OF INTEREST TO WOMEN

CHOOSING STATIONERY.

Things; Colored for Those Who Prefer Individuality.

When you go away this summer be careful to take the right kind of sta-

ionery with you. Nothing so quickly

stamps a person as one of discrimin-

ation and refinement, or one utterly lacking in these attributes as the kind

Plain paper will always be the

choice of those who like quiet things in the best of taste. Heavy, creamy

white paper, either plain or with an

embossed monogram, is very effective.

But for those who prefer the individuality that colored stationery gives,

there are delicate tones of mauve, of

is to decide on one style of stationery

and use it constantly so that it be-

comes identified with your personality

SUBSTITUTE FLOURS.

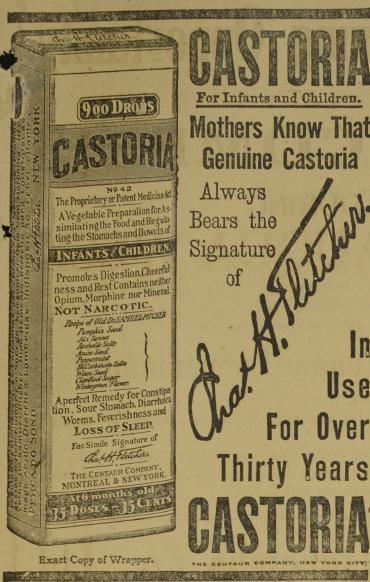
Proportions to Use in Bread and Muf fin Recipes-Combinations Best

Except in Bread.

In the days "before the war" per-

haps the favorite muffin recipe of the

of stationery that is used.



Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has comselied the people to seek all the information possible before buying

DR. J. B. CROCKER, Choice Roses and

FREDERICTON, N. B. TELEPHONES:

DENTIST

FWENTY YEARS' LONDON, ENG.

King Street, - - - Opposite Boyle's Telephone 574.

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS-10 a.m., to 1 p.m., 'Phone- 338-11

DENTAL SURGEON Graduate of Univ. of Toronto, Ont.

OFFICE:
Inches Building, Queen Street, lately occupied by Dr. L. R. Davison.
Telephone 261-21

J. A. MCADAM.

Best and Most Modern Funera Equipment in the City.

Residence Telephone 70-41
Business Telephone 118-41

IARRY R. ADAMS, SCCESSOR TO THE LATE JOHN G. ADAMS UNDERTAKER

610 Queen Street.

'Phone or Telegraph Orders Shipped on all trains or boats at short notice.

THE FALL TERM of the

Will Open on MONDAY, AUG. 26, 1918 There is a greater demand for our raduates than ever. Get particulars regarding our courses of study, tuition rates, etc., and prepare to enter on our opening date. Descriptive pamphaton request. Address

W. J. OSBORNE, Principal,
Fredericton, N. B.

For Infants and Children. Plain Paper for Those Who Like Quiet

Mothers Know That Genuine Castoria

Carnations

Designs a Specialty.

Good Assortment of Ferns,

Palms, etc.

ADA M. SCHLEYER.

FLORIST.

Cabbage, Tomato

Cauliflowers, Celery, etc.

Flowers, Asters, Stocks, Phlox,

Balsams, etc.

Shrubs for Cemetery Planting at BEBBINGTON GARDENS

PUBLIC AUTO

Leave Orders at

THE BARBER SHOP,

Carleton Street,

Hire by mile, hour or day.

HARRY LIFFORD.

Stranger Than Fiction.

ain't seen me face for ten long years.

"I believe that you are telling the

truth," muttered the old gentleman.

druggists or mant 11. plant pag. of ree to oppose. Near pemphler mailed free. THE WOOD MEDICARE CO., ICHONT), OUT. (Formed, Windy.)

Wood's Phosphodine.

'Why don't you wash it?"

'Phone 88-41.

Prices Reasonable.

Bedding Geraniums.

attention.

household read like this:

baking powder, ¼ teaspoon salt, 1 tablespoon sugar, 1 cup milk, 2 tablepoons fat, 1 egg."

With such a recipe as this and with small supply of several substitute dours, the possibilities of hot breads are almost unlimited.

For each cup of wheat flour in this ecipe, or in any favorite recipe for hot bread, cake, cookies, there may be used 1 cup of barley flour, rolled oats ground, or oatmeal flour, or 3/4 cup of buckwheat flour, corn flour, cornmeal, potato flour or rice flour, or 1/2 cup or cornstarch. It is better to use a com bination of substitutes for some of the flours, such as cornstarch, are not at

Any satisfactory recipe containing wheat flour may be used by substitut ing these proportions of substitutes except the case of yeast breads. In yeast breads the same proportions are used but entire replacing of wheat would mean that the bread would not All orders receive careful rise.

CREAM OF ONIONS.

Slice six medium onions, fry then in 1/4 cup of butter until soft and red hen add one tablespoon of corn flour and cook thoroughly. Add one quart of hot water, let boil ten minutes, add pint of hot milk, a dash of cayenne and cream. Strain and sprinkle with table spoon of Parmesan cheese before s

Radish, Lettuce and Rhubarb. WORE

London, Aug. 4 .- A feature in the ondon Gazette, which contains notice conferring of the Flying Cross upon flyer, "the most successful and most fearless fighter of the air, whose acts of outstanding bravery have already toria Cross the Distinguished Service Order, bar to Distinguished Service Order and Military Cross.

The Distinguished Flying Cross is conferred for "signally valuable ser vices in personally destroying twenty five enemy machines in twelve days, of which five were destroyed on the las day of his service at the front. The total number of machines destroyed by this distinguished officer is seventy two, and his value as a moral factor "I'm trying to get back to me poor to the Royal Air Force cannot be overold mother," whined the tramp. "She estimated."

ALSO MISSING

"See here, waiter, I found a collar button in this pie." "Didn't see nothin' of an umbrella did yo', boss? Dah was one los' heah

SPEAKING BY THE CARD "Well, how's housekeeping?" "Grub seems to go up every day," declared the young stock broker. certainly got married on a bull mar

KING OF PAIN

The old reliable remedy for theumatism, neuralgia, sore throat and

Best Linimen? Made



MR. A. E. LAUNDRY, EDMONTCH, wifter if fell from a building and received w

Minard's Liniment always gives satisfaction. For any ache or pain. It gives instant relief.

Minard's Liniment Co., Limited

grey, pink and blue. The main thing NEW OUTRAGE

London, Aug. 4.—It is learned from tato or rice flour, one teaspoonful salt, trustworthy Serbian source that a one-eighth teaspoonful paprika, three notice calling up all Serbian male in-sprigs of parsley (minced), one carrot habitants between the ages of 17 and (cooked). 55 has been published in the Belgrade Dice beans fine; add to boiling milk, newspapers. This new outrage upon Beat butter and flour until creamy, the population of Serbia appears to stir into the boiling milk, cook until mean the collective forced recruiting smooth. Season with salt and pepper. of Serbians for the purpose of collect- Cut carrot into thin slices and then in-"Two cups wheat flour, 4 teaspoons ing the harvest for the Austro-Hun- to attractive shapes. Serve hot with garian military stores.

> John D. celebrated his seventy-ninth oirthday by playing three games of de-orutalized golf without violating a commandment. Grand old man!



COMING ATTRACTION AT THE GAIETY THEATRE

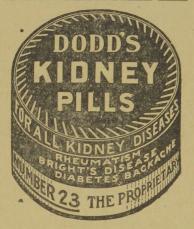
String Bean Soup.

One cup of string beans cooked, cups of boiling milk, four tablespoonfuls butter, two tablespoonfuls of po-

minced parsley.

A politician thinks he is entitled to a as many kinds of opinions as he may need in his business.

Adam's troubles didn't include shoo ing his neighbor's chickens out of the



Have Your Job Printing Done At Home

The Mail now has every facility for turning out High Class Job Printing work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, al. run by electric power, and can turn out work promptly and efficiently. If you have a job of printing call up No. 67 and we will do the rest.

> The Mail Printing Co 327-329 Queen Street, Up Town

Three Books Worth Owning

Greatheart

A Minstrel in France

From Bapaume to Passchendaele,

Ethel M. Dell

Harry Lauder

Philip Gibbs

The McMurray Book & Stat'y Co., Ltd.

Booksellers, Stationers and Printers.

[] allow the southwest floor of hours floor of hour