

Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of

Castor Oil

and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Castor Oil

In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER,
DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence 349-41
Office 419-11

DR. GERRARD,
DENTIST

TWENTY YEARS' LONDON, ENG. EXPERIENCE.

King Street, - - - Opposite Boyle's
Telephone 574.

W. J. IRVINE,
DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a. m. to 1 p. m.;
2 p. m. to 5 p. m.
Phone—338-11

DR. L. R. DAVISON,
DENTAL SURGEON

Graduate of R. C. D. S., Toronto, Ont.

OFFICE—Inces Building, Queen St.,
Lately Occupied by Capt. F. W. Barbour.
Telephone 261-21

J. A. McADAM,
UNDERTAKER

REGENT STREET

Best and Most Modern Funerals
Equipment in the City.

Residence Telephone 70-41
Business Telephone 118-41

HARRY R. ADAMS,
SUCCESSOR TO THE LATE
JOHN G. ADAMS
UNDERTAKER
610 Queen Street.

Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.

THE WINTER TERM of the
FREDERICTON
BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,
1918. Pamphlet giving particulars of
our courses of study, rates of tuition,
etc., will be mailed on any address on
application. Address: W. J. OSBORNE,
Principal,
Fredericton, N. B.

OF INTEREST TO WOMEN

"WE ARE TIGHTENING OUR BELTS
TO WIN."

In the Canadian Food Bulletin of
Feb. 23rd is this message:

During the next four or five months
food conservation on this continent
and among their own people must be
the sole hope of the Allied nations in
Europe and of friendly neutrals. No ef-
fort that can be made, except actually
reducing consumption, can add any
considerable amount of food to the
available supplies before next fall.

Stocks are dangerously depleted,
particularly in the case of cereals and
meat. The problem before us is to
stretch these supplies over the inter-
val until this year's crops are har-
vested.

Increased production is imperatively
needed, but we must also help to
relieve the immediate shortage. Of-
ficial information, much of it confiden-
tial, received during the past few days,
emphasizes the scarcity of supplies of
cereals and meat and the necessity of
avoiding at all costs encroachments
upon supplies for the armies.

In Great Britain, France and Italy
the people are alive to the situation.
Their spirit was expressed by Lord
Charles Beresford the other day when
he said "We are tightening our belts
and we are going to win."

The present meat ration in Great
Britain is not more than one-half the
amount to which the people have been
accustomed. Canadians, too, must
tighten their belts and help the Allies
to win. Use should be made on this
continent of every available substi-
tute for wheat, beef and pork.

WIN-THE-WAR RECIPES.

These recipes are issued by the
Fredericton Food Control Committee.

Ginger Pudding.

- 1 cup suet, minced.
- 1 cup molasses.
- 1 cup cold water.
- 2 cups graham flour.
- 1 teaspoon soda.
- 1½ teaspoon ginger.

Mix dry ingredients, mix molasses
and water, combine mixtures and beat
well. Steam 2 hours in well buttered
mould. Serve with sweet sauce.

The Sauce.

- ½ cup sugar.
- 1 cup boiling water.
- 1 tablespoon corn starch.
- 2 tablespoons butter.
- 1 teaspoon vanilla.
- A few grains of salt.

Mix sugar and corn starch, add the
water gradually, stirring constantly.
Boil five minutes, remove from fire,
add butter and vanilla.

Will serve 8 persons; approximate
cost 27c. Tested by Mrs. A. George Blair.

Fish Pie.

1 lb. of any cooked fish, salt or
fresh; if salt codfish is used it will
require soaking over night before being
boiled.

Make a white sauce, mix it with the
fish and season with salt and pepper.
Arrange alternate layers of mashed
potatoes and fish mixture in a baking
dish, having potatoes on the bottom
and top; cover with buttered crumbs
and a little grated cheese if desired
and bake till brown in a hot oven.

DISBURSEMENTS PATRIOTIC FUND FOR A MONTH

Following is a statement of expen-
diture on account of relief and ex-
pense for the Fredericton District of
the Canadian Patriotic Fund, Freder-
icton District, for the month of March,
1918.

No. of Cases	Municipality	Amt.	Av. per Family
130	Fredericton	\$1,974.50	\$15.18
105	York County	1,521.00	14.48
38	Sunbury Co.	560.00	14.73
26	Marysville	409.00	15.73
2	Outside	10.00	5.00
301		\$4,474.50	
	Expense	100.00	
		\$4,574.50	
	Average per family for district excluding expense		\$14.86
	Average per family for district including expense		15.16

TENDERS WANTED.

Tenders addressed to the undersig-
ned will be received up to and including
Saturday next, 30th inst., for tearing
down and removing the building known
as the Queen Hotel Stables. There is a
large amount of building material in
this structure. The successful tender-
er must have work done not later
than May 15th next.

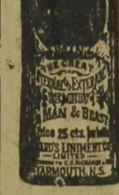
J. J. McCAFFREY,
Queen Hotel, City.

MINARD'S "KING OF PAIN" LINIMENT

The old reliable remedy for rheu-
matism, neuralgia, sore throat and
sprains.

Best Liniment Made

Mr. A. R. LAUNDY, EDMONTON, writes:
"I fell from a building and received what
the doctor called a very bad sprained
ankle, and told me I must not walk
on it for three weeks. I got
MINARD'S LINIMENT and in six days I
was out to work again. I think it the best
liniment made."



Minard's Liniment
always gives satis-
faction. For any
ache or pain. It
gives instant relief.

Minard's Liniment
Co., Limited
Yarmouth, N.S.

MAUGERVILLE.

Maugerville, Mar. 25. — An enter-
tainment and pie and basket social
was held in the Upper Maugerville
Hall on Friday evening, March 22nd.
The following program was well fur-
nished to a large and appreciative au-
dience.

Chorus, Till the Boys Come Home.
Reading, Miss Fradsham.
Dialogue, How the Story Grew—
Characters:

Mrs. Brown—Mrs. James Harding.
Mrs. Green—Miss Reva Clark.
Mrs. Bean—Miss Allie Magee.
Mrs. Rice—Miss Blanche Banks.
Mrs. Doolittle—Miss Annie Magee.
Mrs. Snow—Miss Sleep.
Mrs. Taylor—Mrs. Emery Keetch.
Mrs. White—Mrs. Harry Dykeman.
Duet, The Songs My Mother Used
to Sing—Misses May and Norah Up-
ton.

Dialogue, How She Made Him Pro-
pose—Mrs. Ashley Dykeman, Mr. Jas.
Harding.

Tableau, Jingle Bells.
Comedietta, Frank Glynn's Wife—
Messrs. Clarence Bridges, Colin Wil-
son, Misses Reva Clark, May Upton,
Hilda Shankel, Norah Upton and Mrs.
Ashley Dykeman.

Chorus, Goodnight Ladies.
Mrs. Harry Dykeman acted as or-
ganist and instrumental music also
was furnished by Mrs. Hedley Upton
and Miss Vera Dykeman. Mr. Geo.
Banks auctioned the pies and baskets
and they met with quick sale. The
total proceeds, amounting to \$78.55
are to be devoted to the comfort of
soldiers at the front.

The same program will probably be
repeated on April 5th.

CHILDREN HAD WHOOPIING COUGH

Whooping cough, although pecially
a disease of childhood, is by no means
confined to that period, but may oc-
cur at any time of life. It is one of
the most dangerous diseases of infan-
cy, and yearly causes more deaths
than scarlet fever, typhoid or diph-
theria, and is more common in female
than male children.

Whooping cough starts with sneez-
ing, watering of the eyes, irritation of
the throat, feverishness and cough.
The coughing attacks occur frequen-
tly, but are generally more severe at
night.

On the first sign of a "whoop" Dr.
administer... as it helps to clear the
Wood's Norway Pine Syrup should be
bronchial tubes of the collected mu-
cus and phlegm.

Mrs. George Cooper, Bloomfield,
Ont., writes: "It is with pleasure I
can write and tell you that there never
was a better cough medicine made
than Dr. Wood's Norway Pine Syrup.
Our children had whooping cough last
winter, and that is the only thing that
seemed to help them. It loosens up
the phlegm so that they could raise
it easily. I will never be without it."
"Dr. Wood's" is 25 and 50 cents a
bottle, put up in a yellow wrapper,
three pine trees the trade mark; man-
ufactured by The T. Milburn Co., Ltd.,
Toronto, Ont.

Wholesale Dry Goods and Woolens

House Furnishings For Spring

- Lace Curtains
- Scrim Curtains
- Curtain Muslin and Drap-
eries of all kinds
- Cretannes and Casement
Cloths
- White Bed Spreads
- Towels, Napkins and Ta-
ble Linens
- Oilcloths and Linoleums
- Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie & Company, Ltd.

WHOLESALE DRY GOODS and WOOLENS
ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

Bicycle Storage

Now is the time to have your Wheel attended to. We will
call for your Wheel, clean all bearings, repair in any way
needed, store for the winter and deliver it to you in the spring
like new.

Bicycle Repairs and Accessories always in stock.
PRICES REASONABLE.

LANGILLE'S CYCLE SHOP

Phone 334-41. E. T. LANGILLE, Prop.

Increased Production is the Patriotic Duty.

As an aid we can furnish the most up-to-date FARM MA-
CHINERY and IMPLEMENTS, including
THE IRON AGE (Robbins) Potato Planter, the one that
plants 100 per cent.

THE ASPINWALL, the best one man Planter.
Steel Wing and Disc Horse Hoes, Disc, Spring Tooth and
Spike Tooth Harrows, the Watson Sprayers, Deering Disc Seed
Drills, John Deere Riding Cultivators and Manure Spreaders,
De Laval Cream Separators and other leading lines.

J. Clark & Son Ltd.

FREDERICTON, N. B.

Save your Eyes

Smoked and Colored Glasses
just Received

—AT—
WILEY'S PHARMACY, York Street

We invite you to call and see our

New Wall Paper

We think that you will be agreeably surprised at the
beautiful range of goods that we have to show this
year and the prices are most reasonable.

Window Shades - - Burlap

The McMurray Book & Stat'y Co., Ltd.

The Piano People