

Then shall the King say unto them
on his right hand.....

"I was an hungered, and ye gave me meat;
I was thirsty, and ye gave me drink.....
naked, and ye clothed me....."

Then shall they answer him, saying—
"Lord, when saw we thee an hungered, and
fed thee? or thirsty, and gave thee drink?
....or naked, and clothed thee?"

And the King shall answer.....
"Inasmuch as ye have done it unto one of
the least of these my brethren, ye have
done it unto me".

Overseas, in ravaged Belgium, more than
3,000,000 of "the least of these" are
hungry, thirsty, thinly clad—looking to us!
Have you done what you could for any
of them?

Whatever you can give, send your subscription
weekly, monthly or in one lump sum to Local
or Provincial Committees or
SEND CHEQUES PAYABLE TO TREASURER

Belgian Relief Fund
59 St. Peter Street, Montreal

The Greatest Relief Work in History.

SUGGESTS MEMORIAL FOR LATE F. H. SPENCE

(Toronto Globe.)

The number and variety of the tributes paid to the late Francis Stephens Spence over his mortal remains in Broadway church on Saturday afternoon, were a credit to a community that did not realize the value of his services until it was shocked by his death into a reminiscent mood. Putting these encomiums with the known outward facts of his career, anyone can see that Mr. Spence's services to the cause of social reform were far more important than anyone, himself included, had ever discerned. His fellow-workers in the common cause were so accustomed to rely on his resourcefulness in emergencies, his hopefulness under defeat, his readiness to spend and be spent in the service, and his un-failing good humor under the most intense provocation, that they never suspected the narrowness of his margin of physical strength. This seems a good time for temperance workers all over Canada to consider whether some suitable memorial, by way of recognition of his forty years of continuous service to the common cause, would not be a graceful as well as a grateful way of honoring the man while promoting the cause. The long struggle is not by any means over, and to show appreciation of the work he did and the sacrifices he made, would be a good way to encourage others to follow his example.

CUNARD FREIGHTER SUNK BY GERMANS

Washington, March 13.—The sinking of the Cunard non-passenger liner Folio, with one American on board, was reported to the State Department today in a preliminary despatch from Consul Frost at Queenstown, as follows:

"Cunard non-passenger Folio sunk off Waterford, 10th. Survivors landed Dungarvon. Sole American, the boat's surgeon, W. J. Core, Nashville, Tenn., saved uninjured."

The Folio left New York on Feb. 26 for Bristol. She was a vessel of 6,766 tons gross, built in 1907, originally the Italian liner Principe di Piemonte. Later she was bought by the Uranium line and renamed.

TO MOVE ANOTHER VOTE OF CREDIT

London, March 13.—Andrew Bonar Law, Chancellor of the Exchequer, stated in the House of Commons today that a supplementary vote of credit to meet increased unforeseen expenditure would be moved on Thursday.

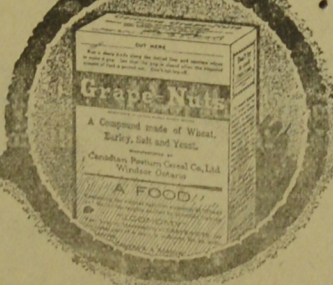
When the last vote of credit was passed it was expected that it would carry over the present financial year.

A Daily Ration of Grape-Nuts

made of combined whole
wheat and malted barley,
furnishes the mineral elements so vitally necessary in food for putting the "punch" into energetic bodies and brains.

"There's a Reason"

No change in price, quality,
or size of package.



MANY GERMAN SUBS TAKEN AND DESTROYED

Sixty Said to Have Gone to Davy
Jones Locker Within a Period of
Six Weeks.

New York, March 13.—The evening Sun publishes the following despatch from Washington:

About 60 German submarines were captured and destroyed between Jan. 1 and Feb. 15, according to reports reaching here today. This was the first authoritative word of the Entente success in coping with the undersea boats. At this rate—an average of one and one-half submarines a day, the success of the German submarines in the long run is doubtful, it is believed here. No information is available as to the number of U boats Germany has available, though unofficial reports have asserted that she had from 300 to 500.

Experts here think, however, that if the Entente can continue at the rate shown between Jan. 1 and Feb. 15, and can improve thereon, Germany will soon feel the strain upon this weapon, and that ultimately she will be forced to give up its use.

Ross Whytock, a journalist, who accompanied ex-Ambassador Gerard from Germany to Havana, writes in today's World that "The number of submarines which Germany has in service at present is not accurately known. Members of the embassy who have had opportunity of investigating, state that the empire has less than 300 undersea craft, and that under present conditions she can produce something over 100 boats each year."

At the rate of forty a month, without taking into consideration any acceleration in Britain's campaign against the submarines through new devices and inventions, this would mean the disappearance of Germany's total undersea force, together with what she can possibly build in the meantime, within ten months.

Be Bright, Well, Strong, Restore Youthful Looks!

Let your fight for better health begin now! Before you feel any warning of physical collapse, cleanse and strengthen and build up your system. The one remedy for that tired, droopy feeling is Dr. Hamilton's Pills, the acknowledged king of all tonic medicines. Thousands of men and women in the late years of life retain youthful looks and feeling simply because they regulate their system with this old reliable family remedy. Nothing so good for the bowels, stomach or kidneys. Cures headaches, prevents biliousness, stops aching pains in the back and limbs. Get a 25c. box

ANCIENT AND HISTORIC BAGDAD

(Continued from page 2.)
of frittering away troops in a subsidiary field with no compensatory object to be gained. The force that the British are now sending against the Turks is proving itself in every engagement to be able to take care of itself and to push the Turks from one position to another as fast as these positions are taken up.

What It Would Mean.
The Turks may now soon see their communications cut by the British, or have to retreat rapidly before the Russians, and finally permit the latter to link up with their British allies.

This would be the first real step toward establishing the line from the Bay of Alexandretta to the Black Sea, a line which would threaten the downfall of the Kaiser's most eastern ally and bring the Russians a long step toward the final occupation of the Golden Horn.

MUTINOUS GERMAN TROOPS.
Large Numbers Imprisoned for Insubordination—Food Riots.

Amsterdam, via London, March 13.—Serious disturbances among the German troops in the vicinity of Namur and Huy are reported by the Telegraaf. The paper says it is known that such large numbers of soldiers have been imprisoned at Namur and Huy on charges of insubordination in connection with the outbreak that prisoners in the two towns are crowded to four and five times their normal capacity.

The Telegraaf also publishes an account of further food riots in Bremen in which the chief of police was seriously wounded by the stones of the women rioters.

ASTORIA

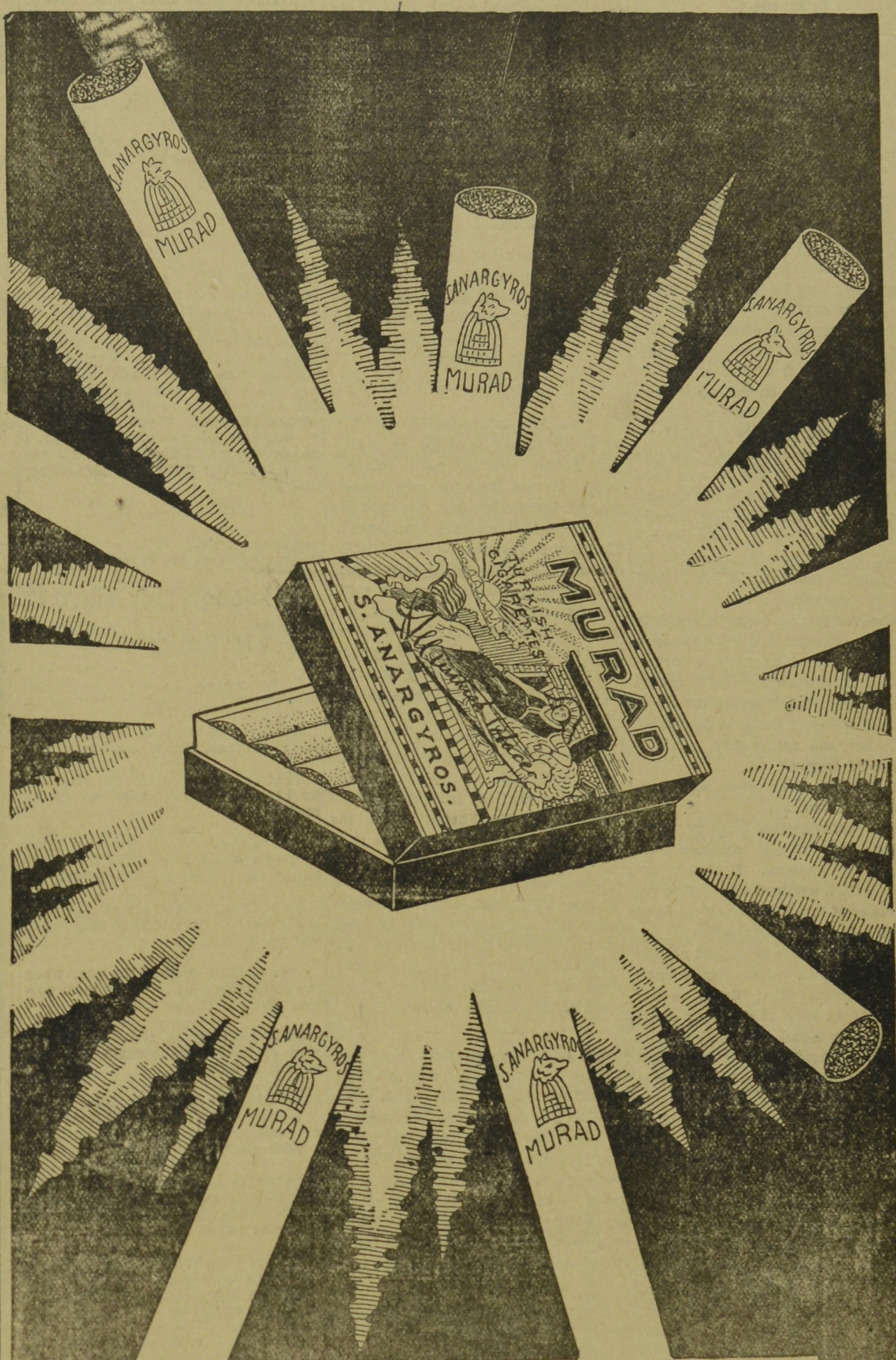
For Infants and Children
Use For Over 30 Years

Always bears
the
Signature of *Pat. H. H. H. H.*

A laborer makes a bargain for the price of his work, but a lawyer sizes up your pile and charges accordingly. Caution to telephoners: The party at the other end of the line can't see your smile but he can hear yourTS your smile, but can hear your grouch. Many a youthful human bright light is like an electric light bulb—goes out and can't be turned on again.

Cook's Cotton Root Compound.

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Wm. L. Cook)



MURAD CIGARETTES

TO-DAY—

at this very hour—more smokers are trying Murads for the first time than all other high-grade cigarettes combined.

Almost 100 per cent of these new Murad smokers continue Murad smokers.

What is happening to-day has happened every day since Murads were first introduced.

What is responsible for this?

Not advertising—Quality!

And the endorsement of Murads by one smoker to another, from coast to coast.

Anargyros

Everywhere — Why?