

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of *Dr. H. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trade with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Dr. H. H. Fletcher

In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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And Have Them Done in First Class
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83 REGENT STREET.

OF INTEREST TO WOMEN

THE BREAD LINE.

The hardest tug of war is on the bread line. Bread is the "staff of life." People will not starve where there is bread. An astonishingly large proportion of this indispensable food in Europe has been made from American wheat.

If you and your neighbor could save all the scraps of bread that daily find their way into the garbage can, an enormous quantity of wheat would be saved for our hard pressed allies in France and Belgium.

Do you know how to use these scraps? Here is a recipe for gingerbread that is delicious:

Gingerbread.

Half a cup of molasses, half a cup of boiling water, one and a third cup of fine bread crumbs, two-thirds of a cup of flour, 1 teaspoonful of baking soda, 1½ teaspoonfuls salt, 4 teaspoonfuls melted butter or fat. Add water to the molasses and combine with dry ingredients mixed together. Then add fat and beat. Bake for about 25 minutes in a hot oven.

Buckwheat Cakes.

Scald 1 cup of Indian meal with a little boiling water. Let it cool and add 3 cups of buckwheat flour and the balance of 4 cups of warm water. Mix smooth and add 2 tablespoons of molasses, 1 teaspoon of salt and half a yeast cake dissolved in a little warm water. Mix the evening before needed.

Cocoanut Layer Cake.

One-half cup of butter, 1½ cups of sugar, whites of 8 eggs, 2½ cups of flour, ¼ teaspoon of salt, 1 teaspoon of baking powder, 1 teaspoon of vanilla. Bake in three-layer cake pans. When cold put together with this filling: One cup of grated cocoanut, 1 cup of sugar, 1 cup of milk, 2 eggs. Cook all together for 5 minutes. Flavor with vanilla.

Barley Broth.

Add to the water in which the lamb

TUESDAY,
SEPTEMBER FOURTH,
is the day on which classes will be resumed at
FREDERICTON
BUSINESS COLLEGE

Write for information as to our courses of study. We must have a large number of graduates next year to supply the great demand for office help. Address
W. J. CSBORNE, Principal,
Fredericton, N. B.

Prepare for Winter

I wish to inform my friends and the public that after a busy season my services as a plasterer and brick mason are now available. Those who want cellar walls repaired, chimneys topped out, or odd mason jobs in general promptly attended to, please notify me at once. Cost estimates supplied and satisfaction guaranteed. Am prepared to go into the country if necessary.

G. W. HOLMES,
192 Northumberland Street.

Cockerels For Sale

I have for sale a limited number of Barred Plymouth Rock cockerels from stock procured at the Ontario Agricultural College. The poultry department of this college is under the direction of Prof. W. R. Graham, who is recognized as America's foremost poultry expert. The egg record is 310 and the average 175. This is undoubtedly the class of bird for those who want egg production. Read what Mr. J. W. Clark of Cainsville, Ont., said in an address delivered before the Toronto Poultry Association on Oct. 11th of this year:

"At the Ontario Agricultural College they have Barred Rocks and several other breeds which are the best on this continent. That is saying a lot and I know from experience."

I also have for sale a number of White Leghorn cockerels from my prize winning stock. They belong to a splendid laying strain.

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65 DOLLARS

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RECORD OLYMPIC
STEEL RANGE

With High Broiler Lift, Well Proportioned Firebox and Heavy Linings.

The deep blue lustre of the polished steel body is offset by the plain, handsome Nickel Trimmings. The body stands on solid heavily nickeled legs and is equipped with all the labor-saving devices.

This beautiful Range has been given for the benefit of the Red Cross, and it may be yours by paying TEN CENTS for a ticket.

Call and see it at the Store of
D. J. SHEA & SON,
CARLETON STREET.

TO LET

TO LET—The VanWart house in South Devon. Situated on the Main Street. Apply to Lemon Stone, North Devon. 6in. Sat.

The sound life is one that in at least some portion of it has been rebuilt.

New Orleans recently moved a brick church intact 11 blocks.

was boiled 1 small carrot, 1 onion and a few sprigs of parsley (all chopped fine). When the vegetables are done, season and add 1 cupful of pearl barley which has been cooked until very tender.

GINGER SANDWICHES.

Appetizing sandwiches may be made with minced dates and ginger, or nut meats and ginger as a filling. Lady-fingers or slices of sponge cake are sometimes used in place of bread. A novelty is made of shredded ginger and cream cheese in separate layers on thin slices of white bread.

ACIDS IN STOMACH
SOUR THE FOOD AND
CAUSE INDIGESTION

"Pape's Diapepsin" fixes sour, gassy, upset stomachs in five minutes.

If what you just ate is souring on your stomach or lies like a lump of lead, refusing to digest, or you belch gas and eructate sour, undigested food or have a feeling of dizziness, heartburn, fullness, nausea, bad taste in mouth and stomach headache, you can surely get relief in five minutes.

Ask your pharmacist to show you the formula, plainly printed on these fifty-cent cases of Pape's Diapepsin, then you will understand why dyspeptic troubles of all kinds must go, and why it relieves sour, out-of-order stomachs or indigestion in five minutes. "Pape's Diapepsin" is harmless; tastes like candy, though each dose will digest and prepare for assimilation into the blood all the food you eat; besides, it makes you go to the table with a healthy appetite; but what will please you most, is that you will feel that your stomach and intestines are clean and fresh, and you will not need to resort to laxatives or liver pills for biliousness or constipation.

This city will have many "Pape's Diapepsin" cranks, as some people will call them, but you will be enthusiastic about this splendid stomach preparation, too, if you ever take it for indigestion, gases, heartburn, sourness, dyspepsia, or any stomach misery.

Get some now this minute, and rid yourself of stomach misery and indigestion in five minutes.

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