

# COWAN'S

## Milk Chocolate MEDALLIONS

Dainty chocolate pieces, out of the run of ordinary milk chocolate, containing a real flavor of rich, creamy milk and the finest cocoa beans well blended.

Sold everywhere.

Made in Canada.

### OF INTEREST TO WOMEN.

#### DON'T HOARD IN WAR TIMES.

Hoarding is One of the Surest Means of Producing Misery.

Don't hoard. For if you hoard either money or supplies and if enough others follow your example, conditions in the markets are bound to become worse than they are. For the shortage that you help produce tends to make prices go higher, and so other people have to pay for your selfish habit.

The strictest economy so far as food goes is now quite justifiable. There simply isn't enough food of the kinds we are used to go around. We must accustom ourselves to stews instead of steaks, to rice instead of potatoes, to corn meal instead of white flour.

But there is no reason why we should hoard our money. Most of us have incomes as large as they were before food prices grew wings. Many of us have incomes larger than they used to be. And there is no reason why we should become frightened and cut down our legitimate expense unduly.

The greatest scarcity of material lies in the market basket — and that justifies our food economy. But the results of this economy will not unpleasantly affect the producers of food. The world is hungry, and every bit of food that can be produced this summer will bring a good price. The farmers want help, and they can afford to pay for help.

When, perhaps, we are a little frightened at the soaring food prices and

the gravity of war, we begin to cut down unduly on our clothes expenditure, however, we are usually making a mistake. For thousands of women and men earn the money with which they buy food by making the clothes we wear. And if their income is suddenly cut off, they, of course, must suffer.

Be economical. Learn to make the most you can of the amount you have.

But don't be penurious and don't cut off all your expenses just because of the necessity of food economy. Remember that an unduly increasing hoard of savings in the proverbial stocking just now isn't what you are working to obtain.

#### RECIPES.

##### Nut Croquettes.

Put one cup of chopped roasted peanuts in a basin, and two cupfuls mashed potatoes, a quarter of a teaspoon of grated nutmeg, half a teaspoon of white pepper, one teaspoon of salt, one teaspoon of onion juice, one tablespoon of chopped parsley and one large beaten egg. Mix and form into neat croquettes. Dip them in flour, then brush over with beaten egg, roll in finebread crumbs, and fry in plenty of smoking hot fat.



**Wood's Phosphodine.**  
The Great English Remedy.  
Tones and invigorates the whole nervous system, makes new blood in old veins, cures nervous debility, mental and brain worry, despondency, loss of energy, palpitation of the heart, failing memory. Price \$1 per box, six for \$5. One will please you. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. **THE WOOD MEDICINE CO., TORONTO, ONT.** (Formerly Windsor.)

## MONTREAL NEWSPAPER MAN HAD STRONG POLITICAL PULL.

Gov. Wood's Son-in-Law and Mr. Brenton McNab in a Quarrel--Some Remarkable Allegation Made by the Latter--Tried to Get the Governor's Term Extended and a High Command for Col. F. B. Black.

(Financial Post.)

We have repeatedly advised capitalists against giving financial support to newspapers that cannot live on their legitimate income from subscriptions or advertisements. Such contributions are very unfair to and keenly resented by the dailies and weeklies that are conducting their affairs on business lines. The connection is frequently exposed and when it is, it reflects upon the corporations and newspapers generally. We ourselves have on several occasions had to compete with just this sort of thing. A case in point came to light last week.

B. A. MacNab was managing editor of the Montreal Star, and M. E. Nicholls was on a Winnipeg paper. They induced several capitalists, including Hon. Josiah Wood, New Brunswick, and Mr. Reid, son of the distinguished Newfoundland railway man and Montreal financier, to contribute large sums of money to start the Mail and the News in Montreal. With such excellent papers as the Gazette and the Star, already well established, and particularly well edited, Mr. Nicholls—a man of very ordinary ability, notwithstanding unusual political pull—had very little chance. The News was eventually discontinued and now Mr. MacNab is moving in the courts for the winding up of the Mail. He makes the following remarkable statement, wherein he alleges that Mr. Nicholls had engaged in other enterprises and occupations for his personal benefit without accounting to the company. These enterprises are specified as follows:

- An endeavor to obtain shell contracts for one of the shareholders in the respondent company.
- An endeavor to obtain a similar contract for a certain company in which the managing director's father-in-law, Hon. Josiah Wood, Lieutenant-Governor of New Brunswick, was interested, namely, the Record Foundry and Machine Company, of Moncton, N. B.
- An endeavor to obtain a high command for Lieut. Colonel Frank B. Black, brother-in-law of the managing director of the respondent company, in the overseas expeditionary forces, and subsequently endeavored to obtain promotion for this officer through the influence of cabinet ministers and government officials, and that such promotion was accomplished through this and other causes.
- Endeavored to obtain for the said Hon. Josiah Wood a prolongation of his office as Lieutenant-Governor aforesaid.
- Endeavored to obtain a price, declared by the Courts to be exaggerated and unjust, for the Carslake Hotel property from the Dominion government in the interests of some of the shareholders of the company respondent.
- Endeavored to obtain a revision of asphalt contracts for the City of

Montreal in the interests of other companies.

(g) Endeavored to sell to the British government aeroplanes in the interests of one Ruddy, of Toronto, with whom Harry A. Dorsey, one of the directors of the respondent company, was associated in billboard advertising.

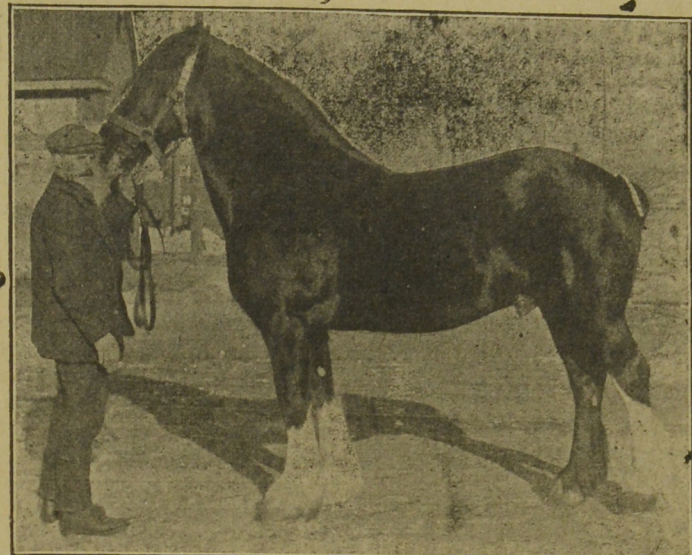
(h) Endeavored to adjust as between the aforesaid Hon. Josiah Wood and the Harbor Commissioners of Montreal, through bespeaking the influence of the Hon. J. D. Hazen, Minister of Marine, certain disputes with regard to certain property on the harbor front at Montreal.

(i) Endeavored to prepare the way for an adjustment as between the newspapers of Canada and the Dominion government in respect to postage rates, for which work the respondent company's managing director was paid a considerable sum of money, none of which was turned in to the company respondent.

And endeavored to obtain in the interests of the Canada Street Car Advertising Company a contract with a street railway in Toronto.

In connection with Mr. MacNab's allegation (i) it is rather a coincidence that Mr. Nicholls reported trade and technical newspapers were of no public service, and therefore should not be given newspaper postal rates. At the very time Mr. Nicholls's paper was in court last week, charged with insolvency, the editors of all the important trade and technical papers in the United States—several Canadian editors were also invited to be present—were, on the invitation of President Wilson, in conference with the cabinet and the Committee of National Defence. The latter is composed of the biggest financiers, railway presidents and business men on the Continent. These practical men found business papers indispensable in their regular daily work, and want their assistance now the nation is in danger.

## ..For Season of 1917....



For a **PERCHERON**, "HUSSARD," the Biggest and Best Percheron in the Province.

For a **CLYDE**, "NOBLE MAJESTIC," the greatest 3-year-old Clyde ever brought to New Brunswick.

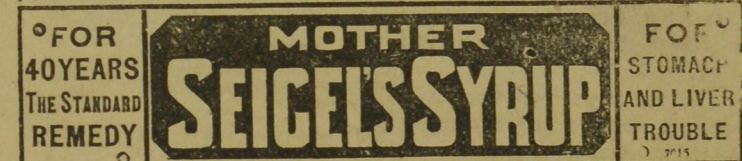
For a **TROTTER**, "POTTER PALMER," unbeaten last year at the Exhibitions, 1300 lbs., a trotter, coach horse and worker all in one.

Also a good big 3-year-old Clyde Stallion for service or for sale.

H. C. JEWETT, Fredericton, N. B.

— GOOD DIGESTION —  
When your digestion is faulty, weakness and pains are certain and disease is invited.

Mother Seigel's Syrup corrects and stimulates the digestive organs, and banishes the many ailments which arise from indigestion.



At all Druggists, or direct on receipt of price, 50c. and \$1.00. The large bottle contains three times as much as the smaller. A. J. WHITE & CO. LIMITED, Craig Street West Montreal.

## Imperial Beef, Iron and Wine

When you are tired, fatigued or over-nervous, IMPERIAL BEEF IRON AND WINE is the best tonic. It will quiet your nerves, strengthen you physically and give you the vivacity that comes of perfect health. IMPERIAL BEEF, IRON AND WINE is a nerve food and a body builder. There is nothing "just as good." Price 75c.

C. Fred Chestnut

The Quality Drug Store

572 QUEEN STREET.

## Mail Ads Will Bring You Results

## Custom Tailoring

THE NEW IMPORTATIONS for the Coming Season are now on display. An early inspection will assure you of a large and varied selection to choose from.

WE ARE ALSO PREPARED to fill all orders entrusted to us for MILITARY CLOTHING at a reasonable price. We are sole agents for the Crown Tailoring Co. of Toronto, the largest Military Tailoring Co. in Canada.

**WALKER BROS. MERCHANT TAILORS**  
QUEEN STREET, WEST END.

**\$25.00 FOR \$21.50**

BUY  
**WAR SAVINGS CERTIFICATES**

For every \$25.00 you lend to the Government now, you will get a certificate entitling you to \$25.00 at the end of 3 years.

This certificate will be registered at Ottawa, in your own name, and, if lost or stolen, is valuable to anyone else. Further, if you should need your money, you may get it back at any time.

CERTIFICATES are issued in denominations of \$25, \$50, and \$100, or in \$21.50, \$43 and \$86 respectively (subject to purchase limits of \$1,500).

Absolute security. Excellent interest return.

ON SALE AT  
BANK OR ANY MONEY ORDER POST OFFICE

TAKE YOUR DOLLARS FIGHT AT THE FRONT!

## Are You Your Country's Partner?

Save and Invest in "Canada Unlimited"

"A great struggle still lies before us."

Sir Robert Borden.

TO defend your freedom—your family—your right to live secure from intolerable Prussian despotism—Canada is paying a heavy price in blood and treasure.

Are you paying your share?

Are you a real and active partner in Canada's tremendous effort? Are you devoting your money as freely as thousands have devoted their lives?

This is no time for careless indulgence, but for earnest thrift and systematic saving. Invest every dollar you can spare in Canadian War Savings Certificates. Take an active interest in Canada's stern struggle now, and thus become a worthy partner in her unlimited future after the victory is won.

War Savings Certificates are issued in denominations of \$25, \$50 and \$100, to be repaid in three years at full face value. They cost \$21.50, \$43 and \$86 respectively, at all Money Order Post Offices and Banks, thus yielding over 5% interest. Should you need it, you can get your money back at any time.

THE NATIONAL SERVICE BOARD OF CANADA,  
OTTAWA.

## PALMER'S Summer Packs or Plough Shoes

"Moose Head Brand"

(Established 1877)

Our Skowhegan Packs, Larrigans and Sporting Boots are the leaders on the market today in this line.

The satisfaction the wearer gets from our famous "Moose Head Brand" footwear is so well known that leading dealers invariably handle them—and them only. They are roomy, durable, waterproof and comfortable.

No. 101 IS IN GREAT DEMAND FOR SPRING, SUMMER AND FALL WEAR. Be prepared to supply this demand! Write now for booklet and prices.

**JOHN PALMER CO. Limited**  
FREDERICTON, N. B.

