

## Children Cry for Fletcher's

## CASTORIA

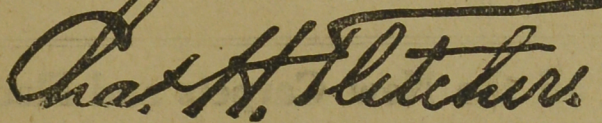
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years  
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

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THE WINTER TERM of the  
FREDERICTON  
BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,  
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our courses of study, rates of tuition,  
etc., will be mailed to any address on  
application. Address  
W. J. OSBORNE, Principal,  
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OF INTEREST  
TO WOMENONLY THE SIMPLEST LIVING IS  
PATRIOTIC.Waste at Home Weakens the Defences  
in the Battle Line.

Have a stock pot. It is extravagant  
to buy meat for soup making. Save  
all left-over vegetables and left-over  
meats and bones.

## Materials to Save.

1. All trimmings from meat.
2. Bones.
3. Tough ends of steak.
4. Left-over cooked meats.
5. Left-over cooked vegetables.
6. Water in which vegetables are  
boiled.
7. Rice water, etc.

## Care of the Stock Pot.

1. Great care should be taken that  
everything is perfectly sweet that goes  
into the pot.
2. Meat and bones should be broken  
into convenient sizes.
3. In summer if stock is to be left  
a day or two, omit the vegetables, and  
heat to the boiling point every day.
4. In winter stock will keep a week  
or more.

## Directions for Making Stock from a

## Tough Piece of Meat.

1. Cut meat into small pieces.
2. Let soak half an hour in cold  
water.
3. Heat to simmering point.
4. Simmer ten to twelve hours.
5. Add vegetables two or three hours  
before serving.
6. Strain stock from the meat and  
bones.
7. Cool as quickly as possible.
8. Fat rises to the top and hardens.  
This forms a seal and prevents bac-  
teria from working.
9. Remove all fat before re-heating.

## An Excellent Soup.

Brown stock may be used.

1 quart soup stock, 1½ cups stewed  
tomatoes, 1¼ cups rice, 1 bay leaf,  
1 slice onion, a little celery salt, two  
lbs. butter, 2 lbs. flour, half teaspoon  
salt.

Cook the rice in water or stock un-  
til tender, boil the tomatoes with the  
seasoning for five minutes; strain;  
add to the stock; thicken with flour;  
add the butter and serve. This gives  
6 servings.

Tested by Miss Jean L. Hodge.

MARTIAL LAW  
FOR QUEBEC

Ottawa, Mar. 31. — News of the  
continued rioting in Quebec today has  
convinced the government that pa-  
tience has ceased to be a virtue. It  
was learned tonight that drastic ac-  
tion has been ordered. The city of  
Quebec will be declared under martial  
law tomorrow with Major-General  
Lessard, who was ordered to Quebec  
from Halifax yesterday to have full  
charge of the garrison in Quebec to  
act in consultation with Premier Gou-  
vin, who is also the attorney general  
of Quebec. This action is being taken  
on the recommendation of the deputy  
minister of militia, the chief of staff  
and the adjutant-general, who are  
acting as a commission for the minis-  
ter of militia, General Mewburn, at  
present in the United States on a  
brief trip.

Bodies of troops from outside  
points have been ordered to Quebec.  
They include engineers, cavalry and  
a machine gun squad; machine guns  
are now mounted in the streets of  
Quebec. The orders to the troops will  
be to shoot to kill if any further mob  
violence is attempted.

General Lessard has authority to  
act on his own initiative in preserv-  
ing law and order without waiting for  
the request of civil authorities. The  
statement reported to have been made  
by Armand Lavergne in Quebec today  
that the Federal government had pro-  
mised to withdraw the troops from the  
outside points is authoritatively de-  
clared here to be without foundation.  
The order for the immediate rushing  
of more troops to Quebec is the gov-  
ernment's answer to him. A high of-  
ficial tonight summed up the situation  
by declaring: "This sort of thing must  
be stopped. The government has de-  
cided to stand for no more of non-  
sense."

## Big Lumber Deal.

The St. John Telegraph announces  
that Randolph & Baker have secured  
an option on the lumber mills and  
property of G. & G. Flewelling, Ltd.,  
of Hampton, and will take the same  
over in the near future. The Flew-  
elling concern has been in business  
since 1862.

SUFFERED  
TERRIBLY  
WITH HER HEART  
Would Wake Up Smothering.

The terrible smothering and chok-  
ing up sensations and sinking spells,  
the feelings of dizziness and faintness  
that come over those whose heart and  
nerves are damaged causes the great-  
est distress of both mind and body.

Milburn's Heart and Nerve Pills  
give prompt relief and effect a com-  
plete cure in cases of such severity.

Mrs. A. M. Powell, Norval Station,  
Ont., writes: "I cannot speak too  
highly of Milburn's Heart and Nerve  
Pills. I suffered five years with my  
heart and nerves, but the last two  
years I have suffered terribly. If I  
went to bed I would wake up as if I  
were smothering. I did not get one  
night's sleep out of seven. I got so  
very weak that the doctor was called  
in, and he said it was my heart, and  
that I must take great care of myself.  
I saw your advertisement in your al-  
manac for Milburn's Heart and Nerve  
Pills, and said I would try them. I  
have taken only two boxes of them  
and I feel a new woman. I will re-  
commend them to anyone afflicted with  
heart trouble."

Milburn's Heart and Nerve Pills are  
50c a box at all dealers, or mailed di-  
rect on receipt of price by The T. Mil-  
burn Co., Limited, Toronto, Ont.

HON. MR. CARVELL  
EMPHASIZES NEED  
FOR PRODUCTION

Woodstock, Mar. 31. — Hon. F. B.  
Carvell spoke to two big audiences  
last night that had assembled in the  
picture houses. Those having the  
speaking propaganda in charge took  
advantage of the minister's arrival in  
town to join the campaign. Both the-  
atres were packed to the doors and  
the speaker dwelt impressively on the  
present war conditions. Especially  
strong was his appeal for greater pro-  
duction.

"I admit," said Mr. Carvell, "that  
farmers are perhaps handicapped for  
help on the farm but every farmer  
can get up an hour earlier in the morn-  
ing and results must come from his  
doing so."

He told the audiences that they  
knew the situation as well as the  
government, nothing was held back.  
He urged the thorough co-operation of  
all concerned, regardless of political  
affiliations, to the work of winning  
the war.

"We cannot win this war with Al-  
lied Europe starving. They look to  
Canada and the United States for  
food. There are millions of bushels  
of wheat in Australia but ships are  
not available."

"To get down to concrete facts,"  
continued the speaker, "as heavy a  
responsibility rests upon the farmer  
and the people at home as upon the  
boys at the battle front."

Mr. Carvell paid a glowing tribute  
to the Canadian soldiers who hazard  
their lives for the protection of our  
homes and the freedom of the world.  
He said, amid applause:

"I wish we were sending one million  
men instead of one hundred thou-  
sand."

In Tropical Countries  
Liver Chill Very Common

In Northern latitudes also the liver  
is a very unruly organ and requires  
careful watching. The concentrated  
vegetable juices in Dr. Hamilton's  
Pills act directly upon the liver and  
simulate its action to a normal basis.  
The blood is purified, the skin grows  
clear, headaches disappear and robust  
health is firmly established. No me-  
dicine for the stomach, liver or kid-  
neys can compare with Dr. Hamil-  
ton's Pills, 25c. a box at all dealers.

## Wholesale Dry Goods and Woolens

House Furnishings  
For Spring

Lace Curtains  
Scrim Curtains  
Curtain Muslin and Drap-  
eries of all kinds  
Cretonnes and Casement  
Cloths  
White Bed Spreads  
Towels, Napkins and Ta-  
ble Linens  
Oilcloths and Linoleums  
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

## Vassie &amp; Company, Ltd.

WHOLESALE DRY GOODS AND WOOLENS  
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## Bicycle Storage

Now is the time to have your Wheel attended to. We will  
call for your Wheel, clean all bearings, repair in any way  
needed, store for the winter and deliver it to you in the spring  
like new.

Bicycle Repairs and Accessories always in stock.  
PRICES REASONABLE.

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plants 100 per cent.

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Spike Tooth Harrows, the Watson Sprayers, Deering Disc Seed  
Drills, John Deere Riding Cultivators and Manure Spreaders,  
De Laval Cream Separators and other leading lines.

## J. Clark &amp; Son Ltd.

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just Received

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We are offering 25 per cent discount on three  
patterns of Limoges China, also on our entire line of  
odd pieces of China. All China marked with spec-  
ial price tickets for this sale.

## The McMurray Book &amp; Stat'y Co., Ltd.

The Piano People