

Children Cry for Fletcher's

# CASTORIA

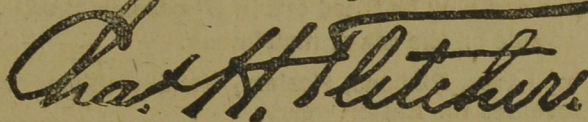
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Dr. H. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years  
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

### DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence . . . . . 349-41

Office . . . . . 419-11

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TWENTY YEARS' LONDON, ENG. EXPERIENCE.

King Street, . . . . . Opposite Boyle's  
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### W. J. IRVINE, DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m.;  
2 p.m. to 5 p.m.  
'Phone—338-11

### DR. L. R. DAVISON, DENTAL SURGEON

Graduate of R. C. D. S., Toronto, Ont.

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Best and Most Modern Funera  
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### HARRY R. ADAMS, SUCCESSION TO THE LATE JOHN G. ADAMS UNDERTAKER

610 Queen Street.

'Phone or Telegraph Orders Shipped  
on all trains or boats at short  
notice.

### THE WINTER TERM of the FREDERICTON BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7, 1918. Pamphlet giving particulars of our courses of study, rates of tuition, etc., will be mailed to any address on application. Address  
W. J. OSBORNE, Principal,  
Fredericton, N. B.

## OF INTEREST TO WOMEN

FROZEN FISH

If the people of Canada would make more use of frozen fish, prices and supply would be more regular and the whole fishing industry revolutionized. Frozen fish, chilled soon after leaving the water by natural frost or modern refrigeration, is just as good eating as any fish that ever came out of the seas or lakes.

In the past, poor methods of handling, careless refrigeration and the misuse of cold storage, have been responsible for the antipathy against frozen fish. The housewife, through ignorance of the proper manner in thawing and cooking the chilled fish, has been at fault.

Millions of whitefish, trout, pickerel, pike, tullibees, mullets, goldeyes and herring are caught through the ice of Canada's lakes and rivers during the intense cold of the winter and are frozen stiff immediately after being husked from the nets.

Deep Sea Fish.

Similarly millions of pounds of halibut, salmon, cod, haddock, hake, herring, mackerel, smelts, tomcods, skate, whiting, shad etc. are caught in the seas and estuaries of Canada and frozen and glazed in the refrigeration chambers immediately they are landed from the fishing boats.

Such fish are in the freshest possible condition when frozen and while kept frozen deterioration and decay are absolutely suspended. In this condition they can be shipped thousands of miles in refrigeration cars.

The purchaser, if ignorant of the proper method of thawing, can spoil the fish and add to the unwarranted prejudice against it.

How to Prepare Frozen Fish.

Keep the fish frozen until ready for use, then put into cold water long enough, but no longer, than necessary to take all the frost out. It will then be ready to cook. Do not de-frost fish in warm or hot water or by artificial heat. If defrosted in cold water frozen fish will be found fresh and fine flavored as the day caught.

I would strongly urge the greater and more intelligent use of frozen fish. It is a small thing to ask Canadians to do, but a general use of fish would release tons of beef and bacon for our soldiers and Allies.

Your co-operation will be greatly appreciated.

Canada Food Board.

## A BRITISH RATION RHYME.

Your ration of bread  
Will keep you well fed—  
You don't need to eat any more.  
Each ounce that you take  
Has a life at stake  
And helping to lose us the war.

Think one and think twice  
Ere you cut a new slice,  
And show your . . . pl . . . .  
And show honor and pluck and good sense,  
Bread is blood—bread is guns—  
Bread's our fort 'gainst the Huns!  
Don't destroy the last line of defence!

Making Inspection.

Major Jost, A. D. of M. S., of the District Staff in St. John, arrived in the city Tuesday and is making an inspection of the different military quarters in this city. Yesterday afternoon he made an inspection of the Convalescent Home at the Old Government House. The work there is being rushed to completion and it is expected that the Home will be occupied by some of the convalescent returned men some time next month. The armories where the convalescent men are being cared for in St. John are being taken over by the Army Medical Corps and it is understood that the Convalescent Home in this city also will change hands before the wounded men begin to arrive in this city.

TO VISIT SIBERIA.

(Canadian Press direct wire.)  
Petrograd, Mar. 20. — An American mission will visit Siberia to investigate reports of the arming of prisoners of war.

## Notice of Legislation.

Public Notice is hereby given that application will be made at the next session of the Legislative Assembly of the Province of New Brunswick, for the passage of an Act authorizing and empowering the City Council of the City of Fredericton to grant further exemptions in respect of Free Water, Free Sewerage and Free Taxation on the site, plant, equipment, stock in trade and property generally of The Hartt Boot & Shoe Company, Limited. Dated at Fredericton, N. B., this 6th day of February, A. D. 1918.

MOSES MITCHELL, Mayor.

G. R. PERKINS, City Clerk

## CONSTANT PAIN AFTER EATING

The Tortures of Dyspepsia  
Corrected by "Fruit-a-tives"

ST. MARTIN'S, N.B.

"For two years, I suffered tortures from *Severe Dyspepsia*. I had constant pains after eating; pains down the sides and back; and horrible bitter stuff often came up in my mouth.

I tried doctors, but they did not help me. But as soon as I started taking 'Fruit-a-tives', I began to improve and this medicine, made of fruit juices, relieved me when everything else failed."

MRS. HUDSON MARSHBANK.  
50c. a box, 6 for \$2.50, trial size 25c.  
At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

## SHIPMENT OF GRAIN HALTED

(Canadian Press direct wire.)

Buenos Aires, Mar. 20.— Grain shipments to the Allies from the port of Rosario again have been halted by a strike of the workers. Notices have been posted throughout Rosario giving details of charges that German influences have been behind the labor troubles there during the last six months. The proclamation gives the number of checks drawn against a German bank, the proceeds from which were used for strike purposes.

## CLERGYMAN IN TROUBLE

Burlington, Vt., March 20.— Rev. Clarence H. Waldron, of Windsor, was found guilty tonight by a jury in the Federal court on a charge of urging opposition to the army draft. The jury deliberated eleven hours.

Capt. W. H. Steeves of the C.A.D.C., in this city was a passenger on the St. John train yesterday morning.

## TROUBLED WITH CONSTIPATION HEART AND NERVE From 16 to 20.

Constipation is one of the commonest ills of mankind, and one too often allowed to go unlooked after until some serious complication sets in.

If the bowels are properly looked after there will be no constipation, jaundice, sick or bilious headaches, heartburn, coated tongue, sour stomach, floating specks before the eyes, etc. Milburn's Laxa-Liver Pills will keep your bowels so regulated that in no time the constipation will disappear.

Miss Emma E. Melanson, Halifax, entirely.  
N.S., writes: "I am now 20 years of age and since I was 16 I have been greatly troubled with constipation, so much so that at times I would be in bed three or four days a month. I tried all the old fashioned remedies, castor oil, cascara, etc., with only temporary relief until my sister-in-law gave me some of Milburn's Laxa-Liver Pills. From the first they seemed beneficial and I gave them a fair trial. This was two years ago, and with an occasional dose I have kept entirely free from constipation for the period mentioned."

Milburn's Laxa-Liver Pills are 25c. a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Wholesale Dry Goods and Woolens

## House Furnishings For Spring

Lace Curtains  
Scrim Curtains  
Curtain Muslin and Drap-  
eries of all kinds  
Cretonnes and Casement  
Cloths  
White Bed Spreads  
Towels, Napkins and Ta-  
ble Linens  
Oilcloths and Linoleums  
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie &amp; Company, Ltd.

WHOLESALE DRY GOODS and WOOLENS  
ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

## Bicycle Storage

Now is the time to have your Wheel attended to. We will call for your Wheel, clean all bearings, repair in any way needed, store for the winter and deliver it to you in the spring like new.

Bicycle Repairs and Accessories always in stock.  
PRICES REASONABLE.

## LANGILLE'S CYCLE SHOP

'Phone 334-41.

E. T. LANGILLE, Prop.

## Increased Production is the Patriotic Duty.

As an aid we can furnish the most up-to-date FARM MACHINERY and IMPLEMENTS, including THE IRON AGE (Robbins) Potato Planter, the one that plants 100 per cent.

THE ASPINWALL, the best one man Planter.

Steel Wing and Disc Horse Hoes, Disc, Spring Tooth and Spike Tooth Harrows, the Watson Sprayers, Deering Disc Seed Drills, John Deere Riding Cultivators and Manure Spreaders, De Laval Cream Separators and other leading lines.

## J. Clark & Son Ltd.

FREDERICTON, N. B.

## Save your Eyes

## Smoked and Colored Glasses just Received

—AT—

WILEY'S PHARMACY, York Street

## Will You Come?

Allow us the pleasure of showing you our complete line of

## VICTOR VICTROLAS

and demonstrating this wonderful machine by playing for you some of your favorite selections.

We will also explain to you how you may have one of these Victrolas in your own home by our new adapted method.

Out of the city enquiry will receive our prompt and personal attention.

## The McMurray Book & Stat'y Co., Ltd.

The Piano People