

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Dr. H. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

*Dr. H. H. Fletcher*In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST
TO WOMEN

CHOOSING DRESS COLORS.

The Right Color Can Make the Face
Have Better Appearance.

The average woman does not realize what a great effect different colors or even different shades of the same color have on her appearance.

The right color can make the face for which it is appropriate look as if the cheeks had the flush of youth even after it has long departed, while the wrong one will give a sallow tinge.

It is never a good plan to select a certain shade just because it happens to be fashionable.

Most advice about colors makes the mistake of dividing the whole feminine world into blondes and brunettes when the fact is that the majority of women are neither the one thing nor the other, but a sort of mixture of the two. And besides there are two distinct types of blondes—the pale blonde inclined to be sallow, and the radiant blonde with pink cheeks. There are also two sorts of brunettes—one with the true olive tinted complexion, and the other with a tinge of red under the skin. Color in the cheeks makes more difference than fair or dark hair.

The Colors to Choose.

No woman who is inclined to be sallow should ever wear green near the face. Pink in very soft rose shades, not hard bright pink or salmon pink, is becoming to all pale blondes and brunettes and intermediate types, as it gives color to the complexion.

As a rule, blue in both light and dark shades can be worn by light and dark women, but there are exceptions—blondes who look positively washed out and faded in light blue and brunettes who appear bilious in all shades of the color.

Brown usually looks well on auburn-haired people, and so does black, navy blue, light and dark green and all the shades of blue. Most women think that black is suited to everyone, but dull black unrelieved by white is becoming only to the blonde with a slight flush under her skin, or to the black-haired woman with color. But a woman with any kind of complexion will look well in black if she relieves it with a touch of color or has a white lace or georgette collar or some other touch of white near the face, or if the frock sparkles and glitters with bright jet.

Stout women should of course avoid all colors, for they have the effect of making the figure look more bulky and the face redder.

But when a dress has been made of the wrong color, it can be toned down with black trimmings or white collar or fichu.

WORTH REMEMBERING.

To keep clothes from freezing on the line, boil line occasionally in salted water.

To prevent scars from scalds or burns, rub the new skin several times a day with sweet oil.

To rid your house permanently of mice, mix tartar emetic with any kind of food they like, put on top shelf in pantry and they will eat, sicken and leave the place. After a few weeks you will not be bothered any more.

For frost bites rub gently at first in warm room. Apply snow or cold water to prevent too rapid reaction.

MINARD'S
"KING OF PAIN"
LINIMENT

The old reliable remedy for rheumatism, neuralgia, sore throat and sprains.

Best Liniment Made

MR. A. E. LAUNDREY, EDMONTON, writes: "I fell from a building and received what the doctor called a very bad sprained ankle, and told me I was not to walk on it for four weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best Liniment made."

Minard's Liniment always gives satisfaction. For any ache or pain it gives instant relief.

Minard's Liniment
Co., Limited
Yarmouth, N. S.RETURNED MEN
RELEASED EARLY
AS POSSIBLE

Toronto, Dec. 17.—Discussing here yesterday the payment to discharged soldiers of their month's furlough pay, Hon. S. Mewburn, Minister of Militia, said:

"I believed that the amounts should be increased to about six months, and I will tell you why. It has been suggested that we bring the men back here and keep them employed as soldiers for a time. I do not think that would be the right way. Instead of keeping a man in barracks it would be better for him and for the country to let him get out of uniform as quickly as he can. It would cost as much to keep him in the army. Why cannot those of us who stayed at home be taxed to pay these men for another six months as a war bonus for what they have done? I believe it ought to be done. A man may get into a job tomorrow, but even then he is entitled to it and it will make his mind easier about the future if he is working."

TAYMOUTH

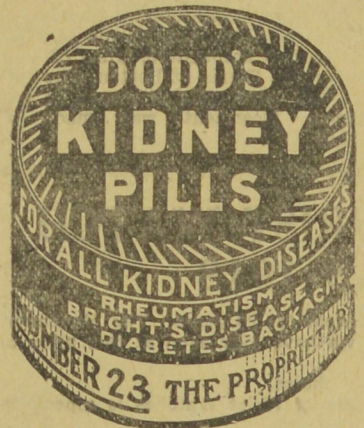
Taymouth, Dec. 16.—The dedication of the new Methodist Church at Taymouth took place on Sunday Dec. 15th with three very helpful and inspiring services. The dedicatory sermon was preached by Rev. George M. Young of Fredericton who took as his text Hagai 2: 9; "The glory of this latter house shall be greater than of the former, saith the Lord of Hosts and in this place shall I give peace."

The sermon was a masterful exposition and impressed upon all the true relation both temporal and spiritual of the church to the life of the community.

In the afternoon Rev. Dr. George F. Steel of St. John, preached from the text Daniel 6: 10; "Now when Daniel knew that the writing was signed he went into his house and his windows being opened in his chamber toward Jerusalem he kneeled upon his knees three times a day and prayed and gave thanks before God as he did aforetime."

The venerable doctor vividly portrayed the contrast between the windows open to success, to wealth to pleasure with the windows open toward Jerusalem.

In the evening Rev. H. E. Thomas of Sackville spoke from the text "What

Rescued from Huns
to Die of Starvation!Hideous Plight of Belgians
Demands Immediate Help

Peace does not mean Plenty in Stricken Belgium!

Germany's hellish policy has been too thoroughly administered for Belgium to be able to feed and clothe herself again—at least, until the Government has been thoroughly organized on a permanent basis.

Little children, thousands of them, are hungry for a slice of bread, shivering in their worn-out rags. YOU can help to feed and clothe them. They haven't a cent to buy even what supplies are available.

The destitute Belgians need your help about as badly as a human creature could need it.

HOW TO HELP!

All the machinery of the Belgian Relief Fund is at your service to convert your contribution in money HERE into food and clothing THERE.

A dollar here and now means LIFE to one of the starving subjects of King Albert, but look here

NO ONE will come to you and ASK you for your contribution. If you do not voluntarily send it to the Belgian Relief Fund, Local Committee, or Headquarters, the opportunity is gone, and the Belgian you MIGHT have saved, dies of starvation or perishes for lack of clothing or proper protection.

Make cheques payable and send contributions to

Belgian Relief Fund

(Registered under the War Charities Act)

to your Local Committee, or to

125

Headquarters: 59 St. Peter St., Montreal.

RULES FOR THE AVOIDANCE OF
INFLUENZA AND CARE OF THE SICK

1. Live as much as possible in the open air, and have houses well ventilated. Admit all the sunlight possible.
2. Avoid all indoor assemblies, and travel as infrequently as possible.
3. If the disease appears in the family, put the patient at once to bed, preferably in an upper room, well aired, but so that the patient be not in a draft.
4. Keep patient by himself, permitting only the nursing attendant, the doctor and the clergyman to see him.
5. Have whoever enters the room to wear a mask of simple gauze over the mouth and nose. The same gauze should not be used for more than two hours, and then burned.
6. Insist upon the patient using a handkerchief to cover coughing or sneezing (paper ones will do); these should be burned at once after use.
7. Do not permit patient to mingle with his family or the public until all fever is gone, and until all discharges from mouth, nose and throat have dried up.
8. Patient, after recovery, should take particular care to avoid exposure to chills and dampness, as pneumonia is quite frequent under these circumstances and constitutes the gravest danger connected with the disease. Remain in house three or four days after feeling well, as this is a critical period after recovery.
9. Call a doctor upon the occurrence of suspicious symptoms as unusual backache, headache, chills followed by fever, etc., as it is dangerous to depend upon household treatment in this disease.
10. Do not be over-anxious. That is do not worry respecting the danger of contracting the disease. Such worry serves no good purpose and sometimes renders one more liable to contract it. Follow the above preventive measures and the advice of the physician.
11. If, in the family affected, there be no suitable provision for proper isolation of the patient, it is strongly recommended that he be removed to some hospital, or other place temporarily established, for the proper isolation and care of those affected.

A wise girl always pretends to be a little more daffy than the young man she is planning to face the parson with.

According to the Hon. Jim Murray, the patriotic potato muddle was largely the result of lack of business capacity on the part of one J. B. Dargett.

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At Home

The Mail now has every facility for turning out High Class Job Printing work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently. If you have a job of printing call up No. 67 and we will do the rest.

The Mail Printing Co
327-329 Queen Street, Up Town

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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2 p. m. to 5 p. m.
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notice.

Following the removal of the ban
against public gatherings by the Pro-
vincial Public Health Department,
classes will be resumed at the

FREDERICTON
BUSINESS COLLEGE

Fredericton, N. B., on NOVEMBER 20, 1918.

We trust that all our old students
will be able to return on that date.
Information regarding our courses of
study will be furnished on request.

JUST ARRIVED

A NEW SHIPMENT OF

PALMS

LARGE and SMALL

A LARGE VARIETY OF FERNS.
WEDDING BOUQUETS and FLOR-
AL DESIGNS A SPECIALTY.

All orders receive careful attention.

ADA M. SCHLEYER,
FLORIST.

Xmas Flowers Arranged

Cut Flowers will be scarcer and higher in price than usual, but we will have Roses, Carnations, Violets, and Stocks in limited quantities at market prices. Also Holly and Holly Wreaths, Palms, Ferns, Beautiful Cyclomens, Swiss, Chinese and Baby Primroses, Xmas Cherries, Fern Dishes, Hyacinths in pans not in bloom, Frezias in bud, Begonias, etc. Come and see. Lettuce, Parsley, Smilax Vines.
J. BEBBINGTON & SON.

BURTT & CATERER

Wagons and Sleds Made and
Repaired.

T. J. BURTT. H. CATERER
All Kinds of Jobbing Repairs.
281 KING STREET

EARLY CLOSING
OF THE RAILWAY
FREIGHT SHEDSCANADIAN GOVERNMENT
RAILWAYS

Order of Railway Board Not to
be Effective Until Janu-
ary 1st, 1919.

The Canadian Railway War Board has extended the time for their recent order regarding the early closing of railway freight sheds until January 1st, 1919, and the public is therefore advised that on the Canadian Government Railway lines the regulations at present governing the opening and closing of freight sheds will continue in force until that date.

Cook's Cotton Root Compound.

A pure, reliable regulating
medicine. Sold in three de-
grees of strength—No. 1, \$1;
No. 2, \$2; No. 3, \$5 per bot-
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prepaid on receipt of price.
Free pamphlet. Address:
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TORONTO, ONT. (Formerly Windsor.)