

These three books are genuine goody books with

recipes for a great variety of

tempting sweet dishes. The

most complete collection of recipes for sweets ever published. The book on

Preserving tells you how to

make economical Preserves,

Jellies and Marmalades, and

is specially valuable

at this time when it

is important to save

all of the available

food supply for

future use.

HREE

The Lantic Library of Delicious Sweets

-a book on each of the following subjects:

PRESERVING **CAKES & CANDIES** DESSERTS

Sent free for a Red Ball Trademark, cut from bag or top panel of Carton.

In making these sweet dishes, LANTIC PURE CANE SUGAR should always be used. You can trust its purity and quality to give you the best results for preserving, cooking and on the table. Ask your

grocer to send LANTIC SUGAR in theoriginal package.

2 and 5 lb. cartons 10, 20 and 100 lb. sacks Atlantic Sugar Refineries, Limited,

Uncolored"

"Pure and

Wonderful Scene in Church When the Star Spangled Banner was Chanted by the Choir---Many People in Mourning--Food is Cheap and Plentiful--Americans
Eager to Get Into the Trenches.

Boils are simply bad blood bursting out, and the bad blood must be made pure before the boils disappear.
Burdock Blood Bitters is the greatest blood purifier known. It cleanses the system and removes every particle of foul material from the blood, then never another boil comes and the cure is permanent.

Mr. Geo. Ayers, 302 Gloucester St., Ottawa, Ont., writes: "I wish to tell you what I know about your wonder ginia county is hearing the case this

of interesting letters from Paris, Stripes. where she is doing special chemical work with Dr. Kenneth Taylor, also of Minneapolis, in a Red Cross hospital.

Miss Swift sailed for France October

Many Persons in Mourning.

"I spent all of one morning in the Paris police station, as all Americans have to do, and every other French."

Many Persons in Mourning.

"I spent all of one morning in the Paris police station, as all Americans have to do, and every other French."

Change, and it certainly put an end to my boils, otherwise I might have had a lot more. I recommend B.B.B. to all I can, for I know to be a great remember of the paris police station, as all Americans have to do, and every other French.

to see a trainload of American boys go address and asked for pictures. through. They were on their way to left two pictures with the police and vanilla wafers. the front and were California engi- two at Red Cross headquarters. boxcars and were very tired.

Eased by Second Dose of Milburn's Heart and Nerve

One of the first danger signals are nouncing something wrong with the heart is the irregular beat or volent throb. Often there is only a fluttering sensation, or an "all-gone" sinking feeling, of, again you may experience a smothering sensation, gasp for breath and feel as though about to die. In such cases the action of Milburn's Heart and Nerve Pills in quieting the heart, restoring its normal beat and imparting tone to the nerve centres, is, beyond question, marvellous.

Mrs. Frank Areseneau, Newcastle, N. B., writes: "I had awful attacks of heart trouble for the past five or six years, and as I had tried many kinds of medicine without getting any better, I decided to give Milburn's eHart and Nerve Pills a trial, and to my surprise I found ease from the second dose I continued taking them until I had used six boxes, and now I feel as well as can be.

"At present my sister is taking them for nervousness, and finds great comfort by their use."

Milburn's Heart and Nerve Pills are 50c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

| nessed the scene when the choir

alien, getting my blue ticket Every

neers, and had travelled 51 hours in "I only hope tha spring finds Paris more cheerful than it is now. Almost "The first Sunday I went to church everyone is in mourning and little where a special service for American children have black arm bands and soldiers was being conducted. If the the women are heavily veiled. II have people back in the states think they no words for the sight I see near the are patriotic they should have wit- hospitals. The poor, mutilated soldiers still wearing their steel helmets. The little nurse rooming in the house I am in, who works at Neuilly hospital says that is the alst sign of hope in a soldier. So long as a French soldier insists on wearing his helmet they know he is still hopeful of life.

Food Cheap, Plentiful.

The wounded touch me more than anything else, but the nurse says the sight of the fine American boys, so

Kept Coming on Neck, One After the Other.

op more coming.

Boils are simply bad blood bursting quoted.

(Minneapolis Journal.)

Miss Winnifred Swift, a graduate of the University of Minnesota with the class of '13, has written a number of interesting letters from Paris,

Nessed the scene when the choir spring I suppose my system needed cleaning out, for I had nine boils come on my neck, one after the other. I quickly got a bottle of B.B.B. and before it was half finished I felt a great change and it certainly put an end to change and it certainly p

"We had no sooner landed at Bor- day or two you are confronted with a thing that is a luxury is way out of a million dollars I would like to buy deaux than we hurried to the station slip to fill out with name, nationality, sight. I paid 68 cents for half a dozen them all, but then I turn away from I little pastries about the size of small the windows and see some poor

"The shops show many attractive how foolish that would be."

bound and gagged.

alone am guilty," Luther Canter is

Some women work so hard trying to look young that it adds years to

things and I sometimes think if I had wounded French soldier, and think

all recomplessed from

Let us help you decide WHAT TO GIVE. Look over the following list, and then come and see the pretty things. All purchases put up in fancy Xmas Boxes.

A Coat or Suit

A Silk or Serge Dress

A Kimona A Voile or Silk Waist

A Separate Skirt A Silk or Wool Sweater

A Comforter or Blankets Tea Aprons or Whitewear Dress Length or Waist Length of Silk, Dress Goods or Viyella. Camesoles,

Fancy Hair Goods Pearl Necklets **Beauty Pins** Fancy Hat Pins Shawls, Corsets,

Underwear

Fancy Linens, Table Covers, Napkins, Runners, Shams, Doilies, Tray Cloths, Embroidered Pillow Cases, Pyjamas Cases, Baby Pillow Cases.

Gloves, Hosiery, Wool Goods, Mufflers, Handkerchiefs.

Handbags, Collars, Purses, Boudoir Caps, Ties, Stocks, Umbrellas Baby's Bibs, Boottees, Mittens, Veils, Bon-

430 QUEEN STREET.

Bristol, Tenn., Dec. 8. - For the sixth time, James Canter, twenty-one, is on trial in the circuit court at Abingdon, Va., accused of the murder two years ago of Mrs. Maud Wilson, aineteen, wife of Jaes R. Wilson. The Wilsons lived near the Canter home three miles east of Bristol.

The young wife of Wilson, a farmer, was found murdered in her room in the absence of her husband. She had been slain with a shotgun after being

Anyone who has ever suffered from boils knows how sick and miserable they make you feel.

When you think you are about curded of one, another seems ready to take its place and prolong your wretchednes. All thes poulticing and lancing you may do will not cure them and stop more coming.

you what I know about your wonderginia county is hearing the case this
ful Burdock Blood Bitters. In the
week.

THE CHALMERS now holds the WORLD'S RECORD for Speed, Power and Stability. Let us book you for your spring delivery in case the price advances. We also carry CVERLAND CARS.

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Cleans Closet Bowls, the Sanitary Way. Its for one purpose only and the only thing for the purpose.

Cleans Closet Bowls without scouring, dipping out water or touching the bowl with the hands. No Fumes. No Odor. No Dirt.

Sani-Flush never injures the bowl nor any of the plumbing in any way,

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Magic Baking Powder is guaranteed to be the best and purest baking powder it is possible to produce.

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