

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Dr. J. C. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Dr. J. C. Fletcher

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN.

THE COLD BATH PRO AND CON.

Up to You to Say Whether it is Good for You or Not.

Daily bathing is conceded to be an essential to good health. While almost every one admits the bath is a healthful as well as a cleanly part of the daily toilet, there is much discussion as to just what sort of bath it should be.

Most men and a good number of women believe in the merits of the cold tub, while others abhor so vigorous a plunge, preferring a warm bath either in the morning or evening.

Whether or not one should take a cold tub in the morning should not be difficult to decide, for if, after the plunge or shower there is a feeling of reaction and exhilaration, it is excellent, and a tonic to the body, but unless there is a decided sense of glow then the cold tub is not healthful.

However the cold bath should not be condemned until after intelligent trying. There is no more virtue in an ice cold tub than in one which is just chilled, for it is only necessary that the temperature should be a few degrees below that of the body. This in

itself will create a shock when applied, but it is not so severe as to drain the constitution.

Also, a cold bath, whether a shower or a plunge, should last only a couple of minutes. It is never a substitute for a good wholesome warm wash, and should never be so regarded.

Women not strong enough to stand cold water in other ways, may derive benefit from a cold sponge, which is merely wiping the body briskly with a cloth or sponge wet with cold water. This is stimulating to the circulation and excellent for the skin if it follows a warm washing.

While the cold bath is excellent in the morning it is harmful at night as a rule. Cold water has an exhilarating effect on the body, it is a shock to the entire system. This is good in the morning when followed by the exercise of moving around at one's daily duties, but at night a soothing bath is needed and there is nothing soothing about cold water.

And now the nation wants the man who can make two bunches of garden-sass grow where only once bunch of garden-sass grew before.

Sporting News

BEAN BALL MUST BE RELEGATED TO DIM DEAD PAST

Pitcher Mays of Red Sox Charged With Making Use of It—Umpires To Get After Him.

New York, May 2.—Frank Thrasher the Athletics' young right fielder, openly accuses Pitcher Mays of the Red Sox of attempting to injure him with a "bean ball." In a recent game at Philadelphia Thrasher says that after he had successfully dodged several fast balls delivered by Mays, another one struck him on the head.

During the appearance of the Red Sox at the Polo Grounds two weeks ago Lee Magee of the Highlanders uttered a similar charge against Mays, who apparently was guilty. President Johnson does not approve such methods and probably will instruct his umpires to banish in future all pitchers who attempt to injure opposing batsmen. The "bean ball" must go.

CHAPPELLE SOLD BY BRAVES TO COLUMBUS

Philadelphia, May 2.—Manager G. Stallings of the Braves announced tonight that he has disposed of outfielder Larry Chappelle to the Columbus club of the American Association, the latter having an option on the player's service, which would have expired tomorrow.

JOE TINKER OBTAINS SERVICES OF GENE PACKARD

Chicago, May 2.—Pitcher Gene Packard of the Chicago Nationals, was sold tonight to Columbus, of the American Association. Joe Tinker, manager of the Columbus club, also practically arranged a deal for the purchase of pitcher Tom Seaton, it was announced.

The Patriotic Garden Mary, Mary, quite contrary, How does your garden grow? Potatoes and tubers, and tubers and 'taters, And murphies all in a row.

He—Each hour I spend with you is like a pearl to me. She—Aw, quit stringing me.—Jester.

She—You had no business to kiss me. He—It wasn't business. It was pleasure.—Syracuse Orange Peel.

Father—Helen, isn't it about time you were entertaining the prospect of matrimony? Daughter—Not quite, pa. He doesn't call until 8 o'clock.

RHEUMATISM WAS MOST SEVERE

Dreadful Pains All The Time Until He Took "FRUIT-A-TIVES".



MR. LAMPSON
Verona, Ont., Nov. 11th., 1915.
"I suffered for a number of years with Rheumatism and severe Pains in Side and Back, from strains and heavy lifting.
When I had given up hope of ever being well again, a friend recommended "Fruit-a-tives" to me and after using the first box I felt so much better that I continued to take them, and now I am enjoying the best of health, thanks to your remedy".

W. M. LAMPSON.
If you—who are reading this—have any Kidney or Bladder Trouble, or suffer with Rheumatism or Pain In The Back or Stomach Trouble—give "Fruit-a-tives" a fair trial. This wonderful fruit medicine will do you a world of good, as it cures when everything else fails.
50c. a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

"BABE" RUTH OF RED SOX CLASSED AS BEST SOUTHPAW

Five Victories in a Row Since Performance—His Work With the Stick Also Very Classy.

New York, May 1.—Babe Ruth, the elephantine off-hander of the Red Sox, today looms up as a worthy successor to the title of "best southpaw."

Ruth's effectiveness for the Boston team last year and his immediate dive into victorious work this spring classes him as a real pitcher—a finished product and not one of those fly-by-night young men who pitch a good year and then cease to be good hurlers.

He stands now on the crest of five won games. A zero alone occupies the lost side of the column in his average. A quintet of five victories in a row have been placed to his credit and the season still must find its best going for the fingers.

Ruth probably is the best pitcher right now in either of the big leagues. One cannot, of course, discount the worth of Alexander, nor Walter Johnson, Jim Scott or half a dozen others. Figured from clean values, however, Ruth ranks with any of them and his head just at present maintains a skyline all its own.

Aside from his pitching, Ruth is considerable of a stick welder. His two hits yesterday figured in the downfall of the Athletics. It was Ruth who last fall hurled himself to glory in the longest world's series game ever played and his work was perfect. He stood the test and is standing it now.

SCHANG HAS MUSTACHE

Since Wally Schang cleaned up in New York his mustache is acquiring a little of the fame of Samson's hair. If Wally keeps up his clean-up habit some pitchers may conspire to shave off the offending mustache.

SCHULTE FRACTURES RIB

Cincinnati, May 2.—Frank Schulte, right fielder of the Pittsburg Nationals, sustained a fractured rib while playfully wrestling with team mates in his hotel room today. The physician said Schulte would be out of the game for about two weeks.

Employer (to applicant for appointment)—Are you truthful? Applicant—Yes, sir. But I ain't so truthful as to spoil your business.

Wood's Phosphodine, The Great English Remedy. Tones and invigorates the whole nervous system, makes new Blood in old Veins, Cures Nervous Debility, Mental and Brain Worry, Despondency, Loss of Energy, Palpitation of the Heart, Failing Memory. Price \$1 per box, six for \$5. One will please six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

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Sherlock-Manning Player Piano

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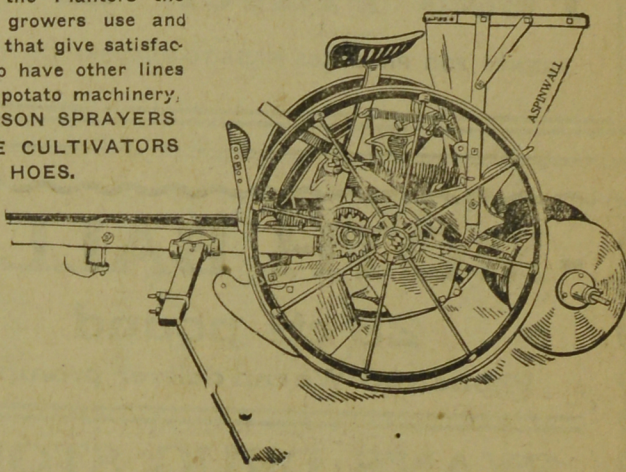
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Music Store 560 Queen Street

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ASPINWALL and IRON AGE (Robbins) Potato Planters.

These are the Planters the large potato growers use and are the kinds that give satisfaction. We also have other lines of up to date potato machinery, including WATSON SPRAYERS JOHN DEERE CULTIVATORS and HORSE HOES.



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HOUSE TO LET—Conveniently situated, pleasing architecture, well arranged rooms, plenty of light, large closets—but the plumbing?

Inviting, sanitary plumbing will do more to rent a house than the most expensive wall paper and hardwood floors.

We have a special proposition for house owners and real estate dealers. Modern bathroom and kitchen outfits. Ask us about it.

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Mail Ads Will Bring You Results

New arrivals in our

Ready-To-Wear Dept.

Ladies' and Misses' NEW SPRING SUITS in Serges, Gaberdines, Tweeds and Silk Poplins, all the very latest styles, in colors of Black, Navy, Brown, Green, Grey and Plum. See our special line of Suits at \$25.00.

A big range of Ladies' and Misses' CLOTH SKIRTS in Black, Navy, Black and White Checks, Copenhagen Blue and fancy stripes, ranging in price from \$4.25 to \$9.00

A complete line of Ladies' and Children's MIDDIES and WASH SKIRTS just received, priced from \$1.00 to \$2.75.

Ladies' and Misses' NEW SPRING SPORT COATS from \$9.00 to \$23.00.

LADIES' NEW RAINCOATS in Newest Styles, from \$5.50 to \$16.00.

COLOR SHANTUNG SILK 32 inches wide at 75c yard, colors Black, Taupe, Brown, Cream, Pink, Rose, Belgian Blue and Copenhagen. A better quality in Black, 34 inches wide, special at \$1.10 yard.

NATURAL SHANTUNG SILK, 34 inches wide, at 50c, 65c, 85c, and \$1.00 per yard.

NEW UNDERWEAR, CORSETS, HOSIERY, RIBBONS, BUTTONS, GLOVES, DRESS GOODS, SILKS and STAPLES.

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Your Nose Knows

whether the cigar you smoke has been thoroughly cured and matured.

Let the smoke come through your nostrils: does it irritate, is it raw, harsh, peppery or scratchy?

If it is, the tobacco is not properly cured.

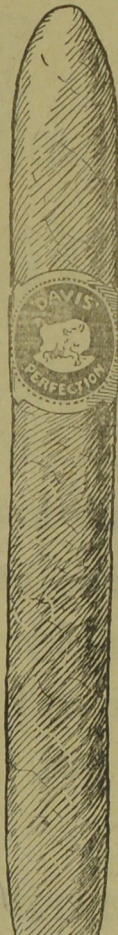
Take any Davis cigar and test it in this way: you will find it mild, mellow, smooth, free from any of the faults mentioned—in fact, an ideal smoke.

Why not try a Davis "Perfection"?

2 sizes: 3-for-25c.



Perfection "Perfection" Actual Size.



Perfection "Straight" Actual Size.

Have you Smoked a Nobleman Cigar lately?