

## CASTORIA

For Infants and Children.

**Mothers Know That  
Genuine Castoria**

Always  
Bears the  
Signature

of

*Chas. H. Fletcher*

In  
Use

For Over

Thirty Years

**CASTORIA**

THE CENTAUR COMPANY, NEW YORK CITY.

### ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

#### DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence . . . . . 349-41  
Office . . . . . 419-11

#### DR. GERRARD, DENTIST

TWENTY YEARS' LONDON, ENG., EXPERIENCE.

King Street, - - - Opposite Boyle's  
Telephone 574.

#### W. J. IRVINE, DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m.,  
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#### DR. S. W. SPROULE, DENTAL SURGEON

Graduate of Univ. of Toronto, Ont.

OFFICE:  
Inches Building, Queen Street, lately occupied by Dr. L. R. Davidson.  
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Best and Most Modern Funerals  
Equipment in the City.

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#### HARRY R. ADAMS, SUCCESSION TO THE LATE JOHN G. ADAMS UNDERTAKER

610 Queen Street.

Phone or Telegraph Orders Shipped on all trains or boats at short notice.

#### THE FALL TERM of the FREDERICTON BUSINESS COLLEGE

Will Open on MONDAY, AUG. 26, 1918

There is a greater demand for our graduates than ever. Get particulars regarding our courses of study, tuition fees, etc., and prepare to enter on our opening date. Descriptive pamphlet on request. Address  
W. J. OSBORNE, Principal,  
Fredericton, N. B.

#### Choice Roses and Carnations

Wedding Bouquets and Floral

Designs a Specialty.

Good Assortment of Ferns,  
Palms, etc.

Bedding Geraniums.

All orders receive careful  
attention.

#### ADA M. SCHLEYER, FLORIST.

#### Cabbage, Tomato

Cauliflowers, Celery, etc.

Flowers, Asters, Stocks, Phlox,

Balsams, etc.

Radish, Lettuce and Rhubarb.

Shrubs for Cemetery

Planting at

BEBBINGTON GARDENS

#### PUBLIC AUTO

Leave Orders at

THE BARBER SHOP,

Carleton Street,

Phone 88-41.

Hire by mile, hour or day.

Prices Reasonable.

HARRY LIFFORD.



#### MAIL CONTRACT

SEALED TENDERS addressed to the Postmaster General, will be received at Ottawa until noon on Friday, the 20th September, 1918, for the conveyance of His Majesty's Mails on a proposed contract for four years, 3 times per week on the Taymouth Rural Route No. 1, from 1st January next. Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Office of Taymouth and at the office of the Post Office Inspector. H. W. WOODS, Post Office Inspector. Post Office Inspector's Office, St. John, N. B., Aug. 5th, 1918.

#### OF INTEREST TO WOMEN

VEGETABLE PIE.

Take any two or three left-over vegetables, or four if you have them, to the amount of about a pint, and put in the bottom of a deep baking dish, four or five inches deep, and two or three tablespoonfuls of hot water and a small piece of butter; or a little drawn butter sauce may be used, or a little brown gravy made by browning white, barley or oat flour and adding boiling water and butter. If onion flavor is liked, chop fine one-fourth onion and mix with vegetables. Put over the vegetables a crust of mashed potato perhaps three inches thick. Place in oven for about 15 minutes or until thoroughly heated and brown on top. Serve while very hot.

#### HOUSEHOLD HELPS.

Borax will take leather stains out of white stockings.

To keep cut flowers fresh, drop a small piece of camphor in the water.

To keep the range looking clean, take a piece of paraffin wax and rub it on while the range is hot. Then rub with a cloth. By rubbing it over after each meal the stove will always look well.

To prevent new tinware from rusting, rub it over carefully with fresh lard, then heat thoroughly.

If you add a little salt to fruit while cooking, you will find that it improves the flavor and requires less sugar.

If you have salted meats, vegetables, soups or other such dishes to make, put a little sugar in.

#### WAR CANNING BULLETIN. (Issued by Canada Food Board.)

Winter is Coming.

Winter may seem like a far cry from the middle of August, but time speeds fast and those who delay in making their preparations will find themselves snowbound—with empty cellars and contrite hearts. It will be too late then to do any storing. The time to get ready is—now. Is your cellar in shape for storage? If not, get busy according to the following directions:

1. Select a suitable portion of your cellar.
2. Board it off from the rest of the cellar.
3. Cover the boards with felt paper. Do it on both sides of the partition to exclude the artificial heat from the furnace.
4. Provide a false floor for part of this room.
5. Nail a few slats on one of the walls.
6. Build a few bins on one side of the room.
7. Provide a few hooks in the ceiling.
8. Order a load of builders' sand, unless your cellar floor is composed of dry sand, and store it in one of the bins.
9. Provide a few slat boxes and old bags.

#### FOOD BOARD FLASHES.

Are you keeping down your personal consumption of sugar? And, furthermore, are you getting into the habit of using brown sugar wherever possible? The reason for this is that in order to get the most efficient economic results from the refining of sugar about 30 per cent. of yellow sugar has to be produced along with the white.

The British sugar ration is 2 pounds a month. In France it is about 1 lb. a month. In Italy ten ounces. In view of this, it should surely be an easy matter for Canadians to keep strictly to what is asked of them.

#### IN MEMORY OF MARYSVILLE HEROES.

(By Wilmot Lyons, Marysville.)

Three brave boys have left our town,  
It seems 'twas but today;  
But now they sleep their last long sleep  
Far deep beneath the clay.

But now they're gone, those dear brave boys,  
Whom we no more shall see;  
But we know their names as heroes  
shall

Go down to eternity.  
And now their homes are stricken  
With sorrow, grief and care,  
For they know no loved one shall return  
To fill the vacant chair.

For they have died that we might live,  
And that we might never know  
The horrors of the world's great war,  
And never face the foe.

The Huns still search the sky by day,  
And roam the seas by night;  
They steal upon their helpless prey  
And never dare give fight.

And now we hope it won't be long  
Until justice has been done;  
The English Lion shall raise his paw  
And crush the angry Hun.

No doubt the Kaiser's crack troops  
are the worst nuts of all.

#### LADY CLERK A FORGER

Ottawa, Aug. 19.—Four more charges of forgery have been laid against Helen Higgins, clerk in the estates branch of the Department of Militia, who was convicted last Wednesday on two charges of forging endorsements to cheques, made out payable to deceased soldiers' wives.

On Friday the police visited Helen Higgins' house for the second time, and found four missing cheques hidden in her home. The amounts for which the four cheques are drawn aggregated \$270.

Ludendorff will likely explain that those thousand guns were left behind in accordance with plans prepared months ago.



#### Best Liniment Made

Mr. A. E. LAUNDY, EDMONTON, writes: "I fell from a building and received what the doctor called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best Liniment made."

Minard's Liniment always gives satisfaction. For any ache or pain. It gives instant relief.

Minard's Liniment Co., Limited  
Yarmouth, N.S.



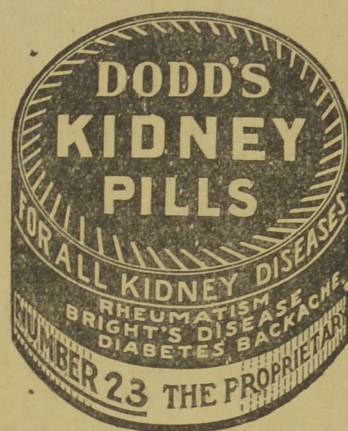
AT THE GAIETY THEATRE WEDNESDAY and THURSDAY

#### BETTER BREAD FOR THE ALLIES

London, Aug. 18.—Universal war bread of better quality than last year for all the nations fighting Germany practically without rationing, will be one of the chief results of the food controllers conferences in London. Robert Schrover, American food administrator announced to the Assd. Press today. He added that there will be ample supplies of fats and meat if the populations are economical and avoid waste.

The danger of privation is now passed, he declared. He said the people of North America were now able to take overseas the great bulk of food supplies required and it will therefore be possible to curtail the total length

of the voyage necessary to bring these supplies to the European Allies thus effecting a considerable saving in tonnage.



## Have Your Job Printing Done At Home

The Mail now has every facility for turning out High Class Job Printing work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently. If you have a job of printing call up No. 67 and we will do the rest.

**The Mail Printing Co**  
327-329 Queen Street, Up Town

## The Very Latest

### "THE MAN FROM BAR--20"

By Clarence E. Mulford.

Mr. Mulford's story is of those days when the law of the strongest prevailed, and the gun was the arbiter of disputes. In short, its the old West.

## The McMurray Book & Stat'y Co., Ltd.

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