Again, it is not necessary to make

jelly out of cranberies, which is a ted-

any meat or egg dish, and are particu-

Cranberries may also, like raisins,

very delicious "cranberry puff" is

made by pouring a sweetened muffin;

mixture over a baking dish of cran-

A mock cherry pie has as its basis

cranberries, stewed and slightly thickened with cornstarch and flavored

Candied cranberries can be used in

ed in an enameled pot because of the

she always bakes her berries in a

UTILIZING CELERY LEAVES.

Never throw the tender white celery

eaves away, but, after washing them

thoroughly, allow them to dry, then chop them up, as they make a deli-

cate flavoring for soups and broths.

CRUMB GRIDDLECAKES.

One and one half cups of bread

crumbs, 2 eggs, 1 cup of flour, half

a teaspoon of salt, 2 talespoons of melt-

ed butter, 2 cups of milk, 2 teaspoons

of baking powder. Bake slowly on a hot griddle and serve with maple

syrup.

berries cut in half and sprinkled with

Chikdren Cry for Fletcher's

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his per-Chart Helitakur Sonal supervision since its infancy.
Allow no one to deceive you in this.
All Counterfeits, Imitations and "Just-as-good" are but

Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Onium Morphine par other varcetic substance. Its neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Paracea—The Mother's Friend.

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Opens on MONDAY, JANUARY 7, 1918. Pamphlet giving particulars of our courses of study, rates of tuition, etc., will be mailed to any address on application. Address

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FOR SALE—Dry soft wood, 4 ft., \$7
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wood, \$3.50 per load. T. W. Fulton,
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FOR SALE — A Leonard 12 H. P. upright boiler and 6 H. P. engine; both in good condition. Will be sold at a bargain. Apply at Mail office.

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WANTED

WANTED-Large Mail Order House wants men everywhere to show samples or mail circulars if preferred. Position will pay \$15 weekly. The Consumers Association, Windsor, Ont.

WANTED—Books and magazines for distribution to returned soldiers en route home, in the Military Hospitals, going overseas Murray, care of A. Murray & Co Tel No. 159, or leave at store for Military

NOTICE TO OWNERS OF WILD LANDS IN NEW BRUNSWICK.

Fredericton, N. B.

Notice is hereby given to all owners of wild lands in the Province of New Brunswick of 500 acres in extent and upwards to send in to this Department the quantity of land owned by them and the situation thereof, in conformity with Chapter 8, 7 George V., 1917.

E. A. SMITH,

3i Minister of Lands and Mines.

NIGHT SCHOOL

FREE EVENING CLASSES will be York Street School Building,

BEGINNING Tuesday, January Fifteenth

Young men and women desiring to Toung men and women desiring to attend these classes should register as soon as possible with the Secretary, Mr. C. A. Sampson, as the size of the classes is limited. A deposit fee of \$2.00 is required, but this will be respinged on all trained or the classes are regulary attended.

The following courses have been ar

ary business forms.

3. Cooking and Sewing. If sufficient desire is manifested, the elements of dressmaking and millinery will also be

AGAIN THE CRANBERRY.

The winter season brings with it a jous and bothersome job. They can be native fruit as delicious as any sum- slowly stewed in their own juice, with mer berry. In some families cranber- sugar added towards the last, and the ries are used only on holidays, but addition of a little powdered clove, their cheapness and their pleteousness cinnamon or even ginger. As a sauce should make them more frequently in this form they can be eaten with

The cranberry contains a strong acid larly excellent served with pork and which it is better to neutralize in cook- other fatty meats, because the acid of ing by the addition of a tiny pinch of the berry "cuts" thte fat. baking soda, rather than use such a quantity of sugar, which is expensive, be served with various forms of boiled and which never neutralizes the acid, or steamed puddings. For instance, a but merely disguises it.

COULD NOT KEEP QUIET.

Diseases of the nervous system are with almond. Indeed, such a cherry ery common.

All the organs of the body may be pie is quite if not more delicious and ound while the nerve centres may be far easier to prepare than the real

Many women become run down and worn out by household duties never ending, and sooner or later find themselves with their nerves shattered and the heart action prockers.

the heart action weakened.

On the first sign of an yweakeness of either the heart or nerves, flagging energy or physical breakdown, do not place of the far more expensive canwait until your case becomes hope died cherries. The job of candying

Milburn's Heart and Nerve Pills will them is a pleasant one for sister on

Milburn's Heart and Nerve Pills will at once quieten the shaking nerves, strengthen the weak heart and build up the entire system.

Mrs. F. Bailey, 221 Earl St., Kingston, Ont., writes: "I was suffering very much with my nerves, so much so that I could not keep myself quiet at all. I was recommended to try Milburn's Heart and Nerve Pills so I bought three boxes, and I must say I have derived much benefit from them, so much so that my friends have all noticed the change in me."

them is a pleasant one for sister on a Saturday afternoon. A quart of candied cranberries will at the cost of about 30 cents for berries and sugar equal in decorative value and taste a pound of candied cherries at 70 or 80 cents. They are attractive for garnishing simple desserts, ices, etc.

Cranberries should always be cooked in an enameled pot because of the all noticed the change in me."

Milburn's Heart and Nerve Pills are 50c per box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Despite the fact that she is past china dish and that then their flavor ninety years of age, Mrs. Elizabeth is unspoiled and supreme.



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Sealed tenders addressed to G. R. Perkins, City Clerk, will be received up till the Eleventh Day of January, 918, for delivery during the summer season at several different points in the city, of gravel suitable for city

R. W. McLELLAN, Chairman Street Committee

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