SOME DEBATABLE POINTS IN REGARD TO USE OF VEAL

Why the Food Controller Has Not Prohibited the Butchering of Calves---Best Cuts of Veal Come From the Hind Quarters---Production of Veal Should Be Looked upon as Subsidiary to the lous, nervous and upset, bothered Output of Beef.

The questions have frequently been jority of veals slaughtered are males from dairy herds. It is evident then that the consump-

tion of veal could not be prohibited

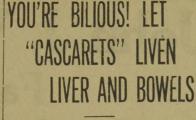
itable feeding and future deteriora-

Why has not the Food Controller prohibited the use of veal? Is it not an economic waste to kill without entailing present loss, unprofthe young animals?

These queries bring up several very tion of the herds. debatable points. There is no doubt Strange to say, although nearly evthat it is good business to bring to ma- erybody has eaten veal, and Canadian turity such calves as give promise of householders have bought and hanconverting their feed into profitable dled it for generations, few, very few beef or into profitable dairy products. people know even approximately how from any drug store will keep your But it lessens the farmers' output of to define it. milk and butter, and the supply of A calf to be classed as prime veal ular, and head clear for months. Don't feed to no purpose when poor calves should not be younger than four forget the children. They love Cas-Very often calves give no weeks nor older than eight weeks. Alare kept. promise of rendering returns either in so, although the beef veal calves are beef or in milk. Thus male calves of of beef breed, yet, when well fed and dairy strain, that cannot by any well prepared, the dairy-breed calf

chance be expected to yield economi-cal beef as steers, bring net profits fact, the greater part of Canadian veal Veal should be only when slaughtered as prime veal. is from dairy stock.

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Don't stay headachy, constipated, sick with .breath .bad .and stomach sour.

Get a 10-cent box now. You men and women who can't get eeling right-who have headache

coated tongue, bad taste and foul breath, dizziness, can't sleep, are bilwith a sick, gassy, disordered stomach, or have a bad cold.

Are you keeping your bowels clean with Cascarets, or merely forcing a passageway every few days with salts, cathartic pills or castor oil?

Cascaret swork while you sleep cleanse the stomach, remove the sour, undigested, fermeting food and foul gases; take the excess bile from the liver and carry out of the system all the constipated waste matter and poison in the bowels.

A Cascaret tonight will straighten you out by morning - a 10-cent box stomach sweet, liver and bowels reg carets because they taste good-never gripe or sicken.

Veal should be eaten fresh. The best cuts come from the hind quar-To get best results from any herd, 1 A prime dressed veal carcass weighs ters. The brains, liver and lights are a certain amount of weeding out, par-ticularly among the females, is essendiwhereas, incidentally, a good beef carbreads, two glands, one near the base tial. Only thus can the beef possibili- cass runs only 55 to 59 per cent. Or- of the throat, and the other near the ties and the milking qualities, respec- dinarily, the weight of a veal calf hert, are found only in calves that ively, be maintained and improved, ranges between 100 to 200 pounds; but have been fed exclusively on the mo-It may be remarked here that the ma- the choicest weight lies between 120 ther's milk. They begin to disappear



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PRESERVING LABELS FREE. Send us a red ball trade-mark, cut from a bag or carton, and we will send you a book of ready-gummed labels containing six labels for each of the following fruits: Strawberries, Raspberries, Blackberries, Currants, Grapes, Cherries, Plums, Peaches and Pears.

Peaches

The most valuable of all fruits for preserving. Home preserved peaches give at small cost, autumn's most luscious fruit for our winter enjoyment.



is best for peaches and all other preserving. The clear sparkling syrup develops all the exquisite flavor of the fruit. Pure cane, "FINE" granulation. Experienced housekeepers order it by name all through the preserving season.

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as soon as the calf is put on grass or solid food

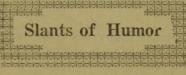
From 150,000 to 180,000 calves are marketed in Toronto yearly; and from 350,000 to 380,000 in Montreal. More than half are received during March, April, May and June. Except in decennial census years it is

large stock yards. The production of veal should be At every dinner

the output of beef and of dairy prod- Go light on sugar, starch and fat, Veal is essentially a by-product Until we're getting dry of the beef and dairy industries. No greater mistake could be made than to

regard it in any other light. To illus- Cut out the eggs! trate this we may cite the fact that out of lots of 43,842 calves received at | The butter bar! Let Meet be Meat! Point St. Charles, Montreal, his year, And for what little's left to eat 9,400 could have been matured for beef, . The same was true of 8,194 I'll spare the cow, the spud, the hen headhed out of 34,031 calves arriving And other foodstuffs now and then, in Toronton. Taking, then, the ave-rage of 22.6 per cent. at least 113,000 The Old Consumer?

calves of a total of about 540,000 ar- For if Old Con. does not consume iving at Montreal and Toronto It spells his own and traffic's doom. throughout the year, should not be slaughtered as veal. The problem You must conserve him! thus narrows itself down to devising Why, he is what we're fighting for some me htgdos wfsoatin Cfl3 contndfl, This deadly and horrendous war; some methods of saving this 22.6 per His appetite we may abhor-Summing up, briefly, it is good bus ness to cull out and "veal" calves of either beef-breed or dairy-breed, when



PROTEST.

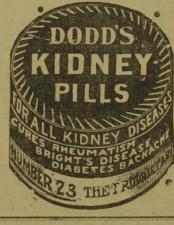
impracticable to determine the num- It seems that each industrial group ber of veal calves killed outside of the Now has a slogan or war whoop. From soup to nuts and nuts to soup,

looked upon as entirely subsidiary to We're told to "save" on this or that, I flat, And quickly growing nner.

> onserve wheat!

We have small humor

You must conserve him!



It takes a woman to sympathize with her friends in a manner calcuated to produce a feeling of genuine



Millions of Packages

of this famous War-time Sweetmeat are sent to the soldiers, sailors and aviators at the Front, every month.

If you've a friend there you need not wonder what to send him that he'll like. See that every parcel or letter contains a few bars or a package or two of WRIGLEY'S, the great chewing confection.

> Keep it always on hand. It benefits teeth, breath, appetite and digestion.



it is clear that they will add nothing to the total wealth of the country.

INFANTRY STRENGTH IS DECLINING

Ottawa, Sept. 24.-The decline in in

fantry strength continues. Results of

the recent heavy fighting and the fall

Military Service Act are shown in a

comparative statement issued by the

statement shows, there was during

this period a net loss of 4,684 men.

comprising the following: Discharg-

ed in England, 28; discharged in Can-

ada, 261; casualties overseas, 4,265;

During the same period infantry re-

Taking all branches of the service

C. E. F. was 4,928, recruits numbering

1,667. It it is estimated that 45 per

cent. of the total caualties will, with-

in a period of six months, be fit for

Total, 5,268.

cruits numbered 684.

Department of Militia and Defence.

But heaven preserve him!

IT STRUCK HIM AS FAIR. Irishman (wishing to purchase an empty bottle)—How much?

Apothecary-If you require the empty bottle it will be five cents, but if you have something put in it we won't charge anything for the bottle. Irishman-Sure, that's fair enough! Put in a cork!

A PAWNBROKER'S DAUGHTER. Sunday School Teacher-When the Queen of Sheba came and laid her

jewels and fine raiment before Solo-

mon, what did he say? Small Girl-How much do want for in recruitng pending application of the the lot?

SPEAKING OF VEGETABLES. Young Married Lady-Mary, you The period covered is from Sept. 1 will always find a 'lion' on anything to Sept. 15. In infantry alone, the that is real silver.

The Maid-Yes, mum, I'll remember, and I've heard say as how there is always carrots on gold, though I The total infantry wastage was 5,268, ain't seen them.

ada, 261; casualties overseas, 4,265; returned to Canada for discharge, 714. DEALERS ARE **TO REGISTER**

Ottawa, Sept. 24 .- An order is in little better. The toital net loss to the preparation requesting all wholesale dealers in fruits and vegetables in the Dominion to register with the food controller. There is also in preparation a further order which requires that a statement of all purchases of





Fruit Jars

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and other

