is a great demand for young men and women to be school Book Department and only by Post Office Order. Express Money Order, or Cash by Registered Letter. No order less than \$5.00 will be received.

There is a great demand for young men and women to take the places of those who have gone to the firing line.

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J. OSBORNE, Price 11, Frederics A B.

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Address are return the present vendors can return the books in their possession, or, if they wish to retain them, will be allowed a reasonable time to settle for same. The following are the prices of books sold by the Department, and the prices at which they are to be sold by Dealers:

2nd Reader. 15c. 3rd Reader. 20c. 4th Reader. 25c. 5th Reader. 30c. Geography... 55c.

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WANTED

WANTED—Peeled Spruce and Bal-sam Pulpwood. Correspondence in-vited. Address Fraser Limited, Ed-mundston, N. B.

WANTED — To buy hardwood any lengths. Highest cash prices paid. Thos. Fulton.

WANTED — A second class female teacher for school district No. 3. Ap-ply stating salary to Charles E. Con-Charlotte Street nors, Cork Station, York Co.

Salted String Beans.

is a winter dish made by canning a and a sprinkling of salt. Pack lightly and cover, putting a weight on top.

string beans, okra, squash and egg- over night in cold water, pour off and Soldiers' Barracks and Next Door plant as for canning separately. Mix add boiling water and boil for one hour. Drain, add fresh boiling water

Salted Sweet Corn.

Cut the corn from the cob and mix it with salt, allowing 1 pint of salt to a gallon of corn. Put the corn in a from sterilized cheesecloth bag, pack in a two and a han crock and cover with a plate. Be- ter six minut every fore cooking soak 1 hour in fresh Scald ime you cut a corn you invite lock-aw or blood poison, which is needless, water, boil 1 hour, drain, add more ince-quarters

hard or soft corn or callus,
You simply apply a few drops of
this on a tender, aching corn and the
soreness is instantly relieved. Shortly the entire corn can be lifted out,
root and all, without pain.

This drug is sticky but dries at once
and is claimed to just shrivel up any
corn without inflaming or even irritating the surrounding tissue or skin.

If your wife wears high heels she
will be glad to know of this.

Cooks who like sauerkraut often,
prepare corn and beans by a pickling of
process. Put whole ears of corn, or
corn cut from the cob, or string beans,
into a clean sack and suspend in a
barrel of brine. The corn ferments and gives an acid product.

NEW WAY TO COOK ONIONS.

Complete and Delicious Meal for Luncheon.



For Infants and Children

THURSDAY, AUGUST 16th.

ST. ANTHONY'S GROUNDS.

Fredericton School Debentures

The Peril

of the Moderate Drinker

MODERATE DRINKERS

Life insurance men declare shorten life on an average from 10 to 13 years by their occasional alcoholic drink.

Like the contemptible German Spy who lived upon our friendship while all the while he was stabbing in the dark, Alcohol in moderate doses is poison. Of course you know that the lining of your stomach is just as sensitive as the ball of your eye. Just try putting a drop of whiskey in your eyeball -keep on doing it off and on for years-think of the result!

If you want to know what is going on in the system of the moderate drinker, look at a man who is dead drunk. Scientists say the only difference is that the drunkard reaches the climax quicker than the tippler. The effects are alike; the first thing Alcohol destroys is the mental power of defence against the appetite for drink. All drunkards begin as moderate

Above the falls of Niagara there is a point in the current where each man's strength can yet take him back to safety. Beyond that invisible point he is lost. No man knows where lies that invisible line in his make-up, where ends his ability to say, "I can" or "I can't" stop drinking

After seventy-four years of investigation - economic, sociological, medical, ethical - the Insurance Companies ought to know. They declare that Alcohol, even in the smallest quantities, is a destructive poison. They turn away hundreds of thousands of dollars' worth of business on the strength of their knowledge. Taking two million policy-holders as a test they know that the teetotaller lives much longer than the moderate drinker; "the man who occasionally gets tight

DONALD FRASER, President

Plaster Rock, N.B.

suffers a death rate just one-half greater than strictly temperance men. Other men who drink more than that, but still not enough to bar them from insurance, show an appalling mortality of almost double that of men who were never introduced to John Barleycorn.'

Every man and woman in this province shares the responsibility for the proper enforcement of Prohibition-not the officers of the law alone. Your duty is clear.



Help to Enforce Prohibition

No matter where you live, whether the Canada Temperance Act or the new Prohibitory Law operates in your district, you are urged to use every legitimate means within your power to heartily support and aid the officers in their sworn duty of enforcing the law.

Dominion Temperance Alliance

NEW BRUNSWICK BRANCH

REV. THOS. MARSHALL, Vice-President Fredericton, N.B.

REV. H. C. ARCHER, Executive Secretary Fredericton, N.B.

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