

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN

HOUSEHOLD HELPS.

LENTEN MENUS FOR ONE DAY.

BREAKFAST—Baked apples, oatmeal and milk, muffins or toast coffee.

LUNCHEON—Rice and nut rolls, whole wheat pancakes, fruit, tea.

DINNER—Cream of corn with croutons, cheese custard, baked potatoes, "every day" pudding coffee.

RICE AND NUT ROLLS.

Mix one cupful boiled rice with 2 cupfuls chopped nut meats, add 1 cupful milk, the beaten white of one egg and season with salt and pepper. Add enough fine bread crumbs to make a paste which can be shaped into cakes or rolls

Fry the rolls in olive oil and drain on paper before serving.

CHEESE CUSTARD.

Melt 2 tablespoonfuls butter and season with one teaspoonful salt, 1 of mustard, and a little pepper. Add 2 cupfuls of cheese, 1-2 cupful soft bread crumbs, and 1 cupful of milk. Cook 5 minutes, add 2 well beaten eggs, stir until the custard is smooth, and serve on bread which has been toasted on one side.

"EVERYDAY" PUDDING.

Sift 2 cupfuls of flour with 1-2 teaspoonful each of baking soda and salt, make a batter with one cupful of sour milk, sweeten with 1-2 cupful molasses, and add 1-2 cupful chopped fruit. Steam 2 1-2 hours. Serve with cream or any kind of pudding sauce.

"AN IMPORTANT CAUTION" OF ONE HUNDRED YEARS AGO

(Halifax Recorder.)

Under the heading of "An Important Caution," the following was published in the Recorder one hundred years ago:

"Ladies who are accustomed to wear their dresses extremely low in the back and bosom, or off the shoulders, are particularly requested to beware of a person who has for some time frequented all places of public amusement and many private parties. He is an elderly gentleman, of venerable appearance; his constant practice when he observes a lady dressed in the manner above described, is, with an almost imperceptible and apparently accidental pressure of a little instrument which he carries in his hand, to imprint the following words upon her back or shoulders: 'Naked, but not ashamed!' The stain is like that produced by lunar-caustic; washing will not remove it, and it becomes more visible by exposure to the air, so that nothing but a covering can conceal it. It is said that several ladies were marked last summer at various places of fashionable resort, and that they cannot, even now, strip for company without displaying this indelible badge of disgrace."

In the Recorder of June 16, 1816, appeared the following advertisement:

"Wanted, for the annoyance of the public, a few more of those villainous characters called gossips—to be eternally troubling themselves about every one's business except their own; ever ready at all times and places with a stock of impudent falsehoods and tales of petty scandal; making matrimonial engagements between young ladies and gentlemen without their knowledge or consent, and disgusting every member of decent society with their 'gross insinuations' and unwarrantable suspicions that someone either is or will be in love, etc."

A hundred years have passed away since the above was written. Would the same kind of an advertisement be applicable at the present time

MIDDLE HAINESVILLE

Stormy Weather, Bad Roads and Ill Health Prevail.

Middle Hainesville, March 5.—The roads in this section, which which had become good for travelling, were blocked again by the latest storm.

After the stormy period we have had a great deal of sickness in this community, mostly la grippe and heavy colds.

Mr. L. W. Nason has been suffering from abscess on his face, but is now doing nicely.

Mrs. A. W. Price had the misfortune to goald one of her feet quite badly and is suffering much pain.

Miss Hazen Moore, who has been on the sick list from heart trouble, is now much better. All will hope for her speedy recovery.

Miss Mary Whitehead has also been ill, but is better now and intends taking a trip up river for a few weeks to recuperate.

Miss Martha Jones, who was spending a few days in Millville with her sister, has returned home.

Mr. and Mrs. Calvin Knox and family, of Upper Hainesville, spent Sunday in this place. The many friends of Mrs. Knox were pleased to meet her.

We regret to report that Mrs. Ann Nason is in poor health. Her sister, Mrs. George F. Noble, of New Maryland, has been spending a few days with her.

The Misses Edith and Jennie Wood, of French Lake, are visiting at Mr. F. B. Morgan's home.

The men are very busy now hauling lumber to Burnside. Some have already finished.

We hear quite regularly from our brave boys overseas fighting for King and country.

Rev. C. Pineo held service here on Sunday afternoon. Owing to unfavorable weather and sickness, services have been somewhat irregular this winter. We hope for better things as warm weather comes.

AND HE GOT IT.

"Just a moment," interrupted The Man, patiently, "I may have no objection to testing this article you are trying to substitute, all other things being equal—but are they? For example, what I want can be used internally for coughs, colds, sore throat, cramps, chills, etc., as well as externally, for sprains, strains, muscular rheumatism, various other aches, pains and almost any soreness anywhere. Now, can you guarantee me this double value of internal and external use? Can you also guarantee that yours is the favorite prescription of an old family physician? Do you also guarantee that it has a wonderful record of over 100 years of splendid success? Do you also guarantee—"

"Oh, of course," interposed the now embarrassed storekeeper, "I can't guarantee all that, but—"

"Then," said The Man wearily, "give me my bottle of Johnson's Anodyne Liniment, and let me be on my way."

And he got it.

WOMEN'S AILMENTS

Come From the Heart and Nerves.

Young girls budding into womanhood who suffer with pains and headaches, and whose face is pale and bloodless, will find Milburn's Heart and Nerve Pills build them up.

Women between the ages of 40 and 50, who are nervous, subject to hot flashes, feeling of pins and needles, smothering feeling, shortness of breath, palpitation of the heart, etc., are tired over this trying time of their life by the use of this remedy.

Milburn Heart and Nerve Pills have a wonderful effect on a woman's system, making pains and aches vanish, bringing color to the pale cheek and sparkle to the eye.

The old, worn out, tired out, languid feelings, give place to strength and vitality, and life again seems like living.

Mrs. Alfred Winter, Castor, Alta., writes: "I would like every woman who is suffering from nerves or heart trouble to know how much Milburn's Heart and Nerve Pills have helped me. For two years I kept a hired girl, and was doctoring all the time. After having taken four boxes of your pills I am able to do all my own work. I would especially recommend them to women between 40 and 50, as at that time they are more liable to be far from well. One of my neighbors knows how they helped me, and she is now using them."

Milburn's Heart and Nerve Pills are 50c., or three boxes for \$1.35, at all druggists, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

"MANY A SLIP."

(Montreal Herald.)

It's a very old saw that there's many a slip 'twixt the cup and the lip. Mr. A. R. Slipp, of Queens county, New Brunswick, had just been appointed minister of lands and mines, when the earth slipped and the member for Queens was buried in an avalanche of votes. The current number of "Canada," of London, prints a portrait of "His Honor George J. Clarke, New Brunswick's" new Lieutenant Governor. Such appointment was intended as a reward for the services of the ex-Premier, but the cup was shattered by the death of Mr. Clarke only a few days before he would have succeeded Lieutenant Governor Wood, whose term of office has expired.



NEW SUBSCRIBERS

2100-21 Booker, George, Res., Nashwaaksis.
337-31 Gorman, Miss Lizzie E., Res., St. Marys.
584-21 McLeod, Rev. A. D., Methodist Parsonage, Gibson.
339-31 Springfield, Wm. E., Res., 632 King Street.

N. B. TELEPHONE CO., LTD.

FURS

Safety First

Nothing is more important to the Fur Shipper than doing business with an Honest—Reliable—Responsible—Safe Fur House.

"Ship to Shubert"

the largest house in the World dealing exclusively in American Raw Furs, where you will always receive an Accurate and Liberal Assortment, the Highest Market Prices and the usual "Shubert" Efficient, Speedy, Courteous service.

Write for the latest edition of "The Shubert Shipper" containing valuable Market information you must have.

A. B. SHUBERT, Inc. 25-27 WEST AUSTIN AVE. Dept. C231, CHICAGO, U.S.A.

CHAPPED HANDS

Is often caused by using a soap with too much alkali. Use Swards Soap free from alkali. Oatmeal, Glycerine & Cucumber, Sandal Wood, Pama Violette and other odors. 5 and 10 cents.

WILEY'S PHARMACY, York Street

We Sell the Famous

Sherlock-Manning Player Piano

All the Latest Sheet Music on hand

E. O. MacDonald

Music Store 560 Queen Street

FURS! FURS!

NO NEED TO SUFFER WITH THE COLD when FUR COATS can be bought at such low prices from us.

WE HAVE REAL GOOD FUR COATS FOR MEN, none better to wear.

SOME GOOD VALUES IN LADIES' COATS. LADIES' NECK FURS AT BARGAIN PRICES.

J. Clark & Son Ltd.

Corner York and King Streets

If You Need Pipes

of special size or shape, of tin or sheet iron of any kind. We shall be glad to take your order and install them wherever needed.

We do all kinds of sheet metal work, do it promptly and thoroughly and at a reasonable price.

Can we serve you in any way?

D. J. SHEA & SON

Carleton Street - Phone 553

NEW SPRING MODELS

- - In - -

COATS, SUITS and DRESSES

- - in our - -

Ready-to-Wear Department

While our assortment is not complete, the range of styles is so representative that you will find a very satisfactory selection to choose from.

All of the values in this early showing are of exceptional merit.

Coats range in price from \$10.00 to \$27.00.

Suits " " " " \$12.75 " \$45.00.

Dresses " " " " \$14.00 " \$22.50.

Pretty Waists in voiles, crepe de chenes and silks.

Come in and see the new things: you do not have to buy because you look.

Wm. R. FRASER & CO.

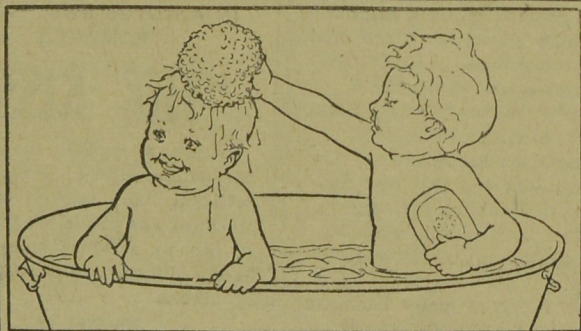
SUCCESSOR TO A. MURRAY & CO.

430 Queen Street

Telephone 423

Post Office Box 817.

BABY'S OWN SOAP



For Baby's Bath

The creamy softening lather of Baby's Own Soap and the fragrance of its delicate aroma leave the skin cleansed—refreshed—aromatized

Four generations of Canadian mothers have used and recommended it.

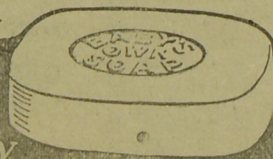
In the interest of your children's skin insist on Baby's Own Soap

Albert Soaps, Limited, Mfrs., Montreal

Sold everywhere.

1815

Best for Baby



Best for You