

## Children Cry for Fletcher's

## CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Dr. J. C. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

*Dr. J. C. Fletcher*

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## OF INTEREST TO WOMEN.

## A FEW RECIPES.

## Russian Tea.

Make the tea in the usual way, let it get cold, then strain it into a pitcher. Slice two or three peeled lemons into each quart. The slices should be thin. Put sugar and ice into tumblers and fill up with the tea. Great bowls of this, ice cold, and well sweetened, are popular at receptions where punches are not served.

## An Economical Soup.

A recipe for a cheap soup is as follows: Get one-half pound of sheep's liver, sliced fine; one carrot, one onion, one turnip cut in small pieces; turn all into frying pan and cook until brown in bacon fat or some good drippings; then put in saucepan with three pints of water, some pot herbs, a few peppercorns, cloves, a sprig of parsley and a pinch of salt. Cook slowly for three hours. Then put through colander. Return soup to saucepan, thicken with a little flour, boil up for a minute or two and serve with crisp toast. It is both nourishing and cheap.

## Veal Broth Delicious.

Smash the bones of a knuckle of veal and add them with the meat, to two quarts of water. Put in two large onions, cut up two blades of mace, five peppercorns, salt to taste and a large slice of bread. Bring to a boil slowly and simmer for four hours. Skim once or twice, then strain, remove fat and

## WOMEN'S AILMENTS

Come From the Heart and Nerves.

Young girls budding into womanhood who suffer with pains and headaches, and whose face is pale and blood watery, will find Milburn's Heart and Nerve Pills build them up.

Women between the ages of 40 and 50, who are nervous, subject to hot flushes, feeling of pins and needles, smothering feeling, shortness of breath, palpitation of the heart, etc., are tired over this trying time of their life by the use of this remedy.

Milburn Heart and Nerve Pills have a wonderful effect on a woman's system, making pains and aches vanish, bringing color to the pale cheek and sparkle to the eye.

The old, worn out, tired out, languid feelings, give place to strength and vitality, and life again seems like living.

Mrs. Alfred Winter, Castor, Alta., writes: "I would like every woman who is suffering from nerves or heart trouble to know how much Milburn's Heart and Nerve Pills have helped me. For two years I kept a hired girl, and was doctoring all the time. After having taken four boxes of your pills I am able to do all my own work. I would especially recommend them to women between 40 and 50, as at that time they are more liable to be far from well. One of my neighbors knows how they helped me, and she is now using them."

Milburn's Heart and Nerve Pills are 50c., or three boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

## Sporting News

## STALLINGS HAS 'EM ALL GUESSING HIS FUTURE MOVES

Boston Braves Not Afraid Even of New York Giants--Pitchers Great Source of Club's Strength.

George Stallings is the most mysterious persons in the universe whenever anyone approaches him about what he is going to do this season. He will boost every player on his squad to such a degree that it is an impossibility for an ordinary mortal to even guess which he is going to release. Ask Stallings who he is going to pitch on the morrow and he will talk of many things—almost everything, in fact—which has no bearing whatsoever on the question asked, writes Francis Eaton in the Boston Journal.

Stallings' entire philosophy of life lies in keeping the other fellow crossed up, whether or not occasion seems to demand it. It is the philosophy of success, though in ordinary life as well as baseball, and is used by others as well as the Braves' boss. Stallings is better than the general run of managers chiefly because he is able to perform the unexpected more often than they. The Braves are confident about the outcome of the National League race this season. They believe they have better than an even chance to win the pennant, and do not in the least dread the Giants. They are not underrating the Giants in the least; they recognize the inherent batting and fielding strength of the McGraw clan, but believe they are better equipped in pitchers and that they are better equipped to play the fine points of the game, as a whole, than the New Yorkers.

## MONTREAL BUYS GERNER FROM CINCINNATI CLUB

Cincinnati, April 18.—Pitcher Ed Gerner was sold today by the Cincinnati Nationals to the Montreal club of the International League.

New York, April 18.—The New York American League Club tonight announced that pitchers Samuel Ross and Robert McGraw had been released to the Newara Internationals.

Both players are subject to recall.

## REGGIE WALKER READY TO SERVE IN FRANCE

Reggie Walker, the great South African sprinter, having done his bit in the conquest of German Southwest Africa, is now in England with the latest South African contingent, ready to do service on the continent. The Olympic champion of 1908 has not done any springing since 1912, but, according to reports, is in fine condition and hopes to do a "come back" later, if he comes safely through the war.

## MOTHER! GIVE CHILD "SYRUP OF FIGS" IF TONGUE IS COATED

If Cross, Feverish, Sick, Biliary, Clean Little Liver and Bowels.

Children love this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely.

A child simply will not stop playing to empty the bowels, and the result is they become tightly clogged with waste, liver gets sluggish, the stomach sours, then your little one becomes cross, half-sick, feverish, don't eat, sleep or act naturally, breath is bad, system full of cold, has sore throat, stomach-ache or diarrhoea. Listen, mother! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and unwholesome poisons will pass off, and you have a well, playful child again.

Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels.

There is something wrong with the small boy who isn't the victim of a chronic case of hunger.

Being good is very monotonous if it shuts off innocent amusements.

## YOUNGSTERS ARE SHOWING UP WELL IN PITCHING BOX

Russell, Sothoron and Schupp all Have Given Notable Performances---Veterans Eclipsed by Newcomers.

New York, April 18.—Young pitchers promise to cut a big figure in the two major league championship races.

The spectacle of Allen Sothoron, a Brownie speculation, holding the Indians to a single bingle; Al Russell of the Yankees downing the mighty Johnson, and Ferdi Schupp, youthful Giant, acting as the balance wheel of that collection of ball players, is enough to make the veteran hurler grab a gun and go to war.

Besides the stated trio of flingers several other youths are being harbored by the big league clubs who are likely to step out and burn some of the fur off batting averages most any time. Howard Ehmke, of the Tickers, although he lost a game yesterday, is far from being the worst pitcher in the American League, and Lee Fohl, Cleveland boss, has an unmustered brigade of pitchers that already has proved where it stands. Connie Mack is putting lots of faith in Elmer Myers and Jing Johnson, both are lads. Claude Williams has already won his spurs for the White Sox.

They're all real pitchers. They're gradually usurping the places held by the old brigade of stars by pitching hair-raising games of baseball.

**Wood's Phosphorine,**  
The Great English Remedy.  
Tones and invigorates the whole nervous system, makes new blood in old veins, cures Nervous Debility, Mental and Brain Worry, Despondency, Loss of Energy, Palpitation of the Heart, Failing Memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Watson.)

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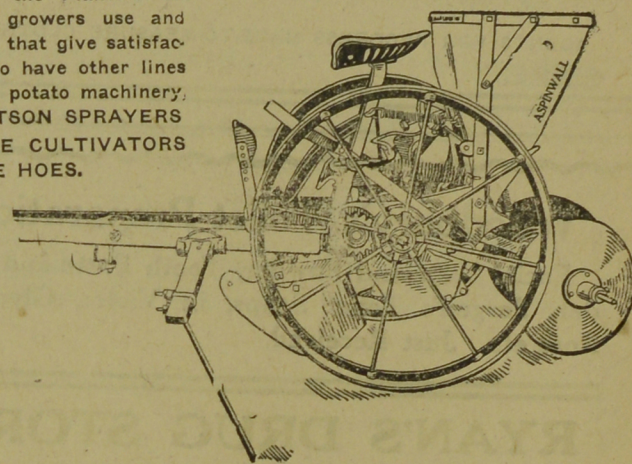
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These are the Planters the large potato growers use and are the kinds that give satisfaction. We also have other lines of up to date potato machinery, including WATSON SPRAYERS JOHN DEERE CULTIVATORS and HORSE HOES.



J. CLARK &amp; SON Ltd.

## PUT A SILENT CLOSET IN YOUR NEW BATHROOM

There are times when you cannot even pretend not to notice the sound a noisy closet makes. Why let such a closet stay in your house, disturbing you, embarrassing your guests? Why not install a quiet operating closet that flushes thoroughly, yet silently?

THE SI-WEL-CLO operates so quietly it cannot be heard beyond a closed door. It is made of Vitreous China. Its highly glazed surface will not tarnish, crack nor peel.

## D. J. SHEA &amp; SON

Mail Ads Will  
Bring You Results

## SPECIALS for Friday and Saturday

LADIES' WHITE COTTON GOWNS.....Special at 59 cents each  
WHITE VOILE and DIMITY BLOUSES.....Special at 98 cents each  
ALLOVER PRINT APRONS in Stripes and Checks.....Special at 50 cents each  
BLACK SATEEN UNDERSKIRTS.....Special at 98 cents each  
ENGLISH PRINTS, good quality and fast colors.....Special 15 cents per yd.  
HAND and BATH TOWELS, good large sizes.....15 cents each, 2 for 25 cents  
WHITE and BATH TOWELS, heavy quality, large size.....Special at 45 cents per pair  
THE HANDY DISH CLOTH.....10 cents each or 3 for 25 cents  
HEAVY WHITE SHAKER.....Special at 15 cents per yard  
HEAVY ROLLER TOWELLING.....Special at 14 cents per yard  
GREY COTTON, yard wide, heavy quality.....Special at 12 cents per yard  
CORSETS, all sizes.....Special at \$1.00 per pair  
RIBBONS, assorted widths.....15 cents per yard, 2 for 25 cents  
HAIR RIBBONS, 5 inches wide.....Special 2 yards for 33 cents  
LADIES' SUMMER VESTS.....15 cents each, 2 for 25 cents  
LADIES' TAN SILK BOOT HOSE, all sizes.....Special at 23 cents per pair  
A broken line of Children's Heavy-ribbed COTTON HOSE Sizes 6, 6½, 7, 9, 10.....Special at 19 cents pair  
33 inch NATURAL SHANTUNG SILK.....Special at 45 cents per yard  
30 inch COLORED PAILLETTE SILK.....Special at 89 cents per yard  
SHEPHERD PLAID DRESS GOODS.....Special at 35 cents per yard  
LADIES' NECKWEAR.....Special at 50c, 75c, \$1.00  
THE SPECIAL SALE OF SUITS WILL CONTINUE UNTIL SATURDAYNIGHT.

**Wm. R. FRASER & Co.**

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