Children Cry for Fletcher's

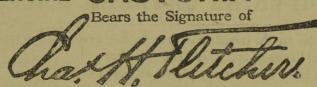
he Kind You Kayo Alwayo Pought, and which has been in use for over over 30 years, has borne the signature of and has been made under his per-Sonal supervision since its infancy.

All Counterfeits, Imitations and "Just-as-good" are but

Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains protect on the protection of the protec neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS



In Use For Over 30 Years The Kind You Have Always Bought

OF INTEREST TO WOMEN.

The Marie Confession of the co

LENTEN OR EASTER FARE.

Eggs are Rich in Protein, Material to Build and Repair the Body.

Children require this building material and mothers who give careful attention to child feeding are careful to provide eggs several times a week, even when their price is high.

How to get uniform results in cooking eggs, how to tell when an egg is "soft" or "medium" is often a difficult matter. The following method, suggested by experts belonging to the leadership.

Potato Omelet.

Use cold mashed potatoes for this dish. Mix 1 cupful of the potato with 1 cupful milk, and 1 tablespoonful of gested by experts belonging to the flour. Beat until smooth, add the beat-

Use a graniteware stewpan of onea cool place. Cover the pan and let angles of toast. the egg remain undisturbed for six minutes. It will be what is known as soft boiled. For a medium boiled egg let it remain in the water 8 minutes.

Eggs Spanish Style.

baking dish. Arrange slices of hard

Butter individual baking dishes or custard cups. Put two tablespoonfuls of cream into each, then the yolk and than instruments. per and salt. Set the cups in a pan o

MOTHER! YOUR CHILD IS CROSS, FEVERISH,

Stomach Sour, Clean Liver and Bowels.

Give "California Syrup of Figs" at once—a teaspoonful today often saves a sick child tomorrow.

If your little one is out of sorts, half

aick, isn't resting, eating and acting ICE HOLD SOLID acturally—look, Mother! see is tongue is coated. This is a sure sign that its little stomach, liver and bowels are clogged with waste. When cross, irritable, feverish, stomach sour, breath bad or has stomach ache, diarrhoea, sore throat, full of cold, give a tea-spoonful of "California Syrup of Figs" and in a few hours all the constituented poison, undigested food and sour bile gently moves out of its little bowels without griping and you have a well,

playful child again.

Mothers can rest easy after giving Rivers. this harmless "fruit laxative," because it never fails to cleanse the little one's

boiling water, place in a very hot oven and steam until the eggs are set.

Baked Omelet.

Soak 1 cupful bread crumbs in a cupful of milk. Beat up the yolks of that high.

And just to keep competition from the bread and milk. And just to keep competition from the bread and milk. Season with salt, add the well beaten whites of the eggs, turn into a wellbuttered baking dish and bake 20 min

gested by experts belonging to the flour. Beat until smooth, add the beat-University of Illinois, is considered re- en yolks of 3 eggs, with seasonings of salt, pepper and butter, then add the salt, pepper and butter, then add the beaten whites of the eggs. Have a fry-All around it should be a busy little quart capacity, put in one pint of wa- ing pan hot and well buttered, turn in ter and heat over a quick fire. When the egg mixture, brown on one side the water boils hard ,turn off the heat then turn and brown on the other. Gar and put in one egg taken direct from nish with parsley and serve with tri-

THE VERSATILE LEMON.

A few drops of plain lemon juice is an excellent and economical wash for Mix a little melted butter with boil- the teeth, as it not only removes tarand spread on a well buttered tar, but sweetens the breath.

We all know that lemon rind is boiled eggs on top of the rice, cover skin whitener and bleacher, but few of with tomato sauce, and bake ten min- us know that a splendid manicure acid may be hade by adding a teaspoonful of lemon juice to a cup of warm water. This removes stains from the nails and loosens the cuticle more satisfactorily

LINEMEN ON STRIKE AT LEVIS AND QUEBEC

Quebec, April 2.—Armed provincial detectives, ten strong, protected som strike-breaking pole-climbers Saturday and today in Levis and Quebec agains the attacks of a group of striking line If Tongue is Coated, Breath Bad, the men. Stones and other missiles were thrown at the police Saturday, some strikebreakers were injured in mixups. Four strikers have been arrest-

Quebec, April 2.—Although it has cained throughout the night, the ice is still solid on the river above Quebec, and the two government ice-breakers, Lady Grey and Montcalm, are still hammering at the barrier below Three

It is not expected in shipping quarfor ten days yet.

Sporting News

SPEAKER COBB AND JACKSON IN BATTING STRUGGLE

Outcome Doubtful With Each Famous His Wife His Legal Guardian---Injuiry Hitter Confident of Winning---Hos t Of Lesser Light Also Ready.

New York, March 31.-Tris Speaker's sudden elevation to the heights of batting championship, sought many years by Joe Jackson, is likely to precipitate one of the hottest scraps in the American League dash for the top of the average list this year that Ban Johnson's on any other man's circuit Johnson's or any other man's circuit

ever saw.

Joe struggled along for years, cracking the leather on lots of baseballs and attaining dizzy batting heights, but Ty Cobb always was just good enough to pull out in the lead. Speaker came along, got set with a new club, and hit 'em so fast and often that Cobb was forced to look on from a rear seat while Jackson merely hooked on in third place.

Joe has issued his challenge for this year. He says the name once boasted by a President of the United States is going to be right at the top when Ban B. promulgates next summer's most important list in the lives of batters. Cobb, he says, may be second, or even Speaker may get that far, but he has served warning that Joe is going to ride the winning horse.

Noted Batting Honors.

Cobb also has made some passing remarks in which he intimated that there isn't g'oing to be glory without a few sprints in the summer. He has set his eyes on that batting championship and wants it badly enough to stretch his legs hard for every blow. Cobb, so one story has it, was a very much disappointed peach when the last season was over and the customary Cobb was lacking at the head of the American League averages. He had acquired such a Ben Adhem habit that it was hard to let go. He was grieved and somewhat astonished to observe that it wasn't Jackson who challenged him, but Speaker, main cog in a ma-chine which shouldn't have placed him

growing stagnant and carrying all in-terest to the younger league, the Na-tional League probably will fling a little dust around in staging its battle for the leadership.

McCarthy and some other aspirants the climb of their young lives for John

MASON HELD JOHNNY

Fort Wayne, Ind., March 30-Franchampion, fought

rounds to a draw here tonight.

Coulon had the advantage in the earlier stages, but Mason was stronger at the close and compelled the Chicago fighter to hang on repeatedly in the last two rounds.

ACIDS IN STOMACH SOUR THE FOOD AND CAUSE INDIGESTION

"Pape's Diapepsin" Fixes Sour, Gassy, Upset Stomachs in Five Minutes.

If what you just ate is souring your stomach or lies like a lump of lead, re-fusing to digest, or you belch gas and eructate sour, undigested food, or have a feeling of dizziness, heartburn, full-ness, nausea, bad taste in mouth and stomach headache, you can surely get relief in five minutes.

Ask your pharmacists to show you the formula, plainly printed on these fifty-cent cases of Pape's Diapepsia, then you will understand why dyspeptic troubles of all kinds must go, and why it relieves your out of order stom. why it relieves your out-of-order stomachs or indigestion in five minutes. "Pape's Diapepsin" is harmless; tastes like candy, though each dose will di-gest and prepare for assimilation into the blood all the food you eat; besides, it makes you go to the table with a healthy appetite; but what will please you most is that you will feel that your stomach and intestines are clean and fresh, and you will not need to resort to levelives or live mile for billous. to laxatives or liver pills for biliousness or constipation.

This city will have many "Pape's' Diapepsin" cranks, as some people will dren of all ages and for grown-ugs, printed on each bottle.

Beware of counterfeit fig syrups. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," then see that it is made by the "California Fig Syrup Company."

Diapepsin" cranks, as some people will call them, but you will be enthusiastic about this splendid stomach preparation, too, if you ever take it for indigestion, gases, heartburn, sourness, for dyspepsia, or any stomach misery.

Get some now, this minute, and rid your smile, but can hear your grouch.

AD WOLGAST IS IN SANITARIUM WITH MENTAL AFFECTION

Received in Ring Said to be Cause Of Unbalanced Condition.

Milwaukee, March 31.—Ad Wolgast, ormer lightweight champion, now is he ward of his wife by virtue of a ourt order.

Wolgast is in a sanitarium here, suf ering from a brain malady, said to be the result of the punishment he under went in the ring. He was committed at the request of his wife. Symptoms of his affliction made their appearance several months ago, when he was swindled out of thousands, bought "race horses" which proved to be crip-ples, an dinvested money in worthless property of all descriptions.

Physicians say his recovery is doubt

TWO FRENH CANADIANS

Two French-Canadian ball players vill be trying for places on the Royals when the training season gets under way next week, in Jules Beaudoin, a catche rand first baseman, who played in the Maine State League last season and Oscar Major, a local shortstop.



REPRESENTATIVE WANTED

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SPRING 1917 LIST NOW READY. Splendid list of hardy fruit and or amental stock suitable for the Marime Provinces, including McINTOSH RED APPLE.

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And many other leaders. New illustrated catalogue sent of

Start NOW, at Best Selling Time. Liberal proposition.

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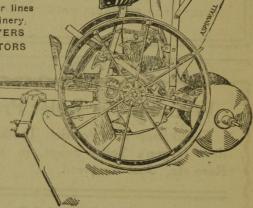
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All the Latest Sheet Music on hand

E. O. MacDonald 560 Queen Street

We Sell the ASPINWALL and IRON AGE (Robbins) Potato Planters.

These are the Planters the large potato growers use and are the kinds that give satisfaction. We also have other lines of up to date potato machinery, including WATSON SPRAYERS JOHN DEERE CULTIVATORS and HORSE HOES.



J. CLARK & SON Ltd.



ON THE ROOF

of the house depends much of the health and comfort of the inmates. Don't neglect the leaks and weak spots. Have the rusty eaves and leaders repaired. It will save the ceilings and walls and incidentally save money.

We are expects in this line of work, but charges are rea-

Mail Ads Will Bring You Results

FRASER'S

The Easter Store

NECKWEAR

Our New Easter Neckwear is now to hand and ready for inspection. See our window display of nice natty Easter Goods.

Kid Gloves in White, Grey, Tan and Black, sizes from 53-4 to 73-4. Prices range from \$1.25 to \$1.95. White Cotton and Chamoisette Gloves, sizes 6 to 8 from 25c to \$1.00.

All Silk Hose in a nice range of colors from \$1.50 to \$2.00 a pair. Lisle and Silk boot hose from 35c to 85c a pair.

NEW EASTER BLOUSES

A nice line of Fancy Voile Waists from \$1.25 to \$5.25. Beautiful Wash Silk Waists from \$2.00 to \$5.25. The newest ideas in Crepe de chene and Georgette crepe in all the new and pretty colors, from \$3.75 to \$10.25.

A new range of Silk and Wool Coat Sweaters, ranging from \$4.50 to \$17.00 New Spring Suits, Coats and Dresses, Skirts, Underskirts, Whitewear and Water-

A lovely line of Children's New Wash Dresses. Special at 50c.

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