HANDBOOK OF GERMAN ESPIONAGE WAS PRODUCED

Remarkable Exhibit Put in Evidence in the Great Bergen Spy Case in Norway---Was Found in the Pocket of an Employe of a German Information Agency---Some Extracts Gleaned From It.

(Corres. Associated Press.)

YOU'RE BILIOUS, LET CASCARETS LIVEN

with .breath .bad .and stomach sour.

Get a 10-cent box now.

You men and women who can't get agency in Scandinavia." feeling right-who have headache. The introduction says that imporwith a sick, gassy, disordered stom- regarding such points as minefields ach, or have a bad cold.

Are you keeping your bowels clean with Cascarets, or merely forcing a passageway every few days with safe routes but also objects of attack." salts, cathartic pills or castor oil?

Cascaret swork while you sleep; chapter; gases; take the excess bile from the where his ships liver and carry out of the system edge of his cruisers and other infor

poison in the bowels. you out by morning - a 10-cent box to get as their wages are not high from any drug store will keep your But if neither of these is available ular, and head clear for months. Don't should be approached. Monthly pay forget the children. They love Cas. ment of 50 to 500 kroner is available carets because they taste good-nev- Captains on English passenger routes are usually paid 300 kroner. Mates

Christiania, Norway, Jan. 30. - An uments of the war, was produced as official handbook of German espion- evidence in the course of the great Bergen spy case, which has just been ended in the courts with the conviction of six of the defendants.

The handbook was found in the LIVER AND BOWELS safe of Herr Paasche, one of the employes of the so-called German Infor-Don't stay headachy, constipated, sick mation Agency. Its title page bears with breath bad and the inscription "Duties of the Espionage Service." and it contains, in the words of the court, "the objects and mehods of the German information

coated tongue, bad taste and foul ant information can be obtained breath, dizziness, can't sleep, are bil- through the neutral or enemy ships ious, nervous and upset, bothered which come to Scandinavian ports, minebelts, changes in lightships, etc. "By such information," it explains "our U-boats can be shown not on!y The following is a summary of one

"Through shipping only can undigested, fermeting food and foul to know the enemy's guardships, all the constipated waste matter and mation. The best source is a ship captain, but they are difficult to ob-A Cascaret tonight will straighten tain. The younger mates are easier stomach sweet, liver and bowels reg- the most likely person on a ship

on neutral tramp steamers between England and France, 100 to 125 kro-

"Much information can be gained from passengers, also," says the hand-The importance is shown of maintaining a good connection with representatives of the neutral press.

The hiring of commercial or other persons who travel in the enemy's country is suggested. "The best persons," says the handbook, "are commercial travellers who have been ac custmood to travel for some firm, and who carry on an actual and continuous business. Just now also waiters. barbe s, metal workers for shipyards na ammunition factories, and nurse are much sought after in England. Women are especially recommended as good agents for obvious reasons

The greatest danger is said to be in the sending of information. "But this," says the writer of the handbook, "is reduced to a minimum by have taken special interest in this, attention. and have prepared means which, owing to the inferiority of the enemy's chemical knowledge he is unable t detect. The materials are given to

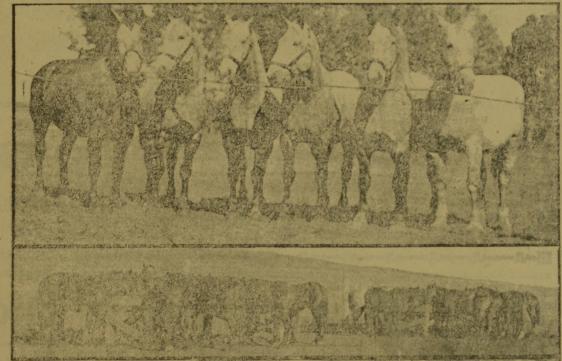


Best Liniment Made

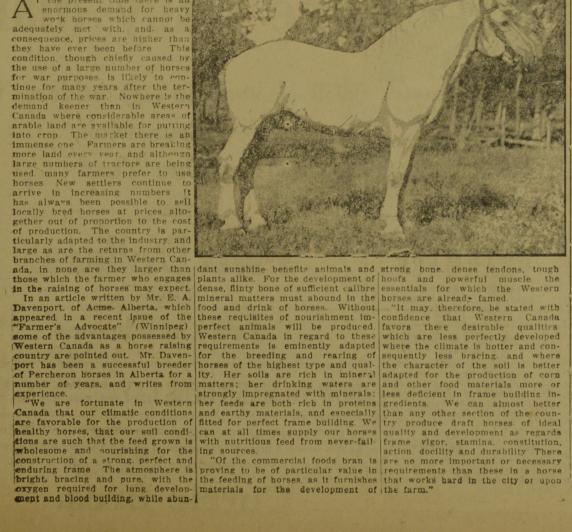


Minard's Liniment

Horse Breeding and Environment



A T the present time there is an enormous demand for heavy work horses which cannot be adequately met with, and as a adequately met with, and as a consequence, prices are higher than they have ever been before. This condition, though chiefly caused by the use of a large number of horses for war purposes, is likely to continue for many years after the termination of the war. Nowhere is the demand keener than in Western Canada where considerable areas of arable land are available for putting into crop. The market there is an immense one. Farmers are breaking more land every year, and although



We Can't

good for the many little accidents which are of almost daily occurrence," writes Mrs. A. B. Lloyd, of

"I have also used Zam-Buk for a very bad scald, which pained me intensely at first. Applications of Zam-Buk, however, soon brought relief and before long the scald was quite healed."

Zam-Buk is equally good for eczema, chronic sores, blood-poisoning and piles. All dealers, 50c. box.



our chemical agents in Germany who agents in a form which attracts no

One ofthese methods illustrated in the course of the trial was by means of handkerchiefs, on which information was conveyed by means of invis

NEW FOOD REGULATIONS

London, Ont. Feb. 7. - Information rom Ottawa with respect to the drasic regulations which, it is expected. will be announced by the food conroller in the course of a few days has eached this city. P. Tustin of Win nipeg, formerly chier of the sanitary commission of that city will, it is un erstood, be appointed to administe the new regulations

Every branch of trade will be li ensed to do certain trades. For in uyers of that quality of goode. Any to rebate on the price will ommissions act. Wholesalers must eal only with the retailers unless as vell as taking out a wholesale license they take out a retailer's license and all license numbers must appear on all stationery, etc. The license fee of retailers will be \$1. The minimum fee charged to yholesalers will be \$50 and will increase according to the bulk of business done. Licensed stores must be able to show that the goods packed, sold and displayed are bandled under sanitary conditions Regulations affecting the delivery problem will also be made, it is under stood. The motive will be to curtai the number of denveries that a store

the finer grade will be The increase is due to

The present grade

Mother's Favorite Flour

will soon be off the market until after the war is over. If you want any of this superior Bread Flour you should place your order at once.

G. W. HODGE

A large shipment of records just arrived Grafonolas on easy terms

E. O. MacDonald

Music Store 560 Queen Street

MEN'S WOMEN'S AND CHILDREN'S

Boots and Shoes At Reduced Prices

Mens and Boys Furnishings

J. R. Monteith

'Phone 502-North Devon



No Dipping, No Scrubbing

WHEN YOU USE SANI-FLUSH REGULARLY.

Just sprinkle a little in the bowl each morning and a hithero odious task is made easy. The result is a clean, while, saniary Closet. SANI-FLUSH is patented, nothing else like it. It's meant to clean toilet bowls and it does it thoroughly. Should be used in residences, stores, business offices, hotels, factories and wherever closets are installed.

It does not injure the plum bing.

D. J. Shea & Son

New Silks

In Paillette, Poplin, Messaline, Taffetta, Peau-de-soie, habutae and Funcy Plaids

PAILLETTE SILKS in shades of Black, Light and Dark Grey, Pale Blue, Copen Blue, Pink, Light and Dark Rose, Bisque, Brown, Burgundy, Resda, Green, Prunell, Willberry, Russian Green, Paddy Green, Mauve, Bottle Green, Maize, Ivory, Bright Red and Cerise. Prices \$1.50, \$1.75, \$1.90 and \$2.00 per yard, all 36 in. mide. POPLIN SILKS in Black, Rose, Prunelle, Nigger Brown, Navy, Copen Blue & Green, all \$1.50 and 36 inches wide.

TAFFETTA SILKS in Black, Light and Mid Grey, Copen Blue, Champagne, Maire and Ivory. Prices from \$1.50 to \$2.55 yard.

PEAU-DE-SOIE in Black only, 36 inches wide, at \$2.40 per yard. HABUTAE SILK, 36 inches wide, in Brown, Copen Blue, Grey, Maize, Black, White, Rose, Green and Navy, all \$1.20 per yard.

FANCY PLAIDS in Combination Colors, 36 in wide, \$2.50 per yard. SILK CREPE DE CHENE, GEORGETTE and NINON, in all the newest shades, from \$1.30 to \$1.90 per yard.

R. FRASER

F- O. Box 317.

430 QUEEN STIFET