

GRANDMOTHER GAVE IT TO MOTHER, MOTHER TO ME, I TO MY BABY

Read what Mrs. Wm. Gray, Jacquet River, N. B., has to say about Dr. Fowler's Extract of Wild Strawberry. She writes: "There is no medicine I know of that can come up with Dr. Fowler's Extract of Wild Strawberry. It has been in our house for forty years. My grandmother gave it to my mother, she to me and I to my baby. For summer complaint it has no equal. I never miss a chance of telling my neighbors about it. I would not think it safe to go to the country in the summer without a bottle of it. It has saved us many a doctor bill."

For the past 72 years Dr. Fowler's Extract of Wild Strawberry has been recognized by both the people and the medical profession as the greatest remedy known for all cases of diarrhoea, dysentery, cramps, colic, pains in the stomach, cholera infantum, cholera morbus, sea-sickness and all bowel complaints.

There are so many suprious "strawberry" preparations on the market today that it would be well for you to see that the name "Dr. Fowler's" is on every bottle you buy.

Our guarantee, that it will do what we claim for it, stands behind every bottle. But the imitations—what is their record, where the guarantee?

Put up only by The T. Milburn Co., Limited, Toronto, Ont. Price, 35c.

SHARE IN THE TRIUMPH

The war news makes everyone happy. Entente triumphs here, there and everywhere. Where do you come in? What is your share in them?

You don't come in at all unless you are sacrificing and saving to make Victory complete and triumph sure. Ten to one, you have been sharing in Canada's great war prosperity. Take a share in the sacrifice too!

Canada's contribution to the war has involved heavy national sacrifices. What part of them are you ready to bear? Have you frittered your earnings? Or are you saving to be ready when Canada needs them? If you have sacrificed and saved, you have the right to cheer. But only then. Save and cheer!

SOME INFORMATION ABOUT FATTENING OF POULTRY

Length of Feeding Period Should be From Two to Six Weeks---Birds Should be Crated or Shut Into a Pen---The Fall Months are the Best for Fattening.

(By A. C. McCulloch, Provincial Poultry Superintendent.)

Fattening chickens properly is an art as well as a science. The feeding is based to some extent on scientific principles but science alone will not suffice. Following written or verbal instructions is no guarantee of good results. A great deal must be left to the individual in charge and much dependence placed upon his ability or willingness to observe and be guided by details in the way of feeding, nature of the feeding room, temperature of the birds, etc.

Length of Feeding Period

This depends largely upon the condition of the birds when feeding begins and the condition required at the end of feeding. The period varies from two to six weeks, for ordinary purposes seldom more than three weeks. If a bird is well fed and in prime condition when crated perhaps two weeks will suffice. A thinner bird may require a week longer. For high class exhibitions the fattening is usually prolonged to five or six weeks and the bird not forced during the first half of the period.

Crate or Pen Feeding

A good many chickens are fattened successfully by confining in pens rather

er than crates. This plan is probably preferable to crate feeding if the feeder is not an expert or cannot devote sufficient time to the work. The extra exercise permitted partially overcomes faulty feeding and care. For a high class product however, crate feeding is preferable.

Season for Feeding

Cockerels fatten most rapidly in October, November and December. At this time Nature's plan of storing up surplus fat for winter use is in operation and birds naturally fatten more easily.

Feeding Room

Fattening should be done in a well ventilated and if possible dark room. Plenty of fresh air is necessary to maintain the birds health during the period of confinement and forced feeding. The room should not have a too pronounced chicken odor. Darkness is

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NO MORE KIDNEY TROUBLE

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78 LEES AVENUE, OTTAWA, ONT. "Three years ago, I began to feel run-down and tired, and suffered very much from Liver and Kidney Trouble. Having read of 'Fruit-a-lives', I thought I would try them. The result was surprising."

I have not had an hour's sickness since I commenced using 'Fruit-a-lives', and I know now what I have not known for a good many years—that is, the blessing of a healthy body and clear thinking brain."

WALTER J. MARRIOTT.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

DON'T TURN CLOCK BACK OCTOBER 27

Proper Way to Change Time is to Stop Timepiece for an Hour and Avoid the Repair Shop.

Chicago, Oct. 8.—When the nation yawns and takes an extra hour's sleep on Oct. 27, the date set for ending the daylight saving season, there is grave danger of causing a great waste in the clock-making industry.

There must be no turning back the hands of the clock, time-recording experts declare in a warning to the public. Such action would fairly shatter the morals of the time-recording and master clocks and all clocks striking the hours and would require the services of an army of repair men, thus causing an unnecessary waste of man power.

"Clocks should be stopped for one hour on October 27; the hands should not be turned back," said Charles H. Crooks of the Time Recorder Co.

"There are approximately 20,000 time recorders and 10,000 master and controlling clocks in Chicago, and if these were turned back the resulting trouble calls would swamp every repair man in the city. The same conditions apply to other cities."

The Western Union Plan.

The time service department of the Western Union Telegraph Company offers what they consider a better plan.

"Turn the hands around eleven hours," is the advice of this company. "While it is all right to stop clocks, some difficulty may be found in starting them properly again."

The clockmakers say: "Just as surely as was Lot's wife turned into a pillar of salt when she turned back to gaze upon Sodom, so Father Time will be turned into a repair shop if he turns back to bemoan the fact that he must quit saving to help win the war."

CORNS ARE LIKE KNOTS.

Year by year they grow harder and incidentally more painful. Why suffer when you can be cured for 25c. spent on Putnam's Corn Extractor? all dealers.

desirable in that the birds are more contented, and are likely to be more congenial with their pen mates.

Satisfactory Rations

Many rations are satisfactory for fattening. No single article of diet is indispensable. A mixture of equal parts cornmeal, ground oats, and middlings is very good. Middlings may be dispensed with and replaced by a similar amount of ground oats or ground buckwheat or Red Dog flour. Many feeders use ground oats alone but they must be of good quality. Ground feed is always preferable to whole grain.

It is always well to mix the mash with buttermilk or skim milk making it the consistency of a thin pan cake batter so it will pour well. It usually takes about two pounds of milk to one of mash varying with the consistency of the milk and the grain constituents in the ration. If milk is not available mix with water and use about 15 per cent Beef Scrap in the mash.

Feeding Practice

Birds are usually fed twice daily as near twelve hours apart as possible. They will eat by artificial light when accustomed to it. Feeding must be done regularly. Starve the birds about 24 hours before giving first feed. Feed sparingly the first few days, about 3 ounces of mash for each 4 birds for each meal. This weight is for the mails dry. After about two days gradually increase the feed until 4 birds, about five pounds each, in weight are getting about 8 ounces mash at each meal in about a week or ten days time. Never give more than the birds will clean up in a few minutes. If they leave some at one meal decrease proportionately the allowance at the next meal. Continue on full feed if possible till the end of the period. Give a feed of grit once a week.

(To be continued)

Winter in the Trenches

Palmer's Moose Head Brand Knee High Hand Sewed Trench Boots

\$19.00 postage paid to England or the trenches. Let us send your boy a pair of these celebrated trench boots, and keep him warm and dry during the winter months. Our return boys all say there is nothing like "PALMER'S TRENCH BOOTS" for the slush and mud of France and Belgium. Send us your order, giving size of street shoe worn, approximate height and weight of the party they are intended for, and we will look after the packing and mailing. Now is the time to send them to reach "over there" before the bad weather starts in.

Free booklet "A" on request.

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BEST VALUE IN THE MARKET IN MEDIUM PRICED CAR—25 Miles to Gallon Gasoline.

Have You Seen the NEW CHALMERS ENGINE with the "Hot Spot?" The car that holds the world's records. Come in and look them over.

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Restores normal digestion. Price 25c.

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The money is yours!

You have earned it. But—

Will you use it for Canada or against Canada? Will you save your money and help to shorten the War? Or will you buy what you want, go wherever your pleasure dictates, dress as well or better than you always have dressed, indulge such whims as you can afford?

You must choose

The money is your own to do as you like with. But when you buy what you do not need—urgently need—your money actually works against Canada. For, it represents precious materials and labor, both of which are absolutely essential to the army. Your money uselessly spent delays all-important war work—merely for your self-indulgence.

You would not, knowingly, stop the progress of Canada's war efforts. You would not prolong the war. You would not let your money work for Germany. But

it is possible that unwittingly you are doing this very thing.

Remember Canada's need.

Let not Canada's sacrifice go for naught.

Thrift, self-denial, patriotic privation, give us who stay at home the glorious privilege of a share in the great struggle for human freedom.

Save your money for Canada, and for Canada's fighting men.

Save your money to bring nearer that day we all long for—the Victorious end of the War.