come exhausted in striving to continue

their work. Impure blood also causes

nerve troubles, but frequently it is in the stomach where the mischief starts.

As the nourishment is carried to the merves by the blood, it will be seen

what an important connection exists between the stomach, the nerves and

the blood, and how such troubles as nervous headaches, nervous dyspepsia

nd insomnia may begin. In such cases relief is easily obtain-

able by means of Dr. Williams Pink Pills. These pills replenish the blood with the food elements on which the

nerves thrive; at the same time they exercise a tonic influence on the di-gestive organs, enabling the system to derive nourishment from the food tak-

en. By this perfectly natural process nervous ills are steadily dispelled by

The Dr. Williams Medicine Co., Brock-

and was so impolite as to yawn in the

"Don't be bored, go on and get drill-

ly am terribly bored."

ville, Ont.

Keep the Home Fires Burning IN ONE OF OUR LARGE VARIETY OF HEATING STOVES.

We can supply your needs in a Coal or Wood Heater at a very reasonable price.

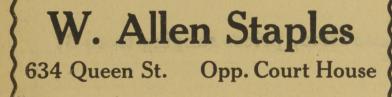
Coal Hods, Stove Boards, Fire Shovels, Pipes and Elbows.

LAWLOR & CAIN

Electric Wiring For Light and Power

Telephones, Bells, Watchmen's Clocks, An nunciators, Burglar Alarm Systems, etc. Lighting Plants Installed in Isolated Places. We carry a large assortment of Electric Fixtures and Heating Appliances.

Estimates submitted without charge.



WANTED

REAL "LUCKY BONE'

WANTED-Books and magazines for distribution to returned soldiers ap route home, in the Military Hospitals or going overseas. Telephone Mr. A Murray, care of A. Murray & Co Tel. No. 159, or leave at store for Military Y. M. C. A. tf

WANTED-An experienced and capable girl for general housework; good once saved his life. wages. Mrs. W. H. Irvine, 86 Carleton It appears that w tf

One of the most precious possessions of an officer in England and one which excited much curiosity during a recent short leave is an ordinary wishbone which he has mounted in gold and carries about with him as a mascot, it having already, he avers It appears that while near the front

line in France he was enjoying a rare meal of doubtful chicken with a

NERVOUS AILMENTS THE EFFECTIVE WORK DONE BY Few people realize that nervous ail-TANKS IN THE GREAT CONFLICT ments often arise from digestive trou-bles. The stomach fails, for some reason, to digest food properly. Then the system languishes and the nerves be-

The Idea Originated from the Caterpillar Tractor, an American Invention-Were First Used by the British in the Fighting at Cambrai-Huns were Appalled by the Lumbering Monsters.

(Chicago News) veloped drum fire and barrage fire to An English adaptation to military protect troops on the break through

Dr. William Pink Pills. If you are suf-fering from nerves, or require a blood-making tonic, give these pills a fair ealth will be yours. You can get these pills through any ealer in medicine, or by mail at 50 ents a box or six boxes for \$2.50 from he Dr. Williams Medicine Co., Brock-ille, Ont. TART ADVICE Market Model and State and the tank is the most effect the break through," says a writer in the Neue Frei Presse and he main-tains that the tank is the most effect tive weapon for that purpose. Market Model and State a dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from

Mrs. Norman Whitehouse wasn't enirely successful as a propagandist, business of breaking through devolved less unwieldly, more mobile, better many claiming that her tongue was upon the cavalry. In this war cavalry armored and in larger numbers and beautiful soft skin. too sharp and her wit too subtle, but has been useless for that purpose. It their success of late has been undethere is at least one recruit to her has been powerless to operate in the niable. eredit and it all came about at a lun- fields of barbod wire that protect the

cheon. The young man sat next to her trenches. After the cavalry was discarded as writers who have made a study of middle of a speech. Mrs. Whitehouse a factor in effecting the break through their operation, in the fact that they

arcuracy of protective artillery fire prise. Bad visibility is no obstacle to the mumbers of shelsl, the tanks ride over and the effectiveness of machine guns them; rather an advantage. They atwas the prompt reply, and he made the cost too high, the sacrifice of tack at one point one day and the next paths for the attacking infantry men too great. Later the artillery de- assault a position far distant. They are

A CREAMY LOTION MADE WITH LEMONS Prepare a quarter pint at about

the cost of a small jar of common cold cream.

When this home-made lemon lotion is gently massaged into the face, neck, hands and arms daily, the skin natur-ally should become soft, clear and white, and the complexion dainty and ethysetime attractive

What girl or woman hasn't heard of An English adaptation to military uses of an unwarlike American inven-tion—the caterpillar tractor—is credi-ted by some of the leading authorit-ies in Europe with having completely changed the tactics of modern warfare One of the American caterpillar de-veloped the British tank, and the tank has performed wonders never before nervous ills are steadily dispelled by hervous ills are steadily dispelled by Dr. William Pink Pills. If you are suf-tering from nerves, or require a blood-naking tonic, give these pills a fair rial, and see how speedily the best of nealth will be yours. Naturally enough, no one recogniz-trial, and see how speedily the best of nealth will be yours. Naturally enough no one recogniz-tering from it, the straddled over trenches. They went through the enemy lines with little re-into the bottle, then this lotion will re-trive data and trees and of ordinary cold cream. Be sure to straddled over trenches. They went through the enemy lines with little re-into the bottle, then this lotion will re-trive data and trees and of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets through the enemy lines with little re-trive data and trees and of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets through the enemy lines with little re-trive data and trees and of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets through the enemy lines with little re-trive data and trees and of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets through the enemy lines with little re-trive data and trees and of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets

In the days of open warfare the ever, in improved and smaller form, ladies can easily prepare and have an inexpensive toilet aid which perfectly

the most dangerous foe of machina The effectiveness of these spry moving newer tanks lies, according to gun operators, driving up to machine gun nests and destroying them at close range. While the artillery cuts stared at him in surprise and he contritely apologized, ending, "but I real- particularly by the Russians, but the bear therefore the maximum of surthese obstacles with ease and cut wide

(Continued on page 2)



Supply the Working Capital That Canada May Carry On

ITHOUT the money supplied by the Victory Loan, Canada's farms would lose their profitable market: hundreds of our factories and shops would be closed: and the

her best customer, cannot pay cash for her purchases in Canada.

All classes of Canadian people and all trades benefit directly by this distribution of money—the farmer, the artisan, the manufacturer, lumberman, miner, fisherman and merchant

PAGE THREE

WANTED-Warn gentleman, box Z, Mail.

building corner York and King streets; all modern improvements; central location, Apply to Slipp & Hanson.

FOR SALE

FOR SALE—General purpose horse, 10 years old; weighs 1250; price \$100. Apply to Henry Staples, Barket's Pt.

FOR SALE-Rhode Island Red cockereks, six months old. Strong, well de-veloped birds, excellent for breeding purposes. Apply to C. A. MacVey, 219 George street, city. tf

The other two officers were killed outright, but the stout table saved the wishbone was firmly clasped in his

FOR SALE-At a bargain, 1 set light harness, 1 50-ft. joint of rubber hose (new), 3 round-pointed shovels, 2 mortar hoes, 4 stone hammers, 2 brick hammers, 2 plastering trowels, 2 brick trowels, 2 sets of mitering tools, 1 4-ft. bricklayer's level, 1 3-ft. carpenters' level, 3 new hand-saws, 1 pinch bar. A. E. Quartermain, 80 Westmor-

land St. 'Phone 186-33.

Prepare for Winter

The undersigned G. W. Holmes, now having some leisure on his hands, is in a position to give prompt attention to add jobs of mason work, such as to add gobs of mason work, such as to add gobs of mason work, such as and ceilings. I keep stock always on hand and will give all orders prompt attention.

G. W. HOLMES, 192 Northumberland Street, City.

One hears much these days of the fashioned feminine type is still with us, thank heaven—and doggone her? You know her by the fact that she is \$1.00 PER BOTTLE. always arousing in the masculine bo-in the conflicting emotions of a wild verning to hug her and an almost equally strong yearn to break her neck!

Mrs. King of Boston is visiting her parents Recorder and Mrs. Colter. She is accompanied by her cousin, Miss Rodgers of Barrie, Vt.

couple of brother officers and was just about to try conclusions with the wishbone with his opposite comrade TO LET-Desirable flats in the Hoben when it slipped from his plate and dropped under the heavy oak table the three had managed to secure from a ruined farmhouse for their barn billet. No sooner had the Birmingham

man got under the table to grope for the bone than the barn was reduced to debris by a couple of direct hits

from enemy airplanes.

third from any material injury. The right hand when he was dug out of the

Scrub potatoes before baking them and start them in a hot oven.



MINERAL OIL

"BACK TO NATURE" The logical and fully approved me thod of naturally restoring bowel reaction.

Pure quality mineral oil, American with the masculine mind, but the old made, highly refined, bland, tasteless,

> ALONZO STAPLES, Prop. Agency for Miller Standard Rubber Goods.

war effort of which all Canadians are so justly proud could not be maintained.

Canada is in the position to-day of a big business house with a rapidly growing trade.

She is making money.

But the success of her business depends entirely on her ability to procure working capital.

She distributes millions in purchasing food, clothing and munitions for her splendid fighting men.

She distributes other millions in paying for goods for Great Britain. For, at the moment, Great Britain,

The working capital needed for this gigantic business can be obtained only by borrowing from the Canadian people through the Victory Loan 1918.

On the success of this loan depends not only the victorious prosecution of the War, but the continued prosperity of the whole country.

Help Canada provide the working capital and benefit yourself by buying Victory Bonds to your utmost. Urge others to buy. Do everything in your power to "go over the top" with the Victory Loan 1918

70

Issued by Canada's Victory Loan Committe, in co-operation with the Minister of Finance of the Dominion of Canada.