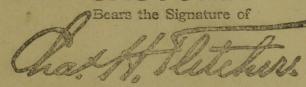
in use for over thirty years, has borne the signature of and has been made under his per-Chart Holitains sonal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but

Experiments that trifle with and endanger the bealth of Infants and Children—Experience against Experiment.

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Castoria is 2 harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Paracea—The Mother's Friend.

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Each class meets two evenings

FOR SALE-Forty Canaries, well bred prize winning birds, guaranteed song-sters. Apply to Mrs. W. A. Ralston, North Devon, or telephone G. R. Thompson's store.

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BEGINNING

Tuesday, January Fifteenth Young men and women desiring to attend these classes should register as soon as possible with the Secretary, Mr. C. A. Sampson, as the size of the classes is limited. A deposit fee of \$2.00 is required, but this will be reshipped on all trains (r. boats) ed.

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1918. Pamphlet giving particulars of our courses of study, rates of tuition, etc., will be mailed to any address on application. Address

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Each class meets two evenings a week for ten weeks.
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MORE LOW COST RECIPES.

Rice and Apples.

any liquid pudding sauce.

Salmon Loaf.

Add a tablespoonful of finely chopped out half inch thick as for biscuits. onion, a tablespoonful of melted but- Bake on a hot griddle on top of the ter and some paprika. Put into a but- stove, leaving room fo rthem to rise. tered baking dish, cover with fine Bake rather slowly and turn but once. breadcrumbs and bake in a moderate They will puff to double the size they oven fo rhalf an hour. Turn from the were when put on pan. dish when it is done and serve with cream sauce in which two or three tablespoonfuls of capers have been mix- cup of water an dtwo level teaspoons

"The Fall of the Romanoffs"

4444 HARKING BACKWARD!

Backward, turn backward, O, time in your flight; give me the nose that breathed through last night! Bring back the smeller that two days ago knew not the torment of continual blow. Wipe from my moustache the red nose as you oft did before, with tallow, dear mother, oh, it is so sore.

FOR SALE—Dry soft wood, 4 ft., \$71 per cord; dry furnace wood, 2 ft., \$11 per dord; dry split 16-inch hard stove wood, \$3.50 per load. T. W. Fulton, 618 Brunswick street.

FOR SALE — A Leonard 12 H. P. upright boiler and 6 H. P. engine; both in good condition. Will be sold at a bargain. Apply at Mail office.

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FOR SALE — A Leonard 12 H. P. upright boiler and 6 H. P. engine; both in good condition. Will be sold at a bargain was a sold and acid; togue coated; your insides filled with bile and indigestible waste, remember the moment "Pape's Diapepsin" comes in contact with the stomach all such distress yanishes. It's truly astonishing—almost marvelous, and the joy is its harmlessness. A large fifty-cent case of Pape's Diapepsin was and eructate sour, undigested food and acid; togue coated; your insides filled with bile and indigestible waste, remem

"The Fall of the Romanoffs"

London, Jan. 7.—Maximilian Harden in the Die Zukunft, urges that the Reichstag, which is Germany's only popular organization, should be assem bled immediately or otherwise chances of peace with Russia will be lost.

this general or that minister wants. ot otherwise can the world be convinced that Germany's peace aims are tinue and no mortal being can foresee for how long, or what the end will,

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'Phone 217.

Remove the bone and skin from cooked fish, then chop very fine. Cook Core and pare some good-sized ap- enough potatoes to make twice as ples and steam them until they are much potatoes as fish. When done, almost soft. Scrape maple sugar and add the potatoes to the fish and mash

fill the centre of the apples with it. fine. Fry six slices of bacon until Have ready some wel-drained, warm crisp, then remove to a hot platter. and tender boiled rice and spread a Turn the fish and potato mixture into little of it for each apple on a square the hot fat, spread evenly across the of cheesecloth. Wrap one of these top and cook until brown on the unrice-covered squares around each apple der side. When done, fold it as you and tie securely. Steam for twenty would an omelet and serve hot on a minutes and then carefully remove the hot platter with the crisp bacon. Butcloths. Serve with maple syrup or with ter may be used in place of the bacon if desired.

Butter Cakes.

Free enough canned salmon to mea- Sift two cups of flour with four level sure two cupfuls from bone and skin teaspoons of baking powder and 1 levand mix with the same amount of el teaspoonful of salt. Rub into this creamy mashed potatoes, hot and well 2 tablespoons of butter. Gradually add seasoned with pepper, salt and butter. three fourths of a cup of milk. Roll

Cinnamon Toast.

Boil one cup of sugar with half a of cinnamon. When it spins a thread spread over hot toast and serve.

\*\*\*\*\*\*\*\*\*\*\* IN FIVE MINUTES! NO MDIGESTION, GAS OR SOUR, ACID STOMACH

> moment "Pape's Diapepsin" reaches the stomach all distress goes.

"Really does" put bad stomachs in order - "really does" overcome indirestion, dyspepsia, gas, heartburn and moisture of sneeze; put woolen splints wurness in five minutes - that - just on my poor weakened knees; rub my that makes Pape's Diapensin the red nose as you oft did before, with largest selling stomach regulator in

> A large fifty-cent case of Pape's Dia pepsin will give you a hundred dollars' worth of satisfaction or your druggist hands you your money back. It's worth its weight in gold to men and women who can't get their stoinachs regulated. It belongs in your nome-should always be kept handy in case of sick, sour, upset stomach during the day or at night. It's the quickest, surest and most harmless stomach regulator in the world.

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Scrim Curtains Curtain Muslin and Draperies of all kinds Cretonnes and Casement Cloths White Bed Spreads
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