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For Infants and Children.

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Use  
For Over  
Thirty Years

## CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

### OF INTEREST TO WOMEN

FALL FRUIT RECIPES.

#### Grape Farina.

Stew ripe grapes until soft and rub them through a sieve. To each cupful of grape pulp add 2 tablespoonfuls of farina and a pinch of salt. Cook the mixture in a double boiler with 3 teaspoonfuls of water for 45 minutes. Pour out into wet moulds, cool and serve with sweetened cream.

#### Dried Apple Butter.

Wash and soak one pound of dried apples over night. Cook until they are very soft, then rub through a sieve, add to the pulp one-half pound of sugar (brown), a thinly sliced and seeded lemon, a teaspoon each of cinnamon and ginger and a half teaspoon of cloves. Be sure that the ground spices are fresh. Add a teaspoon of butter and cook down slowly to the right consistency, stirring often.

#### Prune Marmalade.

Soak and cook five pounds of large prunes until very tender. Cool, remove the stones and chop them fine. Add a cup of honey, one and one-half pounds of sugar, a thinly sliced and seeded lemon, juice of a grapefruit, a teaspoon each of ground ginger and cinnamon and a half-teaspoon cloves. Add two cups of the water the prunes were stewed in and cook down slowly to the right consistency.

#### Dates and Hominy.

Put one layer of dates and allow them to simmer in water about five minutes, drain off liquid and dispose of dates about a shaped mound of steamed hominy. Serve with cream. Figs may be substituted for dates, or mixed with them.

#### FLASHES FOR FEMINE FOLK

The supply of fats and oil has become so depleted in Germany that extensive cultivation of sunflowers has been urged as a potential source of edible oil. Last year the German government offered premiums for the cultivation of sunflowers and railroad right-of-ways in Germany were extensively used for this purpose.

As much as 18 gallons of oil can be secured from the seeds of an acre of sunflowers, while the refuse makes excellent cattle feed.

Save sunflower seeds now for the chicks, and bear in mind that plenty of sunflowers should be planted next year. They are useful as well as decorative.

### CROSS, SICKLY BABIES

Sickly babies—those who are cross and fretful; whose little stomachs and bowels are out of order; who suffer from constipation, indigestion, colds or any other of the minor ills of little ones—can be promptly cured by Baby's Own Tablets. Concerning them Mrs. Jean Paradis, St. Bruno, Que., writes: "My baby was very ill and vomited all his food. He was cross and cried night and day and nothing helped him till I began using Baby's Own Tablets. They soon set him right and now he is a fat, healthy boy." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

#### DAILY FISH BULLETIN.

(Issued by the Canada Food Board.)

#### Classify Your Fish.

Are you a fish experimenter? Or are you one of those people who believe in having the same thing yesterday, today and tomorrow? Imagine being allowed to eat only one vegetable all the year round—carrots, for instance. No one would do such a thing. Yet with more kinds of fish available than vegetables, there are plenty of housewives who stick to two varieties or so all the time. It is not to be wondered at, therefore, that the side of fish and shellfish is largely unexplored territory. There are over forty kinds of fish on the retail market in the winter months. And we have to do is keep our eyes open—and buy.

The surrender of Bulgaria will be the means of cutting Germany off from communication with Turkey. The great railway system which runs from Berlin to Constantinople, passes through Bulgarian territory and this will no longer be available to the Huns for the transportation of troops and supplies.

Cincinnati has a deaf and dumb barber, but with the aid of a phonograph he manages to pull through.

## Partial List of Automobiles Registered in the Province

The following list of Automobiles registered with the Provincial Public Works Department is in addition to the list published last week. Further additions will be published each week until complete.

10001 R. A. Smith, Carter's Point, Kings Co., Ford.	10036 A. T. Reid, Rollingdam, Ford.
10002 Fred Edney, Taymouth, York Co., Chevrolet.	10037 Wm. A. Johnston, Berry's Mills, West. Co., Ford.
10003 Joseph Pickard, c. o. John Pickard, Beechwood, Car. Co., Ford.	10038 Jos. V. Ouellette, R. R. No. 2, Grand Falls, Ford.
10004 Silas Hicks, Midgie, West. Co., Ford.	10039 Mansfield Ellis, Bannock, Car. Co., Briscoe.
10005 Lorne Estabrooks, Sackville, Ford.	10040 Jos. Belanger, Kedgewick, Ford.
10006 Guy Dixon, Upp. Pt. de Bute, West. Co., Ford.	10041 F. A. Dixon, Sackville, Overland.
10007 Hymen Goldstein, Sackville, Overland.	10042 Harry Foster, Canterbury Sta., York Co., Ford.
10008 John B. Edgar, R.F.D. No. 1, Hatfield's Pt., Kings County, Overland.	10043 Layton Spence, Bayfield, Ford.
10009 Bruce Johnson, Berry's Mills, West. Co., Ford.	10044 W. C. Welton, Newcastle Bridge, Queens Co., Ford.
10010 Frank P. Doucet, Bathurst, Chevrolet.	10045 Gilbert Barbour, Bathurst, Ford.
10011 C. F. & H. L. Smalley, c. o. F. Hagerman, Hartland, Gray Dor.	10046 Geo. H. King, Chipman, Nash.
10012 Simon Bean, Blackville, McLaughlin.	10047 John Bridges, Sheffield, Chevrolet.
10013 J. A. Allard, P. P., Valdemour, Rest. Co., Chev'r.	10048 John F. Flemming, Aroostook Jet., Buick.
10014 A. T. Leger, Richibucto, Chevrolet.	10049 John Moody, Acton, York Co., Chevrolet.
10015 W. A. Fraser, Cross Creek, York Co., McLaughlin.	10050 Thos. B. Hartt, Fredericton Jet., Gray Dor.
10016 Wm. Briggs, River Bank, Car. Co., Chevrolet.	10051 Dr. H. T. Knapp, Sackville, Overland.
10017 Herbert Turner, Port Elgin, West. Co., Ford.	10052 A. B. Copp, Sackville, Chevrolet.
10018 John Everett, c. o. H. H. Hetherington, Aroostook Junction, Vic. Co., Gray Dor.	10053 James L. Dixon, Sackville, Chalmers.
10019 H. Acker, St. Stephen, Ford.	10054 Harry Crotty, Fredericton, McLaughlin.
10020 D. M. Ferry & Co., Ltd., (J. Greenwald, agent), Windsor, Ont., Ford.	10055 C. W. Patriquen, Chipman, Chevrolet.
10021 John J. Sullivan, Redbank, North. Co., Studebaker.	10056 John W. Hopper, Hopper, Albert Co., Maxwell.
10022 Dr. E. V. Sullivan, St. Stephen, Ford.	10057 M. H. Parlee, Hampton, Kings Co., Chevrolet.
10023 Dr. W. W. White, c. o. Great Eastern Garage, St. John, Nash.	10058 Lawrence B. Carson, Butternut Ridge, Kings Co., McLaughlin.
10024 C. J. Moore, 165 Dufferin St., Moncton, Chevrolet.	10059 A. D. Holyoke, Woodstock, Chalmers.
10025 Russell Swan, Harvey Station, Chevrolet.	10060 J. H. Burbridge, Minto (New Zion), Overland.
10026 F. L. Elkin, 173 Marsh Road, St. John, Ford.	10061 Roy Justason, Pennfield, Char. Co., Ford.
10027 J. E. Quinn, City Market, St. John, Ford.	10062 Trueman Justason, Pennfield (Ford).
10028 Clinton Drake, Mt. Pleasant, Car. Co., Ford.	10063 Edgar Justason, Pennfield, Ford.
	10064 Wm. E. Gordon, Fawcett Hill, West. Co., Maxwell.
	10065 Henry A. Smith, Windsor, Car. Co., McLaughlin.
	10066 Wm. J. Steeves, Hillside, R. R. No. 1, Elgin, Chevrolet.
	10067 Wm. A. K. McQueen, Dorchester, Ford.

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#### Economic Law of Smoking.

Two old Scotchmen sat by the road-  
side smoking.

"There's no muckle pleasure in  
smokin' Sandy," said Donald.  
"Hoo dae ye mak that out?" questioned  
Sandy.

"Weel," said Donald, "ye see, if ye  
are smokin' yer ain bacca ye're think-  
in' of the awfu' expense; an' if ye're  
smokin' some ither body's yer pipe's  
ramm'd sae tight it winna draw."

Father, in autumn's solemn hush,  
once more becomes a conscientious ob-  
jector with respect to mother's pre-  
emption of all the hooks in the clothes  
press.

The ultimate in commercial candor  
is reached by a Milwaukee department  
store, which advertises: "Women will  
make short work of these thread silk  
stockings."

