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CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN

VIOLETT FOR GRAY.

Has Long Been Regarded as the Tone
of Sadness, but Superior Shades
Have Now Been Evolved.

The world has gone on for a century or two feeling that gray is the tone of sadness and that its Quakerish ugliness must be avoided. It has been a difficult color for decades.

Women have adopted it only when a silver sheen on its surface made it possible.

This season, however, all doubts are dispersed by the superior tones which the dyes have imparted to the various fabrics grouped under the elastic name of gray.

There is moonlight gray, which may spell peace, but it is in close proximity to artillery gray, which stands for death. There is the gray of granite and the gray of London smoke. There is the gray of a New England sea mist and there is the tone that one gets from the glitter of cut steel.

These grays are not used alone this season. They are combined with horizon and Chinese blue, with jade and Egyptian green, with incense red, mandarin yellow and amethyst purple.

LINING A HAT.

The home milliner may be able to make a very presentable hat on top, but turn it upside down and its humble origin will reveal itself in the lining.

Cut lining bias, 6 in. wide and 24½ in. long from thin silkateen. Seam the ends and run a narrow hem along one edge and the other sew with long firm stitches around the inner edge of the crown. Be careful not to get it too low so that it will show when the hat is on the head, or too high so that it reveals any of the stitches from the trimming. If the trimming is very heavy it is well to sew the lining in first, allowing it to hang loose until the hat is trimmed, when it can be pulled up by gathering thread or a draw string through the hem at the top.

A ribbon can often be used where lining material is not available. Some particular women like to match their hair to the hat lining if it is possible for dark hats or very light. A white hat, of course, is always lined with white.

IT'S HARD TO SAVE SUGAR.

The observance of the food laws is never more difficult than during the hot weather, according to many housewives.

"How am I going to serve orangeade or lemonade and still save sugar?" "What hot weather desserts can I make without sugar? What shall I serve for frozen refreshments at the birthday party?"

The answer is simple: Use syrup. Not only is syrup a substitute easy to use, but there are many recipes for hot weather desserts and hot weather beverages which effectively disguise the fact that it is a substitute at all.

FIGHTING FOR HAPPINESS

When you get into a frame of mind that makes life seem one tiresome duty after another, with no pleasure in it; when ill-health seems to take all the joy out of life and you worry over things that are really not worth worrying about, then your nervous system is becoming exhausted, and you are on the way to a general breakdown in health. In this condition your health and happiness is worth fighting for and good, rich, red blood is what your system needs. It is a hopeless task to try to restore your health while your blood is deficient either in quantity or quality. And remember that no medicine can be of any use to you that does not build up your weak watery blood.

To build up the blood and strengthen the nerves there is one remedy that has been a household word for more than a generation—Dr. Williams' Pink Pills for Pale People. It is the actual mission of these pills to make new, rich, red blood, which strengthens the nerves and tones the entire system. They give you a new appetite make sleep refreshing, put color in the lips and cheeks, and drive away that unnatural tired feeling that oppresses so many people. If you want to experience new health and happiness give Dr. Williams' Pink Pills a fair trial.

You can get these pills through any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

CRAWLER WANTS TO LISTEN IN

With the American Army in France, July 16 (by mail).—He was a lad who had grown up in the woods of some western state, and he knew everything about hunting and trapping. His ability to crawl around in the grass without being seen was uncanny.

Early in the game he started crawling through the barbed wire into No Man's Land and pretty soon he had visited all the outposts of the Germans near, lying hidden near them until he got ready to come back.

One day he reported to the Lieutenant in charge: "Gimme a man who can crawl around with me and we'll take that nest of Heinies out there single-handed."

They told him he was rash, and any way they didn't have another man who could crawl around the way he could.

He was disappointed. Finally he said, "Well, gimme a chap who can understand that Heinie chatter and we'll go out and listen to them. We can get all the information you want."

Oh, Boy.

You may talk of your beautiful mountain breeze,
And the sheltering boughs to boot;
But I turn on the fan and I sit in the shade
Of the sheltering Palm Beach suit.

Sounds Fishy, Though.

It was inevitable that Wyatt Bass and Gladys Salmon should meet and look and love. And so they were married last week in Tampa, Fla.

No Mollycoddle.

Lady (to butler)—Harrison, your cold is very bad. You must not go out tonight.

Butler (reproachfully)—Oh, milady, don't make an 'ot-house flower of me.



JACK PICKFORD in His Majesty, Dunker Bean
A Paramount Picture

COMING ATTRACTION AT THE GAIETY THEATRE

WILLARD TO BOX SATURDAY NIGHT

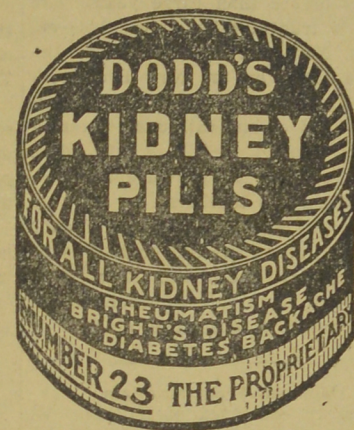
Chicago, Aug. 7.—Jess Willard, the champion heavyweight pugilist, will box here Saturday for the benefit of the overseas war fund of the Salvation Army. This announcement was made today, based on a telegram from Willard at Lawrence, Kas., reading: "Have altered arrangements and will be with you."

The man to be pitted against the champion has not been selected yet.

"Women's Summer Underwear Now Showing," says an adv. in the Montreal Star. Rather slow up Montreal

DYNAMITE FACTORY BLEW UP.

Alton, Ill., Aug. 7.—The Grafton dynamite factory blew up this morning and at least three men are dead.



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HARRY LIFFORD.

HUNS "GET" JAP. STEAMER.

A Canadian Port, Aug. 7.—An American schooner arrived at an Atlantic port this morning with sixty-five members of the crew of a Japanese freight steamer, torpedoed off the Nova Scotia coast.

Gold twenty-dollar pieces are having an extended season of low visibility.

Wood's Phosphorine.
The Great English Remedy.
Tones and invigorates the whole nervous system, makes new blood in old veins, cures nervous debility, mental and brain worry, loss of energy, palpitation of the heart, falling memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Inventors, 1842-5)

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