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THE FALL TERM of the FREDERICTON BUSINESS COLLEGE

Will Open on MONDAY, AUG. 26, 1918

There is a greater demand for our graduates than ever. Get particulars regarding our courses of study, tuition rates, etc., and prepare to enter on our opening date. Descriptive pamphlet on request. Address

W. J. OSBORNE, Principal, Fredericton, N. B.

OF INTEREST TO WOMEN

CELERY SALAD

Boil a cup of milk and thicken it with a tablespoon of cornstarch dissolved in a little cold milk; mix well together 1 beaten egg, 2 tablespoons of sugar, 1 of salt, ½ teaspoon of dry mustard and a small pinch of cayenne pepper; pour this into the hot milk a little at a time, stirring constantly; when quite smooth take off the fire and add a tablespoon or more, if desired, of olive oil and the same quantity of vinegar; mix well together and when cold pour over celery, which has been cut in very small pieces.

CELERY SALAD MAYONNAISE.

Take celery cut up into inch lengths and split till they are like knitting needles. Wipe dry and put on ice to get cold. Beat the yolk of an egg very stiff and drop in olive oil until you have one cup, thinning with lemon juice when too thick. Season with salt and cayenne. Dissolve 1 tablespoon of gelatine in a little cold water and melt over steam till smooth. Cool this and beat into mayonnaise, then add celery. Put all into a mold and put away over night. Next morning turn out on flat dish and surround with watercress or hearts of lettuce. Serve with wafers and stuffed olives.

SWEET CUCUMBER PICKLES.

Soak small cucumber pickles in a strong brine for 24 hours—½ cupful salt to a quart of water. Rinse in cold water and drain. Make a liquor of vinegar, allowing to each quart 1 cupful of brown sugar, several sticks of cinnamon broken in short pieces, whole cloves, mustard seed and celery seed. Cover the pickles with the vinegar mixture and bring slowly to a boil. Pack in jars or bottles and seal carefully.

DAILY FISH BULLETIN.

(Issued by the Canada Food Board.)

Save Fish From Spoiling

Fish will keep longer cooked than raw, so that surplus fresh fish should be cooked by steaming, boiling or baking. It can be reheated when needed. Or again, fish can be baked in a granite pan with the addition of a quantity of weak vinegar, salt, pepper and a bay leaf. This pickled fish is excellent either hot or cold. Any left-over fish (not pickled in vinegar) can be used to make creamed fish, scalloped fish, fish pie or fish chowder.

GOOD OLD SLEEP

We feel the slurs of other men,
The troubles of the day.
But they are all forgotten when
A fellow hits the hay.

We have misfortunes now and then,
We all have bills to pay.
They are of little moment when
A fellow hits the hay.

In praise of sleep no poet's pen
Can find enough to say.
Dull care goes into limbo when
A fellow hits the hay.

candy, and many are denying themselves sugar in tea and coffee.

One college girl says: "I would never have thought it possible to give up these things, but I do not indulge in them now, nor do I want them while there is a war to win."

Are you one of those who are having fewer ice cream sodas and candies this year?

Lemon Juice For Freckles

Girls! Make beauty lotion at home for a few cents. Try it!

Squeeze the juice of two lemons into a bottle containing three ounces of orchard white, shake well, and you have a quarter pint of the best freckle and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and clear, soft and white the skin becomes. Yes! It is harmless.

JUST REMIND HIM

At one of the theological seminaries they tell of an absent-minded professor who while studying one evening, had need of a book-mark and for the purpose employed a pair of his wife's scissors that chanced to be at hand.

Shortly after his wife wanted the scissors, but a diligent search on her part and his own failed to disclose them.

The next day the professor appeared before his class and opened his book. There lay the lost scissors. He picked them up and, with a triumphant smile, held them aloft, crying out: "Here they are, dearie!"

THE BIG

Horse Races

EVENT TAKES PLACE AT
FREDERICTON

OCTOBER 2, 3, 4.

\$1900 PURSES \$1900

Two classes each day. Over fifty entries for the big event. Don't pass this up. Get in on the swiftest races of the season. The final argument.

H. O'NEILL, Sec.

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By E. Phillip Oppenheim.

Another German Spy Story, more audacious than Mr. Oppenheim has heretofore written.

Other Late Books are:-

Virtuous Wives	By Owen Johnson
The Amazing Interlude	" Mary Roberts Rinehart
The City of Masks	" George Barr McCutcheon
A Daughter of the Land	" Gene Stratton Porter
The Rider in Khaki	" Nat Gould.

The McMurray Book & Stat'y Co., Ltd.

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ENID BENNETT in 'The Biggest Show on Earth'.

A Paramount Picture

AT THE GAIETY THEATRE OCTOBER 2nd and 3rd.