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For Over
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ADVERTISE ON THIS PAGE OF THE MAIL

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610 Queen Street.

'Phone or Telegraph Orders Shipped
on all trains or boats at short
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THE FALL TERM of the FREDERICTON BUSINESS COLLEGE

Will Open on MONDAY, AUG. 26, 1918

There is a greater demand for our
graduates than ever. Get particulars
regarding our courses of study, tuition
rates, etc., and prepare to enter on
our opening date. Descriptive pamph-
let on request. Address
W. J. OSBORNE, Principal,
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Choice Roses and Carnations

Wedding Bouquets and Floral

Designs a Specialty.

Good Assortment of Ferns,

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All orders receive careful
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Cabbage, Tomato

Cauliflowers, Celery, etc.

Flowers, Asters, Stocks, Phlox,

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Radish, Lettuce and Rhubarb.

Shrubs for Cemetery

Planting at

BEBBINGTON GARDENS

PUBLIC AUTO

Leave Orders at

THE BARBER SHOP,

Carleton Street,

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Hire by mile, hour or day.

Prices Reasonable.

HARRY LIFFORD.



MAIL CONTRACT

SEALED TENDERS addressed to the
Postmaster General, will be re-
ceived at Ottawa until noon on Friday,
the 20th September, 1918, for the con-
veyance of His Majesty's Mails on a
proposed contract for four years, 3
times per week on the Taymouth Rur-
al Route No. 1, from 1st January next.
Printed notices containing further
information as to conditions of pro-
posed Contract may be seen and blank
forms of Tender may be obtained at
the Post Office of Taymouth and at the
office of the Post Office Inspector.
H. W. WOODS,
Post Office Inspector.

Post Office Inspector's Office,
St. John, N. B., Aug. 5th, 1918.

OF INTEREST TO WOMEN

COLD PACK CANNING.

Utensils Must be Clean.

It is important that all utensils be
clean. No withered or unsound vege-
tables or fruit should be canned. If
possible only fruits or vegetables pick-
ed the day of canning should be used.
Peas and corn, which lose their flavor
rapidly, should be canned within five
hours if a choice product is desired.

The products to be canned should
be blanched by being placed in cheese-
cloth bag or dipping basket into boil-
ing water and allowed to remain from
one to fifteen minutes, depending on
the kind of product.

As soon as the product is taken from
the boiling water it should be dipped
into cold water and removed immedi-
ately and drained for several minutes.
The water used for this purpose
should be as cold as possible.

After draining, the product should
be placed in hot jars at once. When
canning fruits, boiling hot syrup or hot
water is added. For vegetables hot
water is usually used and salt is ad-
ded for seasoning. The rubbers and
tops, after a thorough scalding in hot
water, are placed on the jars sealed.
The jars are then placed in the hot
water bath.

For this purpose a wash boiler can
be used by placing something in the
bottom so the jars are not resting di-
rectly on the bottom of the boiler.

It is important that the jars be put
into the hot water as soon as they
are filled. In the case of string or lima
beans the processing period lasts two
hours; for beets one and a half hours;
carrots, one and a half hours; peas,
two hours; tomatoes, 22 minutes;
sweet potatoes one and a half hours;
pumpkins or squash, one hour; corn,
three and a half hours. To each quart
of the vegetables mentioned a table-
spoonful of salt should be added.

The jars should be sealed while the
products are hot, and be placed in a
tray upside down to cool, and watched
for leaks. If any leakage is discover-
ed, the tops should be tightened until
completely airtight. If air is allowed
to get in the fruit or vegetable will
spoil.

WAR CANNING BULLETIN.
(Issued by Canada Food
Board.)

Just Like Dollars.

Putting fruit and vegetables in a jar
at this time of year is just like put-
ting dollars in the bank. It spells
economy and conservation and during
the winter months, when we will be
asked to save butter for overseas ship-
ment, the foresighted woman will re-
joice over the good investment she
made when the fruit season was on.

Nearly all the war gardens boast
some tomatoes, and naturally the war
gardener and his family will want a
few of them next winter. To can to-
matoes, choose firm, ripe specimens;
wash and scald them for two minutes
in boiling water. Then place in cold
water and remove the skins and core
without cutting into seed cells. Pack
whole in jars; add one teaspoon of
salt to each quart jar. Fill the spaces
in the jar with tomato juice, made by
steering large or inferior tomatoes for
ten minutes and pressing through a
fine sieve. Adjust the rubbers and the
covers; partly seal; sterilize for thirty
minutes.

HOW MILITARY SERVICE ACT HAS WORKED

Ottawa, Aug. 15. Tangles in military
service act figures are being generally
straightened out. Investigation is now
in progress by the various registrars
to determine exactly how many men
have been secured who might prop-
erly be classed as "reinforcements"
within the meaning of the act.

Difficulties have arisen particularly
owing to differences in the classifica-
tion of men by the registrars and ow-
ing to the fact that a large percentage
of men classed as deserters have joined
the colors in other military dis-
tricts.

So far returns available show that
up to noon yesterday the total number
of reinforcements secured under the
M. S. A. is 58,713. This total is ex-
clusive of those who have reported for
service voluntarily since the act has
gone into force. It is exclusive also of
men discharged or on leave without
expense to the public. Including these
the total would be:

Obtained under M. S. A., 58,713; vol-

BRAVING HIS FIRST OPERATION

His "Turn" in the Hospital
"Theatre" was Over Before
He Knew It—"Best
of Luck."

A nurse comes along, shaves all
round the man's shrapnel shattered
knee, and paints it freely with iodine.
His eyes listlessly follow her skillful
hands. He is in great pain and wel-
comes the thought that the morning
may bring relief. The weary hours
drag on. As he dozes under the influ-
ence of morphine, he wonders dimly
what his first operation will be like.
Towards morning the night nurse
brings him in a cup of tea.

The usual hospital routine goes on
under his tired gaze until about 10
o'clock, when two orderlies in white
jackets and aprons bring in the white
enameled stretcher.

"Best of luck, old timer," calls the
sympathizing voice of a burly Cana-
dian who was on the "table" the day
before.

Swiftly they wheel him down the
long corridor to the door of the op-
erating theatre. His nurse talks and
keeps him cheerful during the few
minutes they have to wait for the last
case to come out. The door opens and
they wheel him in.

Just before being laid on the operat-
ing table he gives expression to his
only anxiety:

"Say, captain, you'll see they give
me plenty, won't you? Don't let me
wake up in the middle of it."

The gauze is adjusted over his nose
and mouth. The chloroform falls drop

untarily reporting, 19,477; number dis-
charged or on leave without expense
to the public, 23,523. Total, 101,713.



AT THE GAIETY THEATRE WEDNESDAY and THURS

by drop. The smell reminds him of
toothache tincture.

"Take fairly deep, regular breaths
and open your mouth a little," directs
the anaesthetist.

After a few seconds, breathing be-
comes difficult. There is a heavy sing-
ing in his ears. Complete conscious-
ness as yet.

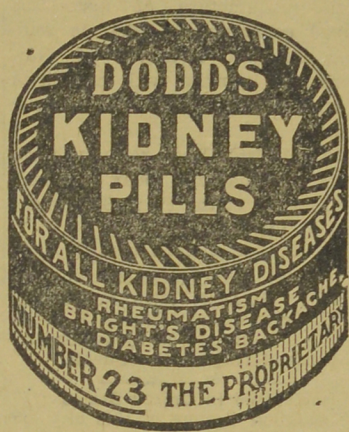
The nurse takes his hand. He
squeezes hers and tries to speak, for
he imagines they may start on him too
soon.

A few more seconds—really many
minutes—pass. It is becoming unbear-
able. His head is bursting. He cannot
breathe. He is suffocating, choking—
and then, his eyes open.

In bewilderment he looks at the
nurse sitting by his bedside. The oper-
ation is over and he is back in the
ward.

"You behaved splendidly, corporal,

and 'went off' beautifully."
And then he realizes that his turn
in the hospital "theatre" is over.



Have Your Job Printing Done At Home

The Mail now has every facility for turning out High
Class Job Printing work and there is no longer any reason
why manufacturers, merchants and others should send their
orders out of town.

Give us a trial order and be convinced.

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