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Will Open on MONDAY, AUG. 26, 1918

There is a greater demand for our graduates than ever. Get particulars regarding our courses of study, tuition rates, etc., and prepare to enter on our opening date. Descriptive pamphlet on request. Address

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OF INTEREST TO WOMEN

SEWING SUGGESTIONS.

Now it is snap fasteners that are going up. One has become used to paying 10 or 11 cents for a spool of sewing silk, 6 cents instead of 5 for machine cotton and basting thread, or a bit extra for belting tape and other necessities of the work basket. The acuteness of labor conditions is the familiar reason given for the advanced price on snap fasteners, and it is darkly hinted that because of the increased cost of paper and cardboard, snap fasteners may hereafter be sold loose in envelopes and one will have to fumble for them instead of picking them conveniently from a card. If all these things, however, are helping to win the war, womankind will not complain, and after all the extra pennies on sewing materials and the inconvenience of a little extra labor to the home dressmaker are minor details which one must take good naturedly in these days when everybody is doing her best to keep sunny and to help.

Money is saved by tucks and all other forms of self-trimming, excepting where they make too great a demand on human labor.

If you place something white near the under side of a needle's eye, you can thread it easier; also cut thread on the slant instead of straight across.

THE SUGAR SHORTAGE.

In making muffins, use two tablespoonfuls of corn syrup instead of the sugar the recipe calls for.

In cake, substitute for one-half of the sugar required, an equal amount of corn syrup.

On breakfast foods try corn syrup, maple syrup or honey.

In the making of jams, marmalades, preserves or fruit butters, one-half the amount of sugar usually added may be omitted and corn syrup used instead and some fruit combinations may be evolved that will make jams, etc., without sugar—for example, apples and raisins, equal amounts of each, or prunes and apricots, twice as many prunes, by weight, as apricots.

In puddings, use sugar fruits, such as raisins, dates, prunes or figs, or corn syrup, molasses, maple syrup or sorghum.

TO STRETCH CURTAINS.

If you have no curtain stretchers, lay your lace curtains on a good clean spot of grass, tacking the points to the ground with toothpicks. This method stretches them perfectly, and if a sunny spot in the lawn is selected, they will bleach at the same operation.

HOW DO THEY DO IT?

(Tipton, Mo., Times.)

A man cannot do any two things at one time; but a woman will broil a steak, and see that the coffee does not boil over, and watch the cat that she does not steal the remnant of meat on the kitchen table, and dress the youngest boy, and set the table and see to the toast and stir the oatmeal and give the orders to the butcher, and she can do it all at once and not half try.

right about it since. It was very cool and pleasant outdoors that evening, and Aunt Abbey didn't feel as if the services did her any good without the usual discomforts.



COMING ATTRACTION AT THE GEM THEATRE
WEDNESDAY AND THURSDAY, SEPTEMBER, 11th — 12th

MINARD'S "KING OF PAIN" LINIMENT

The old reliable remedy for rheumatism, neuralgia, sore throat and sprains.

Best Liniment Made

Mr. A. E. LAUNDY, Edmonton writes:—
"I fell from a building and received what the doctor called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best Liniment made."

Minard's Liniment always gives satisfaction. For any ache or pain. It gives instant relief.

Minard's Liniment Co., Limited
Yarmouth, N. S.

SCRAPS OF NUTMEG.

Sometimes a lot of little pieces will collect, too small to grate. Save them all until you get a teaspoonful of the pieces, then put in a bottle holding three or four ounces and cover with alcohol. It makes nice extract; add more pieces if not strong enough.



BILLIE BURKE in "Let's Get a Divorce"

A Paramount Picture

AT THE GAIETY THEATRE WEDNESDAY and THURSDAY

IN FATHER'S FOOTSTEPS

A little barefoot boy came into the grocery store and sidled up to the candy case. Sticking one grimy hand into the pocket of his overalls he pointed with the other to the row of candy Easter eggs in the case.

"I want one o' those," he remarked.

The clerk handed him one and the little fellow turned to leave.

"Where's your money?" asked the clerk.

The small boy shrugged his shoulders and kept on toward the door. "Daddy gets things in here without money," he said, "and what he done I do too!"

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