

Children Cry for Fletcher's

CASTORIA

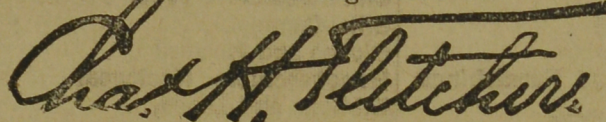
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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FREDERICTON, N. B.

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Office 419-11

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TWENTY YEARS' LONDON, ENG., EXPERIENCE.

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610 Queen Street.

'Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.

THE WINTER TERM of the
FREDERICTON
BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,
1918. Pamphlet giving particulars of
our courses of study, rates of tuition,
etc., will be mailed to any address on
application. Address
W. J. OSBORNE, Principal,
Fredericton, N. B.

OF INTEREST
TO WOMEN

Do your bit in the kitchen. Save
wheat and meat for our men in
France.

WHICH MAY MEAN STARVATION.

"If we all eat and waste this year,
and next year, just as we used to eat
and waste, then there will be still
greater privation among our Allies—
privation which may mean starvation
for women and children and the weak-
ening of our position in the war. This
is the gravity of the food situation."—
Dr. J. W. Robertson, Chairman of the
Central Advisory Council to the Cana-
da Food Board.

WIN-THE-WAR RECIPES.

These recipes are issued by the
Fredericton Food Control Committee.

Pea Soup.

1 cup split peas, soaked in cold wa-
ter two days. Boil all morning with
asbestos pad under pot. Rub through
hair sieve. Thin sufficiently with
boiling water, add salt, pepper, and
butter the size of an egg. When
ready to serve add ½ pint cream or
rich milk.

Tested by Mrs. Havelock Coy.

Suet Pudding.

½ cup suet.
½ cup milk.
½ cup molasses.
1½ cups flour.
½ teaspoon soda.
½ teaspoon salt.
½ teaspoon cinnamon.
½ teaspoon allspice.
½ cup fruit (figs, dates or raisins)
chopped.

Mix together milk and molasses.
Mix together dry ingredients. Com-
bine mixtures, beat vigorously and
add fruit. Steam one hour. Graham
flour may be substituted for white.

Tested by Mrs. Hodge.

Oatmeal Macarron.

2 cups rolled oats.
1 cup sugar.
1 tablespoon butter.
1 tablespoon flour.
2 eggs.
1 teaspoon baking powder.
Salt.
Flavor with bitter almonds or
vanilla.

Beat eggs, add sugar, oatmeal, flour
mixed with baking powder and salt,
flavoring and butter melted. Drop
from teaspoon on greased pans, not
too close together. Bake in rather
hot oven.

Approximate cost, 23 cents.

Tested by Mrs. R. FitzRandolph.

Do your bit in the kitchen. Save
wheat and meat for our men in
France.

GEMS OF POETRY

The way of a woman is God's own
way

Of making a beautiful thing of life;
Of healing the hurt of the toiling day;
Of lifting with love the shadows of
strife;

Of reaching our sorrow and care and
care

With the inner sweet of her perfect
soul;

Of giving us courage to trust and to
bear.

Of helping us grow to the life that's
whole.

The way of a woman is God's own
creed

Of patience and sweetness through
all that comes;

The grief and the sorrow, the cross
and the deed.

The trumpet's call or the roll of
drums;

Of making us better that she is near,
Of keeping us better that she hath
borne

The gift of the aching heart and the
tear.

The grace of the glory of golden
morn.

The way of a woman is God's own
law

That unto the lives around her feet
Her love shall lift us to holy awe

That Heaven has sent as one so
sweet.

And make us wiser than merely
wise,

And make us stronger than merely
strong,

To struggle and strive for the peace
that lies

In the rest that floats from the
wings of song.

Mr. F. P. Gothard of Hamilton, is
in the city.

Mr. Jack Learmont of Truro, is
among the commercial men registered
at the Barker House.

TENDERS WANTED.

Tenders addressed to the undersig-
ned will be received up to and including
Saturday next, 30th inst., for tearing
down and removing the building known
as the Queen Hotel Stables. There
is a large amount of building material
in this structure. The successful ten-
derer must have work done not later
than May 15th next.

J. J. McCAFFREY,
3-25 5 ins Queen Hotel, City.

MANY REASONS WHY
LIQUID COUGH MIXTURES
CAN'T CURE BRONCHITIS

But the Healing Fumes of Catarrho-
zone, Which are Breathed to the
Furthest Recesses of the Bronchial
Tubes, Bring Quick Relief and Sure
Cure.

Every sufferer from coughs, colds,
bronchitis and all throat and chest
ailments needs a soothing, healing
medicine which goes direct to the
breathing organs in the chest and
lungs, attacks the trouble at the
source, disperses the germs of dis-
ease, and cures the ailment thorough-
ly. And this medicine is "Catarrho-
zone."

The germ-killing, balsamic vapor
mixes with the breath, descends
through the throat, down the bronchial
tubes, and finally reaches the deepest
air cells in the lungs. All parts are
soothed with rich, pure, medicinal
essences, whereas with a syrup the af-
fected parts could not be reached,
and harm would result through be-
numbing the stomach with drugs.

"I have been a chronic sufferer
from catarrh in the nose and throat
for over eight years. I think I have
spent four hundred dollars trying to
get relief. I have spent but six dol-
lars on Catarrhzone, and have been
completely cured, and, in fact, have
been well for some time. Catarrho-
zone is the only medicine I have been
able to find that would not only give
temporary relief but will always cure
permanently. Yours sincerely, (Sign-
ed) WILLIAM RAGAN, Brockville,
Ont."

For absolute, permanent cure, use
Catarrhzone. Two months' outfit
costs \$1.00; smaller size, 50c., at all
storekeepers and druggists, or The
Catarrhzone Company, Buffalo, N. Y.,
and Kingston, Canada.

WHERE HE GOT IT.

Lieut. L. C. O'Brien of the British
Recruiting Mission, tells a story of his
"batman." A batman is a man who
polishes up the officers' buttons shines
up their shoes and keeps them tidy as
they should be. Well, this particular
batman was growing pretty tired. "He
was an old fellow," as the lieutenant
tells the story, "and the 'show' over
there was telling on him, so wed de-
cided to send him back to Canada.
The day before he was to leave the
front he came to me, very, very drunk
indeed.

"Sir," said he to me, 'I'll make no
secret of it. I'm drunk.'

"Very evident," said I to him. 'Why
don't you go back somewhere and
take a nap till you get better?' For
the lieutenant is an upstanding sub-
ject.

Majesty the King, with
kind eyes and a feeling heart for Tom-
my. Lucky the soldier who was his
batman.

"Ah, but sir," said the batman to
me, 'I've told you I'm drunk. But I
haven't told you the worst yet.'

"Well, said I, 'out with it. Tell
away.'

"I'm drunk, sir, and I'm drunk on
your whiskey."

It is said that the lieutenant was
not so very hard on the naughty bat-
man.

KEEP LIVER ACTIVE

AND BOWELS CLEAN

WITH "CASCARETS"

Best when bilious, sick, head-
achy, constipated, or for bad
breath or sour stomach.

Be cheerful! Clean up inside to-
night and feel fine. Take Cascarets to
clean your liver and clean the bowels
and stop headaches, a bad cold, bil-
iousness, offensive breath, coated
tongue, sallowness, sour stomach and
gases. Tonight take Cascarets and
enjoy the nicest, gentlest liver and
bowel cleansing you ever experienced.
Wake up feeling grand—Everybody's
doing it. Cascarets best laxative for
children also.

Wholesale Dry Goods and Woolens

House Furnishings
For Spring

Lace Curtains
Scrim Curtains
Curtain Muslin and Drap-
eries of all kinds
Cretonnes and Casement
Cloths
White Bed Spreads
Towels, Napkins and Ta-
ble Linens
Oilcloths and Linoleums
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie & Company, Ltd.

WHOLESALE DRY GOODS and WOOLENS

ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

Bicycle Storage

Now is the time to have your Wheel attended to. We will
call for your Wheel, clean all bearings, repair in any way
needed, store for the winter and deliver it to you in the spring
like new.

Bicycle Repairs and Accessories always in stock.

PRICES REASONABLE.

LANGILLE'S CYCLE SHOP

'Phone 334-61.

E. T. LANGILLE, Prop.

Increased Production is the
Patriotic Duty.

As an aid we can furnish the most up-to-date FARM MA-
CHINERY and IMPLEMENTS, including

THE IRON AGE (Robbins) Potato Planter, the one that
plants 100 per cent.

THE ASPINWALL, the best one man Planter.

Steel Wing and Disc Horse Hoes, Disc, Spring Tooth and
Spike Tooth Harrows, the Watson Sprayers, Deering Disc Seed
Drills, John Deere Riding Cultivators and Manure Spreaders,
De Laval Cream Separators and other leading lines.

J. Clark & Son Ltd.

FREDERICTON, N. B.

Save your Eyes

Smoked and Colored Glasses
just Received

—AT—

WILEY'S PHARMACY, York Street

We invite you to call and see our

New Wall Paper

We think that you will be agreeably surprised at the
beautiful range of goods that we have to show this
year and the prices are most reasonable.

Window Shades - - Burlap

The McMurray Book & Stat'y Co., Ltd.

The Piano People