

Children Cry for Fletcher's

CASTORIA

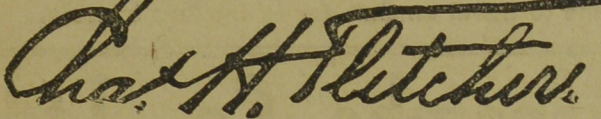
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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FREDERICTON, N. B.

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Office 419-11

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TWENTY YEARS' LONDON, ENG., EXPERIENCE.

King Street, - - - Opposite Boyle's Telephone 574.

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Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

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Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.

THE WINTER TERM of the FREDERICTON BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,
1918. Pamphlet giving particulars of
our courses of study, rates of tuition,
etc., will be mailed to any address on
application. Address
W. J. OSBORNE, Principal,
Fredericton, N. B.

OF INTEREST TO WOMEN

BUCKWHEAT RECIPES.

Not so many years ago it would have been a joke to print a recipe for buckwheat "flapjacks" in this country for buckwheat used to extensively grown in the province and was cheaper than wheat flour. With the opening up of the great western wheat fields and the low price of wheat flour buckwheat became almost unknown in the majority of town and city homes.

Now, with conservation and win-the-war campaigns, the buckwheat pancake is coming into its own again.

Buckwheat Griddle Cakes.

One cup buckwheat flour, 1 heaping teaspoon of baking powder, a half teaspoon salt, 1 tablespoon sugar, and a quarter cup of milk and the same of water. Sift the dry ingredients together twice, add all the liquid at once; stir until thoroughly mixed; then bake at once on a hot well greased griddle.

Old-Time Buckwheat Cakes.

Sift 1 quart buckwheat flour with 1 cup Indian meal and 1 tablespoon of salt. Add 3 cups hot water and 1 of milk. Beat batter and add a yeast cake dissolved in 1 cup lukewarm water. Set the batter to rise over night. In the morning beat batter again, and grease the griddle and add 1 cup of warm milk in which a heaping teaspoon of soda has been dissolved. If batter is not thin enough, add more milk.

Buckwheat Muffins.

One and one-quarter cups buckwheat flour, three-quarters of a cup of flour, 4 teaspoons baking powder, 2 tablespoons sugar, 1 teaspoon salt, one cup milk, 2 tablespoons shortening. Mix and sift dry ingredients, add milk and melted shortening, beat until smooth. Bake in hot oven 20 to 25 minutes.

HELPFUL HINTS.

Boiling starch is much improved by the addition of salt or a little gum arabic dissolved.

A tablespoonful of turpentine boiled with the white clothes will greatly aid the whitening process.

Old boot tops cut into the required size and lined with a strong fabric make good iron-holders.

Odors from boiling ham, cabbage, onions, etc., may be prevented by putting a piece of charcoal into the kettle.

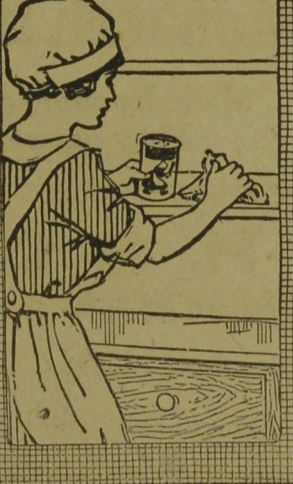
To preserve cut flowers, put a little saltpetre in the water.

To clean an enamelled sink or wash bowl moisten a cupful of table salt



Old Dutch

You Will
Be Proud
of your pantry
if you use
Old Dutch.
It keeps things
clean and bright
with very little
labor.



HOW TO GET RID OF RHEUMATISM

"Fruit-a-tives" Point the Way
to Quick Relief

VERONA, ONT.
"I suffered for a number of years with Rheumatism and severe Pains in my Side and Back, caused by strains and heavy lifting.

When I had given up hope of ever being well again, a friend recommended 'Fruit-a-tives' to me and after using the first box I felt so much better that I continued to take them; and now I am enjoying the best of health, thanks to your wonderful fruit medicine."

W. M. LAMPSON.

"Fruit-a-tives" are sold by all dealers at 50c. a box, 6 for \$2.50, trial size 25c.—or sent postpaid by Fruit-a-tives Limited, Ottawa.

with turpentine and rub the tub with this.

ONE DAY STRIKE CARRIED OUT

Amsterdam, Feb. 19—A despatch from Vienna says that as a demonstration against the peace effected with the Ukraine, a one day strike was carried out by the workmen of Lemberg, Oracow and other Galician towns Monday. There were speeches, processions and religious services, but order everywhere was preserved.



The old reliable remedy for rheumatism, neuralgia, sore throat and sprains.

Best Liniment Made

Mr. A. E. LAUNDY, EDMONTON, writes: "I fell from a building and received what the doctor called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best liniment made."

Minard's Liniment always gives satisfaction. For any ache or pain. It gives instant relief.
Minard's Liniment Co., Limited
Yarmouth, N. S.

NOTICE OF LEGISLATION.

Notice is hereby given, that application will be made at the next session of the Legislature of the Province of New Brunswick for the passage of an Act to incorporate the New Brunswick Western Railway Company, with a capital stock of \$400,000.00, with power to build and operate a line of railway from a point on the River Saint John in the County of York between Meductic and Pokok and a point in the Parish of North Lake in the said County at or near the head of North Lake, being on the international boundary between the United States of America and the Dominion of Canada, and there to connect with the Eastern Maine Railroad chartered by the Legislature of the State of Maine, with all the usual powers incidental thereto, and with authority to acquire by purchase or otherwise, and own, operate and sell hydro-electric power and energy for all purposes.

Dated at Fredericton, N. B., this eighteenth day of February, A. D. 1918.
SLIPP & HANSON,
4 wks Solicitors for Applicants.

Wholesale Dry Goods and Woolens

House Furnishings For Spring

Lace Curtains
Scrim Curtains
Curtain Muslin and Drap-
eries of all kinds
Cretonnes and Casement
Cloths
White Bed Spreads
Towels, Napkins and Ta-
ble Linens
Ollcloths and Linoleums
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie & Company, Ltd.

WHOLESALE DRY GOODS and WOOLENS
ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

Bicycle Storage

Now is the time to have your Wheel attended to. We will call for your Wheel, clean all bearings, repair in any way needed, store for the winter and deliver it to you in the spring like new.

Bicycle Repairs and Accessories always in stock.
PRICES REASONABLE.

LANGILLE'S CYCLE SHOP

'Phone 334-41.

E. T. LANGILLE, Prop.

FURS

We have a Fine Range of FUR COATS — Korean Beaver, Wombat, Black Dog, Coon, etc. Also FUR LINED COATS and CLOTH COATS with FUR COLLARS.

Splendid Value in MACKINAWs, LADIES' COATS and FURS, SLEIGH ROBES, WOOL RUGS and HORSE BLANKETS. Inspection invited.

J. CLARK & SON LIMITED

New Supply of
Vaccination Shields
15 cents

—AT—

WILEY'S PHARMACY, York Street

VICTOR SUPREMACY

The Greatest Music, By the Greatest Artists, Only on the Victrola.

These great artists have chosen Victor Records exclusively to carry their art to all the world.

Come in to-day and let us play some of these records for you.

Ask for a free copy of the Big Victor Record Catalogue.

We have a large stock of Victrolas on hand this week and would be pleased to demonstrate them at any time.

The Victrola illustrated here is a beautiful solid mahogany instrument and can be procured by paying \$10.00 cash and the balance in small weekly or monthly payments.

The McMurray Book & Stat'y Co., Ltd.

The Piano People