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2 and 5-lb Cartons
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Atlantic Sugar Refineries Ltd.
Power Bldg., Montreal 90

YORK COUNTY BUTTER IN DEMAND ELSEWHERE

A local provision merchant shipped 3,300 lbs. of butter out of Fredericton yesterday. One ton went to a prominent St. John firm and another large lot went to St. Stephen. All of this butter was the product of York county farms, the merchant in question collecting butter in various sections of the county within easy reach of Fredericton.

The fact that in other places in New Brunswick dealers are ready to pay high prices for butter made in this vicinity evidently is one of the prime reasons why the price of butter on the Fredericton market remains firm.

HOW MUCH DO YOU KNOW ABOUT YOUR BABY?

Is Your Child Normal?—Baby Should Smile at three Months, have First Tooth At Six or Eight, and Walk at One Year And a Half.

Every mother knows that her baby while awake, find out what will help to make him normal.

What becomes of all these remarkable babies? Time certainly works changes.

Even in these modern days we still exaggerate the virtues of children and fail to appraise their shortcomings.

Do you know whether your child is normal? Is he gaining sufficiently in weight? Does he sleep enough? Is he too good?

The wise parent is interested in learning of the progress of her children. She is not satisfied in merely admiring them.

Playing with children is not the only duty of mothers, and talking baby talk does not atone for a lack of understanding.

Normal Gain in Weight.

The normal baby gains from four to six ounces every week. He usually doubles his birth weight in six months and triples it in one year. Don't try to fatten a child just to add to its weight. Fat does not indicate strength and too much weight retards the development of infants.

The normal baby cries when he is hungry and goes to sleep when his appetite is sated. If your baby does not cry to express its wants or disapproval or discomfort, he is not normal.

Beware of the baby that almost never cries—that is placid, contented, unresisting. He is not a healthy little animal. He is just vegetating. Watch his future development carefully.

Physical activities depend on the growth of the brain.

Mind and body develop together and through each other.

If your child is not constantly active

Judge how your child's mind is unfolding by noticing his growing power to control his muscles.

Do you know when your child ought to perform those little "stunts" which delight a parent's heart?

A child's good looks may be visible only to its doting parents, but its intelligence is apparent to everyone who knows babies.

When a Baby Plays and Smiles.

Your baby should play with its fingers at the age of three or four months. At about the same time the smile that helps populate fairyland begins to be a conspicuous performance.

Some infants may hold their heads up in a wobbly manner shortly after birth. It is customary for babies to gain full control of their neck muscles at the fourth or fifth month.

Is your baby slow in holding its head erect and looking about with interest? Sitting up, supported by a pillow, is usually accomplished during the sixth or eighth month.

Creeping begins at the ninth or tenth month.

When a Baby Should Walk.

Walking alone is accomplished at the end of a year or a year and a half.

The soft spot on baby's head generally closes completely when he is one and a half years old. It may not be closed entirely until the second birthday.

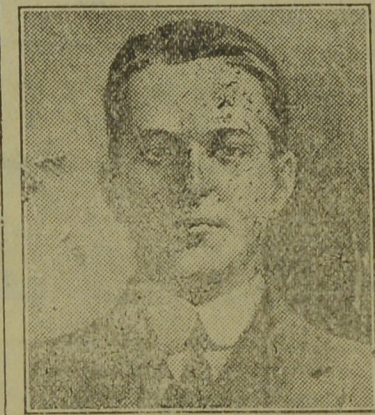
How is your child progressing according to these normal measures of development?

Make some other comparisons to test your infant's mental powers.

You can determine whether your

SEVEN YEARS TORTURE

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ALBERT VARNER

Buckingham, Que., May 3rd, 1915.

For seven years, I suffered terribly from Severe Headaches and Indigestion. I had belching gas from the stomach, bitter stuff would come up into my mouth after eating, while at times I had nausea and vomiting, and had chronic Constipation. I went to several doctors and wrote to a specialist in Boston but without benefit. I tried many remedies but nothing did me good. Finally, a friend advised "Fruit-a-tives". I took this grand fruit medicine and it made me well. I am grateful to "Fruit-a-tives", and to everyone who has miserable health with Constipation and Indigestion and Bad Stomach, I say take "Fruit-a-tives", and you will get well.

ALBERT VARNER.

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child is normal, precocious or mentally dull. This is worth knowing.

Knowledge and Speech.

The normal infant knows its family and distinguishes strangers when he approaches six months of age.

He says "mamma" and "papa" at 1 year of age, and his list of words increases constantly.

If a child does not talk by the time it is two years and a half old, it probably suffers from deafness or is a mental defective.

The First Tooth.

The first tooth makes its appearance at the sixth or eighth month.

Slowness in teething may be due to a lack of proper food, under-nutrition or delayed development.

Walking, teething, talking are the most important factors in demonstrating the growth of the brain and nervous system.

Note the ages at which new activities occur. If there is only a slight variation from the standard, there is no cause for alarm. If your child's development is much delayed, investigate. Be sure your child is physically and mentally normal.

RUSIAGORNIS STATION.

Weather Not Very Springlike—Sick and Injured are Recovering.

Rusiagornis Station, March 20.—We are having very cold weather again, with no sign of spring approaching.

Miss Edith Bunker, who had the misfortune to scald herself severely in November last, is still confined to her home.

Mrs. T. T. Mersereau has returned from a two weeks' visit to Fredericton.

Miss Carolyn Mersereau was the guest of Miss Winnie Bunker, on Sunday.

Miss Edith Smith, of Partridge Island, is visiting friends in this place. Messrs. Mott and Bunker have about completed their lumbering operations on Shaw Creek.

Mrs. E. Bunker, who narrowly escaped drowning about a month ago, is somewhat improved.

Mr. William Alexander is soon to move to Oromocto.

Mr. Wendell Bunker, who was injured about the face while at work on the C. P. R. with Mr. Alexander, is able to be out again.

Mr. H. W. Wood, carpenter, of French Lake, is at work on the post office.

Wood-sawing is now in season.

RUSSIAN GOVERNMENT OFFICIALLY RECOGNIZED

London, March 23.—The British, French and Italian ambassadors at Petrograd conveyed to the Minister of Foreign Affairs yesterday an official recognition by their governments of the Russian provisional government, says a Reuter's telegram from Petrograd under Thursday's date.

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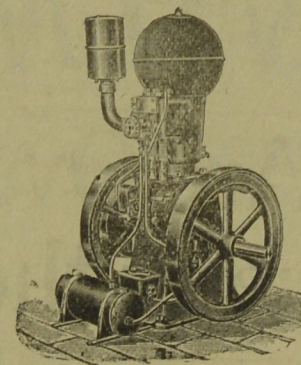
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Especially Adapted to Farm work, Wood cutting etc

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SUITS - - - - - from \$18.00 to \$33.00

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Lace Curtains
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Keep up the Food Supply and Help Make Victory Sure

OUR soldiers must be fed; the people at home must be fed. And—in spite of Germany's murderous campaign to cut off the Allies' Food supply, by sinking every ship on the High Seas—an ample and unfailing flow of food to England and France must be maintained.

*This is National Service—
Not to the Farmer only—
But to YOU—to everybody—
This appeal is directed*

WE must unite as a Nation to SERVE—to SAVE and to PRODUCE. Men, women and children; the young, the middle aged and the old—all can help in the Nation's Army of Production.

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For information on any subject relating to the Farm and Garden, write:

INFORMATION BUREAU
Department of Agriculture
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PLANT a garden—small or large. Utilize your own back yard. Cultivate the vacant lots. Make them all yield food.

WOMEN of towns can find no better or more important outlet for their energies than in cultivating a vegetable garden.

Be patriotic in act as well as in thought.

*Use every means available—
Overlook nothing.*

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