

CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

Always
Bears the
Signature

of

Chas. H. Fletcher

In

Use

For Over

Thirty Years

CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN

ONION RECIPES.

Fried Onions.

Slice onions, put in frying pan, half fill it with cold water and cook about an hour, or until the onions are tender. Drain off the water, stir in a large tablespoon of butter and fry a light brown. Season with pepper and salt and serve.

Baked Onions.

Peel and parboil 12 medium onions, drain, chop. Melt 2 tablespoons butter substitute, add 2 tablespoons of corn flour, 1/4 teaspoon salt, 1 1/4 cups cream or soup stock, 4 tablespoons soft bread crumbs, 1 tablespoon fine chopped parsley. Boil five minutes, add 1 egg well beaten and the chopped onion. Cool slightly, add the beaten whites of 2 eggs, add more seasoning if needed and bake in buttered ramekin dishes 20 minutes in moderate oven. Serve soon.

Curried Onions.

Fry to a golden brown, season with salt and pepper, add a teaspoonful of curry powder; add two beaten eggs, and lastly a few drops of lemon juice. When the eggs are cooked the dish is ready to serve.

Another way: Boil large onions until tender. Cover the bottom of a baking dish with buttered bread crumbs. Lay the onions in and cover with a thick white sauce. Sprinkle the top with crumbs and bake until a delicate brown.

FOOD BOARD FLASHES FOR FEMINE FOLK

No Fear of "Botulism."

"Botulism" has an unpleasant ring in the ears. In plain English it means poisoning from the eating of canned vegetables or fruits.

There is no reason why there should be one case of botulism in Canada this year, provided the war garden produce is properly handled. No bacterial life exists, or can exist, in successfully canned products. Bacillus botulinus will never be found in properly canned goods.

Cooking canned vegetables for ten minutes at the boiling point after opening the can or jar for use, will remove any danger in cases where complete success has not rewarded the efforts of the amateur canner.

THE WAR GARDEN.

Issued by the Canada
Food Board

Save Your Onions.

The onion maggot differs from the cabbage-maggot in its habits in that it deposits its eggs mainly on the stem and leaves of the onions, and the young maggots find their way down into the bulb, where they soon reduce the interior to a rotten condition. If you notice that the young onions are dropping and the leaves wilted and discolored, it will generally be found that the maggot is responsible for this condition. Bulbs thus affected should be destroyed by burning. If put in the compost heap the fly will be propagated.

There are two or three broods of the fly in a year and the second crop usually appears about the middle of July. Try the following poisoned-bait: Sodium arsenate, 1 oz.; molasses, 1 quart; water, 1 gallon. Apply the mixture in strips across the plot with a watering can.

CROP OUTLOOK NOT SO BRIGHT

Drought, early frosts and labor shortage in England threaten to reduce to some extent previous estimates of food production, according to cable advices received by the food administration in Washington from the British food ministry. The food situation is described as better than last year, but the season of anxiety is not yet over. Early optimism about the possibility of wheat crops will have to be revised owing to difficulties of newly broken ground and lack of labor. Barley and oats, potatoes and root crops also suffered.

Ex-President Roosevelt, when informed that his youngest son, Quentin, had been killed in action on the western battle front, said: "Quentin's mother and I are very glad that he has had the chance to render some service to his country and to show the stuff that was in him before his fate befel him"

AMAZING

Headline—"Married His Mother-in-Law to Escape Draft." Gee whiz! With all that courage he feared to be a soldier.

War times are teaching us that there is no economy in buying the cheapest goods nor the fancy high priced ones. We are depending on the solid values of the good standard brands—the brands that were good in peace time and have doubly proved their worth in war time.

Red Rose Tea—costing today only about 1/4 of a cent per cup—is one of the solid war time values that anyone can afford—and that everyone will enjoy.

*It is truly
a war time tea*



T. H. Estabrooks Co.

LIMITED
St. John, Toronto, Winnipeg, Calgary

Canadian Food Control License No. 6-276

Red Rose Coffee is as generously good as Red Rose Tea

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence 349-41
Office 419-11

DR. GERRARD, DENTIST

TWENTY YEARS' LONDON, ENG.,
EXPERIENCE.

King Street, - - - Opposite Boyle's
Telephone 574.

W. J. IRVINE, DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door
to Bank of N. S. Building,
Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m.,
2 p.m. to 5 p.m.
Phone—338-11

DR. S. W. SPROULE DENTAL SURGEON

Graduate of Univ. of Toronto, Ont.

OFFICE:
Inches Building, Queen Street, lately
occupied by Dr. L. R. Davison.
Telephone 261-21

J. A. McADAM, UNDERTAKER

REGENT STREET

Best and Most Modern Funeral
Equipment in the City.

Residence Telephone 70-41
Business Telephone 118-41

HARRY R. ADAMS, SUCCESSOR TO THE LATE JOHN G. ADAMS UNDERTAKER

610 Queen Street.

*Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.

THE FALL TERM of the FREDERICTON BUSINESS COLLEGE

Will Open on MONDAY, AUG. 26, 1918

There is a greater demand for our graduates than ever. Get particulars regarding our courses of study, tuition rates, etc., and prepare to enter on our opening date. Descriptive pamphlet on request. Address

W. J. OSBORNE, Principal,
Fredericton, N. B.

Choice Roses and Carnations

Wedding Bouquets and Floral

Designs a Specialty.

Good Assortment of Ferns,
Palms, etc.

Bedding Geraniums.

All orders receive careful
attention.

ADA M. SCHLEYER, FLORIST.

AT THE CELESTIAL CAFE

CLEANLINESS REIGNS SUPREME.

Everything new and up to date.

Regular meals served. First Class
service.

Breakfast from 7 to 9; Dinner from
12 to 2; Supper from 5 to 7.

Lunches served at all hours.

Beer, ice cream and fruit always in
stock.

CELESTIAL CAFE

75 REGENT STREET.

HARRY L. McGUIRE, Prop.

Cabbage, Tomato

Cauliflowers, Celery, etc.

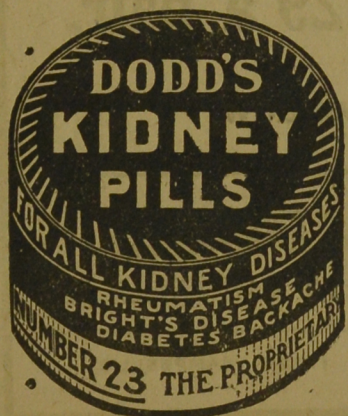
Flowers, Asters, Stocks, Phlox,
Balsams, etc.

Radish, Lettuce and Rhubarb.

Shrubs for Cemetery

Planting at

BEBBINGTON GARDENS



BE PREPARED!

Haying time is at hand.

You cannot afford to waste time and money tinkering with worn-out machinery. Send in your order now for the DEERING IDEAL MOWER, either 4, 5 or 6 foot cut. If you have rough fields we specially recommend the new VERTICAL LIFT IDEAL MOWER.

Help Old Sol on his job by getting a HAY TEDDER so as to dry your hay quickly. Horses and cattle prefer tilled hay.

We have the DEERING ALL STEEL RAKES.

We are advised that prices will be higher next year.

We sell ARSENOID to kill Potato bugs.

J. Clark & Son Ltd.

FREDERICTON, N. B.

PSYCHOLOGICAL EFFECT

"You failed to mention the enormous salary I receive," said the moving picture actress.

Every man knows how mean his acquaintances are, but he is never absolutely sure about himself.

WHY SHE LEFT

Mrs. Hiram Daly—So you left your last place because the master of the house tried to kiss you. You were quite right to resent such familiarity.

Applicant—Oh, I didn't care particularly, but the mistress was awfully fussy about such things.

MINARD'S "KING OF PAIN" LINIMENT

The old reliable remedy for rheumatism, neuralgia, sore throat and sprains.

Best Liniment Made

MR. A. E. LAUNDY, EDMONTON, writes:—"I fell from a building and received what the doctor called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best liniment made."

Minard's Liniment always gives satisfaction. For any ache or pain. It gives instant relief.

Minard's Liniment
Co., Limited
Yarmouth, N.S.

SLIGHTLY MIXED

"Anything you'd like me to sing, Lord Chumley?"

"Yaas, thank you, that Indian song."

"Indian song?"
"The one about the Shawnee River."