### WAS ANAEMIC FOR

OVER A YEAR

Anaemia, or blood turning to water, is caused by the heart becoming deranged, and if the heart becomes weakened it cannot pump the blood as it

As a result the blood becomes impoverished, and it loses its nourishing qualities. The face becomes pale and thin, and the lips blooders and lose of weakness, tiredness and loss of

When those suffering from thin or watery blood start taking Milburn's Heart and Nerve Pills, they can so a change from the outset.

Every dose introduces into the cood the critical elements necessary to make

those vital elements necessary to make it rich and red. The pale cheeks take on the rosy hue of health, the weight increases, and the whole being thrills

with anaemia. A friend told me to try Milburn's Heart and Nerve Pills so I got a box and when it was done I felt and looked so much better I decided to get six more. When I had taken them I had gained not only in strength, but in flesh and color, and best of all was good health."

Milburn's Heart and Nerve Pills are 50c. a box; three boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited. Toronto, Ont.

#### ROUMANIAN PRINCE **ON STRANGE MISSION**

New York, Jan. 17 .- On a mysterious mission, Prince Emanuel Bibescu, of Roumania, was a passenger on board

When asked what had brought him to this country, he replied: "My name is Jones."

"Then by what right are you opening Prince Bibescu's trunk?" he was has a deeper or more absorbing inter- very precisely correct in its detail. asked, as he examined his baggage on est for the student of history and of It is, therefore, a very complete nar-

with a bland smile: "Oh, that's all 1914, when the trained legions of Prus- scure points are cleared up.

companion, Miss Ethel Monk.

#### RESULTS IN N. H. A.

Montreal, Jan. 17.-National Hocker Association games resulted as follows At Montreal-Ottawa, 3; Candiens

At Toronto-Wanderers, 10; 228th Battalion, 4.

# BOOK ON THE GREAT WAR



SIR A. CONAN DOYLE AND WIFE.

right; I am the Prince's valet."

In the Prince's party was Miss Margaret Lahovary, said to be related to the royal family of Roumania, and her state of the points are cleared up.

Like all Sir Arthur Conan Doyle's works, this book is a literary product of high quality and concerning his "unterview of high quality and concerning his "unterview of high quality and concerning his "unterview being poured in a seemingly works, this book is a literary product tible little army" which held the Brit. tive of those momentous and critical ter critic, Sir Robertson Nicol. days. That lack has now been sup-APPLIED IN days. That lack has now been sup-5 SECONDS plied by Sir Arthur Conan Doyle in Sor e, blistering feet from corn-pinched toes can be cured well known publishing house of Hodby Putnam's Ex- der & Stoughton has just issued. No QUICK by Putnam's Extractor in 24 hours.
"Putnam's" soothes deal with the events of that campaign: away that drawing pain, eases instantly, makes the feet feel good at once. Get a 25c. bottle of "Putnam's" which he writer is more competent to deal with the events of that campaign; none has had greater and freer opportunity for observing the events of today.

> hand sources. The author has in way many cases, we are told, been privileg-ed to submit his descriptions of the with a curt "Never." ection and endorsement, and he

There is no period of the war which his book is not only accurate, but it is

military operations than those fateful rative of the campaign, in which many He hesitated a moment, then said midsummer and autumn months in new details are added and some ob-

the royal family of Roumania, and her ish lines in Flanders. Up to this time rivalled skill as a narrator," we can we have never had a complete narra. cite no higher authority than that mas-

## HAD LIVELY SCRAP

Petrograd via London, Jan. 17.- A

## orincipal incidents, to prominent actors in them, and to receive their cor. The friends of the Minister of the auspices of Interior say that a duel is inevitable, of Canada. At Quebec-Torontos, 5: Quebec 1 hus able to state that a great deal ceived a challenge. Just good old-fashion'd Common Sense tells many folks To use NSTANT POSTUM instead of tea and coffee INSTANT POSTUM POSTUM GERE ostum Cereal Comp

#### LEAT BIG MEALS! NO SOUR, ACID STOMACH

"Pape's Diapepsin" is the Quickest, Surest Stomach Relief Known -Try It!

Time it! Pape's' Diapepsin will di-gest anytaing you eat and overcome a sour, gassy or out-of-order stomach, surely within five minutes.

meals don't fit comfortably, u eat lies like a lump of lead nach, or if you have heart a sign of indigestion. your pharmacist a fifty of Pape's' Diapepsin and take

Relief in five minutes from all stom ach misery is waiting for you at any

drug store. enough "Pape's Diapepsin" to keep the entire family free from stomach disorders and indigestion for many months. It belongs in your home.

#### MUNITION CONTRACT FOR ENGLISH FIRM

armor-piercing navy projectiles of the fourteen and sixteen inch type, total ling \$3,141,000 today were awarded by Secretary Daniel to the Hadfields, Limited, the English munition company,

Bids from American firms were more than \$200 a shell in excess of that sub mitted by Hadfields.

#### CASTORIA

For Infants and Children In Use For Over 30 Years Always bears Always bears the Signature of Chart H. Thickers

#### SOCIAL SERVICE CON-GRESS IN ST. JOHN

Every reader of this paper is inter ested in the Social Service Congress which he writes so vividly than Sir dramatic clash between Protopopoff, to be held in the Knights of Columbus Minister of the interior, and M. Rod-Hall, St. John, on January 23rd and He has produced a book which The zianko, president of the Duma, is de-British Weekly, no mean authority, scribed by the Novoe Vremya. Accordhas pronounced a classic. It gives us ing to this story, M. Protopopoff ap-for the first time a coherent story of proached M. Rodzianko during the new unite and to organize for social uplift. the military movements based upon an year's reception at the Tsarskoe Selo, Congresses have already been held in ecumulation of evidence from first and offered his hand in a conciliatory Calgary, Regina and Winnipeg, and others are to be held in Halifax, St John, Charlottetown and in Quebe and Ontario. They are held under the

Men of international reputation wil deliver addresses at the St. John Con gress. They include Raymond Rob Moore, Dr. Shearer and Dr. Pidgeon and Dr. Bryce, of Ottawa. There will also be addresses by prominent New Brunswick men who are especially

are: Social Reconstruction After th ils and Safeguards; Women in Indus rial ife, Political Life, Social and Re ligious Life; The Patronage System and Graft; The Care of Dependents Defectives and Delinquents; Urban and Rural Life; Gambling; Social Appli cation of Christianity; The Nation's Greatest Heritage-its Children; The Children's Rights and Our Responsibilities.

Religious and other organizations throughout the province should en-deavor to send delegates to this Congress which, it is hoped, will result in an effective organization, province wide, for social service. Any man o woman interested in the movement will be cordially welcomed.

Rules for a Long Live

A clergyman who is hale and hearty at 78 years of age, gives these rules which have governed his life: The use of plain food, with plenty of fresh fruit and pure water. Personal cleanliness by frequent baths from head to foot. Flannels next the skin the year round, graduating weight according to the season. Onen air exercise every the season. Open air exercise every day, rain or shine. Ventilation of sleeping room, summer and wister. Eight hours' sleep each day.

Fruits of Saving

In 1866 a young Breton name Cognacq went to Paris as assistant a little dry goods store. By 18 he had saved up \$60,000 and open a store which he called the Samataine. That Breton store assistant became worth \$60,000,000.



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