

Children Cry for Fletcher's

## CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Dr. J. C. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

*Dr. J. C. Fletcher*

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## OF INTEREST TO WOMEN.

HAM SHOULD BE WELL COOKED, and bake for an hour.

Though Hard to Digest, it is not Really Indigestible.

For many folks of moderate income the flavor of beefsteak and lamb chops and meats of that sort are fast assuming the guise of a pleasant memory. The flavor of ham is at least for the present a very pleasant reality, and although ham does take a little longer to digest than most meats, that does not imply that it is indigestible.

Soak the ham over night in cold water and in the morning set to boil in cold water which should just cover the ham. Add thinly sliced carrot and two chopped onions. When the ham is about half done—when it has been boiling moderately for about one hour and a half, pour over it one quart of cider.

Cook now until a fork will turn easily in it, and extinguish the fire or take the ham from the stove. Allow it to cool in its own liquor. Lay the ham on a wooden board and skin carefully. Roll in fire breadcrumbs and prick it with about a dozen cloves.

Set it in the oven in a dripping pan

To make deviled ham, which is delicious, served on slices of toast, mix 3 tablespoonfuls of dry mustard and a little salt and a dash of cayenne pepper with three tablespoonfuls of milk. Spread this paste on one side of very thin cold-boiled ham. Roll and fasten with a wooden pick. Roll in melted butter and then in bread crumbs, put in a baking dish and bake in a hot oven.

## A PINEAPPLE PUDDING.

Three egg whites, 4 tablespoonfuls of sugar, 4 tablespoonfuls of cornstarch, 2 cupfuls of boiling water, 1 teaspoonful of lemon juice, 1 cupful of strained, grated pineapple.

Mix the sugar, the cornstarch and salt, add the boiling water and boil for five minutes. When cool, add lemon juice, fold in the stiffly beaten whites of the three eggs and add the pineapple, from which the juice must first be pressed out. Place in a mold. Serve with the pineapple juice or with whipped cream if preferred.

## Sporting News

**JACK LEONARD  
WILL OPEN CAMPAIGN  
AT YOUNGSTOWN**

Will Ship From South Weymouth After Koroni--M. L. J. Match--Enters Grand Circuit at Cleveland.

Jack Leonard, the erstwhile Fredericton trainer, is planning to make an onslaught on the Grand Circuit.

The Boston Globe has the following about him:

Jack Leonard plans to give M. L. J., 2.05%, and General Todd, 2.04, a few work-outs over the Poughkeepsie track the last of June, shipping from South Weymouth after the Koroni-M. L. J. match is settled. He expects to open his regular campaign at Youngstown, then going to Cleveland for the first link in the Grand Circuit.

**TWO BOSTON TEAMS  
HAVE NINE .300 BATTERS**

The Boston Braves opened their home grounds with three regulars placed in the .300 hitting class as a result of their spring practice. Magee will head the list with a mark of .324, Konechty following at .316 and Gowdy holding a rating of .312. These marks are of more than the usual significance because they have been made against teams of their own calibre, the Athletics and the New Yorks of the American League.

In the spring series the Braves have been outlitt by 24 points. The Athletics had a 38-point margin over them and the Yankees a 62-point advantage. But in team fielding the Braves have shown superiority equalling that of their opponents in hitting, and considerably more effective in results, since they won each series. They fielded at .954, as against .916 in the Athletics' series; with the Yankees they ran up a mark of .959 as against .936.

The world champion Red Sox made an even better showing. They have no fewer than six regulars holding marks above .300. Manager Barry leads with .412, Cady and Gainer following at .400; then come Hoblitzel at .393, Lewis at .320 and Walker at .316.

In general team batting the Sox are 48 points ahead of their combined rivals and 7 points ahead of them in fielding. Against the National League champions they batted for .271, as against .306, but the larger figure for the Brooklyns was due to the healthy hammering they gave pitcher Mays. The Sox fielded 11 points better than Brooklyn, and, as in the case of the Braves, the superior fielding enabled them to carry off the odd game of the series.

**CANADIAN TOMMIES  
HAVE POPULARIZED BASEBALL**

(Boston Globe.)

Canadian soldiers have done more to promote the game of baseball in England than all the Americans there have been able to accomplish in years of missionary work, according to reports from abroad. War is said to have changed Englishmen so that they are willing to learn something about sports of other countries, and even army officers have recognized the value of baseball as a game that develops quick thinking and muscular activity.

## HOOF PRINTS.

Dr. Long, 2.10, will race in hoppers. Al Thomas has sold Last Sheet, 2.13%, to Frank Bemis of Charlotte, N. Y.

The proposed mile track meeting at Louisville will not materialize.

Fanella, 2.13, the dam of Sadie Mae, 2.06%, and Todd, 2.14%, is dead.

Millard Sanderson is coming east from California with a racing stable.

John Linehan has engaged H. B. Crandall to race his half-mile track stable.

O. J. Bishop of Presque Isle has purchased a fast green pacer of A. H. Merrill.

Brockton will continue to give \$10 in gold to the first five drivers in each race.

Factolus, 2.12%, is dead. He was the sire of Don Densmore, 2.02%, and was 30 years of age.

Harvey Ernest has refused \$100,000 for his Rockport, O., track. It cost him \$45,000 four years ago.

**BROSSEAU MAY  
BE SENT TO SWEDEN  
TO REPRESENT CANADA**

Montreal Man Holds Amateur Boxing Title of America in 158 Pound Class--Has Made Good.

Eugene Brosseau, of Montreal, the amateur boxing champion of America at 158 lbs., has hopes that he may be sent to the boxing Championships to be held in Sweden this year.

Secretary Rubien, of the Amateur Athletic Union of America, is to select three men to send, and Brosseau now thinks he has a claim upon one of the three places.

"This," Brosseau says, "was one of the inducements held out in Boston to enter the championships. If there are three men selected, I think Murphy, of Kansas City, who has won an American championship two years in succession, and myself, who have won one, two years in succession, ought to get the first chance, and John Gaddi, of New York, the heavyweight champion, ought to be the third man."

Nothing makes a woman with a real pearl necklace madder than to see imitations so good.

In selecting garden seeds, remember the onion is also a lily—and then some.

Man should worry. Any feminine style is attractive if the girl is.

All that the suffragettes needed for their campaign was the assistance of a world war.

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The Great English Remedy.  
Tones and invigorates the whole nervous system, makes new blood in old veins, cures nervous debility, mental and brain worry, despondency, loss of energy, palpitation of the heart, failing memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Widdowson.)

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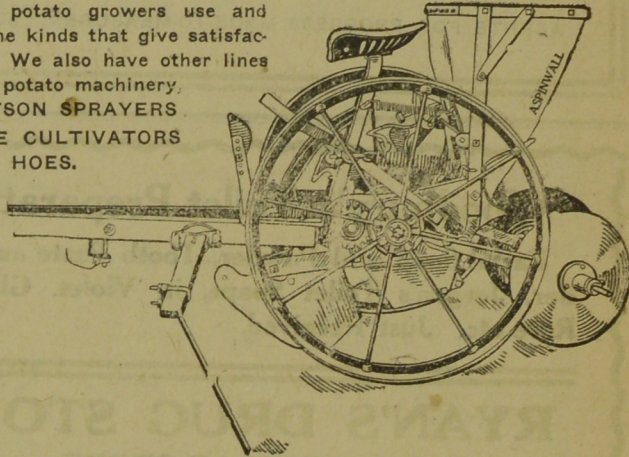
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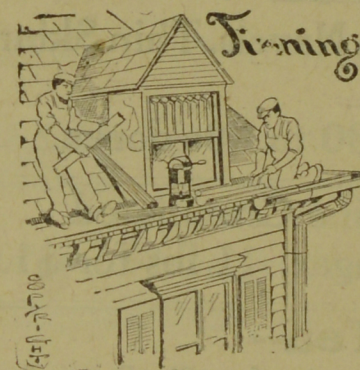
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of the house depends much of the health and comfort of the inmates. Don't neglect the leaks and weak spots. Have the rusty eaves and leaders repaired. It will save the ceilings and walls and incidentally save money.

We are experts in this line of work, but charges are reasonable.

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Ladies' and Misses' New Spring Coats in Tweeds, Corduroy Velvets, Velours and Moire Silk, all the very latest styles, ranging in price from \$9.75 to \$27.75.

Another big shipment of Blouses just received in Voiles Crepe de Chenes Georgette Crepes, Habutae Silks and Shantung Silks, from \$1.25 to \$10.00.

A full range of Separate Skirts in Serges, Tweeds and Taffeta Silks all prices, from \$4.25 to \$18.00

New Spring Dresses in Crepe de Chene, Taffeta and Paillette Silks, also a large assortment in Serge Dresses, from \$10.00 to \$28.25.

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