### Children Cry for Fletcher's

The Kind You Have Always Bought, and which has been in use for over over 30 years, has borne the signature of and has been made under his per-

and has been made under his personal supervision since its infancy.
Allow no one to deceive you in this.
All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea-The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

In Use For Over 30 Years The Kind You Have Always Bought

OF INTEREST TO WOMEN

COTTON CREPE DISH TOWELS. Iso that they can be suspdened from

Cotton crepe dish towels are more absorbent than ordinary glass toweling, rough enough to give a polish to glassware, non-linty and easy to launder.

They have the added advantage of being inexpensive. Some housewives find the new absorbent paper towling a boon in the kitchen, as it may be used either for clock at night. hands or dishes, and thrown away

There is also less danger of its being used to serve the double purpose of drying the hands of

A NEW WATCH POCKET.

The little embroidered pocket thoroughly. which have long ribbons attached | First brush the hair to remove

the bedpost, are most convenient.

Some of these little pockets are made of covered cardboard, circular in shape. Two covered circles are overpanded half way around are overpanded half way around

A DRY SHAMPOO.

A dry shampoo which will make the cook and some of her cooking the hair fluffy and glossy and also give it a delightful perfume, consists of two ounces of cornmeal, two ounces of orrisroot and two ounces lest web-footed bird known. of ground cinnamon. Mix this

all tangles, then dust it thickly with the powder. Tie it up in a towel for five minutes, then brush it again until both hair and scalp are perfectly clean.

WALNUT FURNITURE.

Every fashion returns sooner or later, and now walnut furniture is coming in again.

Not the ornate and carved walnut horrors of early Victorian days however, but simple, beautiful pieces of this really fine wood in Queen Anne design. A dining room set of burl walnut in Queen Anne pattern retails for four hundred dollars-which proves how fashionable and exclusive walnut has become.

### WING POWER OF BIRDS

Stermy Petrel's Great Power of Flight

There is nothing more wonderful in Nature than the power of flight possessed by birds, and no subject which yields more teartling facts upon investigation. "The way of an eagle in the air" is one of those things of which Solomon expressed himself ignorant; and there is something truly marvellous in the mechanism which controls the scythe-like sweep of wings peculiar to most birds of prey. Yet even naturalists of the vrst order have had little or nothing to say about the power of flight in birds, while some of them speak on very insufficient evidence. Witness Michelet's statement that the swallow flies at the rate of 240 miles an hour. Roughly, this gives us 1,000 miles in four hours, but naturally a some of the control of the contr as 1,000 miles in four hours, but naturally, even in its swiftest dashes, the swallow does not attain to anything like this speed. But the Duke of Argyll is rather under than over the mark when he computes the speed at more than 100 miles per hour.

The mechanism of flight in the swallow is carried through an excending

per hour, this remarkable rate is not to be looked for in any of the birds of the swallow kind. In their migrations swallows stick close to land, and never leave it unless compelled. They cross straits at the narrowest part, and are the most partly fatigued of

are overnanded half way around with an owl on a branch of a tree embroidered on one side.

These pockets are really intended to hold a watch when one does not care for the loud ticking of a clock at night.

Two covered titles powers of sustained flight. These attribute belong in the most remarkable degree to certain ocean birds.

Anyone who has crossed the Atlantic must have noticed that gulls accompany the ship over the whole distance—or, at least, are never absent. The snowy "sea swallows," as the terms are called, seem quite tireless: though the petrel and the albatross alone deserve the name of oceanic birds. No sea deserts seem to bound the range of the petrels, and they are the range of the petrels, and they a found at every distance from land. I ferent species haunt different seas from the fulmar in the far north the giant petrel, which extends its flight to the ice banks of the south. Here the Antarctic and snowy petrels appear, often floating upon the drift ice, and never leaving those dreary

### PROTECT MIGRATORY BIRDS

At the North American Conserva-tion Conference, held in Washington, in 1909, and attended by representa-tives of Canada, Newfoundland, United tives of Canada, Newfoundland, United States and Mexico, the international problems presented by the proper protection of natural resources were clearly recognized. With regard to migratory wild life the necessity for co-operative action is especially obvious. In Canada and the United States the protection of this invaluable resource is vested in the individual vious. In Canada and the United States the protection of this invaluable resource is vested in the individual provinces and states, respectively. Protective laws were extremely diverse in both character and efficiency, with the result that the beneficial effects of adequate protection in one portion of the continent were largely nullified by the lack of similar measures in other sections. To secure stricter and more uniform protection negotiations between Canada and the United States were undertaken. The arrangement was satisfactorily concluded, the later ratification by the United States Senate constituting the final step. The treaty does not affect the administration of the provincial game laws, but insures in Canada, as in the United States, the minimum of protection regarded as essential to the permanent preservation of the wild life resources of North America.

END OF BIG EXHIBITION.

Panama-California International Exposition Closed New Year's.

San Diego, Cal., Jan. 2.-The Panama-California International Exposition closed at midnight last night after having been open to the public continuously for two years.

The attendance during the year is estimated by exposition officials today in excess of 2,250,000, slightly under



Contributions to the Overseas Tobacco Fund may be left at the Board of Trade Room or with the Canadian

It should be the aim of every poterer to improve the egg qualities his flocks. He should take good at

Trap nests help to pick out the

Russia is estimated to have mothan 4,000,000 acres of land whit would produce cotton it irragate.

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# -After Xmas Bargains-Specially Priced for Quick Clearance

Ladies and Children's Winter Coats at wonderful bargains, prices ranging from \$4.50 up to \$34.00.

Ladies' Suits, excellent styles and cloths, wonderful value, prices ranging from \$11.00 up to \$25.00.

Ladies' Blouses, beautiful styles in Habutae, Silk, Crepe de Chine, Ninon and Georgette -prices ranging from \$3.50 to \$8.25.

Ladies' Kimonas and Bath Robes in all the newest colors, selling at special prices, from \$1.75 to \$5.00.

Beautiful range of Ladies' Blouses in Voiles, Pique and Bedford Cord, selling at only 98c Splendid range of Corduroy in marine blue, nacy grey, light tan, brown, wine, copen, fawn, white, green and black; all 27 inches wide, at 75c. per yard. Plain Velveteens in shades, copen, brown, cream, navy, green, grey, wine, purple and

black, 22 inches wide, at 75c. per yard. Ladies' All Wool Spencers with sleeves, in shades, cardinal, purple, white and brown,

at \$1.90 each. Also something similar in purple, only without sleeves, at \$1.50 each Also-A FEW NICE FURS GOING AT COST PRICE.

A nice variety of PUFFS in Chintz and Art Sateen coverings with cotton batting and down filling, sizes 60x72, 66x72 and 72x72, from \$2.50 to \$10.00 each. A beautiful assortment of colorings and patterns are contained in these.

ALL ODDS AND ENDS TO BE CLEARED REGARDLESS OF COST.

WHERE COURTESY AND QUALITY GO HAND-IN-HAND

## DEPORTATION OF BELGIAN MEN LEAVES WOMEN AND CHILDREN MORE HELPLESS THAN EVER

Neutral protests do not prevent the Germans from continuing the deportation and enslavement of the able-bodied men who were left in unhappy Belgium-and we are powerless to stop it until we have won the war.

Meanwhile the Neutral Commission for Relief in Belgium, administered without pay by great-hearted Americans, is saving the women and children from starvation. Here we CAN help promptly and effectively, by giving generously to the Belgian Relief Fund.

More contributions than ever are needed, because the higher prices of foodstuffs, particularly wheat, have seriously increased the cost of feeding these millions of dependent Belgians. How much can you spare the victims of one of the blackest, most cold-blooded crimes?

Send whatever you can give weekly, monthly or in one lump sum to Local or Provincial Committees, or SEND CHEQUES PAYABLE TO TREASURER

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