

The Kind You Have Always Pought, and which has been in use for over over 30 years, has borne the signature of and has been made under his per-Charff. Flitcherk sonal supervision since its infancy. Allow no ene to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but

Experiments that trifle with and endanger the health of

Experiments that time word and endanger the neutrin of Infants and Children—Experience against Experiment. What is CASTORIA Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its nge is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefreen, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS



In Use For Over 30 Years The Kind You Have Always Bought THE CENTAUR COMPANY, NEW YORK

OF INTEREST When You Can't Sleep TO WOMEN

SPORT WAISTS.

Many sport waists seem to have the same collar—ooe is made some thing like an exaggerated Eton. Others button right up to the top of the stock collar. Most of these, ever the cause, the nervous system however, can be worn turned up or down. Linen waists have clusters of rather deep tucks in front and in back, and the collar, cuffs and tie are of a different colorthe collar and cuffs of linen and the tie of linen or matching silk.

FOR THE HOUSEKEEPER.

To keep a meringue from falling, dust the beateu whites of the eggs with powdered sugar, then shake a little constarch over it, beat quickly again and spread on the pie.

When a head of lettuce or a bunch of celery comes in from the market, clean it at once, wrap it in a cloth and put it in thr ice box It will be crisp and fresh when you want it.

The unpleasant taste of castor oil can be avoided by putting orange juice in the bottom of the glass, then pouring the oil down the side of the glass and adding instead of washing them the day orange juice on top.

MILBURN'S HEART AND NERVE PILLS Sleeplessness is caused by the nerous system becoming deranged. Perhaps too much worry has gotten on your nerves, perhaps you have over worked yourself, or have been excessive in your use of tobacco, but what-

YOU SHOULD USE

must be built up again before restful sleep can be assured. Those whose rest is broken into by frightful dreams, nightmares, sinking and smothering sensations, who wake up in the morning as tired as they went to bed, can have their old, peaceful, undistutbed, refreshing sleep back again by using Milburn's Heart and Nerve

Mrs. John Sloan, Haley Station, Ont. writes: "Over a year ago I was very nervous. I could not sleep at night, nd I would faint at the slightest fright. I tried several doctors, but they did me practically no good. I noticed your advertisement and immediately tried Milburn's eHart and Nerve Pills, and I am proud to say they cured me. Milburn's Heart and Nerve Pills are 50c. a box or three for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

SILK STOCKINGS.

Silk stockings are not the expensive luxury they are supposed to be, if cared for properly. Never wear them more than two days without washing, as dust and prespiration are the two great enemies of silk stockings. Leaving a

soiled pair in the clothes basket, they are taken off, is sure to hasten their ruin.

Wash them in a suds of tepid water and shake them gently in the suds. Never rub directly on the stockings. Rinse thoroughly and press them in a soft towel to get as much water out as possible Never wring a silk stocking.

It is the man at the little end of the horn who is either applauded or hooted by the audience.

REPRESENTATIVE WANTED

AT ONCE FOR FREDERICTON and DISTRICT

----FOR-----

Canada's Greatest Nurseries

SPRING 1917 LIST NOW READY. Splendid list of hardy fruit and or namental stock suitable for the Mari-time Provinces, including MOINTOSH RED APPLE.

ST. REGIS EVER BEARING RASP BERRY. And many other leaders.

New illustrated catalogue sent or

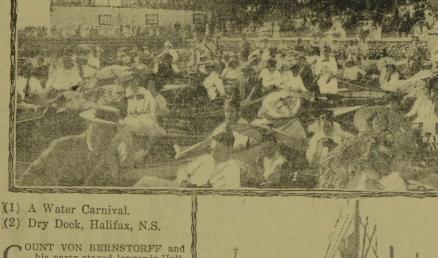
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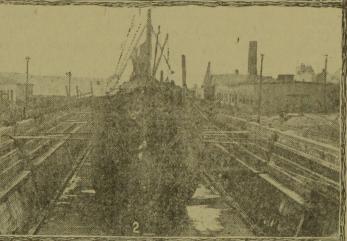
CHAPPED HANDS

Is often caused by using a soap with too much alkili.



THE CITY BERNSTORFF MISSED

C his party stayed longer in Hali-fax than they would have wished, and saw less of the town than any other tourists on record. For while the neutral passengers on board the "Frederick VIII" were allowed to promenade on deck, the Ger



man passengers, deprived of their hundreds of suits of pyjamas and their thousands of phonographic re-cords, were condemned to gaze at each other in wrath, or stare Halifax-ward at the dock wall through a mere Porthole! porthole

And this despite the fact that some of the very best of the original set-tlers at Halifax were Germans—born to be sure before the Kaiseristic taint

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Mail Ads Will Liberal proposition. STONE & WELLINGTON, Bring You Results The Fonthill Nurseries, TORONTO, - - - - ONTARIO



NEW SILK SWEATERS in pretty shades of Rose, Tomato, Peach, Paddy, Belgian Blue etc. Prices range from \$9.75 to \$18.75. Also a nice range of Wool Sweaters in the new shades, from \$3.90 to \$8.25.

NEW UNDERSKIRTS in Taffeta, Paillette, Moire Silk and Satins, in all shades, from \$2.50 to \$7.25.

THE VERY LATEST IN COATS, SUITS and WAISTS.

The Ribbon Department

A large shipment of ENGLISH RIBBON just opened. Lovely wide Hair Ribbons inches wide in all shades, at the old prices, 15c. and 18c. per yard. SHOT and FANCY RIBBONS, 5 to $6\frac{1}{2}$ inches wide, 25c. and 40c. per yard.

SATIN RIBBON in Baby Ribbon, $\frac{1}{2}$ inch, 1 inch and $1\frac{1}{2}$ inch in width, at 3c., 5c., 8c. and 10c. per yard.

NEW COATINGS, DRESS GOODS, WASH GOODS, UNDERWEAR, CORSETS, HOSE and LACES.

