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## CASTORIA

For Infants and Children.

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Genuine Castoria**

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Signature

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*Chas. H. Fletcher.*

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Use  
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Thirty Years

## CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

### OF INTEREST TO WOMEN.

#### MORE ABOUT PLUMS.

Fresh plums are very good when pitted and filled with cream cheese and placed on lettuce leaves for a salad.

When plums are served in natural condition, it is best to pass fruit knives and dessert forks with them. Most persons prefer to eat them with the skin on, and as they are of course always washed and rubbed thoroughly before serving, there is no reason why this should not be done.

#### Spiced Plums.

Spiced plums are as delicious as any conserve and are not very hard to make. Wash the plums and remove all stems and imperfections and then weigh. Measure off as many pounds of granulated sugar as there are plums and to every three pounds of plums allow a scant pint of vinegar. Now prick each plum with a sterilized knit-

ting needle, and make a syrup of the sugar and vinegar and when it has boiled add spices that should be measured out in the proportion of one ounce of cinnamon, one of cloves and one of allspice to each peck of plums. Let them stand for three days. Then

skim out the plums and let the syrup boil down until it is thick. Sterilize fruit jars and fill each jar with fruit. Cover with the hot boiling syrup, and cover closely and seal as usual.

#### Greengages in Syrup.

If you can get greengages, by all means make some preserves of them. Wash them and weigh them and for every pound allow one pound of sugar and one-half cup of water. Of this make a syrup. Now cut the plums in two and remove the stones, and when

the syrup has boiled ten minutes add the plums to it and let simmer gently till the fruit is tender.

#### Plum Tarts.

Mix two cupfuls of flour, 1 tablespoonful of sugar, a half teaspoonful of salt and cut into this three-quarters of a cupful of butter. Then add the yolks of two eggs and just enough water to make a soft dough. Chill thoroughly, then roll very thin and bake in small tart shells. Fill with plum preserves.

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You will surely want to read about that wonderful two weeks' campaign organized by the 236th Battalion—

## MacLean Kilties of America

in the New England States, by which the last New Brunswick volunteer infantry regiment was brought up to war strength.

The story is graphically and interestingly unfolded in illustration and text in the current issue of the regimental journal, the

## Breath o' the Heather

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WANTED — To buy hardwood any lengths. Highest cash prices paid. Thos. Fulton.

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#### NOTICE

TENDERS FOR WOOD.

Tenders will be received at the Provincial Department of Public Works, Fredericton, N. B., up to and including October 1st, 1917, at noon, for supplying 31 cords of dry hardwood in two foot lengths and two cords of dry hardwood in 18 inch lengths; the same to be delivered forthwith at the Legislative Building, Educational Department and Agricultural Department.

P. J. VENIOT,  
Minister of Public Works  
Department Public Works,  
Fredericton, N. B.,  
Sept. 1th, 1917.

**TUESDAY,  
SEPTEMBER FOURTH,**  
is the day on which classes will be resumed at

#### FREDERICTON

#### BUSINESS COLLEGE

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Sept. 22nd, 1917.



## These Men Will Help You Decide

Are you liable to be selected for service under the Military Service Act?

The answer to this question is being made readily available for you. Remember that the first class to be called includes only men between the ages of 20 and 34, both inclusive, who are unmarried or widowers without children, those married after July 6, 1917, being deemed single for the purposes of the Act.

Medical Boards are now being established throughout Canada. These Boards will examine, free of charge and obligation, all men who wish to be examined as to their physical fitness for military service. They will tell you in a very short time whether your physical condition absolves you from the call or makes you liable for selection.

It is important that you obtain this information as soon as possible. A certificate of unfitness from a Medical Board will secure for you freedom from responsibility under the Military Service Act from any Exemption Tribunal. A certificate of fitness will not preclude an appeal for exemption on any ground.

In order that you may be able to plan your future with certainty, visit a Medical Board as soon as possible and find out if you are liable to be selected. Your family and your employer are interested as well as yourself.

Issued by  
The Military Service Council.

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Bring You Results