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THE DAILY MAIL, FREDERICTON, N. B., TUESDAY, MAY 14, 1918

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A HEALTH ALPHABET.

Don't drink strong tea when you're

Eat when you're hungry and choose

Fruits of of the earth are the very

Give yourself time for your meals and

Have open windows if healthy you'd

Inside the house should be fresh as

Vain's my advice if you don't take the

Walk every day in the sweet open air

You have in your hands your own

Zealously guard them-they're better

WHOOPING COUGH

Whooping cough, although pecially

a disease of childhood, is by no means confined to that period, but may oc-cur at any time of life. It is one of

The coughing attacks occur frequent

ly, but are generally more severe a

On the first sign of a "whoop" Dr administer., 35 it helps to clear the Wood's Norway Pine Syrup should be

bronchial tubes of the collected mu cous and phlegm. Mrs. George Cooper, Bloomfield, Ont., writes: "It is with pleasure I

welfare and nealth,

than wealth.

nose as you're going

ket and sheet;

going to bed;

what is good,

your sleep

the work.

clean;

seen;

stint

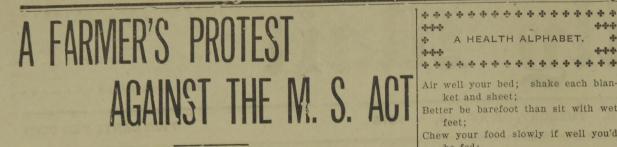
care.

night.

keep;

feet;

be fed;



the city loafers to the farms to work To the Editor of The Mail: Sir-They were bold words written while the farmers 'sons are sent to by Mr. A. C. Fawcett of Uppper Sack- the trenches. Should this be done the ville, in a recent issue of the Daily result will be that in the fall there Telegraph, but nevertheless true: will be less produce and more tramps. and far more patriotic than those of But the wonder to us is that those the farmer who said to me the other men on whom Canada spent millions day: "Just wait till fall and there is of dollars giving them military trainno increased production. Then see ing at the different military camps what the fools, who are taking the throughout the Dominion before the men all away from us will say. I'm war, have not responded more gener saying nothing now, but you just wait ally to the call of their country that educated them. If I am informed corand see.'

Another of our largest farmers, rectly, not 50 per cent. of this class whose farmlands include some 30 or have gone, unless compelled by the 40 acres of intervale or island land, M.S.A. When war became the busisaid: "I went behind \$500 last year, ness of the country they took off wages were so high and the season their military toggery and I saw sevso bad. This year I'll just hire one eral of them in the New Brunswick Make solid comfort your aim in the man (if I can get him) and do what I legislature, and I am told that there can." And still another, who owns are several more in the parliament at three or four farms, who last year Ottawa. Many others you meet in sold \$700 worth of butter, and who some quasi profession. But one authis year will milk 18 cows, said to thority says, "Only two out of five of me last Monday: "If they take away these trained men are in France or Plain floors or oilcloth are easily my two sons, I'll narrow down to just Flanders." In the hour of danger two cows. I started poor, and I've these holiday soldiers are not in their worked very hard, and I'm not much place. Those who fed them while good now."

From these different statements it for increased production. All the says Lloyd George, "on the last loaf rest is mere talk of the "fine shirt far- of bread." mers.'

equally foolish to speak of bringing

**Complexion Lotion! Use Fresh Lemons** and Strain Juice

lemons and your drug store will sup-ply you with three ounces of orchard white. Put these in a bottle and shake well. Here you have a whole quarter pint of the most wonderful lemon lo-tion at about the cost one must pay for a small jar of the ordinary cold creams. creams.

juice through a fine cloth so no lemon most valuable of their possessions, ing, watering of the eyes, irritation of the short fresh for months. Every woman knows fier.

Used by day, this sweetly fragrant lotion protects the skin from the evil effects of the weather and prevents roughness, redness, chafing and smart.

without; Just use your about; Keep every corner as clean as your Let nothing dirty remain in the place Nothing not useful inside it should Old rags and rubbish should never be kept; swept; Quickness is good if no detail you shirk;

they were training are now asked to Rise in good time; you'll do double go and fight for them when the real will be seen that the conditions in Mr. fighting is to be done. Is this fair: See that your cistern is always quit Fawcett's end of the province are par- Will they put on the overalls and help alelled up the River St. John. It is supply the food necessary to win this Take special care of the corners not man power that is absolutely needed war? For, "that war will be won," Use lots of water and soap without

But we re-echo Mr. Fawcett's words As Mr. Fawcett says, it is utter non- "We have the machinery, we have the sense to speak of solving the difficulty seed or can get it as arranged by the by the farmers getting up "an hour local government. What we lack is 'Xactly as though you had never earlier in the morning. They now more help." Unless this is upp. 'e-l work all the daylight there is'. It is there will be no increased production. Thanking you for valuable space, ] am, Yours etc

A YORK COUNTY FARMER. April 25th, 1918.

#### REFUGEES IN GILKS. Writer Describes Grotesque Figures in Italian Retreat.

Amid all the chaos of the Italian retreat one kept on meeting utter! incongruous figures. for with all the world road worn, shabby and dirty to Any grocer will sell you two fresh be clean and well-dressed is to be gro

Amid this multitude of haggard Care should be taken to strain the brought with them in their flight the than male children.

fresh for months. Every woman knows veniently carried on their persons. that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan and is the ideal skin softener, smoother and beauti- their two figures glittered with a brilliance that would have been conspic

roughness, redness, chafing and smart-in. At night it works in the pores while you sleep, and is intended to the light; round their necks were it is not head to the light; round their necks were roughness, redness, chafing and smart-had two or three rings that flashed in the light; round their necks were roughness and porce head bring a freshness and peach-like beau- gold chains hung with pendants, and than Dr.







CANADIAN

ATLANTIC DAYLIGHT TIME.

. 7.45 a.m. .12.45 p.m. Leave West St. John. Arrive St. Stephen... Leave St. Stephen... 2.10 p.m. Arrive West St. John.

N. R. DesBRISAY, D. P. A., C.P.R. St. John, N. B.

### WAR BY RAISING POULTRY.

When You Want Eggs for Hatching, Patronize the CELESTIAL CITY POULTRY YARDS.

The BARRED PLYMOUTH ROCK leads all as a Utility Bird. I have the famous Bred-to-Lay Strain imported direct from the Ontario Agricultural College at Guelph. These birds have been trap-nested for eleven years and are reputed to be the best on the continent. A record of 310 eggs was made at Guelph two years ago by a B. P. Rock hen. Price per setting of 15. \$1.50. Orders will be filled in the or ler received

S. C. WHITE LEGHORNS-My first pen is headed by Snowball, winner of the special prize offered at the Fred-ericton Poultry Show last January for the best male bird of any breed. He also won first prize at Moncton and helped win the silver cup for the four best Leghorns at the show. Price per setting, \$2 and \$3 according to mating. BUFF ORPINGTONS — Imported from the Owen Farm at Vineyard Haven, Mass. Large blocky birds, weighing from seven to pine pounds.

weighing from seven to nine pounds. Splendid for the market and good lay ers as well. Prize winners at every



No. 1 Timothy No. 2 Timothy

**Red Clover** 

Have Your Job

**Printing Done** 

At Home

ty that wins envy and admiration. Just try it! Make up a quarter pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands. It naturally helps to whiten, soften, freshen and bring out the roses and beauty of any skin. It works marvelously on rough, red hands. Try it and see for your-self.

Wood's Norway Pine Syrup

show. Price \$3 per setting. I can also supply a limited number of game bantam eggs for hatching. J. N. FERGUSON, York Street, - - Fredericton, N. B.

**Illustrated** Lecture

MONDAY EVENING, MAY 13, 8 O'CLOCK Knights of Pythias Hall, Queen Street.

PROF. W. LOCKHEAD, of MacDonald College, Quebec, will lecture on the subject.

"GARDEN PESTS." The public are invited. Do not fail to hear this expert treatment of a most timely subject. THE CANADIAN CLUB COM. Of the Fredericton Board of Trade.  $5\text{-}10\ 3i$ 

NOTICE.

### TENDERS FOR COAL.

edericton, N.B., up to and includ g May 17th, 1918, at noon, for sup-

100 tons hard coal, large size, and 125 tons soft coal, for the Legislative Building.

110 tons hard coal, egg size, for the Departmental Building.

40 tons hard coal, egg size, for the Agricultural Department. 7 tons hard coal, egg size, for offices of Registrar of Supreme Court, and Educational Department.

165 tons hard coal, egg size, for Nor-

mal School. 125 tons hard coal, egg size, for Nor-

mal School Annex. The hard coal to be screened, and

all to be delivered not later than July 15, 1918.

P. J. VENIOT, Minister of Public Works for New Brunswick. Department of Public Works, Fredericton, N. B., May 1, 1918.

**Mammoth Clover** Alsike Clover At lowest market rates. G. W. HODGE

# **Custom Tailoring**=

The New Importations for the Coming Season are now on display. An early inspection will assure you of a large and varied selection to choose from.

We are also prepared to fill all orders entrusted to us for MILITARY CLOTHING at a reasonable price. We are sole Sealed Tenders marked "Tenders agents for the Crown Tailoring Company, of Toronto, the largor Coal," will be received at the Pro-rincial Department of Public Works,

### KER BRC MERCHANT TAILORS

QUEEN STREET, WEST END

## **PUBLIC NOTICE**

For the purpose of conserving coal, electric light and power will be shut off on Sundays from daylight to dark until further notice. It is not antici-pated that this curtailment of electric service will continue for more than two months probably not so learn two months, probably not so long. By order of the Directors of Fred ericton Gas Light Co. HARRY D. WHITE, 5ins Manager.

The Mail now has every facility for turning out High Class Job Printing work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, al. run by electric power, and can turn out work promptly and efficiently. If you have a job of printing call up No. 67 and we will do the rest.

The Mail Printing Co

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