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FOR SALE — Dry split 16 inch hard wood. Also two foot hard wood. T. Fulton, 618 Brunswick street. * 'Phone

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If you and your neighbor could save all the scraps of bread that fully find saved for our hard pressed allies in France and Belgium.

Do you know how to use these scraps? Here is a recipe for gingerbread that is delicious:

Gingerbread.

Half a cup of molasses, half a cup of boiling water, one and a third cup of fine bread crumbs, two-thirds of a cup of flour, 1 teaspoonful of baking soda, 1½ teaspoofuls salt, 4 teaspoon"Pape's Diapepsin" fixes sour, gassy
upset stomachs in five minutes. fuls melted butter or fat. Add water to the molasses and combine with dry ingredients mixed together. Then add fat and beat. Bake for about 25 min-

lla. Bake in three-layer cake pans. When cold put together with this filling: One cup of grated cocoanut, 1 cup of sugar, 1 cup of milk, 2 eggs. or with vanilla.

Barley Broth. Add to the water in which the lamb

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this year:
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At the Ontario Agricultural College they have Barred Rocks and several other breeds which are the best on this continent. That is saying a lot and I know from experience."

I also have for sale a number of I also have for sale a number of White Leghorn cockerels from my

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was boiled 1 small carrot, 1 onion and a few sprigs of parsley (all chopped

Appetizing sandwiches may be made with minced dates and ginger, or nut their way into the garbage can, an meats and ginger as a filling. Ladyenormous quantity of wheat we uld be fingers or slices of sponge cake are sometimes used in place of bread. A novelty is made of shredded ginger and cream cheese in separate layers on thin slices of white bread.

GINGER SANDWICHES.

SOUR THE FOOD AND CAUSE INDIGESTION

your stomach or lies like a lump clead, refusing to digest, or you belogas and eructate sour, undigested for Buckwheat Cakes.

Scald 1 cup of Indian meal with a little boiling water. Let it cool and add 3 cups of buckwheat C

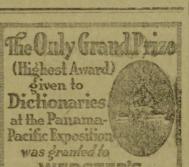
little boiling water. Let it cool and add 3 cups of buckwheat flour and the balance of 4 cups of warm water. Mix smooth and add 2 tablespoons of molasses, 1 teaspoon of salt and half a yeast cake dissolved in a little warm utes. "Pape's Diapppsin, then you will understand why dyspoil troubles of all kinds must go, and why it relieves sour, out-of-order stomachs or indigestion in five minutes. "Pape's Diapppsin, is harmless; the care dissolved in a little warm utes. "Pape's Diapppsin, is harmless; the care dissolved in a little warm utes. "Pape's Diapppsin, it is harmless; the care dissolved in a little warm utes. The pape's Diapppsin, then you will understand why dyspection and why it relieves sour, out-of-order stomachs or indigestion in five minutes. water. Mix the evening before needed.

Cocoanut Layer Cake.

One-half cup of butter, 1½ cups of eat; besides, it makes you go to the One-half cup of butter, 1¼ cups of eat; besides, it makes you go to the sugar, whites of 8 eggs, 2½ cups of table with a healthy appetite; but what will please you most, is that you will feel that your stomach and intest of baking powder, 1 teaspoon of van-

will call them, but you will be enthu cup of sugar, 1 cup of milk, 2 eggs. iastic about this splendid stom Cook all together for 5 minutes. Flav-preparation, too, if you ever take for indigestion, gases, heartburn, so ness, dyspepsia, or any stomach mis-

Get some now this minute, and rid yourself of stomach misery and indi-gestion in five minutes.



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