

Children Cry for Fletcher's

CASTORIA

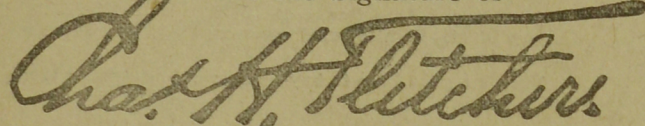
The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

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OF INTEREST TO WOMEN

SEASONABLE RECIPES.

The Casserole Roast.

Brown round or rump beef in fat from a slice of friend pork. Place in casserole with chopped carrot, turnip, onion, celery, etc., around it. Add two cupfuls of water or stock, cover and cook in hot oven three hours, basting occasionally. A casserole may be improvised by using a heavy earthenware dish covered with a plate.

Steaming Vegetables.

As vegetables are usually boiled, the most valuable salts are diluted in the water and thrown away. The best way of cooking vegetables is to steam them, or boil them in so little water that all of the liquor is absorbed.

Vegetables can be steamed in an ordinary colander placed over a kettle of boiling water, provided the colander is covered so closely that the vapor cannot escape.

Marmalade.

One grapefruit, one orange, one lemon. Cut up fine all but core and seeds, and put rinds through grinder; add twice as much water, and let stand over night. In the morning add one pint of sugar for each pint of liquid, and boil three hours. Pour in glasses and let it cool before putting on covers. This makes 13 glasses.

Corn "Dabs."

One pint of cornmeal thoroughly scalded with hot water. Rub into it a dessertspoonful of butter, two eggs beaten very light, a wineglassful of cream or milk, a tablespoonful of sugar and a little salt. Butter a tin pan and drop the mixture upon it from a spoon. Bake in a moderate oven.

Rice, Southern Fashion.

Rice boiled in Southern fashion is prepared as follows:

Slowly add a cupful of thoroughly washed rice to a quart of rapidly boiling water, which contains two level teaspoonfuls of salt. If carefully done, the boiling (which should continue all of the time the rice is cooking) will not be stopped. Stirring is not permitted as this will break the rice grains. About 20 minutes is sufficient to cook the rice, which can be tried from time to time by taking one or two grains between the fingers.



FOR SALE

FOR SALE—Dry split 16-inch hardwood; also two foot hard wood and dry kindling wood. T. Fulton, 618 Brunswick street, phone 308-32.

FOR SALE—A Leonard 12 H. P. upright boiler and 6 H. P. engine; both in good condition. Will be sold at a bargain. Apply at Mail office.

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With High Boiler Lift, Well Proportioned Firebox and Heavy Linings.

The deep blue lustre of the polished steel body is offset by the plain, handsome Nickel Trimmings. The body stands on solid heavily nickelled legs and is equipped with all the labor-saving devices.

This beautiful Range has been given for the benefit of the Red Cross, and it may be yours by paying TEN CENTS for a ticket.

Call and see it at the Store of
D. J. SHEA & SON,
CARLETON STREET.

UNIONIST MEETINGS

In the interest of
UNION GOVERNMENT
In this Constituency, will be held as follows:

Friday, November 30th
GIBSON
McGINLEY'S.
Saturday, December 1st.
STANLEY
RUSIAGORNISH.
Monday, December 3rd—
KESWICK RIDGE.

LIBERAL RALLY

Grand Liberal Rally of all
supporters of Liberalism and
democratic principles.

Liberal Committee Rooms,
79 Regent Street.

SATURDAY NIGHT at 8 p. m.

All are welcome. Ladies
cordially invited to attend. A
special speaker for ladies' cause. A number of prominent
men will address the meeting.

C. L. SYPHER,

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This new creation answers with final authority all kinds of puzzling questions such as "How is Przemysl pronounced?" "Where is Flanders?" "What is a continuous voyage?" "What is a hovercraft?" "What is white coal?" "How is skat pronounced?" and thousands of others. More than 400,000 Vocabulary Terms. 30,000 Geographical Subjects. 12,000 Biographical Entries. Over 6000 Illustrations. 2700 Pages. The only dictionary with the divided page—a stroke of genius.

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G. & C. MERRIAM CO.,
Springfield, Mass.

Pour off all the water from the cooked rice, cover with a cloth and place in a warm part of the stove, so that the grains will continue to swell. A cup of raw rice cooked in this manner will give over four cupfuls of very white and light boiled rice.

The water drained off the rice can be used in soup making to save the starch and mineral matter which it contains.

YOU CAN'T FIND ANY
DANDRUFF, AND HAIR
STOPS COMING OUT

Save your hair! Make it thick, wavy, glossy and beautiful at once.

Try as you will, after an application of Danderine, you can not find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most, will be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable lustre, softness and luxuriance, the beauty and shimmer of true hair health.

Get a 25-cent bottle of Knowlton's Danderine from any drug store or toilet counter, and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment. A small trial bottle will double the beauty of your hair.

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BOYS AT FRONT

The Government is asking you to loan it your money for that purpose. You are not asked to give it, but to loan it and a high rate of interest will be paid you.

Buy a Victory Bond and help to bring the boys back safe and sound.

A man has reached the lowest possible depth when people cease to talk about him.

The woman who is the first to adopt a new fad is also the first to draw the line at a new wrinkle.

Cook's Cotton Root Compound.

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$3 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: **THE COOK MEDICINE CO.,** TORONTO, ONT. (Formerly Windsor.)

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SEPTEMBER FOURTH,

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Flour

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We have a Fine Range of FUR COATS—Korean Beaver, Wombat, Black Dog, Coon, etc. Also FUR-LINER COATS and CLOTH COATS with FUR COLLARS.

Splendid Value in MACKINAWs, LADIES' COATS and FURS, SLEIGH ROBES, WOOL RUGS and HORSE BLANKETS. Inspection invited.

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