



CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

Always
Bears the
Signature

of

Chas. H. Fletcher
In
Use
For Over
Thirty Years
CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

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TWENTY YEARS' LONDON, ENG.,
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Best and Most Modern Funera
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Residence Telephone 70-41
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HARRY R. ADAMS, SUCCESSOR TO THE LATE JOHN G. ADAMS UNDERTAKER

610 Queen Street.

Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.

THE WINTER TERM of the FREDERICTON BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,
1918. Pamphlet giving particulars of
our courses of study, rates of tuition,
etc., will be mailed to any address on
application. Address
W. J. OSBORNE, Principal,
Fredericton, N. B.

OF INTEREST TO WOMEN

WARTIME RECIPES

Welcome Hints for the Cook Who is
Bothered by Meatless Days.

Kidney Bean Stew.

Wash 1 cupful of dried kidney beans and soak them over night. Cook the beans in the water in which they were soaked until they are tender and then add to them 1½ cupfuls of canned tomatoes, 2 tablespoonfuls of uncooked rice, 1 small onion, half a teaspoonful each of salt and pepper, two tablespoonfuls of vegetable fat or bacon dripping and 2 tablespoonfuls of flour. Cook the rice, beans, tomatoes, onion and seasoning until the rice is soft and then stir in the fat and thicken with the flour mixed with a little cold milk. Serve with rye toast and cheese.

Potatoes and Corn Croquettes.

This recipe affords an excellent opportunity to utilize two vegetable leftovers—cold mashed potatoes and cold canned corn. Mix 1 cupful of mashed potatoes which have been re-heated, with 1 cupful of canned corn. Stir in 1 tablespoonful of melted margarine and a half teaspoonful each of salt and pepper. Beat 1 egg and stir into the mixture. Mold into croquettes and dip in beaten egg, roll in coarse cornmeal and fry in vegetable oil or oleo.

Macaroni with Green Pea Sauce.

Four ounces uncooked macaroni, 1 pint boiling water, half a teaspoonful of salt, 1½ cupfuls green pea sauce. Cook macaroni until tender and add the sauce, serving hot with cheese croutons and garnish with parsley.

Two cupfuls of canned green peas, 1 pint of boiling water, half a teaspoonful of sugar, the same of salt, a sprig of mint, two tablespoonfuls flour, 3 tablespoonfuls of cream.

Cook peas, seasoning and mint for 5 minutes, mix butter, cream and flour and add slowly, cooking ten minutes longer.

Cheese Croutons.

One cupful flour, a quarter teaspoon full of baking powder, an eighth teaspoonful salt, 3 teaspoonfuls of butter, half a cupful of grated cheese, 1 tablespoonful water. Pass flour, baking powder and salt through sifter, rub in butter and mix in cheese, add water and mix smooth. Roll out half an inch thick, cut in fancy shapes, place on butter tin and bake 15 minutes.

Boiled Honey Icing.

Take half a cupful of strained honey and boil until thick, flavor with a teaspoonful of lemon juice and pour on the stiffly beaten white of one egg, add three marshmallows and beat hard and rapidly until soft and creamy.

CANADIAN PACIFIC RAILWAY

PASSENGER TRAIN SERVICE Effective Jan. 21st.

Eastern Time. Daily except Sunday

Leave Fredericton

5.05 A. M.—For St. John, making all intermediate stops.

5.10 P. M.—For St. John, connecting at Fredericton Junction for Houlton, Woodstock, St. Stephen

Montreal, Boston.

Arrive Fredericton

11.10 A. M.—From St. John, Montreal, Boston, etc.

7.00 P. M.—Express from St. John.

N. R. DesBRISAY,
D. P. A.

NOW CUTTING A CHOICE CROP OF

ROSES

Off Our New Plants.

Richman's American Beauties, Taft, etc. CARNATIONS in STOCK as usual. POTTED PLANTS, including a good selection of Ferns of the leading variety.

A Fine Lot of PALMS in all sizes. WEDDING BOUQUETS and FLOWER DESIGNS a Specialty. CUT FLOWERS always on hand for the sick.

ADA M. SCHLEYER,
FLORIST

TO SUFFER FROM HEADACHES

Makes Life Miserable.

Headache seems to be habitual with many people. Some are seldom, if ever, free from it, suffering continually with the dull throbbings, the intense pain, sometimes in one part, sometimes in another, and then over the whole head, varying in its severity by the cause which brings it on.

The varieties of headache most common are sick or bilious headache, nervous headache, headache from constipation, debility or indigestion and periodical and spasmodic headache, and undoubtedly the cause must be removed before permanent relief can be had.

Burdock Blood Bitters, that has been on the market for over 40 years, removes the cause of the headache, and not only does this but also restores the entire system to healthy action and buoyant vigor.

Miss Emily Smith, 204 Bellwoods Ave., Toronto, Ont., writes: "I cannot speak too highly of Burdock Blood Bitters. For two years I was greatly troubled with violent headaches, particularly in the morning. I tried everything to cure me until a friend recommended B.B.B. I tried it and now I am completely cured."

Manufactured by The T. Milburn Co., Ltd., Toronto, Ont.

WORK FOR THE WAR CABINET

(Canadian Press direct wire.)

London, Feb. 8. — The Times in an editorial on this year's imperial war cabinet, says "Let there be no doubt either here or in the dominions about the gravity and amount of labor awaiting it. It is work that must be done or the efficiency of the British people as a nation will be certain to suffer. Last year we observed that there were critics in the dominions who were disposed to be skeptical about this. This year there can be little excuse for any such failure to understand it."

tion movement by throwing cold water on it.

HEAD AND NOSTRILS STUFFED FROM COLD

Don't stay stuffed-up! Quit blowing and snuffing! A dose of "Pape's Cold Compound" taken every two hours until three doses are taken will end gripe misery and break up a severe cold either in the head, chest, body or limbs.

It promptly opens clogged-up nostrils and air passages; stops nasty discharge or nose running; relieves sick headache, dullness, feverishness, sore throat, sneezing, soreness and stiffness.

"Pape's Cold Compound" is the quickest, surest relief known and costs only a few cents at drug stores.

NOTICE TO THE PUBLIC

The Boston Confectionery
Store is now open for business under the management of

George Apostolos

TENDERS FOR WOOD.

Tenders will be received at the office of the Secretary-Treasurer of the Municipality of York up to and including FRIDAY, the 15th inst., for thirty (30) cords green furnace wood, old growth, rock maple and yellow birch, to be delivered and piled in cellar of County Court House by April 1st next.

T. C. EVERETT,
Chairman County Buildings
Committee.

Wholesale Dry Goods and Woolens

House Furnishings For Spring

Lace Curtains
Scrim Curtains
Curtain Muslin and Drap-
eries of all kinds
Cretannes and Casement
Cloths
White Bed Spreads
Towels, Napkins and Ta-
ble Linens
Oilcloths and Linoleums
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie & Company, Ltd.

WHOLESALE DRY GOODS AND WOOLENS
ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

Bicycle Storage

Now is the time to have your Wheel attended to. We will call for your Wheel, clean all bearings, repair in any way needed, store for the winter and deliver it to you in the spring like new.

Bicycle Repairs and Accessories always in stock.
PRICES REASONABLE.

LANGILLE'S CYCLE SHOP

'Phone 334-41.

E. T. LANGILLE, Prop.

FURS

We have a Fine Range of FUR COATS — Korean Beaver, Wombat, Black Dog, Coon, etc. Also FUR LINED COATS and CLOTH COATS with FUR COLLARS.

Splendid Value in MACKINAWs, LADIES' COATS and FURS, SLEIGH ROBES, WOOL RUGS and HORSE BLANKETS. Inspection invited.

J. CLARK & SON LIMITED

New Supply of
Vaccination Shields
15 cents

—AT—

WILEY'S PHARMACY, York Street

PIANO SALE

Our stock of High Grade Pianos, ordered for the Holiday Trade, unfortunately for us did not arrive until theseason was over. Since then they have been coming along and now we have on hand the largest and best stock of the Gerhardt Heintzman, Bell, Gourley and Ennis Pianos we have ever had. These Pianos are well known throughout the Dominion, and in order to turn over this large stock at once, we have decided to offer the entire stock at a small advance over cost. This is your opportunity to purchase a High Grade Piano at a price that will surprise you.

As we intend making some changes in our business at once, we will sell some Second Hand Pianos at from \$40.00 upward and Organs from \$10.00 upward, to clear them out.

A few New Sewing machines at cost to clear them out.

Call early and see the complete stock at McMurray's.

The McMurray Book & Stat'y Co., Ltd.