

Children Cry for Fletcher's

# CASTORIA

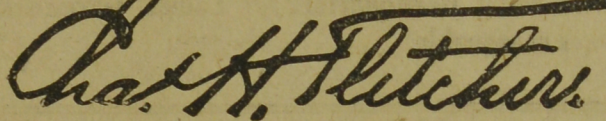
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years  
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

### DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence . . . . . 349-41

Office . . . . . 419-11

### DR. GERRARD, DENTIST

TWENTY YEARS' LONDON, ENG., EXPERIENCE.

King Street, - - - Opposite Boyle's  
Telephone 574.

### W. J. IRVINE, DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door  
to Bank of N. S. Building,  
Queen Street.OFFICE HOURS—10 a.m. to 1 p.m.;  
2 p.m. to 5 p.m.  
'Phone—338-11

### DR. L. R. DAVISON, DENTAL SURGEON

Graduate of R. C. D. S., Toronto, Ont.

OFFICE—Inces Building, Queen St.,  
Lately Occupied by Capt. F. W.  
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### J. A. McADAM, UNDERTAKER

REGENT STREET

Best and Most Modern Funera  
Equipment in the City.

Residence Telephone . . . . . 70-41

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### HARRY R. ADAMS, SUCCESSOR TO THE LATE JOHN G. ADAMS UNDERTAKER

610 Queen Street.

'Phone or Telegraph Orders Shipped  
on all trains or boats at short  
notice.

### THE WINTER TERM of the FREDERICTON BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,  
1918. Pamphlet giving particulars  
of our courses of study, rates of tuition,  
etc., will be mailed to any address on  
application. Address  
W. J. OSBORNE, Principal,  
Fredericton, N. B.

## OF INTEREST TO WOMEN

Do your bit in the kitchen. Save  
wheat and meat for our men in  
France.

### THREE GREAT FACTORS.

The three factors which will shape  
and determine the issue of this war  
are: Money, Men and Food. We are  
spending money in unlimited sums.  
We have given and are giving unstint-  
ingly of our men. Food is one of our  
most difficult problems.

We are asked to conserve meat and  
wheat. Why did we always depend on  
meat for our diet? Because it was  
plentiful and gave us the necessary  
protein for our bodies.

Protein is a tissue builder and there-  
fore vitally necessary as such. Now  
it is our patriotic duty to consider  
carefully from what other foods we  
can obtain this protein.

1. Animal foods containing protein:
  - (a) Poultry and eggs.
  - (b) Game in season.
  - (c) Fish.
  - (d) Skim milk.
  - (e) Milk and cheese.
2. Vegetable foods containing protein:
  - (a) Legumes (peas, beans, etc.)
  - (b) Cereals (oats, rye, barley).
  - (c) Nuts.
3. Protein may be supplied and all  
waste eliminated by use of left-over  
meats as follows:
  - (a) In soups.
  - (b) With cereals.
  - (c) With legumes.
  - (d) With green or starchy vegeta-  
bles.

Meats easily transported and there-  
for especially to be saved, are Beef,  
mutton and pork.

### Fish is Good Food.

Let us try to remember that fish is  
very similar to meat in its dietary  
characteristics. While this form of  
food is very scarce in Great Britain  
since the U-boats have played havoc  
with coast fishermen, we are more for-  
tunate and should try this form of diet.

Consumers therefore are advised to  
demand from their dealers cod, had-  
dock, herring and the more moderate-  
ly priced fish and to insist on the  
merchants ordering the supplies.

We all expect our war-fare to cost  
us more than our pre-war-fare. While  
poultry is among the best substitutes  
and should be used whenever possible,  
eggs will soon be plentiful and they  
make an excellent, easily digested sub-  
stitute for meat.

The "S.O.S." signal has a new mean-  
ing today for us all—"Save or Starve."

Do your bit in the kitchen. Save  
wheat and meat for our men in  
France.

New York city has a total of 132  
modernized hotels, with an aggregate  
of 36,660 rooms.

### NOTICE OF LEGISLATION.

Notice is hereby given, that appli-  
cation will be made at the next session  
of the Legislature of the Province of  
New Brunswick for the passage of an  
Act to incorporate the New Brunswick  
Western Railway Company, with a  
capital stock of \$400,000.00, with power  
to build and operate a line of railway  
from a point on the River Saint John  
in the County of York between Me-  
dectic and Pokiok and a point in the  
Parish of North Lake in the said  
County at or near the head of North  
Lake, being on the international bound-  
ary between the United States of Am-  
erica and the Dominion of Canada, and  
there to connect with the Eastern  
Maine Railroad chartered by the Leg-  
islature of the State of Maine, with all  
the usual powers incidental thereto,  
and with authority to acquire by pur-  
chase or otherwise, and own, operate  
and sell hydro-electric power and en-  
ergy for all purposes.

Dated at Fredericton, N. B., this  
eighteenth day of February, A. D. 1918.  
SLIPP & HANSON,  
4 wks Solicitors for Applicants.

### MUNICIPALITY OF YORK.

#### Orders for Seed Grain.

All orders for Seed Grain should be  
in the hands of the Seed Grain Com-  
mittee or the Secretary-Treasurer of  
this Municipality, not later than Satur-  
day, the 16th inst. We wish to remind  
those who filled in and signed the Seed  
Grain Cards distributed by the Agri-  
cultural Department, that these did not  
constitute orders. Place your orders  
with your Councillor now.

A further notice from the Agricul-  
tural Department regarding prices is  
published in this issue. Five cents  
per bushel will be added by this com-  
mittee to cover cost of distribution.  
T. C. EVERETT,  
Chairman Seed Grain Committee,  
Municipality of York.  
dly-wkly td

## CURED MY COUGH IN ONE NIGHT

Relieved Me of a Throat Weakness  
That Resisted Every Treatment.

### "SUFFERERS, FOLLOW MY PLAN."

"After being loaded down with a  
chronic hacking cough for months,  
you can imagine my joy at finding  
even a relief from it," writes Mrs. O.  
A. Tooker, of Monson, Mass. U.S.A.  
"I was troubled with an irritable  
throat weakness and asthma that sim-  
ply defied every medicine I ever used.  
I was discouraged until a friend re-  
commended Catarrhazone so strongly  
that I bought a dollar outfit from my  
druggist. I breathed in the healing  
fumes of Catarrhazone very deeply—  
used the inhaler five minutes every  
hour. After the first day I was better,  
and next morning my cough was  
gone. My asthma is cured, my throat  
weakness is gone, and I am well. For  
two years indeed, with the aid of Ca-  
tarrhazone, I have kept perfectly well.  
I have also used Dr. Hamilton's Pills  
for constipation with grand results,  
and consider your remedies have done  
wonders for me."

Thousands of wonderful cures are  
reported every year. Catarrhazone  
does all that is claimed for it, and is  
certainly most efficient for colds, bron-  
chitis, throat trouble, asthma and cat-  
arrh. The two months' treatment  
(large size), price \$1.00, is guaran-  
teed, smaller size 50c., sample size  
25c., at all storekeepers and druggists,  
or The Catarrhazone Co., Buffalo, N.  
Y., and Kingston, Canada.

## NOTICE

A Meeting of the Returned Soldiers  
Ad will be held the Council Chamber  
MONDAY, March 11th, at 3 o'clock.

## CITY ELECTION

The Election for Mayor and for Al-  
dermen for the City of Fredericton for  
the ensuing year will be holden on

Monday, the 11th Day of  
March, 1918,

At the Polling Places as follows:  
Division No. 1—For all voters resid-  
ing or owning property above the  
northwest centre line of Carleton  
street prolonged, at or near the City  
Hall, in the said city.

Division No. 2—For all voters resid-  
ing or owning property in the remain-  
der of the said City, at or near the  
County Court House in the said City.

### Nominations.

Every Candidate for the office of  
Mayor or Alderman shall be qualified  
to vote at the election for which he is  
nominated, and shall be nominated in  
writing by at least TWO ratepayers  
residing in the City of Fredericton,  
and qualified to vote at the ensuing  
election for which such Candidate is  
nominated.

Every nomination paper with the  
certificate of the City Treasurer shall  
be filed with the City Clerk or at his  
office and not later than Four o'clock  
on the afternoon of MONDAY, the 4th  
day of March, 1918, and the City Clerk  
before receiving such nomination pa-  
per shall ascertain from the same that  
the requirements of the Election Act  
have been complied with.

No Candidate is qualified to be no-  
minated for Alderman unless at the time  
of nomination he is a resident of the  
Ward for which he is nominated.

The acceptance of each candidate  
and the signatures of at least TWO  
resident qualified voters, who must  
sign nomination paper, shall be  
proved by a witness by affidavit attached  
to the nomination.

In case of a contest, each elector  
shall be entitled to vote for ONE can-  
didate for Mayor, for ONE candidate  
for Alderman for Wellington Ward,  
for ONE candidate for Alderman for  
St. Ann's Ward, for ONE candidate for  
Alderman for Carleton Ward, for ONE  
candidate for Alderman for Queen's  
Ward, and for ONE candidate for Al-  
derman for Kings Ward.

Dated this 25th day of February, A.  
D. 1918.

G. R. PERKINS,  
City Clerk.

Wholesale Dry Goods and Woolens

## House Furnishings For Spring

Lace Curtains  
Scrim Curtains  
Curtain Muslin and Drap-  
eries of all kinds  
Cretannes and Casement  
Cloths  
White Bed Spreads  
Towels, Napkins and Ta-  
ble Linens  
Oilcloths and Linoleums  
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie &amp; Company, Ltd.

WHOLESALE DRY GOODS AND WOOLENS  
ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

## Bicycle Storage

Now is the time to have your Wheel attended to. We will  
call for your Wheel, clean all bearings, repair in any way  
needed, store for the winter and deliver it to you in the spring  
like new.

Bicycle Repairs and Accessories always in stock.  
PRICES REASONABLE.

## LANGILLE'S CYCLE SHOP

'Phone 334-41.

E. T. LANGILLE, Prop.

## FURS

We have a Fine Range of FUR COATS — Korean Beaver,  
Wombat, Black Dog, Coon, etc. Also FUR LINED COATS and  
CLOTH COATS with FUR COLLARS.

Splendid Value in MACKINAWs, LADIES' COATS and  
FURS, SLEIGH ROBES, WOOL RUGS and HORSE BLANK-  
ETS. Inspection invited.

## J. CLARK & SON LIMITED

## Save your Eyes Smoked and Colored Glasses just Received

—AT—

WILEY'S PHARMACY, York Street

## His Master's Voice

trade-mark, on talking machines and records, means that such goods  
are the very highest quality that it is possible to buy.

Be sure to look for the well known trade mark when buying a  
machine. We are the only store in this section of the Province  
where you can buy Victor Talking Machines and Victor Records.

Victor Victrolas from \$27.50 up. Victor Records from 90c up.

Remember you can buy a Victrola by making a small cash pay-  
ment and the balance in easy weekly or monthly payments.

## The McMurray Book & Stat'y Co., Ltd.

The Piano People