

## CONSTANT PAIN AFTER EATING

### The Tortures of Dyspepsia Corrected by "Fruit-a-lives"

ST. MARTIN'S, N.B.  
"For two years, I suffered tortures from *Severe Dyspepsia*. I had constant pains after eating; pains down the sides and back; and horrible bitter stuff often came up in my mouth.

I tried doctors, but they did not help me. But as soon as I started taking 'Fruit-a-lives', I began to improve and this medicine, made of fruit juices, relieved me when everything else failed."

MRS. HUDSON MARSHBANK.  
50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

#### TOMMY'S FRENCH.

Tommy Atkins was having trouble to make the French waitress understand his French, in giving a limited order at the little restaurant. He had decided that he would regale himself on eggs. But she did not seem to get his idea, and was talking, as near as Tommy could understand, about horse meat.

"Nunno! Nunno!" he shouted in a high falsetto voice. "Hi want a couple of oofs; no, not 'orse's 'eefs; 'en's oofs."

Sometimes a man's love-making, like a cat's purring, simply signifies that he has just finished a good dinner and is perfectly comfortable and that you happen to be smoothing him the right way.

## SEEING THINGS IN A NEW YORK SUBWAY

(New York Sun.)

The Woman Who Saw squeezed in alongside the acute-angled old gentleman in order to give place for the brisk young lady who plumped into the subway.

No sooner was she seated than she frisked out of her spacious bead bag the beginnings of a gray army sock and began to knit furiously. She did it the "continental way," with one finger stuck high in the air.

Knit two, purl two, with mumbling lips she clicked off the circuit of four rows of dark gray intended to enhance the soft pale shade of the top of the sock.

Suddenly she halted, frowned, scrutinized and counted. Then, from out the folds of her knitting bag, she jerked a finished sock and holding them both up, compared them critically.

Quick as cat, she whisked out her needles and vindicated her scrutiny by ravelling out all the pretty rows of gray!

It was such a gritty thing for a beginner to do, such an unnecessary nicety in this rush time that the Woman Who Saw couldn't help thinking it must have taken nerve to do it.

Then round and round the ragged top she went, spearing grimly at the bothersome wrong end to little loops, and wasting enough time to finish the whole ribbed top.

Thrust, thrust into the disoblighing wool went the needles. Reverse and pick off and take back and try again, went the stitches. At last they stood all ready to start in all over again. So with passionate interest around and around then knitted the brisk young lady till her sock sported three gray rows of adornment, and tallied precisely with its mate.

A real piece of youthful thoroughness, thought the Woman Who Saw. Then she glanced down once more at the nervously inept if flying fingers—and behold! a little diamond solitaire gleamed on the third finger of the left hand.

## CANADIANS ARE GETTING NEEDED REST

(By J. B. Livesay, Canadian Press correspondent.)

With the Canadian Forces, Sept. 11.

The Canadian sector is quiet, and many of the troops are getting a well-earned rest. Some of the infantry battalions have been on the constant go for six weeks, marching when not fighting, with never an hour to write a letter or darn a sock. The front line is not yet stabilized and is very active, as the enemy concentrates a harassing fire from both north and east, while his snipers are particularly busy.

The lay of the land is in his favor at this passing stage of our general advance.

Behind the line goes on the ceaseless activity of field ambulances, casualty clearing stations and hospitals. The devoted work of the former is lightened now as with marvellous celerity and method the wounded are passed back to the forward hospitals then to be cleared when necessary to the base and sent to "Blighty."

During the heat of the fighting the advanced dressing stations staffs worked without cessation day and night, in their efforts to cope with the casualties. And well they succeeded. A Canadian hospital lies not far behind Arras with serried lines of huts, rectangular, bare and spotless. Here our wounded first reach the hands of Canadian nurses.

Speaking of saying the right thing the wrong way, a Seattle firm advertises that "Our mattresses are soft and deep, yet full of life."

## THE LATEST METHOD

of grafting skin over a severe burn or scald is by the Zam-Buk process. Zam-Buk contains herbal ingredients that literally grow new skin. How much safer, simpler and cheaper than the old method, which was by surgery!

Mrs. George Currie, of 194 Waterloo Ave., Guelph, Ont., writes: "My baby sustained a very severe burn, and although he received medical attention for eight weeks, he got very little better. Finally the doctor told me that skin would have to be grafted."

"Meantime I had heard of Zam-Buk and decided to try it first. This soothing balm soon drew out the inflammation, and in a short time I could notice a great improvement. New skin began to form, and in three weeks' time the burn was quite healed over, without having to resort to surgery."

Zam-Buk is equally good for cuts and bruises, as well as for eczema, old sores, blood-poisoning and piles. All dealers or Zam-Buk Co., Toronto. 50c. box, 3 for \$1.25.

## Zam-Buk

## CARRY ON A RELENTLESS WAR ON RATS

"The rat is responsible for more deaths among human beings than all the wars in history." This startling statement was made recently by David E. Lantz of the United States Biological Survey. Through the fleas that infest them rats are almost wholly responsible for the perpetuation and transmission of bubonic plague and it has been proved that they are also active agents in spreading pneumonic plague, diseases which have destroyed, at various times, millions of the world's population. Only prompt measures have prevented the outbreak of these diseases at large American seaports during recent years and constant vigilance at all great seaports is essential to prevent epidemics.

The economic loss caused by rats is almost incredible. It was estimated before the war that, in Great Britain, the annual damage due to rats amounted to \$73,000,000; in France, \$38,500,000, in Germany, \$47,640,000; in Denmark, \$3,000,000, and in the United States as much as \$200,000,000. To this must be added the cost of fighting the animals and the loss of human efficiency through diseases carried by them.

They are also exceedingly prolific. The brown rat, the largest and fiercest species found in America, will breed from six to ten times a year if food is plentiful, and will produce as many as ten or even more young to the litter.

The migrations of rats from one district to another are of much interest. During a series of years they may be comparatively scarce in a rural neighborhood, when suddenly they become abundant and do immense damage.

These migrations are usually due to an overflow of rat population in more regularly infested areas.

To combat the pests, one of the best means is to render all buildings rat-proof. Grain store houses should be put on posts at least 18 inches high and each post covered with some form of sheet metal. Cellars and basements should be floored and lined with concrete, windows well screened and all drains properly trapped.

Grain and food must be kept from their reach in every possible manner. The best means of destroying them is the use of dogs, cats, poisons and traps.

Poisons require careful handling on account of the danger to other animals and also to human beings. The best trap to use is the small snap wire trap which has the advantage of being cheap and where rats are numerous three or four dozen of them can be used. It is important for everyone in an infested neighborhood to combat them, for if a single farmer or householder neglects to do so, his premises may provide a menace to a whole district.

## INCOMPARABLE COMPARISONS

In a familiar story a man on trial for pocket picking asked the judge, "Now judge, supposing you picked my pocket—"

"But that's not a supposable case." "Well, judge, supposing I picked your pocket—"

"Ah, very supposable; go on." The motif of this story is repeated in the following from a current magazine:

A negro who was well known to the judge had been haled into court on a charge of having struck a relative with a brick. After the usual preliminaries the court inquired:

"Why did you hit this man?" "Judge, he called me a black rascal."

"Well, you are one, aren't you?" "Yessah, maybe I is one. But, judge, s'pose some one should call you a black rascal, wouldn't you hit 'em?"

"But I'm not one, am I?" "Naw, sah, naw, sah, you ain't one; but s'pose some one'd call you de kind of rascal you is, what's you do?"



## PALMER'S Summer Packs

for the **50**

You can't enjoy farm labor with tired, aching feet. So, boys, slip your feet into Palmer's Summer Packs. Made from durable yet soft, pliable, oil-tanned, Skowhegan waterproof leather—the ideal farm shoe for comfort and wear.

Easy to put on and take off. Large eyelets, quickly laced. Solid leather heel, sole and insoles. Bellows tongues.

Ask your dealer to show you "Moose Head Brand"

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Fredericton, N.B., Canada

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- Lace Curtains
- Scrim Curtains
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WHOLESALE DRY GOODS AND WOOLENS  
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Our Motto: Promptness, Accuracy, Courtesy, Care.

## TO THE FARMERS OF NEW BRUNSWICK

Don't let the scarcity of labor worry you as harvest time approaches. You will get your grain harvested more readily and more efficiently than ever before if you purchase a

### A DEERING 5 FT. REAPER

It is the best investment you can make this summer. The Deering Reaper has few working parts. It has a strong main frame. The rakes can be set to reel the grain or to sweep the platform. These are only a few of its points. Try it and see!

### A DEERING BINDER

is the thing for your large grain fields. The Deering built especially for Eastern Canada. See the T cut close to the ground. Note the steel construction, the ball and roller bearings, the convenient placing of the ter. You will be convinced that it is what YOU need

W IDEAL Binder is arranged to cut ht draft because of ers, the ideal knot- or sale by

## J. Clark & Son Ltd.

FREDERICTON, N. B.

### OVERLAND MODEL 90 THE THRIFT CAR

BEST VALUE IN THE MARKET IN MEDIUM PRICED CAR—25 Miles to Gallon Gasoline.

Have You See the NEW CHALMERS ENGINE with the "Hot Spot?" The car that holds the world's records. Come in and look them over.

### FREDERICTON MOTOR SALES CO.,

'PHONE 352-11.. QUEEN STREET, FREDERICTON, N. B.

### TWO REQUISITES FOR HOME COMFORT ARE

## Sanitary Plumbing and an Adequate Heating Apparatus

We are prepared to instal the very best and most modern of these necessities. The standing of those for whom we have done such work is sufficient guarantee of our skill and square dealing.

Keep our address and 'phone number where you can find it instantly. Carleton Street. 'Phone 563.

### D. J. SHEA & SON.

Sanitary Plumbing & Heating

81 Carleton Street

## Imperial Dyspepsia Tablets

Restores normal digestion. Price 25c.

Sold only by

C. FRED CHESTNUT THE QUALITY DRUG STORE  
572 Queen Street.

# NOTICE

## TO UNITED STATES CITIZENS IN CANADA.

By the United States Military Service Convention Regulations, approved by the Governor-in-Council on 20th August, 1918, MALE CITIZENS OF THE UNITED STATES IN CANADA, WITHIN THE AGES for the time being SPECIFIED BY THE LAWS OF THE UNITED STATES prescribing compulsory military service, except those who have diplomatic exemption, ARE MADE SUBJECT AND LIABLE TO MILITARY SERVICE IN CANADA, AND BECOME ENTITLED TO EXEMPTION OR DISCHARGE THEREFROM, UNDER THE CANADIAN LAWS AND REGULATIONS. The regulations governing this liability are published in the Canada Gazette (Extra) of 21st August, 1918; copy whereof may be obtained upon application through the post to the Director of the Military Service Branch of the Department of Justice at Ottawa.

UNITED STATES CITIZENS of the description aforesaid who were IN CANADA ON 30th JULY, 1918, HAVE SIXTY DAYS FROM THAT DATE within which TO EXERCISE AN OPTION TO ENLIST or enroll IN THE FORCES OF THE UNITED

STATES, or TO RETURN to the United States; and THOSE WHO for any reason SUBSEQUENTLY BECOME LIABLE TO MILITARY SERVICE IN CANADA HAVE THIRTY DAYS FROM THE DATE of the accruing OF SUCH LIABILITY within which to exercise the like option. It is stipulated by the Convention also that certificates of diplomatic exemption may be granted within the optional periods aforesaid. EVERY CITIZEN OF THE UNITED STATES TO WHOM THE REGULATIONS APPLY is required to REPORT TO THE REGISTRAR under the Military Service Act, 1917, FOR THE province or DISTRICT WITHIN WHICH he is, in the manner by the regulations prescribed, WITHIN TEN DAYS AFTER THE EXPIRY OF HIS OPTIONAL PERIOD and will be SUBJECT TO PENALTIES IF without reasonable excuse HE FAIL SO TO REPORT. For the information of those whom it may concern Sections 3 and 4 defining the requirements of registration, with which it will be necessary strictly to comply, are set out substantially as follows:—

### REGULATIONS

3. EVERY MALE CITIZEN OF THE UNITED STATES WITHIN THE AGES for the time being SPECIFIED IN THE LAWS OF THE UNITED STATES prescribing compulsory military service, not including those who have diplomatic exemption, WITHIN TEN DAYS AFTER THE EXPIRY OF THE TIME LIMITED BY THE CONVENTION within which the Government of the United States may issue him a certificate of diplomatic exemption, SHALL TRULY REPORT TO THE REGISTRAR BY REGISTERED POST, and in writing which is plainly legible, his name in full, his occupation and the date of his birth; stating also whether he is single, married or a widower; and if the latter, whether he has a child living; also if married, the date of his marriage; and stating moreover his place of residence and usual post office address in Canada; and, if he reside within a city or place where the streets and dwellings are named and numbered, the name and number of his street and dwelling; or if he reside in another place, the lot and concession number, section, township, range, and meridian, or other definite description whereby his place of residence may be located, having regard to the custom of the locality in which he lives; and IF WITHOUT REASONABLE EXCUSE HE NEGLECT OR FAIL TO

REPORT IN THE MANNER and with the particulars aforesaid within the time limited as aforesaid, HE SHALL BE GUILTY OF AN OFFENCE, AND SHALL BE LIABLE UPON SUMMARY CONVICTION to a penalty not EXCEEDING FIVE HUNDRED DOLLARS, AND TO IMPRISONMENT for any term not exceeding six months, and moreover he shall incur A PENALTY OF \$10.00 FOR EACH DAY after the time when or within which he should have registered during which he shall continue to be unregistered.

4. EVERY UNITED STATES CITIZEN WHO HAS DIPLOMATIC EXEMPTION, although not otherwise subject to these regulations SHALL WITHIN TEN DAYS after the granting of the same truly REPORT TO THE REGISTRAR, in like manner and with the same particulars as required by the last preceding section; and in addition he shall embody in his report a true and complete statement of the particulars of his certificate of diplomatic exemption. NEGLECT OR FAILURE without reasonable excuse to comply with the requirements of this section SHALL CONSTITUTE AN OFFENCE PUNISHABLE IN THE MANNER AND BY THE PENALTIES provided in the last preceding section.

ISSUED BY THE DEPARTMENT OF JUSTICE, MILITARY SERVICE BRANCH.